



SPONSORS



# RESTON, VA

Sundays 9/8, 9/15, 9/22, 9/29 & 10/6 @ 3:30 pm

YMCA Fairfax Country Reston  
12196 Sunset Hills Rd  
Reston, VA 20190

### SCORING/DETAILS

- Points based on finish
- Runners with the most points after final race win trophies
- Tech T-Shirts for Full Series Participants
- Medal for ALL runners at Week 5

| DIVISION      | DISTANCE     |
|---------------|--------------|
| Pre-K 2/3yr   | 50 Yard Dash |
| Pre-K 4/5yr   | 75 Yard Dash |
| K & 1st       | 1/4 Mile     |
| 2nd & 3rd     | 1/2 Mile     |
| 4th & 5th     | 1 Mile       |
| 6th, 7th, 8th | 1 Mile       |

\*All races will be the same distances each week.

For more information, please contact Melodie Foley at 571.383.8900 or at RestonVa@healthykidsrs.org

**EARLY BIRD DISCOUNT**  
**\$35 FULL SERIES\***  
 FIVE WEEK SERIES  
 UNTIL THREE WEEKS FROM START DATE

**\$40 FULL SERIES\***      **\$10 PER RACE\***

\*Registration is nonrefundable.

## HEALTHYKIDSRUNNINGSERIES.ORG

Sign up online or mail this form with check payable to Healthy Kids Running Series at:  
**Healthy Kids Running Series**  
 The Mill  
 381 Brinton Lake Rd.  
 Thornton, PA 19373

As the parent or legal guardian of the children named, I hereby give my full consent and approval for my child to participate in the Healthy Kids Running Series. In addition to giving my full consent for my child's participation, I do hereby waive, release, hold harmless and forever discharge Healthy Kids Running Series, Pattison Sports Group, the Community Coordinators, its officers, staff, sponsors, supervisors, and representatives for any injury that may be suffered by my child in normal cause of participation in the designated sport and the activities incidental thereto, whether paid damages, injury, or loss due to negligence or not. Additionally I grant Healthy Kids Running Series permission to use my child's name, image, voice, and identity in any program for promotion of Healthy Kids Running Series including written materials, website materials on any and all Healthy Kids Running Series publication across the entire worldwide web including but not limited to www.HealthyKidsRunningSeries.com and its sub domains, Facebook, Twitter, Flickr, Pinterest, any other unnamed form of social media, video, audio, or other forms without prior consent or compensation. Lastly, I understand in the event Healthy Kids Running Series does not take place due to natural disaster, pandemic, a severe weather event, acts of war, acts of God or force majeure, that my child's registration will not be refunded.

Participant Name \_\_\_\_\_ M F  
 Gender

D.O.B \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent/ Guardian Contact Name \_\_\_\_\_ Check No. \_\_\_\_\_ Cash (For HKRS Coordinator to fill)

**Race Series**

Entire Series     Repeat Single Race  
 Single Race     Upgrade to Full Series

| Grade Category                           | T-Shirt Size (Full Series Only) |
|--|---------------------------------|
| <input type="checkbox"/> Pre-K 2yr       | Youth Sizes                     |
| <input type="checkbox"/> Pre-K 3yr       | <input type="checkbox"/> XS     |
| <input type="checkbox"/> Pre-K 4yr       | <input type="checkbox"/> S      |
| <input type="checkbox"/> Pre-K 5yr       | <input type="checkbox"/> M      |
| <input type="checkbox"/> Kindergarten    | <input type="checkbox"/> L      |
| <input type="checkbox"/> 1st Grade       | Adult Sizes                     |
| <input type="checkbox"/> 2nd / 3rd       | <input type="checkbox"/> S      |
| <input type="checkbox"/> 4th / 5th       | <input type="checkbox"/> M      |
| <input type="checkbox"/> 6th / 7th / 8th | <input type="checkbox"/> L      |

\*Required by Parent

Signature of parent or guaridan if under 18 years of age. \_\_\_\_\_ Date \_\_\_\_\_

RESTON, VA \_\_\_\_\_  
 Town Name