

**Healthy Kids Running Series
(Mechanicsville)
Results from (4/28/2019)**

	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 50 Yard Race - Boys 2/3												
1	S. Park	10	N/A	10	N/A	10	N/A		N/A		N/A	30
2	B. Wojno	7	N/A	6	N/A	7	N/A		N/A		N/A	20
3	A. Keenan	8	N/A	1	N/A	8	N/A		N/A		N/A	17
4	P. Aldrich	9	N/A	7	N/A	0	N/A		N/A		N/A	16
5	L. Rice	6	N/A	5	N/A	3	N/A		N/A		N/A	14
6	F. Easley	1	N/A	4	N/A	9	N/A		N/A		N/A	14
7	E. Squyars	2	N/A	8	N/A	1	N/A		N/A		N/A	11
8	D. Lindsay	0	N/A	9	N/A	0	N/A		N/A		N/A	9
9	S. Thorpe	5	N/A	1	N/A	2	N/A		N/A		N/A	8
10	L. Blackburn	1	N/A	2	N/A	5	N/A		N/A		N/A	8
11	S. French	1	N/A	1	N/A	6	N/A		N/A		N/A	8
12	T. Wolmuth	3	N/A	3	N/A	1	N/A		N/A		N/A	7
13	C. Thiel	1	N/A	1	N/A	4	N/A		N/A		N/A	6
14	J. Hubbard	4	N/A	1	N/A	0	N/A		N/A		N/A	5
15	L. Porter	1	N/A	1	N/A	1	N/A		N/A		N/A	3
16	T. DeAtley	1	N/A	1	N/A	1	N/A		N/A		N/A	3
17	C. DeVincent	1	N/A	1	N/A	1	N/A		N/A		N/A	3
18	K. Buchanan	1	N/A	1	N/A	0	N/A		N/A		N/A	2
	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 50 Yard Race - Girls 2/3												
1	H. Gouldin	10	N/A	10	N/A	10	N/A		N/A		N/A	30
2	K. Benton	9	N/A	8	N/A	7	N/A		N/A		N/A	24
3	F. Dietz	8	N/A	7	N/A	9	N/A		N/A		N/A	24
4	N. Mooney	7	N/A	3	N/A	8	N/A		N/A		N/A	18
5	K. Sessoms	6	N/A	4	N/A	5	N/A		N/A		N/A	15
6	G. Altman	4	N/A	9	N/A	1	N/A		N/A		N/A	14
7	M. Natoli	5	N/A	5	N/A	0	N/A		N/A		N/A	10
8	C. Spurgeon	3	N/A	6	N/A	0	N/A		N/A		N/A	9
9	L. Spruill	2	N/A	2	N/A	4	N/A		N/A		N/A	8
10	Z. Fritts	1	N/A	1	N/A	6	N/A		N/A		N/A	8
11	C. Bishop	1	N/A	5	N/A	0	N/A		N/A		N/A	6
12	L. Brown	0	N/A	1	N/A	3	N/A		N/A		N/A	4
13	N. Howard	1	N/A	1	N/A	1	N/A		N/A		N/A	3
14	M. Buchanan	1	N/A	1	N/A	1	N/A		N/A		N/A	3
15	A. Serge	1	N/A	1	N/A	1	N/A		N/A		N/A	3
16	G. Fritts	1	N/A	1	N/A	1	N/A		N/A		N/A	3
17	N. Stout	0	N/A	1	N/A	2	N/A		N/A		N/A	3
18	A. Kinnear	1	N/A	1	N/A	0	N/A		N/A		N/A	2

	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 75 Yard Race - Boys 4/5												
1	T. Pittman	10	N/A	10	N/A	10	N/A		N/A		N/A	30
2	G. Levi	9	N/A	6	N/A	10	N/A		N/A		N/A	25
3	C. Fore	6	N/A	9	N/A	8	N/A		N/A		N/A	23
4	C. Sessoms	8	N/A	7	N/A	6	N/A		N/A		N/A	21
5	F. Aquino	0	N/A	8	N/A	7	N/A		N/A		N/A	15
6	B. Bugin	7	N/A	3	N/A	1	N/A		N/A		N/A	11
7	R. Grubbs	4	N/A	4	N/A	1	N/A		N/A		N/A	9
8	B. Vlahakis	3	N/A	5	N/A	0	N/A		N/A		N/A	8
9	L. Atkinson	5	N/A	1	N/A	1	N/A		N/A		N/A	7
10	C. Pierce Jr	2	N/A	1	N/A	4	N/A		N/A		N/A	7
11	J. Wolmuth	1	N/A	1	N/A	5	N/A		N/A		N/A	7
12	E. Thiel	1	N/A	2	N/A	3	N/A		N/A		N/A	6
13	D. Keso	1	N/A	1	N/A	2	N/A		N/A		N/A	4
14	H. Hein	1	N/A	1	N/A	1	N/A		N/A		N/A	3
15	M. Hobson	1	N/A	1	N/A	1	N/A		N/A		N/A	3
16	P. Barlett	1	N/A	1	N/A	1	N/A		N/A		N/A	3
17	J. Brown	1	N/A	1	N/A	1	N/A		N/A		N/A	3
18	D. ELLINGTON	1	N/A	1	N/A	1	N/A		N/A		N/A	3
19	M. Dempsey	1	N/A	1	N/A	1	N/A		N/A		N/A	3
20	C. Hubbard	1	N/A	1	N/A	0	N/A		N/A		N/A	2
21	E. Whitaker	1	N/A	1	N/A	0	N/A		N/A		N/A	2
22	M. Lanham	1	N/A	1	N/A	0	N/A		N/A		N/A	2
23	D. Green	1	N/A	0	N/A	1	N/A		N/A		N/A	2
24	K. Johnson	0	N/A	1	N/A	0	N/A		N/A		N/A	1
25	C. Driggs	0	N/A	0	N/A		N/A		N/A		N/A	0
	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 75 Yard Race - Girls 4/5												
1	A. Ippolito	9	N/A	9	N/A	9	N/A		N/A		N/A	27
2	N. Wojno	10	N/A	7	N/A	10	N/A		N/A		N/A	27
3	M. Serge	7	N/A	8	N/A	7	N/A		N/A		N/A	22
4	E. Spruill	8	N/A	6	N/A	8	N/A		N/A		N/A	22
5	E. Bara	6	N/A	5	N/A	4	N/A		N/A		N/A	15
6	Z. Bishop	4	N/A	2	N/A	6	N/A		N/A		N/A	12
7	O. Lindsey	0	N/A	10	N/A	0	N/A		N/A		N/A	10
8	K. Dupuis	5	N/A	3	N/A	2	N/A		N/A		N/A	10
9	A. Brooks	3	N/A	4	N/A	3	N/A		N/A		N/A	10
10	S. Triggs	0	N/A	0	N/A	5	N/A		N/A		N/A	5
11	A. Martin	2	N/A	1	N/A	1	N/A		N/A		N/A	4
12	V. Stout	0	N/A	1	N/A	1	N/A		N/A		N/A	2
13	N. Puffenbarger	0	N/A	0	N/A	1	N/A		N/A		N/A	1
14	H. Camp	0	N/A	0	N/A	1	N/A		N/A		N/A	1
15	J. Arnoldi	0	N/A	0	N/A	0	N/A		N/A		N/A	0

	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
K & 1st Grade - Boys												
1	N. Ozmar	10	1:39	10	1:40	10	1:32					30
2	L. Vass	9	1:44	9	1:42	8	1:36					26
3	O. Black	7	1:52	7	1:49	7	1:42					21
4	J. Warren	4	1:58	8	1:47	9	1:35					21
5	B. Carroll	8	1:51	0	0:00	6	1:44					14
6	L. Brown	1	2:01	6	1:50	5	1:44					12
7	B. Bishop	2	2:00	5	1:51	4	1:45					11
8	W. Cope	5	1:57	3	1:54	1	1:58					9
9	L. Natoli	6	1:54	1	1:58	1	1:49					8
10	A. Mackin	1	2:02	4	1:53	3	1:45					8
11	L. Bugin	3	1:59	1	1:55	1	1:54					5
12	A. Burke	1	2:00	2	1:54	1	1:50					4
13	C. Dupuis	1	2:03	1	2:03	1	1:58					3
14	H. Thiel	1	2:08	1	2:09	1	1:57					3
15	E. Chen	1	2:09	1	2:01	1	1:59					3
16	R. French	1	2:09	1	2:15	1	2:04					3
17	M. Brooks	1	2:16	1	2:09	1	2:02					3
18	L. Holmes	1	2:17	1	2:19	1	2:09					3
19	J. Thorpe	1	2:18	1	2:17	1	2:22					3
20	B. Robbins	1	2:19	1	2:20	1	2:20					3
21	G. Pegram	1	2:22	1	2:19	1	2:07					3
22	W. Stokes	1	2:27	1	2:25	1	2:33					3
23	B. Garrison	1	2:46	1	2:43	1	2:21					3
24	A. Sandford	1	3:20	1	2:49	1	2:35					3
25	C. Lanham	1	2:35	1	2:45	0	0:00					2
26	E. Van Itallie	1	2:17	0	0:00	1	2:02					2
27	C. Gray	1	2:33	0	0:00	1	2:28					2
28	D. Burkhead	1	2:35	0	0:00	1	2:23					2
29	B. Shoup	0	0:00	0	0:00	2	1:47					2
30	A. Orlandi	1	2:34	0	0:00	0	0:00					1
31	M. Arnoldi	0	0:00	0	0:00	0	0:00					0
32	L. Grubbs	0	0:00	0	0:00	0	0:00					0
	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
K & 1st Grade -Girls												
1	M. Flower	10	1:41	9	1:47	10	1:38					29
2	N. Browne	9	1:43	8	1:49	8	1:41					25
3	M. Yeakey	7	1:51	6	1:57	9	1:40					22
4	T. Spruill	8	1:47	4	2:02	7	1:48					19
5	A. Ryman	6	1:52	5	2:01	5	1:50					16
6	L. Lola	0	0:00	10	1:38	0	0:00					10
7	M. Brooks	4	2:02	2	2:23	4	2:02					10
8	C. Pack	3	2:03	1	2:58	6	1:49					10
9	M. Kinnear	1	0:00	7	1:56	0	0:00					8
10	G. Howard	2	2:06	1	2:32	3	2:13					6
11	O. Camp	5	1:58	0	0:00	0	0:00					5
12	A. Bishop	1	2:23	1	2:42	2	2:27					4
13	L. Johnson	0	0:00	3	2:12	0	0:00					3
14	L. Park	1	2:13	1	2:31	1	2:45					3
15	L. Benton	1	2:32	1	3:15	1	3:05					3
16	L. Jones	1	2:53	1	3:44	1	3:39					3
17	T. Hamilton	1	5:19	1	4:32	1	3:56					3
18	N. Peffenbarger	1	0:00	1	0:00	1	0:00					3

	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
2nd & 3rd Grade - Boys												
1	B. Ryman	10	3:19	10	3:10	9	3:09					29
2	M. Brown	9	3:20	10	3:10	10	3:05					29
3	R. Atkinson	8	3:27	8	3:16	6	3:27					22
4	S. Zacharias	6	3:41	5	3:23	7	3:23					18
5	J. Robbins	0	0:00	7	3:18	8	3:11					15
6	H. Vlahakis	7	3:35	6	3:18	0	0:00					13
7	C. Morris	3	4:44	3	4:00	5	3:54					11
8	T. Brown	4	4:32	2	4:05	4	4:01					10
9	J. Johnson	5	4:15	4	4:00	0	0:00					9
10	I. Hannah	1	5:39	1	4:39	3	4:50					5
11	A. Ellington	1	5:52	1	5:30	2	7:20					4
12	E. Whitaker	2	4:45	1	4:05	0	0:00					3
13	D. Longo	1	4:46	0	0:00	0	0:00					1
14	C. Pollard	1	5:44	0	0:00	0	0:00					1
15	R. Tressler	0	0:00	0	0:00	0	0:00					0
	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
2nd & 3rd Grade - Girls												
1	A. Keenan	10	3:12	10	3:18	10	3:14					30
2	J. Hilliard	8	3:58	9	3:49	8	3:56					25
3	L. Mitchell	6	4:22	7	4:24	7	4:00					20
4	K. Aquino	9	3:46	0	0:00	9	3:52					18
5	S. Stokes	7	4:16	3	4:55	6	4:15					16
6	C. Shaw	4	4:38	6	4:34	5	4:40					15
7	N. Aguilar	5	4:32	8	4:09	0	0:00					13
8	I. Hudgins	2	5:08	5	4:41	4	4:52					11
9	M. Gray	1	5:12	4	4:53	3	5:21					8
10	J. Riffe	3	4:57	2	5:29	0	0:00					5
11	O. Camp	1	0:00	0	0:00	0	0:00					1
	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
4th & 5th Grade - Boys												
1	S. Williams	10	6:48	10	6:39	10	6:26					30
2	D. Drago	9	7:22	9	6:51	9	6:44					27
3	L. BURTON	8	8:11	8	7:48	7	7:55					23
4	H. Russell	7	8:21	7	7:55	8	7:21					22
5	L. Bearden	6	8:29	6	8:02	6	8:16					18
6	E. Uy	4	9:19	4	8:59	5	9:20					13
7	E. Aldrich	5	8:43	5	8:56	0	0:00					10
8	R. Poarch	1	14:54	1	16:38	4	10:46					6
9	C. Letter	3	10:58	2	10:55	0	0:00					5
10	J. Garrett	2	11:11	3	10:16	0	0:00					5
11	L. Poarch	1	15:14	1	15:17	3	13:42					5
	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
4th & 5th Grade - Girls												
1	K. Burke	10	11:23	9	11:24	9	11:17					28
2	G. Franklin	9	11:32	8	12:21	8	13:20					25
3	B. Burke	0	0:00	10	9:31	10	9:39					20
	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
6th-8th / Middle - Boys												
1	A. Strausbaugh	10	10:44	10	10:37	0	0:00					20
2	M. Blunt	0	0:00	0	0:00	10	7:21					10
3	T. Eagal	0	0:00	0	0:00	0	0:00					0
	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
6th-8th / Middle Race - Girls												
1	M. Johnson	10	7:37	10	7:25	10	7:31					30
2	L. Greene	9	8:45	9	8:21	9	8:16					27
3	L. Spain	8	8:52	8	8:59	8	8:24					24