

Healthy Kids Running Series

Upper Salford Spring 2021

Results from April 25th, 2021

	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 50 Yard Dash - BOYS 2/3 YEAR OLDS HEAT 1												
1	P Hughes	10	N/A	10	N/A	10	N/A	10	N/A		N/A	40
2	C Ott	9	N/A	9	N/A	9	N/A	9	N/A		N/A	36
3	G Gizzi	5	N/A	8	N/A	5	N/A	8	N/A		N/A	26
4	J Dougherty	8	N/A	7	N/A	6	N/A	7	N/A		N/A	28
5	C Yates	7	N/A	6	N/A	8	N/A	6	N/A		N/A	27
6	J Clemens	6	N/A	4	N/A	4	N/A	5	N/A		N/A	19
7	J Fedorowicz	4	N/A	5	N/A	7	N/A	4	N/A		N/A	20
8	C Zeigler		N/A	3	N/A		N/A	3	N/A		N/A	6

Pre-K 50 Yard Dash - BOYS 2/3 YEAR OLDS HEAT 2												
1	E Derstine	9	N/A	10	N/A	10	N/A	10	N/A		N/A	39
2	F Zuno	6	N/A	9	N/A	9	N/A	9	N/A		N/A	33
3	H Longstaff	10	N/A		N/A	8	N/A	8	N/A		N/A	26
4	L Everingham	3	N/A	5	N/A		N/A	7	N/A		N/A	15
5	T Zweitzig	8	N/A	7	N/A	7	N/A	6	N/A		N/A	28
6	M Kipp	7	N/A	8	N/A	5	N/A	5	N/A		N/A	25
7	H Shisler	4	N/A	6	N/A	4	N/A	4	N/A		N/A	18
8	P Heiner	5	N/A		N/A	6	N/A	3	N/A		N/A	14
	W Pinney		N/A		N/A	3	N/A		N/A		N/A	3

Pre-K 50 Yard Dash - GIRLS 2/3 YEAR OLDS HEAT 1												
1	E Thomson	10	N/A	6	N/A	10	N/A	10	N/A		N/A	36
2	M Sandberg		N/A	9	N/A	8	N/A	9	N/A		N/A	26
3	E Krupp	7	N/A	10	N/A	9	N/A	8	N/A		N/A	34
4	L Gehret	6	N/A	7	N/A	6	N/A	7	N/A		N/A	26
5	K Heller	8	N/A	5	N/A	4	N/A	6	N/A		N/A	23
6	S Bauer	9	N/A	8	N/A	7	N/A	5	N/A		N/A	29
7	V Matz	5	N/A	4	N/A	5	N/A	4	N/A		N/A	18
	R McLane				N/A	3	N/A		N/A		N/A	3
	A Grosstephen	4	N/A	3	N/A		N/A		N/A		N/A	7

Pre-K 50 Yard Dash - GIRLS 2/3 YEAR OLDS HEAT 2												
1	H McLane	9	N/A	6	N/A	5	N/A	10	N/A		N/A	30
2	A Giraldi	10	N/A	10	N/A	10	N/A	9	N/A		N/A	39
3	E Yates	8	N/A	9	N/A	9	N/A	8	N/A		N/A	34
4	E Allison	7	N/A	7	N/A	8	N/A	7	N/A		N/A	29
5	E Edwards	5	N/A	8	N/A	7	N/A	6	N/A		N/A	26
6	M Dectis	6	N/A	5	N/A	6	N/A	5	N/A		N/A	22
7	G Atkins	4	N/A	4	N/A		N/A	4	N/A		N/A	12

P Ketterer		N/A	3	N/A		N/A		N/A		N/A	3
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10		N/A		N/A		N/A		N/A		N/A	0
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Pre-K 75 Yard Dash - BOYS 4/5 YEAR OLDS HEAT 1

1	C Stewart	8	N/A	9	N/A	8	N/A	10	N/A	N/A	35
2	S Hughes	10	N/A	10	N/A	9	N/A	9	N/A	N/A	38
3	Z Everingham	7	N/A	8	N/A	7	N/A	8	N/A	N/A	30
4	O Mocey	4	N/A	5	N/A	5	N/A	7	N/A	N/A	21
5	B Dhein	3	N/A	4	N/A	4	N/A	6	N/A	N/A	17
6	D Yates	5	N/A	3	N/A	3	N/A	5	N/A	N/A	16
7	E Zuno	2	N/A	2	N/A	2	N/A	4	N/A	N/A	10
	H Traver		N/A	6	N/A	6	N/A		N/A	N/A	12
	B Dulin	6	N/A	7	N/A		N/A		N/A	N/A	13
	I Lederman	9	N/A		N/A	10	N/A		N/A	N/A	19

Pre-K 75 Yard Dash - BOYS 4/5 YEAR OLDS HEAT 2

1	D Kipp	10	N/A	10	N/A	10	N/A	10	N/A	N/A	40
2	C Weatherford	8	N/A		N/A	9	N/A	9	N/A	N/A	26
3	K Yates	7	N/A	7	N/A	3	N/A	8	N/A	N/A	25
4	L Shisler	5	N/A	5	N/A	6	N/A	7	N/A	N/A	23
5	L Allison	1	N/A	8	N/A	8	N/A	6	N/A	N/A	23
6	T Wichert	3	N/A			4		5			12
7	N Zweitzig	4	N/A	4	N/A	5	N/A	4	N/A	N/A	17
8	D Heiner	6	N/A	6	N/A	7	N/A	3	N/A	N/A	22
	L Chiarolanza	2	N/A	3	N/A		N/A		N/A	N/A	5
	A Koutsouroumbas	9	N/A	9	N/A		N/A		N/A	N/A	18

Pre-K 75 Yard Dash - GIRLS 4/5 YEAR OLDS HEAT 1

1	C Leo	10	N/A	10	N/A	10	N/A	10	N/A	N/A	40
2	A Bechtel	9	N/A	9	N/A	8	N/A	9	N/A	N/A	35
3	J Metz	8	N/A	3	N/A	4	N/A	8	N/A	N/A	23
4	E McGinn	2	N/A	8	N/A	9	N/A	7	N/A	N/A	26
5	M Thomson	4	N/A	6	N/A		N/A	6	N/A	N/A	16
6	K Williams	7	N/A	2	N/A	6	N/A	5	N/A	N/A	20
7	S Sandberg	3	N/A	4	N/A	7	N/A	4	N/A	N/A	18
8	S Moyer	6	N/A	5	N/A	3	N/A	3	N/A	N/A	17
9	D Lepping	5	N/A	7	N/A	5	N/A	2	N/A	N/A	19

Pre-K 75 Yard Dash - GIRLS 4/5 YEAR OLDS HEAT 2

1	V Edwards	9	N/A	10	N/A	9	N/A	10	N/A	N/A	38
2	P Ketterer		N/A	9	N/A	10	N/A	9	N/A	N/A	28
3	L Rolfig		N/A	8	N/A	8	N/A	8	N/A	N/A	24
4	A Titus	5	N/A	6	N/A	4	N/A	7	N/A	N/A	22
5	C Nelson	8	N/A		N/A	5	N/A	6	N/A	N/A	19

V McPolye	10	N/A	7	N/A		N/A		N/A		N/A	17
M Ferst	7	N/A	4	N/A	7	N/A		N/A		N/A	18
H Ferst	6	N/A	5	N/A	6	N/A		N/A		N/A	17

Challenger 75 Yard Dash

1	A Campolei	10	N/A	10	N/A	10	N/A	10	N/A		N/A	40
2			N/A		N/A		N/A		N/A		N/A	0
3			N/A		N/A		N/A		N/A		N/A	0
4			N/A		N/A		N/A		N/A		N/A	0
5			N/A		N/A		N/A		N/A		N/A	0
6			N/A		N/A		N/A		N/A		N/A	0
7			N/A		N/A		N/A		N/A		N/A	0
8			N/A		N/A		N/A		N/A		N/A	0
9			N/A		N/A		N/A		N/A		N/A	0
10			N/A		N/A		N/A		N/A		N/A	0

Kindergarden & 1st Grade - Boys

1	E Kipp	6	1:48	9	1:38	8	1:37	10	1:31			33
2	M Ward	10	1:42	10	1:36	9	1:35	9	1:35			38
2	L Gizzi	10	1:42	10	1:36	10	1:32	9	1:35			39
3	K Stewart	8	1:45	8	1:40	6	1:43	8	1:36			30
4	M Lapp	1	2:04	1	1:54	5	1:44	7	1:38			14
5	N Hughes	9	1:43	6	1:43	7	1:40	6	1:40			28
6	T Dougherty	7	1:47	9	1:38	8	1:37	5	1:43			29
7	J Heller	6	1:48	4	1:46	3	1:50	4	1:44			17
8	C McNamee	1	1:55	1	1:56	4	1:49	3	1:45			9
9	R Degregorio	4	1:51	7	1:41	6	1:43	2	1:50			19
10	J Slemmer	3	1:52	5	1:44			1	1:53			9
11	J Derstein	2	1:53	1	1:52	1	2:00	1	1:58			5
12	W Moyer	1	2:00	1	2:02	1	1:59	1	2:03			4
13	S Young	1	2:03	1	2:07	1	1:56	1	2:08			4
14	N Arms	1	2:17	1	2:05	1	2:07	1	2:15			4
15	S Gehret	1	1:56	1	2:14	1	2:06	1	2:17			4
16	K Weatherford	1	2:12	1	2:17			1	2:22			3
	A Schwab			1	2:52	1	2:55					2
	C Grosstephan	1	2:14	1	2:03							2
	O Simpson	5	1:50	3	1:47							8
	E Hollstein	1	2:32	1	2:46							2
	E Breon	1	2:01	1	2:13	1	2:05					3
	C Lang	1	2:13	2	1:51	2	1:55					5

Kindergarden & 1st Grade - Girls

1	A Donahue	10	1:46	10	1:35	10	1:32	10	1:38			40
2	T Derstein	7	1:58	7	1:45	6	1:45	9	1:47			29
3	L Zeigler	6	1:59	6	1:46	4	1:51	8	1:48			24
4	C Leo	8	1:53	9	1:43	5	1:49	7	1:49			29
5	M Spanial	9	1:47	8	1:44	8	1:42	6	1:51			31
6	C Roberts			1	1:59	1	1:57	5	1:54			7
7	I Sabala	1	2:16	1	1:59	2	1:54	4	2:03			8
8	H Johnston	5	2:04	1	1:58	1	2:03	3	2:05			10
9	A Nelson	1	2:19	1	2:02	1	2:22	2	2:11			5

9	B Ruiz	3	2:10	3	1:53	1	2:00	2	2:11			9
10	P Matz	1	2:31	1	2:12			1	2:15			3
11	A Campolei	1	2:32	1	2:36	1	2:17	1	2:16			4
12	C Fedorowicz	1	2:16	1	2:08	1	2:01	1	2:18			4
13	P Gildea	1	2:30	1	2:10	1	2:24	1	2:23			4
14	L Corbett	1	2:34	1	2:38	1	2:38	1	2:32			4
	G Yakel	2	2:14	2	1:57	1	2:05					5
	H Traver			5	1:48	7	1:44					12
	N Bergey	8	1:53	4	1:51	3	1:53					15
	L Hollstein	1	2:21	1	2:15							2
	M McAteer			1	2:30							1
	G McAteer			1	2:31							1
	M Mcgee	4	2:09									4
	J Coleman	9	1:47	8	1:44	9	1:39					26

2nd & 3rd Grade - Boys												
1	B Word	9	3:08	10	2:54			10	3:01			29
2	A Word	10	3:07	9	3:01			9	3:02			28
3	A Donahue	6	3:20	6	3:15	10	3:05	8	3:06			30
4	A Haworth	4	3:32	3	3:24	7	3:26	7	3:18			21
5	J Haworth	5	3:29	4	3:22	4	3:41	6	3:27			19
6	S Derstein	3	3:38	5	3:20	6	3:28	5	3:32			19
7	C Weatherford	1	3:46	1	3:50			4	3:43			6
8	A Chynoweth	1	3:53	1	3:58			3	3:52			5
9	E Derstein	2	3:40	2	3:28	5	3:32	2	3:57			11
10	J Shisler	1	4:14	1	3:58	3	4:02	1	4:03			6
11	M Roberts	1	5:01	1	4:23	2	4:39	1	4:35			5
	A Koutsouroumbas	1	3:42	1	3:48							2
	S Dulin	7	3:17	7	3:06	8	3:11					22
	C Ehret	1	6:02	1	5:06							2
	E Gehret	8	3:11	8	3:04	9	3:06					25

2nd & 3rd Grade - Girls												
												0
1	A Crossgrove	10	3:17	10	3:02	10	3:08	10	3:01			40
2	L Holler	9	3:28	9	3:11	9	3:12	9	3:08			36
3	A Gizzi	3	4:04	8	3:12	8	3:15	8	3:22			27
4	S Metz	4	3:52	4	3:46	6	3:33	7	3:35			21
5	A Steck	7	3:45	5	3:43	5	3:34	6	3:36			23
6	A Hunsicker			2	3:49	3	3:38	5	3:39			10
7	K Strahorn	8	3:36	7	3:23	7	3:27	4	3:40			26
8	C Houchins			1	4:05	1	4:08	3	3:51			5
9	T Nelson	2	4:10	1	4:04	1	3:55	2	3:59			6
10	E Williams	2	4:10	1	4:07	1	3:58	1	4:05			5
11	I Sabala	6	3:49	3	3:48	2	3:39	1	4:07			12
12	A Sandberg	5	3:50	6	3:39	4	3:55	1	4:15			16
13	A Nelson	1	4:22			1	4:13	1	4:23			3
14	J Dectis	1	4:23	1	4:08	1	4:14	1	4:25			4
15	A Romero	1	4:17					1	4:33			2

16	A Dougherty	1	4:18	1	4:03	1	4:05	1	4:34			4
17	C Bechtel	1	4:28	1	4:04	1	4:41	1	5:09			4
	R Yeakel	1	4:24	1	4:08	1	4:11					3
	B Bishop	1	4:15	1	3:58							2

4th & 5th Grade - Boys												
1	O Strong			10	6:49	10	6:30	10	6:37			30
2	C Slemmer	10	7:08	9	6:58	9	6:47	9	6:42			37
3	J Nelson	9	7:18	8	7:00	8	7:25	8	7:24			33
4	C Moore	7	9:47	5	10:10	6	9:44	7	10:31			25
5	J Chynoweth	6	9:54	4	10:42			6	10:36			16
	O Page	7	8:27	6	9:26	5	9:50					18
	F Houchins	8	8:23	7	8:41	7	8:54					22
10												0
11												0
12												0

4th & 5th Grade - Girls												
1	A Hiestand	10	7:04	10	6:52	10	7:05	10	7:07			40
2	J Gehret	9	7:20	9	7:04	9	7:06	9	7:30			36
3	E Simpson	8	8:40	7	8:40	8	7:48	8	8:02			31
4	A Hayes	7	9:15	6	9:28	6	9:42	7	8:28			26
5	A Moore	6	9:20	8	8:06	7	8:03	6	8:53			27
6	S Conley	5	11:28	4	12:00	4	11:23	5	10:29			18
7	A Clemens	4	11:34			5	10:23	4	10:40			13
8	M Miller	1	13:33	5	11:50	3	12:57	3	12:08			12
	C Breon	3	12:37									3
	M Hollstein	2	12:47	3	12:45							5

6th - 8th Grade - Boys												
1	P Haigh	10	6:46	10	6:23			10	6:36			30
2	L Simpson	9	8:05	7	8:10	9	7:34	9	7:32			34
3	G Phipps	8	8:17	9	7:37	10	7:24	8	8:21			35
4	J Phipps	7	8:25	8	8:00	8	7:57	7	8:45			30
5	O Ward			6	10:31	6	10:45	6	11:09			18
	M Erninger	4	10:38			7	10:40					11
												0

6th - 8th Grade - Girls												
1	L Strahorn	9	7:15	9	7:06	9	7:02	10	7:13			37
2	E Word	10	7:03	8	7:34			9	7:21			27
3	L Naidoo	5	9:09	7	8:31	8	8:43	8	8:25			28
4	A Valerian	5	9:09	4	10:20	6	10:35	7	9:17			22
5	A Derstein	6	9:08	5	9:09	7	10:17	6	9:20			24
	K Breon	7	8:56	6	8:35							13
	A Manus			3	12:49							3
	E Jean-Baptiste			2	14:12							2
	A Moore	4	10:23									4
	M Houchins	8	7:39	10	6:42	10	6:30					28

High School - Boys

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