



SPONSORS



MANASSAS, VA

Sundays 9/8, 9/15, 9/22, 9/29 & 10/6 @ 4:00 pm

Dean Park
 9501 Dean Park Lane
 Manassas, VA 20110-5088

SCORING/DETAILS

- Points based on finish
- Runners with the most points after final race win trophies
- Tech T-Shirts for Full Series Participants
- Medal for ALL runners at Week 5

DIVISION	DISTANCE
Pre-K 2/3yr	50 Yard Dash
Pre-K 4/5yr	75 Yard Dash
K & 1st	1/4 Mile
2nd & 3rd	1/2 Mile
4th & 5th	1 Mile
6th, 7th, 8th	1 Mile

*All races will be the same distances each week.

For more information, please contact Deborah Dietzel at 571.361.6812 or at ManassasVA@healthykidsrs.org

EARLY BIRD DISCOUNT
\$35 FULL SERIES*
 FIVE WEEK SERIES
 UNTIL THREE WEEKS FROM START DATE

\$40 FULL SERIES*	\$10 PER RACE*
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*Registration is nonrefundable.

HEALTHYKIDSRUNNINGSERIES.ORG

Sign up online or mail this form with check payable to Healthy Kids Running Series at:

Healthy Kids Running Series
 The Mill
 381 Brinton Lake Rd.
 Thornton, PA 19373

Participant Name _____ M F
 Gender

D.O.B _____ Phone _____

Email _____

Address _____

City _____ State _____ Zip _____

Parent/ Guardian Contact Name _____ Check No. _____ Cash (For HKRS Coordinator to fill)

Race Series

Entire Series Repeat Single Race
 Single Race Upgrade to Full Series

Grade Category	T-Shirt Size (Full Series Only)
<input type="checkbox"/> Pre-K 2yr	Youth Sizes
<input type="checkbox"/> Pre-K 3yr	<input type="checkbox"/> XS
<input type="checkbox"/> Pre-K 4yr	<input type="checkbox"/> S
<input type="checkbox"/> Pre-K 5yr	<input type="checkbox"/> M
<input type="checkbox"/> Kindergarten	<input type="checkbox"/> L
<input type="checkbox"/> 1st Grade	Adult Sizes
<input type="checkbox"/> 2nd / 3rd	<input type="checkbox"/> S
<input type="checkbox"/> 4th / 5th	<input type="checkbox"/> M
<input type="checkbox"/> 6th / 7th / 8th	<input type="checkbox"/> L

*Required by Parent

As the parent or legal guardian of the children named, I hereby give my full consent and approval for my child to participate in the Healthy Kids Running Series. In addition to giving my full consent for my child's participation, I do hereby waive, release, hold harmless and forever discharge Healthy Kids Running Series, Pattison Sports Group, the Community Coordinators, its officers, staff, sponsors, supervisors, and representatives for any injury that may be suffered by my child in normal cause of participation in the designated sport and the activities incidental thereto, whether paid damages, injury, or loss due to negligence or not. Additionally I grant Healthy Kids Running Series permission to use my child's name, image, voice, and identity in any program for promotion of Healthy Kids Running Series including written materials, website materials on any and all Healthy Kids Running Series publication across the entire worldwide web including but not limited to www.HealthyKidsRunningSeries.com and its sub domains, Facebook, Twitter, Flickr, Pintrest, any other unnamed form of social media, video, audio, or other forms without prior consent or compensation. Lastly, I understand in the event Healthy Kids Running Series does not take place due to natural disaster, pandemic, a severe weather event, acts of war, acts of God or force majeure, that my child's registration will not be refunded.

Signature of parent or guaridan if under 18 years of age.

Date

MANASSAS, VA
 Town Name