

**Healthy Kids Running Series
Stafford VA
Results from Spring 2021**

	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 50 Yard Dash - BOYS 2-3 YEAR OLDS HEAT 1												
1	G. Serpa	10	N/A	8	N/A		N/A		N/A		N/A	18
2	K. Mabrey	9	N/A	9	N/A		N/A		N/A		N/A	18
3	L. Perez		N/A	10	N/A		N/A		N/A		N/A	10
4	E. Trout	8	N/A		N/A		N/A		N/A		N/A	8
5	Z. Mulligan		N/A	7	N/A		N/A		N/A		N/A	7
6			N/A		N/A		N/A		N/A		N/A	0
7			N/A		N/A		N/A		N/A		N/A	0
8			N/A		N/A		N/A		N/A		N/A	0
9			N/A		N/A		N/A		N/A		N/A	0
10			N/A		N/A		N/A		N/A		N/A	0
Pre-K 50 Yard Dash - BOYS 2-3 YEAR OLDS HEAT 2												
1	S. Adedoyin	10	N/A	10	N/A		N/A		N/A		N/A	20
2	C. Woodruff	9	N/A	8	N/A		N/A		N/A		N/A	17
3	O. Bedford	8	N/A	6	N/A		N/A		N/A		N/A	14
4	B. Talbot	6	N/A	7	N/A		N/A		N/A		N/A	13
5	J. Dodoo	4	N/A	9	N/A		N/A		N/A		N/A	13
6	M. Putney	5	N/A	5	N/A		N/A		N/A		N/A	10
7	C. Trout	7	N/A		N/A		N/A		N/A		N/A	7
8			N/A		N/A		N/A		N/A		N/A	0
9			N/A		N/A		N/A		N/A		N/A	0
10			N/A		N/A		N/A		N/A		N/A	0
Pre-K 50 Yard Dash - GIRLS 2-3 YEAR OLDS HEAT 1												
1	A. Chuquillangui	9	N/A	9	N/A		N/A		N/A		N/A	18
2	M. Capparra	10	N/A	7	N/A		N/A		N/A		N/A	17
3	C. Diers	8	N/A	8	N/A		N/A		N/A		N/A	16
4	R. James	6	N/A	10	N/A		N/A		N/A		N/A	16
5	E. Redmond	7	N/A	5	N/A		N/A		N/A		N/A	12
6	M. Taylor		N/A	6	N/A		N/A		N/A		N/A	6
7	M. Treichler		N/A		N/A		N/A		N/A		N/A	0
8			N/A		N/A		N/A		N/A		N/A	0
9			N/A		N/A		N/A		N/A		N/A	0
10			N/A		N/A		N/A		N/A		N/A	0
Pre-K 50 Yard Dash - GIRLS 2-3 YEAR OLDS HEAT 2												
1	K. Murray	9	N/A	10	N/A		N/A		N/A		N/A	19
2	A. Samudio	8	N/A	8	N/A		N/A		N/A		N/A	16
3	R. Wasilewski	7	N/A	9	N/A		N/A		N/A		N/A	16
4	F. Hutcherson-Fields	10	N/A	5	N/A		N/A		N/A		N/A	15
5	B. Morris	6	N/A	7	N/A		N/A		N/A		N/A	13
6	J. Zirhumana	5	N/A	6	N/A		N/A		N/A		N/A	11
7			N/A		N/A		N/A		N/A		N/A	0
8			N/A		N/A		N/A		N/A		N/A	0
9			N/A		N/A		N/A		N/A		N/A	0
10			N/A		N/A		N/A		N/A		N/A	0
Pre-K 75 Yard Dash - BOYS 4-5 YEAR OLDS HEAT 1												
1	Lu. Perez	10	N/A	10	N/A		N/A		N/A		N/A	20
2	S. Serpa	8	N/A	9	N/A		N/A		N/A		N/A	17

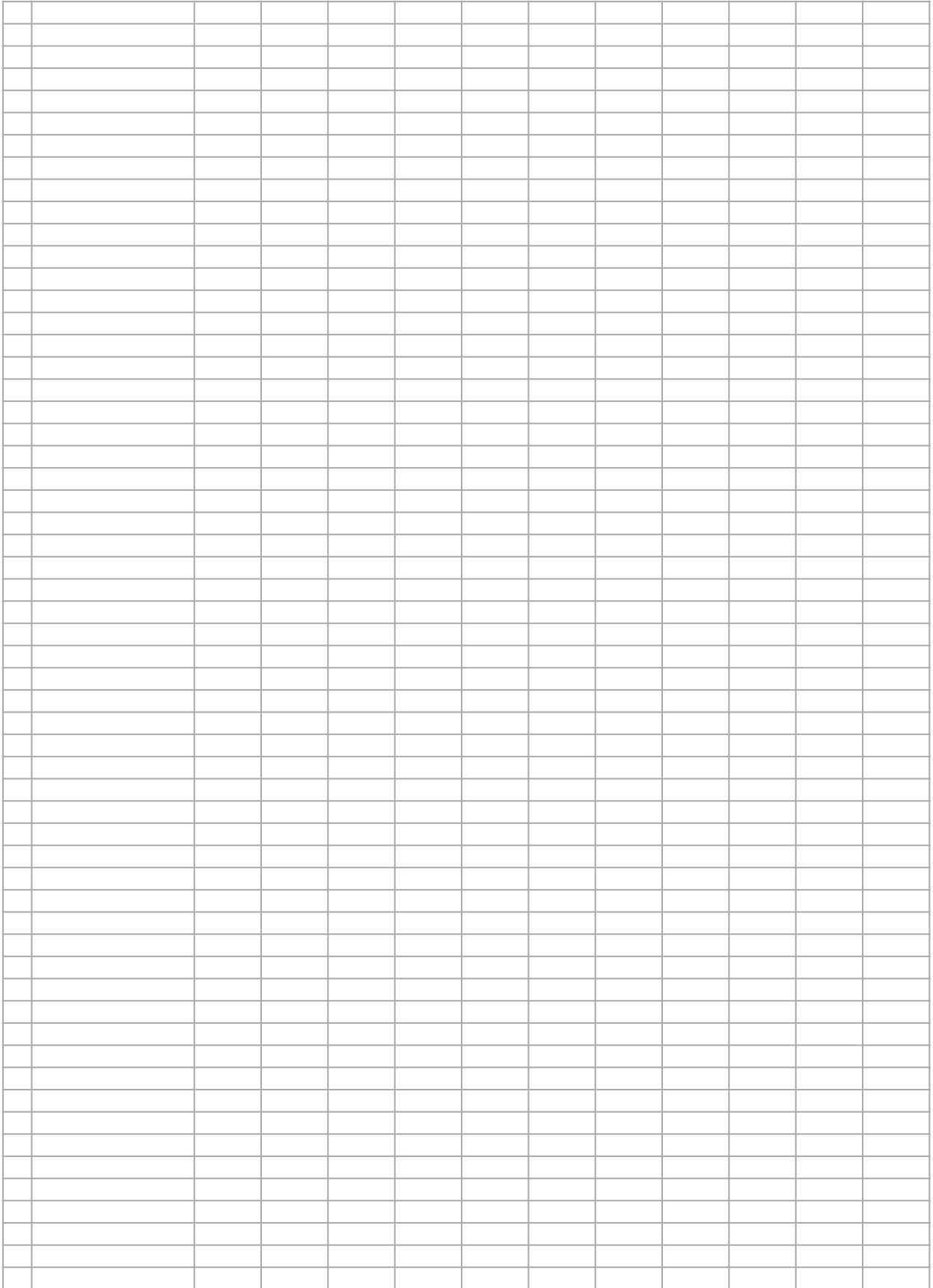
3	J. Woodruff	9	N/A	7	N/A		N/A		N/A		N/A	16
4	C. Burke	7	N/A	8	N/A		N/A		N/A		N/A	15
5	W. Wells	3	N/A	6	N/A		N/A		N/A		N/A	9
6	A. Mcintyre	6	N/A	2	N/A		N/A		N/A		N/A	8
7	L. Parker	5	N/A	3	N/A		N/A		N/A		N/A	8
8	T. Sarlo	4	N/A	4	N/A		N/A		N/A		N/A	8
9	F. Lamborn	2	N/A	5	N/A		N/A		N/A		N/A	7
10	G. Myers		N/A		N/A		N/A		N/A		N/A	0
Pre-K 75 Yard Dash - BOYS 4-5 YEAR OLDS HEAT 2												
1	B. Engel	10	N/A	10	N/A		N/A		N/A		N/A	20
2	T. Morris	7	N/A	9	N/A		N/A		N/A		N/A	16
3	B. Pokusa	9	N/A	6	N/A		N/A		N/A		N/A	15
4	G. Capparra	8	N/A	7	N/A		N/A		N/A		N/A	15
5	I. Downing	7	N/A	4	N/A		N/A		N/A		N/A	11
6	N. Yuhas	6	N/A	5	N/A		N/A		N/A		N/A	11
7	B. Wilkins		N/A	8	N/A		N/A		N/A		N/A	8
8	G. Whitson	5	N/A	2	N/A		N/A		N/A		N/A	7
9	B. Mulligan		N/A	3	N/A		N/A		N/A		N/A	3
10			N/A		N/A		N/A		N/A		N/A	0
Pre-K 75 Yard Dash - GIRLS 4-5 YEAR OLDS HEAT 1												
1	E. Yuhas	10	N/A	10	N/A		N/A		N/A		N/A	20
2	S. Hur	9	N/A	9	N/A		N/A		N/A		N/A	18
3	E. Crawford	8	N/A	6	N/A		N/A		N/A		N/A	14
4	J. Kelly	7	N/A	7	N/A		N/A		N/A		N/A	14
5	E. James	6	N/A	8	N/A		N/A		N/A		N/A	14
6	C. Ewell	5	N/A	5	N/A		N/A		N/A		N/A	10
7	A. Cochran	4	N/A	4	N/A		N/A		N/A		N/A	8
8			N/A		N/A		N/A		N/A		N/A	0
9			N/A		N/A		N/A		N/A		N/A	0
10			N/A		N/A		N/A		N/A		N/A	0
Pre-K 75 Yard Dash - GIRLS 4-5 YEAR OLDS HEAT 2												
1	C. Farmer		N/A	10	N/A		N/A		N/A		N/A	10
2	C. Nelson		N/A	9	N/A		N/A		N/A		N/A	9
3	S. Burke		N/A	8	N/A		N/A		N/A		N/A	8
4	S. Snyder		N/A	7	N/A		N/A		N/A		N/A	7
5			N/A		N/A		N/A		N/A		N/A	0
6			N/A		N/A		N/A		N/A		N/A	0
7			N/A		N/A		N/A		N/A		N/A	0
8			N/A		N/A		N/A		N/A		N/A	0
9			N/A		N/A		N/A		N/A		N/A	0
10			N/A		N/A		N/A		N/A		N/A	0
Kindergarten & 1st Grade - Boys - 1/4 mile												
1	R. Dietz	10	1:47	10	1:29							20
2	To. Campbell	8	1:51	8	1:45							16
3	C. Zhukov	9	1:50	7	1:48							16
4	O. Woodruff	7	1:52	9	1:47							16
5	L. Woodruff	6	1:53	7	1:48							13
6	S. Gramlich	5	1:55	4	1:49							9
7	B. Murray	5	1:55	3	1:50							8
8	B. Rogalski	1	2:47	7	1:48							8
9	W. Christie	5	1:55	1	1:58							6
10	A. Kelly	1	1:58	3	1:50							4
11	J. Gramlich	1	2:09	1	2:02							2
12	A. Kaushal	2	1:56									2

13	A. Lingafelt	1	2:06	1	1:57																2	
14	A. Willis	1	2:23	1	2:26																	2
15	C. LaMudge	1	2:02	1	1:58																	2
16	C. Loynes	1	3:56	1	3:23																	2
17	J. Barton	1	2:07	1	2:13																	2
18	J. Chuquillangui	1	2:03	1	2:13																	2
19	J. Hutcherson	1	2:12	1	2:11																	2
20	J. Osborne	1	2:15	1	2:17																	2
21	K. Mitchell	1	1:57	1	2:08																	2
22	T. Abbott	1	2:36	1	1:56																	2
23	W. Morris	1	2:04	1	1:56																	2
24	W. Sutton	1	2:03	1	2:01																	2
25	A. Singh	1	2:45																			1
26	G. Perez	1	2:01																			1
27	J. Talbot			1	2:04																	1
28	M. Trout	1	2:13																			1
29	R. Downing	1	1:58																			1
Kindergarten & 1st Grade - Girls- 1/4 mile																						
1	N. Comeaux	9	1:51	10	1:41																	19
2	E. Mcintyre	8	1:53	9	1:52																	17
3	S. Burks	6	2:05	9	1:52																	15
4	A. D'Amico	7	2:00	7	1:53																	14
5	S. Nelson	10	1:48	1	2:08																	11
6	A. Diers	4	2:11	6	1:57																	10
7	A. Perez	5	2:10	4	2:02																	9
8	A. Ewoldt	1		5	1:58																	6
9	L. Banks	4	2:11	1	2:14																	5
10	A. Ewell	1	2:16	3	2:05																	4
11	A. Parker	2	2:12	1	2:15																	3
12	Q. Bedford	1	2:17	2	2:06																	3
13	A. Helman	1	2:53	1	2:37																	2
14	A. Smith	1	2:20	1	2:14																	2
15	B. Rogalski	1	3:01	1	3:10																	2
16	E. Dennie	1	2:13	1	2:09																	2
17	J. Zirhumana	1	2:40	1	2:32																	2
18	S. Osborne	1	2:37	1	2:25																	2
19	A. Treichler																					0
20	G. Whiteley																					0
2nd & 3rd Grade - Boys - 1/2 mile																						
1	Tr. Campbell	10	3:26	10	3:23																	20
2	M. Woodruff	9	3:28	9	3:24																	18
3	K. Bedford	8	3:32	8	3:29																	16
4	L. Lingafelt	7	3:48	7	3:38																	14
5	C. Fernandes	6	4:23	6	4:10																	12
6	C. Jansen	4	4:55	4	4:44																	8
7	A. Patterson	5	4:27	2	5:10																	7
8	G. Johnson	3	5:27	3	5:07																	6
9	J. Allen	1	6:10	5	4:43																	6
10	B. Barlet	2	5:43	1	6:53																	3
11	E. Adedoyin	1	6:06	1	5:55																	2
12	D. Vargas	1	5:54																			1
2nd & 3rd Grade - Girls - 1/2 mile																						
1	A. Woodruff	10	3:45	10	3:49																	20
2	R. Taylor	8	3:51	9	3:52																	17
3	T. Wood	9	3:50	7	3:58																	16
4	B. Dietz	5	3:57	9	3:52																	14

5	A. Sutton	6	3:53	5	4:05						11
6	K. Pokusa	4	4:07	6	4:00						10
7	L. Burke	7	3:52	1	7:25						8
8	J. Kendrick	3	4:09	3	4:12						6
9	K. Saunders	1	4:19	4	4:06						5
10	E. Patterson	2	4:16	1	4:33						3
11	K. Scott	1	4:31	2	4:27						3
12	A. McDermid	1	5:21	1	5:27						2
13	E. Fernandes	1	4:20	1	4:30						2
14	E. Genovese	1	5:21	1	5:30						2
15	F. Worcester	1	4:41	1	4:55						2
16	J. Larson	1	4:49	1	4:41						2
17	J. Zirhumana	1	5:14	1	5:21						2
18	L. Comeaux	1	5:11	1	4:45						2
19	O. Ewell	1	4:24	1	4:45						2
20	S. Burks	1	4:30	1	4:33						2
21	T. Lamborn	1	6:15	1	5:38						2
22	A. Banks	1	4:48								1
23	A. Oliver			1	5:13						1
24	P. Christie			1	5:37						1
4th & 5th Grade - Boys - 1 mile											
1	Ty. Campbell	10	7:00	10	6:54						20
2	Z. McGee	9	7:25	9	7:12						18
3	J. Crawford	7	8:24	8	8:10						15
4	A. Wells	6	8:49	7	8:14						13
5	C. Wilson IV	5	8:51	6	8:24						11
6	L. Hoversten	4	8:55	5	8:38						9
7	D. Coleman	8	7:26								8
8	J. Mitchell	3	9:25	4	8:54						7
9	T. Snyder			3	9:55						3
10	C. Perez	2	12:58								2
4th & 5th Grade - Girls - 1 mile											
1	M. Woodruff	10	7:26	10	6:55						20
2	E. Saunders	9	8:44	8	8:55						17
3	K. Loynes	8	8:50	9	8:42						17
4	G. Taylor	7	9:01	7	9:19						14
5	K. Sutton	6	9:28	6	9:39						12
6	M. LaMudge	5	15:07	5	17:01						10
7	N. Kaur	4	15:52								4
8	J. Long										0
9	K. Compton										0
6th - 8th Grade - Boys - 1 mile											
1	A. Davis-Mitchell	10	7:05	10	7:04						20
2	N. Genovese	8	8:28	9	8:10						17
3	K. Crawford	6	DNF	7	14:09						13
4	D. Scott	9	7:37								9
5	K. Snyder			8	8:14						8
6	D. Micucci	7	9:01								7
6th - 8th Grade - Girls - 1 mile											
1	K. Woodruff	10	7:06	10	7:07						20
2	J. Jansen	8	8:30	9	8:03						17
3	A. Crawford	9	8:22	6	8:34						15
4	F. Hutcherson	7	9:06	7	8:20						14
5	L. Mcintyre	6	9:19	8	8:06						14















A large grid of empty cells, likely a table or ledger page. The grid consists of approximately 15 columns and 30 rows of small, empty rectangular cells, typical of an accounting or data entry form.
