

Healthy Kids Running Series 2022 Fall

Midlothian, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 2/3 Year Old - 50 Yard Dash (Girls)												
1	C. Holston	9	N/A	10	N/A	10	N/A	10	N/A	10	N/A	49
2	D. Cole	10	N/A	9	N/A	9	N/A	9	N/A	9	N/A	46
3	H. Chargois	7	N/A	6	N/A	7	N/A	6	N/A	6	N/A	32
4	M. Simon	0	N/A	8	N/A	8	N/A	8	N/A	8	N/A	32
5	T. Thomas	8	N/A	7	N/A	0	N/A	7	N/A	7	N/A	29
Pre-K 2/3 Year Old - 50 Yard Dash (Boys)												
1	R. Britz	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	G. Parrott	9	N/A	9	N/A	8	N/A	10	N/A	9	N/A	45
3	M. Spalding	6	N/A	7	N/A	7	N/A	7	N/A	6	N/A	33
4	O. Zavrel	7	N/A	0	N/A	9	N/A	8	N/A	7	N/A	31
5	L. Roberts	8	N/A	8	N/A	6	N/A	0	N/A	8	N/A	30
6	T. Meyers	0	N/A	6	N/A	5	N/A	0	N/A	0	N/A	11
Pre-K 4/5 Year Old - 75 Yard Dash (Girls)												
1	M. Anderson	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	A. Cheatham	9	N/A	9	N/A	9	N/A	8	N/A	9	N/A	44
3	H. Stanley	8	N/A	8	N/A	8	N/A	9	N/A	8	N/A	41
4	J. Kohut	5	N/A	4	N/A	5	N/A	6	N/A	7	N/A	27
5	M. Gow	7	N/A	6	N/A	0	N/A	7	N/A	5	N/A	25
6	S. WILSON	0	N/A	7	N/A	7	N/A	4	N/A	6	N/A	24
7	A. Perry	4	N/A	2	N/A	6	N/A	5	N/A	0	N/A	17
8	B. DeNardis	0	N/A	5	N/A	4	N/A	3	N/A	4	N/A	16
9	E. French	3	N/A	1	N/A	0	N/A	2	N/A	3	N/A	9
10	J. Johnson	6	N/A	3	N/A	0	N/A	0	N/A	0	N/A	9
Pre-K 4/5 Year Old - 75 Yard Dash (Boys)												
1	C. Landing	10	N/A	10	N/A	10	N/A	10	N/A	7	N/A	47
2	S. Johnson	7	N/A	8	N/A	7	N/A	8	N/A	9	N/A	39
3	H. Holston	8	N/A	9	N/A	8	N/A	8	N/A	5	N/A	38
4	C. Zavrel	9	N/A	0	N/A	9	N/A	10	N/A	10	N/A	38
5	C. Smith	6	N/A	7	N/A	6	N/A	6	N/A	0	N/A	25
6	J. Usher	0	N/A	5	N/A	4	N/A	4	N/A	6	N/A	19
7	L. Cowan	5	N/A	0	N/A	5	N/A	0	N/A	8	N/A	18
8	J. Hardison	1	N/A	3	N/A	3	N/A	5	N/A	4	N/A	16
9	D. Kapp	4	N/A	4	N/A	1	N/A	3	N/A	0	N/A	12
10	F. Dekeyser	0	N/A	6	N/A	2	N/A	0	N/A	3	N/A	11
11	B. Gelina	3	N/A	2	N/A	0	N/A	2	N/A	1	N/A	8
12	L. Matthews	0	N/A	0	N/A	1	N/A	1	N/A	2	N/A	4
Kindergarten & 1st Grade - 1/4 Mile (Girls)												
1	M. Koelmel	9	01:32	10	01:28	10	01:29	10	01:28	10	01:25	49
2	S. Tauchen	8	01:34	7	01:38	9	01:31	8	01:33	9	01:29	41
3	S. Cheatham	3	01:49	9	01:36	8	01:35	7	01:34	6	01:36	33
4	E. Dail	10	01:29	6	01:39	0	N/A	9	01:31	8	01:30	33
5	H. Kilgo	5	01:43	5	01:40	7	01:44	6	01:44	3	01:45	26
6	H. Meyers	4	01:46	5	01:40	6	01:45	5	01:46	4	01:37	24
7	R. Maxwell	6	01:41	3	01:47	0	N/A	0	N/A	7	01:34	16
8	Q. D'Amato	8	01:34	8	01:37	0	N/A	0	N/A	0	N/A	16
9	A. Roberts	2	01:52	2	01:57	5	01:49	0	N/A	6	01:36	15
10	T. Watts	1	01:56	1	02:04	4	01:51	4	02:00	2	01:52	12

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11	B. Allen	1	02:04	1	02:14	1	02:48	3	02:02	1	02:03	7
12	J. Ryan	1	02:00	1	02:09	3	01:59	2	02:03	0	N/A	7
13	E. Simon	0	N/A	1	02:13	2	02:03	1	02:06	0	N/A	4
14	R. Vinoros	1	02:16	1	02:17	0	N/A	0	N/A	1	02:11	3
15	A. Simon	0	N/A	1	02:18	1	02:33	1	02:18	0	N/A	3

Kindergarten & 1st Grade - 1/4 Mile (Boys)

1	B. Little	8	01:28	6	01:33	10	01:26	10	01:24	9	01:22	43
2	H. Gow	10	01:26	10	01:26	0	N/A	9	01:25	10	01:21	39
3	L. Bishop	10	01:26	6	01:33	6	01:33	6	01:33	8	01:25	36
4	W. Stanley	8	01:28	9	01:29	4	01:38	8	01:30	7	01:26	36
5	B. DeNardis	6	01:29	8	01:30	9	01:29	4	01:36	6	01:33	33
6	T. Helms	5	01:31	4	01:35	8	01:30	5	01:34	5	01:35	27
7	M. Miller	2	01:41	7	01:32	7	01:32	3	01:38	4	01:41	23
8	B. Richardson	4	01:36	3	01:40	0	N/A	7	01:32	0	N/A	14
9	R. Swann	3	01:37	1	01:48	5	01:35	1	01:42	0	N/A	10
10	D. Thomas	1	01:42	1	01:56	2	01:42	2	01:41	3	01:43	9
11	G. Radcliffe	1	01:47	1	01:49	4	01:38	0	N/A	1	01:46	7
12	M. Moschella	1	01:59	1	03:10	0	N/A	1	01:47	3	01:43	6
13	T. Davis	1	02:31	1	03:12	1	02:33	1	02:26	1	02:17	5
14	T. Britz	2	01:41	2	01:43	0	N/A	1	01:49	0	N/A	5
15	W. Wilson	0	N/A	1	02:03	1	01:58	1	01:52	1	01:46	4
16	Q. Edwards	0	N/A	1	01:58	1	01:53	1	01:51	1	01:57	4
17	D. Hodges	0	N/A	0	N/A	1	01:56	1	01:50	1	01:53	3
18	E. Weinert	1	01:50	0	N/A	1	01:48	0	N/A	1	01:52	3
19	E. DeKeyser	1	01:53	1	01:49	0	N/A	0	N/A	1	01:53	3
20	J. Kapp	0	N/A	1	02:00	1	01:52	1	02:03	0	N/A	3
21	L. Wright	1	01:54	0	N/A	0	N/A	0	N/A	0	N/A	1
22	L. Osborne	1	02:15	0	N/A	0	N/A	0	N/A	0	N/A	1

2nd & 3rd Grade - 1/2 Mile (Girls)

1	A. Chester	10	03:27	10	03:20	10	03:23	10	03:22	10	03:29	50
2	Q. Koelmel	8	03:38	7	03:33	7	03:35	9	03:30	9	03:30	40
3	K. Crawford	9	03:34	9	03:31	9	03:33	8	03:31	0	N/A	35
4	H. Watts	7	03:41	6	03:44	6	03:41	6	03:46	7	03:46	32
5	P. Wilson	0	N/A	8	03:32	9	03:33	7	03:35	8	03:42	32
6	L. Anderson	5	03:58	4	03:50	5	03:46	4	03:56	5	03:54	23
7	A. White	0	N/A	4	03:50	5	03:46	5	03:49	6	03:53	20
8	H. Green	0	N/A	4	03:50	3	03:56	3	04:02	4	04:05	14
9	T. Perry	7	03:41	5	03:46	0	N/A	0	N/A	0	N/A	12
10	E. Johnson	3	04:35	1	04:33	1	04:28	2	04:10	3	04:14	10
11	E. Zwerdling	4	04:16	0	N/A	2	04:09	1	04:18	2	04:26	9
12	I. Moschella	2	04:56	0	N/A	0	N/A	1	N/A	1	04:59	4
13	R. Kinneer	0	N/A	0	N/A	0	N/A	1	06:34	1	06:25	2
14	M. Richardson	0	N/A	1	04:08	0	N/A	0	N/A	0	N/A	1

2nd & 3rd Grade - 1/2 Mile (Boys)

1	J. Goff	10	03:07	10	03:09	10	03:09	10	03:12	10	03:07	50
2	L. Helms	9	03:22	9	03:19	9	03:25	9	03:20	9	03:14	45
3	N. Roedersheimer	5	03:33	6	03:24	8	03:28	7	03:30	9	03:14	35
4	J. Johnson	8	03:23	4	03:30	6	03:40	8	03:21	6	03:15	32
5	I. Miller	4	03:39	5	03:25	8	03:28	6	03:34	5	03:35	28

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6	C. Maxwell	6	03:26	7	03:21	0	N/A	0	N/A	9	03:14	22
7	P. Rhodes	8	03:23	9	03:19	0	N/A	0	N/A	0	N/A	17
8	K. Roberts	3	03:50	3	03:47	5	03:43	0	N/A	4	03:37	15
9	N. Vinoros	2	04:01	2	03:52	0	N/A	5	03:49	3	03:39	12
10	T. Kilgo	1	04:29	1	04:41	3	04:10	3	04:10	2	04:12	10
11	J. Kapp	1	04:38	1	04:29	4	04:07	2	04:11	0	N/A	8
12	L. Simon	0	N/A	1	04:00	2	04:12	4	04:00	0	N/A	7
13	E. Moschella	1	04:23	1	04:23	0	N/A	1	04:30	1	04:51	4
14	Q. Ryan	1	04:24	1	04:42	1	04:49	1	04:19	0	N/A	4
15	T. D'Amato	1	04:16	1	04:30	1	04:41	0	N/A	0	N/A	3

4th & 5th Grade - 1 Mile (Girls)

1	S. Hawkins	10	07:32	10	07:45	10	07:21	10	07:17	10	07:35	50
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4th & 5th Grade - 1 Mile (Boys)

1	D. Negreiros	10	06:49	10	06:51	10	06:34	10	06:40	10	07:05	50
2	H. Zwerdling	8	08:27	7	08:22	8	08:20	6	08:12	7	08:10	36
3	L. Chester	9	07:41	0	N/A	9	07:36	8	07:27	8	07:56	34
4	J. Little	7	09:29	5	09:11	6	09:05	4	09:03	6	08:16	28
5	W. White	0	N/A	9	07:21	0	N/A	9	07:26	9	07:38	27
6	R. Flaster	0	N/A	6	08:38	7	08:56	5	08:24	5	08:25	23
7	I. Schumann	6	09:37	4	09:13	5	09:39	3	09:30	4	08:52	22
8	M. Goff	5	09:43	3	09:58	4	09:40	2	11:34	3	10:40	17
9	T. White	0	N/A	8	07:33	0	N/A	7	07:53	0	N/A	15

6th - 8th Grade - 1 Mile (Girls)

1	A. Ford	10	06:36	10	06:37	10	06:21	10	06:22	10	06:29	50
2	A. Little	7	10:31	8	09:17	8	09:46	8	09:22	9	08:41	40
3	F. Ryan	9	07:33	9	07:10	9	07:13	9	06:50	0	N/A	36
4	K. Kapp	8	10:04	7	10:01	7	09:48	7	09:42	0	N/A	29

6th - 8th Grade - 1 Mile (Boys)

1	C. Tuthill	10	07:03	10	06:47	10	06:36	10	06:34	10	06:32	50
2	R. Kanduri	9	08:49	0	N/A	9	08:45	9	08:16	0	N/A	27