

**Healthy Kids Running Series
Windham NH
Results from May 2, 9, 16, 30 and June 6**

	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
GIRLS 50 YARD DASH HEAT 1												
1	O Adamonis	9	N/A	10	N/A		N/A		N/A		N/A	19
2	B Siebert	7	N/A	9	N/A		N/A		N/A		N/A	16
3	M Nolan	8	N/A	7	N/A		N/A		N/A		N/A	15
4	O Kennedy	4	N/A	8	N/A		N/A		N/A		N/A	12
5	A Rachala	10	N/A		N/A		N/A		N/A		N/A	10
6	C Laprel	6	N/A	4	N/A		N/A		N/A		N/A	10
7	R Blank	5	N/A	5	N/A		N/A		N/A		N/A	10
8	S Allaire	0	N/A	6	N/A		N/A		N/A		N/A	6
9	A Dicks	0	N/A	3	N/A		N/A		N/A		N/A	3
10	C Early	0	N/A		N/A		N/A		N/A		N/A	0
11	H Barreto	0	N/A		N/A		N/A		N/A		N/A	0
GIRLS 50 YARD DASH HEAT 2												
1	K Reynolds	9	N/A	7	N/A		N/A		N/A		N/A	16
2	H Riley	8	N/A	8	N/A		N/A		N/A		N/A	16
3	P Spolyar	7	N/A	9	N/A		N/A		N/A		N/A	16
4	V Horton	10	N/A	5	N/A		N/A		N/A		N/A	15
5	M Patalano	6	N/A	6	N/A		N/A		N/A		N/A	12
6	K Gagnon	1	N/A	10	N/A		N/A		N/A		N/A	11
7	G Assetta	5	N/A	2	N/A		N/A		N/A		N/A	7
8	H Letourneau	4	N/A	3	N/A		N/A		N/A		N/A	7
9	E Soares	3	N/A	4	N/A		N/A		N/A		N/A	7
10	C Dorsheimer	2	N/A		N/A		N/A		N/A		N/A	2
11	M Engler	0	N/A		N/A		N/A		N/A		N/A	0
GIRLS 50 YARD DASH HEAT 3												
1	E Bubb	10	N/A	9	N/A		N/A		N/A		N/A	19

2	K	Nolan	9	N/A	10	N/A	N/A	N/A	N/A	19
3	O	Bailey	8	N/A	8	N/A	N/A	N/A	N/A	16
4	A	Fee	5	N/A	5	N/A	N/A	N/A	N/A	10
5	E	Armitage		N/A	9	N/A	N/A	N/A	N/A	9
6	F	Powers	7	N/A		N/A	N/A	N/A	N/A	7
7	G	Lawrenson	0	N/A	7	N/A	N/A	N/A	N/A	7
8	A	Milone	6	N/A		N/A	N/A	N/A	N/A	6
9	H	Mann	0	N/A	6	N/A	N/A	N/A	N/A	6
GIRLS 50 YARD DASH HEAT 4										
1	E	Deardorff	10	N/A	9	N/A	N/A	N/A	N/A	19
2	Z	Vitas	9	N/A	4	N/A	N/A	N/A	N/A	13
3	F	Powers	0	N/A	10	N/A	N/A	N/A	N/A	10
4	C	Moser	7	N/A	2	N/A	N/A	N/A	N/A	9
5	H	Bowman	8	N/A		N/A	N/A	N/A	N/A	8
6	M	Brown	0	N/A	8	N/A	N/A	N/A	N/A	8
7	P	Lewis	0	N/A	7	N/A	N/A	N/A	N/A	7
8	G	Fercho	0	N/A	6	N/A	N/A	N/A	N/A	6
9	O	Valvanis	0	N/A	5	N/A	N/A	N/A	N/A	5
10	E	Ryan	0	N/A	3	N/A	N/A	N/A	N/A	3
11	J	Broadhead	0	N/A		N/A	N/A	N/A	N/A	0
BOYS 50 YARD DASH HEAT 5										
1	C	Mcperson	10	N/A	9	N/A	N/A	N/A	N/A	19
2	M	Pratt	8	N/A	10	N/A	N/A	N/A	N/A	18
3	M	Smith	7	N/A	7	N/A	N/A	N/A	N/A	14
4	J	Raso	4	N/A	8	N/A	N/A	N/A	N/A	12
5	B	Croteau	6	N/A	4	N/A	N/A	N/A	N/A	10
6	L	Catanzariti	5	N/A	5	N/A	N/A	N/A	N/A	10
7	C	Pease	9	N/A		N/A	N/A	N/A	N/A	9
8	B	Graves		N/A	6	N/A	N/A	N/A	N/A	6
9	E	Scagnelli	3	N/A		N/A	N/A	N/A	N/A	3
10	C	Sullivan	2	N/A		N/A	N/A	N/A	N/A	2
11	D	Bellia	1	N/A		N/A	N/A	N/A	N/A	1
12	O	Baldwin	0	N/A		N/A	N/A	N/A	N/A	0

BOYS 50 YARD DASH HEAT 6											
1	B	Demas	10	N/A	10	N/A	N/A	N/A	N/A	N/A	20
2	K	Reyes Jr	8	N/A	8	N/A	N/A	N/A	N/A	N/A	16
3	B	Bundzinski	7	N/A	9	N/A	N/A	N/A	N/A	N/A	16
4	M	Raso	9	N/A	4	N/A	N/A	N/A	N/A	N/A	13
5	C	Mackay	6	N/A	5	N/A	N/A	N/A	N/A	N/A	11
6	C	Mackay	5	N/A	6	N/A	N/A	N/A	N/A	N/A	11
7	T	Theran	4	N/A	7	N/A	N/A	N/A	N/A	N/A	11
8	J	DellaGrotte	1	N/A	3	N/A	N/A	N/A	N/A	N/A	4
9	O	Walker	3	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3
10	B	Wandell	2	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2
11	C	Fichera		N/A	N/A	N/A	N/A	N/A	N/A	N/A	0
12	W	Crowley		N/A	N/A	N/A	N/A	N/A	N/A	N/A	0
13	C	Letizio		N/A	N/A	N/A	N/A	N/A	N/A	N/A	0
BOYS 50 YARD DASH HEAT 7											
1	C	Grant	10	N/A	10	N/A	N/A	N/A	N/A	N/A	20
2	H	Murphy	9	N/A	9	N/A	N/A	N/A	N/A	N/A	18
3	A	Sapochetti	8	N/A	8	N/A	N/A	N/A	N/A	N/A	16
4	C	Duffen	7	N/A	5	N/A	N/A	N/A	N/A	N/A	12
5	M	Harlow	6	N/A	6	N/A	N/A	N/A	N/A	N/A	12
6	E	Sudati	2	N/A	7	N/A	N/A	N/A	N/A	N/A	9
7	T	Massey	4	N/A	4	N/A	N/A	N/A	N/A	N/A	8
8	C	Flynn	5	N/A	1	N/A	N/A	N/A	N/A	N/A	6
9	T	Brahim	3	N/A	1	N/A	N/A	N/A	N/A	N/A	4
10	R	Meehan		N/A	3	N/A	N/A	N/A	N/A	N/A	3
11	N	Puopolo	1	N/A	1	N/A	N/A	N/A	N/A	N/A	2
12	A	Galluzzo IV		N/A	2	N/A	N/A	N/A	N/A	N/A	2
GIRLS 75 YARD DASH HEAT 8											
1	T	LeBlanc	10	N/A	10	N/A	N/A	N/A	N/A	N/A	20
2	R	McGlashing	8	N/A	9	N/A	N/A	N/A	N/A	N/A	17
3	A	Siebert	9	N/A	7	N/A	N/A	N/A	N/A	N/A	16
4	H	Murphy	7	N/A	8	N/A	N/A	N/A	N/A	N/A	15

5	B	Currie	5	N/A	5	N/A		N/A		N/A		N/A	10
6	A	Belanger	4	N/A	6	N/A		N/A		N/A		N/A	10
7	K	Thyne	3	N/A	4	N/A		N/A		N/A		N/A	7
8	N	Reilly	6	N/A		N/A		N/A		N/A		N/A	6
9	S	Sullivan	2	N/A		N/A		N/A		N/A		N/A	2
10	N	Wageling		N/A		N/A		N/A		N/A		N/A	0
GIRLS 75 YARD DASH HEAT 9													
1	S	Graves	10	N/A	10	N/A		N/A		N/A		N/A	20
2	C	Hamlin	9	N/A	8	N/A		N/A		N/A		N/A	17
3	E	Dorsheimer	6	N/A	9	N/A		N/A		N/A		N/A	15
4	E	Copploa	5	N/A	8	N/A		N/A		N/A		N/A	13
5	C	Wandell	8	N/A		N/A		N/A		N/A		N/A	8
6	E	Hanson	7	N/A		N/A		N/A		N/A		N/A	7
7	H	Falsetti	0	N/A		N/A		N/A		N/A		N/A	0
8	B	Engler	0	N/A		N/A		N/A		N/A		N/A	0
GIRLS 75 YARD DASH HEAT 10													
1	W	Root	10	N/A	10	N/A		N/A		N/A		N/A	20
5	G	Mikolajczuk	4	N/A	8	N/A		N/A		N/A		N/A	12
3	S	Fercho	0	N/A	9	N/A		N/A		N/A		N/A	9
4	K	Currao	8	N/A		N/A		N/A		N/A		N/A	8
6	L	Bowman	7	N/A		N/A		N/A		N/A		N/A	7
7	G	Currao	6	N/A		N/A		N/A		N/A		N/A	6
2	E	Reaves	9	N/A		N/A		N/A		N/A		N/A	9
8	M	Casey	5	N/A		N/A		N/A		N/A		N/A	5
9	E	Turner	3	N/A		N/A		N/A		N/A		N/A	3
GIRLS 75 YARD DASH HEAT 11													
1	G	Sapochetti	10	N/A	10	N/A		N/A		N/A		N/A	20
2	N	Zambrana	8	N/A	8	N/A		N/A		N/A		N/A	16
3	E	Blank	7	N/A	9	N/A		N/A		N/A		N/A	16
4	A	Chrobak	9	N/A	5	N/A		N/A		N/A		N/A	14
5	W	Soares	6	N/A	7	N/A		N/A		N/A		N/A	13
6	J	Puopolo	5	N/A	8	N/A		N/A		N/A		N/A	13

7	P	Kasiske	4	N/A	6	N/A		N/A		N/A		N/A	10
8	E	Mane	3	N/A		N/A		N/A		N/A		N/A	3
9				N/A		N/A		N/A		N/A		N/A	0
10				N/A		N/A		N/A		N/A		N/A	0
BOYS 75 YARD DASH HEAT 12													
1	E	Hunley	10	N/A	10	N/A		N/A		N/A		N/A	20
2	B	Chrobak	7	N/A	9	N/A		N/A		N/A		N/A	16
3	R	Paton	6	N/A	8	N/A		N/A		N/A		N/A	14
4	W	OHara	3	N/A	7	N/A		N/A		N/A		N/A	10
5	D	Early	9	N/A		N/A		N/A		N/A		N/A	9
6	W	Ryan	4	N/A	5	N/A		N/A		N/A		N/A	9
7	C	Wolff	8	N/A		N/A		N/A		N/A		N/A	8
8	B	Laprel	2	N/A	4	N/A		N/A		N/A		N/A	6
9	L	Allaire	0	N/A	6	N/A		N/A		N/A		N/A	6
10	A	Bellia	5	N/A		N/A		N/A		N/A		N/A	5
11	N	Boucher	1	N/A		N/A		N/A		N/A		N/A	1
12	N	Smith	0	N/A		N/A		N/A		N/A		N/A	0
BOYS 75 YARD DASH HEAT 13													
1	M	Finn	10	N/A	9	N/A		N/A		N/A		N/A	19
2	P	Principe	9	N/A	7	N/A		N/A		N/A		N/A	16
3	G	Niles	3	N/A	10	N/A		N/A		N/A		N/A	13
4	R	Turner	8	N/A	2	N/A		N/A		N/A		N/A	10
5	P	Shockro	7	N/A	3	N/A		N/A		N/A		N/A	10
6	L	Talalai	6	N/A	4	N/A		N/A		N/A		N/A	10
7	R	Ziakas		N/A	8	N/A		N/A		N/A		N/A	8
8	R	Celebi		N/A	6	N/A		N/A		N/A		N/A	6
9	C	Runey	5	N/A		N/A		N/A		N/A		N/A	5
10	J	Waitt	4	N/A	1	N/A		N/A		N/A		N/A	5
11	W	Baldwin		N/A	5	N/A		N/A		N/A		N/A	5
12	Q	Myers		N/A		N/A		N/A		N/A		N/A	0
BOYS 75 YARD DASH HEAT 14													
1	F	O'Malley	10	N/A	10	N/A		N/A		N/A		N/A	20
2	J	Tether	9	N/A	8	N/A		N/A		N/A		N/A	17

3	T	Barter	8	N/A	6	N/A		N/A		N/A		N/A	14
4	N	Spolyar	7	N/A	5	N/A		N/A		N/A		N/A	12
5	B	Miedico	6	N/A	4	N/A		N/A		N/A		N/A	10
6	R	Gosselin		N/A	9	N/A		N/A		N/A		N/A	9
7	G	Armitage		N/A	7	N/A		N/A		N/A		N/A	7
8	T	Raso	5	N/A	1	N/A		N/A		N/A		N/A	6
9	W	Duyon	4	N/A	2	N/A		N/A		N/A		N/A	6
10	J	Flaherty		N/A	3	N/A		N/A		N/A		N/A	3
11	T	Shepard		N/A	3	N/A		N/A		N/A		N/A	3
12	L	Aikawa		N/A		N/A		N/A		N/A		N/A	0
BOYS 75 YARD DASH HEAT 15													
1	E	Boucher	10	N/A	10	N/A		N/A		N/A		N/A	20
2	W	Keenlside	7	N/A	9	N/A		N/A		N/A		N/A	16
3	H	Moser	9	N/A	5	N/A		N/A		N/A		N/A	14
4	J	Fredriksen	8	N/A	6	N/A		N/A		N/A		N/A	14
5	T	Hynes	2	N/A	7	N/A		N/A		N/A		N/A	9
6	R	Gilbert	6	N/A	2	N/A		N/A		N/A		N/A	8
7	A	Duffen	5	N/A	3	N/A		N/A		N/A		N/A	8
8	P	Meehan		N/A	8	N/A		N/A		N/A		N/A	8
9	C	Keeley	4	N/A	1	N/A		N/A		N/A		N/A	5
10	C	Keeley	3	N/A	1	N/A		N/A		N/A		N/A	4
11	M	Kingsland		N/A	4	N/A		N/A		N/A		N/A	4
GIRLS 1/4 MILE													
1	J	Root	10	1.40.92	10	1.40.79							20
2	O	O'Malley	8	1.49.34	7	1.45.22							15
3	B	Graves	6	1.54.66	8	1.43.42							14
4	L	Boucher	9	1.47.83	5	1.46.33							14
5	S	Kingsland		N/A	9	1.43.19							9
6	Ad	Peterson	7	1.51.92	2	1.52.41							9
7	R	Zatsky	4	1.55.34	4	1.47.50							8
8	M	Fuccillo	3	1.55.92	3	1.48.16							6
9	J	Gagnon	5	1.55.14	6	1.45.72							5
10	B	Rosario	2	1.57.09	1	1.57.18							3
11	A	Triompo	1	2.02.07	1	1.52.59							2

12	V	Cerna	1	1.58.97	1	1.55.84							2
13	S	Paton	1	1.58.21	1	1.56.11							2
14	A	Finn	1	1.58.32	1	1.58.41							2
15	K	Fredriksen	1	2.04.39	1	2.01.66							2
16	C	Henschel	1	2.15.13	1	2.04.74							2
17	L	Ringelstein	1	2.07.46	1	2.05.78							2
18	A	Hastings	1	2.09.75	1	2.08.36							2
19	L	Dorsheimer	1	2.13.72	1	2.10.33							2
20	E	Nadeau	1	2.13.27	1	2.11.51							2
21	A	Mikolajczuk	1	2.26.37	1	2.12.53							2
22	M	DeCorpo	1	2.07.68	1	2.13.87							2
23	L	Nadeau	1	2.37.23	1	2.17.31							2
24	B	Nolan	1	2.13.23	1	2.21.61							2
25	K	Reyes	1	2.11.27	1	2.21.92							2
26	A	Regal	1	1.57.34	1	2.22.11							2
27	E	Coppola	1	2.31.20	1	2.28.13							2
28	S	Sampson	1	2.20.13	1	2.37.10							2
29	E	Sampson	1	2.36.05	1	2.43.23							2
30	M	Fee	1	2.40.17	1	2.47.62							2
31	A	Rachala	1	3.00.80	1	2.53.71							2
32	V	Turner	1	3.17.44	1	3.12.54							2
33	S	Leblanc		N/A	1	2.00.54							1
34	M	McDonough		N/A	1	2.01.19							1
35	C	Shepherd		N/A	1	2.26.98							1
36	V	Jessup	1	1.59.05									1
37	E	Walker	1	2.03.72									1
38	C	Mannino	1	2.07.15									1
39	An	Peterson	1	2.09.14									1
40	A	Castle	1	2.12.44									1
41	K	Khanna	1	2.12.79									1
42	O	Harrington	1	2.14.58									1
43	A	Barreto	1	2.26.54									1
44	F	Pasqualetto	1	2.37.89									1
45	S	Nieves	1	2.59.22									1
46	E	Nieves	1	3.00.12									1
47	A	Sevigny		N/A									0

48	H	Broadhead		N/A										0
49	E	Wageling		N/A										0
		BOYS 1/4 MILE												
1	F	O'Brien	9	1.39.88	9	1.38.40								18
2	Z	DiNitto	7	1.43.91	10	1.35.78								17
3	A	Booth	4	1.47.41	6	1.42.93								10
4	B	Jessup	10	1.39.58										10
5	L	Kasiske	2	1.48.03	7	1.42.18								9
6	T	Graves	8	1.43.03										8
7	D	Oliver		N/A	8	1.41.94								8
8	J	Kraics	1	1.52.78	5	1.45.51								6
9	N	Hernandez	6	1.46.88										6
10	J	Hynes	1	2.07.72	4	1.48.42								5
11	T	Mane	5	1.47.11										5
12	J	Brown	1	1.49.89	2	1.50.26								3
13	B	Mcintosh	3	1.47.60										3
14	L	Boucher		N/A	3	1.49.62								3
15	H	Niles	1	1.52.40	1	1.50.54								2
16	O	Pikus	1	1.49.85	1	1.52.26								2
17	C	Theran	1	1.54.11	1	1.52.45								2
18	L	Mustapha	1	1.53.10	1	1.55.42								2
19	S	Zaniboni	1	1.57.64	1	1.55.54								2
20	M	Brahim	1	2.05.23	1	1.57.49								2
21	J	Massey	1	1.54.61	1	2.01.57								2
22	P	Park	1	2.03.26	1	2.02.15								2
23	M	Adamonis	1	1.53.14	1	2.02.47								2
24	L	Hunley	1	1.59.39	1	2.02.51								2
25	J	Shockro	1	2.02.46	1	2.02.96								2
26	M	Bubb	1	1.52.10	1	2.04.37								2
27	B	Assetta	1	1.53.00	1	2.04.62								2
28	C	Brown	1	2.06.56	1	2.09.62								2
29	B	Russo	1	1.54.23	1	2.12.38								2
30	J	Sudati	1	2.13.80	1	2.14.32								2
31	C	Ash	1	3.10.08	1	2.20.18								2
32	K	Powers	1	2.37.62	1	2.21.09								2

33	S	Powers	1	2.20.15	1	2.23.77							2
34	G	Peterson	1	2.25.71	1	2.25.71							2
35	B	Lawrenson	1	3.20.66	1	2.39.12							2
36	J	Li		N/A	1	2.01.13							1
37	E	Mann		N/A	1	2.09.88							1
38	J	Mitchell		N/A	1	2.31.46							1
39	W	Runey	1	1.51.27									1
40	S	Dowling	1	1.56.49									1
41	L	Scagnelli	1	1.58.94									1
42	O	Turner	1	1.59.49									1
43	M	Gay	1	2.10.31									1
44	T	Grant	1	2.25.80									1
45	Y	Sangoju	1	2.29.24									1
46	M	Hernandez	1	2.34.80									1
47	L	Hanson	1	2.57.64									1
48		Broadhead		N/A	1	2.13.26							1
49	P	Dolph	0	N/A									0
50	K	Knight	0	N/A									0
51	C	Smith-Chang	0	N/A									0
52	S	Crowley	0	N/A									0
53	L	Frelich	0	N/A									0
GIRLS 1/2 MILE													
1	M	Mullaney	10	3.13.56	10	3.13.09							20
2	D	LeBlanc	9	3.24.12	9	3.24.33							18
3	S	Adamonis	5	3.50.90	8	3.41.02							13
4	B	Oliver	7	3.41.59	5	3.52.16							12
5	A	Mullaney	6	3.49.36	6	3.45.65							12
6	L	Henry	3	4.00.00	7	3.42.02							10
7	S	Hardiman	8	3.34.37									8
8	J	Dicks	4	3.55.83	4	3.54.92							8
9	A	Fuccillo	1	4.42.91	3	3.56.32							4
10	A	Harrington	2	4.07.39									2
11	E	Barter	1	4.18.20	1	4.36.87							2
12	S	DeCorpo	1	4.19.53	1	4.38.02							2
13	C	Eastwood	1	4.39.51	1	4.58.69							2

15	B	Ringelstein	1	3.59.53	1	3.55.42							2
16	D	LeBlanc	1	4.24.89	1	4.16.10							2
17	TJ	Hennessey	1	4.39.52	1	4.28.85							2
18	L	Casey	1	4.28.13	1	4.31.79							2
19	B	Currie	1	3.58.86	1	4.38.37							2
20	T	Lirofonis	1	5.33.63	1	5.41.45							2
21	E	Mehu	1	5.09.26	1	5.43.68							2
22	D	Tutrone	1	5.18.00	1	5.50.33							2
23	E	Phillips	1	5.33.63	1	5.50.74							2
24	I	Ziakas	0		1	3.46.81							1
25	K	Celebi	0		1	4.20.72							1
26	R	Luther	0		1	5.30.02							1
27	D	Walker	1	3.51.48									1
28	A	Khanna	1	5.20.58									1
29	L	Boucher	0										0
30	C	Dolph	0										0
31	J	Crowley	0										0
32	P	Cornerford	0										0
33	M	Comerford	0										0
GIRLS 1 MILE 4th & 5th Gr.													
1	E	Tether	10	7.34.94	10	7.14.76							20
2	H	Stromski	9	7.53.44	9	7.44.61							18
3	M	DeCorpo	8	8.36.56	8	9.35.73							16
4	J	Hynes	7	8.40.92	7	9.48.69							14
5	B	Attardo	6	10.03.59	6	12.11.90							12
6	L	Sevigny	0										0
7	C	Sharpe	0										0
8	L	Dolph	0										0
GIRLS 1 MILE 6th-8th Gr.													
1	I	Tutrone	10	6.44.59	10	6.52.39							20
2	G	LeBlanc	9	7.10.45	9	7.19.42							18
3	M	Cerna	8	7.46.74	8	7.34.33							16
4	B	Hynes	7	8.13.30	6	9.07.36							13

5	C	LeBlanc	5	8.18.07	7	8.25.39							12
6	C	Eastwood	4	8.34.98	5	9.28.03							9
7	K	Hynes	6	8.13.73									6
BOYS 1 MILE 4th & 5th Gr.													
1	J	DiNitto	10	6.30.58	10	6.16.31							20
2	L	Zenga	9	6.47.63	9	6.49.58							18
4	C	Murray	7	6.58.15	8	6.53.08							15
3	M	Kraics	8	6.51.89	7	6.57.61							15
6	K	Lirofonis	5	7.05.44	6	7.00.14							11
8	A	Laher	3	7.33.16	5	7.33.41							8
5	B	Turner	6	6.59.92									6
11	C	Blais	1	9.14.81	4	7.33.79							5
7	J	Mcintosh	4	7.15.68									4
9	E	Ducas	2	7.59.63	1	10.23.06							3
15	B	Fox			3	8.40.22							3
13	D	Zatsky	1	10.45.63	2	9.52.27							3
10	T	Khanna	1	8.04.58									1
12	M	Beaubien	1	10.02.36									1
14	H	Graham											0
16	C	Tarr											0
BOYS 1 MILE 6th-8th Gr.													
1	T	Stromski	10	7.19.43	10	7.15.65							20
2	O	Hardiman	9	8.22.56									9