

# Healthy Kids Running Series

## Lansdale

### Results from 5/2,5/16,5/23,6/6,6/13

Name/Race		Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
<b>Last Name</b>												
<b>Pre-K 50 Yard Dash - Girls Heat 1</b>												
1	R Grunmeier	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	R Siha	9	N/A	9	N/A	9	N/A	6	N/A	9	N/A	42
3	C Smith	8	N/A	8	N/A	8	N/A	9	N/A	8	N/A	41
4	L Cole	7	N/A	7	N/A	7	N/A	8	N/A	6	N/A	35
5	E Schodle	6	N/A	6	N/A		N/A	7	N/A		N/A	19
6	G Cossman		N/A	5	N/A		N/A		N/A		N/A	5
7	H Forward		N/A		N/A		N/A		N/A		N/A	0
8	H Rudnet		N/A		N/A		N/A		N/A	7	N/A	7
9			N/A		N/A		N/A		N/A		N/A	0
10			N/A		N/A		N/A		N/A		N/A	0
<b>Pre-K 50 Yard Dash - BOYS HEAT 2</b>												
1	J Burns	8	N/A	9	N/A	9	N/A	10	N/A	10	N/A	46
2	L Benedix	10	N/A	7	N/A	8	N/A	9	N/A	9	N/A	43
3	T Jaeger	6	N/A	8	N/A	7	N/A	8	N/A	8	N/A	37
4	L Doherty	7	N/A	10	N/A	10	N/A		N/A		N/A	27
5	M Hamilton	5	N/A		N/A		N/A	7	N/A		N/A	12
6	A Garcia Tello	9	N/A		N/A		N/A		N/A		N/A	9
7	T Holm		N/A		N/A		N/A		N/A		N/A	0
8			N/A		N/A		N/A		N/A		N/A	0
9			N/A		N/A		N/A		N/A		N/A	0
10			N/A		N/A		N/A		N/A		N/A	0
<b>Pre-K 50 Yard Dash - BOYS HEAT 3</b>												
1	D Whetstone	10	N/A	10	N/A	10	N/A	10	N/A	9	N/A	49
2	C Prestia	10	N/A	10	N/A	10	N/A		N/A	10	N/A	40
3	G Mattar	6	N/A	8	N/A	9	N/A	9	N/A	8	N/A	40
4	V Vogel	8	N/A	7	N/A	8	N/A	8	N/A		N/A	31
5	Z Michniewicz	7	N/A		N/A		N/A		N/A		N/A	7
6	L Lynch		N/A		N/A		N/A		N/A		N/A	0
7			N/A		N/A		N/A		N/A		N/A	0
8			N/A		N/A		N/A		N/A		N/A	0
9			N/A		N/A		N/A		N/A		N/A	0
10			N/A		N/A		N/A		N/A		N/A	0
<b>Pre-K 75 Yard Dash - Girls HEAT 4</b>												
1	R Evans	7	N/A	10	N/A	9	N/A	10	N/A	10	N/A	46
2	P Mattar	8	N/A	8	N/A	8	N/A	8	N/A	7	N/A	39
3	A Flanagan	7	N/A	9	N/A	6	N/A	6	N/A	8	N/A	36
4	N Longo	10	N/A		N/A	10	N/A	10	N/A	5	N/A	35
5	L Dooling	9	N/A		N/A	7	N/A	7	N/A	9	N/A	32
6	J Holody	7	N/A	7	N/A	5	N/A	5	N/A	6	N/A	30
7			N/A		N/A		N/A		N/A		N/A	0
8			N/A		N/A		N/A		N/A		N/A	0
9			N/A		N/A		N/A		N/A		N/A	0
10			N/A		N/A		N/A		N/A		N/A	0



												0
<b>1/4 Mile - Girls</b>												
1	H Crane	5		10	1:37	10	1:41	8	1:03	10	1:35	43
2	A Campbell	5		9	1:43	9	1:46	10	1:01	9	1:40	42
3	C Hale	5		8	1:44	8	1:49	9	1:02	6	1:47	36
4	K Burns	5		6	1:50	7	1:50	7	1:05	8	1:44	33
5	N Melniczek	5		6	1:50	6	2:00	6	1:06	7	1:45	30
6	L Benedix	5		7	1:49	1	2:16	4	1:14	5	1:49	22
7	E Coyne	5		3	2:00	5	2:03	5	1:07	3	2:02	21
8	G Ochonicki	5		1	2:24	11	2:20			1	2:18	18
9	N Walko	5				4	2:12	1	2:00	4	1:57	14
10	O Winters	5				4	2:12	1	2:16	3	2:02	13
11	L Bruecks	5		4	1:51			3	1:49			12
12	P Groff	5				4	2:12	1	2:07	2	2:03	12
13	C Jones	5		1	2:29	4	2:12	1	2:30	1	2:16	12
14	H Smith	5		1	2:22	1	2:27	1	2:25	1	2:17	9
15	C Dagger	5		1	4:02	1	3:56	1	2:55	1	4:00	9
16	S Ewaniuk	5		1	2:20	1	2:32	1	2:44		2:15	8
17	T Gavin	5		1	2:05			2	1:55			8
18	N Richardson	5		1	2:49	1	3:11					7
19	C R. Christy	5		2	2:02							7
20	E Presley	5		1	2:22							6
<b>1/2 Mile - Boys</b>												
1	E Hale	9	3:45:00	9	3:49	10	3:47	8	3:39	9	3:36	45
2	D Mattar	7	4:07:00	8	4:00	9	4:00	10	3:35	10	3:32	44
3	B Barton	10	3:44:00	10	3:43			9	3:36	7	3:56	36
4	S Ulkloss	5	4:20:00	7	4:09	8	4:13	6	4:01	8	3:52	34
5	R Groff	8	3:50:00			7	4:14	7	3:57	6	3:58	28
6	S Winters	4	4:43:00	5	5:01	5	4:40	4	4:29	4	4:04	22
7	B White	2	5:18:00	3	6:20	6	4:21	2	6:05	2	5:21	15
8	S Adibe	1				4	4:49	5	4:26	5	4:03	15
9	B Dreese	6	4:15:00	6	4:52		5:03		5:05			12
10	J Ochonicki	3	5:17:00	4	5:51	2	5:01			1	6:12	10
11	N Adibe	1				3	4:58	3	4:33	3	4:04	10
												0
												0
<b>1/2 Mile - Girls</b>												
1	S Evans	10	3:33:00	10	3:32	10	3:35	10	3:24	9	3:25	49
2	A Snarke	9	3:37:00	8	3:48	9	3:37	9	3:26	10	3:24	45
3	M Doherty	8	3:44:00	9	3:43	8	3:41	8	3:52	8	3:51	41
4	L Toro	7	4:13:00	7	4:13	7	4:12			7	3:57	28
5	H Kerr	4	4:38:00	6	4:35	6	4:52	6	5:12	6	4:52	28
6	C Sekula	6	4:33:00	4	5:27	4	5:40			5	5:56	19
7	N DeAngelis	2	4:57:00			5	4:54	7	5:02	4	5:55	18
8	L Barton	3	4:45	5	5:02							8
9	S Wall	5	4:36:00									5
10	M Hanks											0
												0
<b>1 Mile- 4th and 5th Boys</b>												
1	J Boland	10	11:04:00			10	11:13			10	10:28	30
2	I Ahmad	9	13:33:00	10	11:55							19
3	C Cossman			9	16:12							9







