

Healthy Kids Running Series 2023 Fall Midlothian, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 2/3 Year Old - 50 Yard Dash (Girls)												
1	V. Smith	10	N/A	0	N/A	0	N/A	0	N/A	0	N/A	10
2	H. Chargois	9	N/A	0	N/A	0	N/A	0	N/A	0	N/A	9
3	H. Drum	8	N/A	0	N/A	0	N/A	0	N/A	0	N/A	8
4	A. Long	7	N/A	0	N/A	0	N/A	0	N/A	0	N/A	7
5	B. Cheatham	6	N/A	0	N/A	0	N/A	0	N/A	0	N/A	6
6	A. Rogers	5	N/A	0	N/A	0	N/A	0	N/A	0	N/A	5
7	M. Parrott	4	N/A	0	N/A	0	N/A	0	N/A	0	N/A	4
Pre-K 2/3 Year Old - 50 Yard Dash (Boys)												
1	O. Zavrel	10	N/A	0	N/A	0	N/A	0	N/A	0	N/A	10
2	M. Spalding	9	N/A	0	N/A	0	N/A	0	N/A	0	N/A	9
3	Q. Lasky	8	N/A	0	N/A	0	N/A	0	N/A	0	N/A	8
4	H. Thornhill	7	N/A	0	N/A	0	N/A	0	N/A	0	N/A	7
5	D. Tucker	6	N/A	0	N/A	0	N/A	0	N/A	0	N/A	6
6	M. McGrew	5	N/A	0	N/A	0	N/A	0	N/A	0	N/A	5
7	E. Moran-Reyes	4	N/A	0	N/A	0	N/A	0	N/A	0	N/A	4
8	P. Gilbert	3	N/A	0	N/A	0	N/A	0	N/A	0	N/A	3
9	D. Kempf	2	N/A	0	N/A	0	N/A	0	N/A	0	N/A	2
10	N. Robinson	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
Pre-K 4/5 Year Old - 75 Yard Dash (Girls)												
1	A. Cheatham	10	N/A	0	N/A	0	N/A	0	N/A	0	N/A	10
2	C. Lee	9	N/A	0	N/A	0	N/A	0	N/A	0	N/A	9
3	A. Tucker	8	N/A	0	N/A	0	N/A	0	N/A	0	N/A	8
4	A. Mills	7	N/A	0	N/A	0	N/A	0	N/A	0	N/A	7
Pre-K 4/5 Year Old - 75 Yard Dash (Boys)												
1	G. Goldman	10	N/A	0	N/A	0	N/A	0	N/A	0	N/A	10
2	K. Greer	9	N/A	0	N/A	0	N/A	0	N/A	0	N/A	9
3	H. Thornhill	8	N/A	0	N/A	0	N/A	0	N/A	0	N/A	8
4	R. Danowski	7	N/A	0	N/A	0	N/A	0	N/A	0	N/A	7
5	G. Parrott	6	N/A	0	N/A	0	N/A	0	N/A	0	N/A	6
6	W. Gardner	5	N/A	0	N/A	0	N/A	0	N/A	0	N/A	5
7	L. Roberts	4	N/A	0	N/A	0	N/A	0	N/A	0	N/A	4
8	H. Usher	3	N/A	0	N/A	0	N/A	0	N/A	0	N/A	3
9	B. Stephano	2	N/A	0	N/A	0	N/A	0	N/A	0	N/A	2
10	T. Wilkins	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
11	H. Gilbert	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
Challenger - 75 Yard Dash (Boys)												
1	T. Woods	10	N/A	0	N/A	0	N/A	0	N/A	0	N/A	10
2	M. Emery	9	N/A	0	N/A	0	N/A	0	N/A	0	N/A	9
3	N. Tassone	8	N/A	0	N/A	0	N/A	0	N/A	0	N/A	8
Kindergarten & 1st Grade - 1/4 Mile (Girls)												
1	M. Koelmel	10	01:37	0	N/A	0	N/A	0	N/A	0	N/A	10
2	A. Bridges	9	01:44	0	N/A	0	N/A	0	N/A	0	N/A	9
3	M. Anderson	8	01:48	0	N/A	0	N/A	0	N/A	0	N/A	8
4	E. Bowman	7	01:51	0	N/A	0	N/A	0	N/A	0	N/A	7
5	E. Monaghan	6	02:02	0	N/A	0	N/A	0	N/A	0	N/A	6
6	N. Drum	5	02:10	0	N/A	0	N/A	0	N/A	0	N/A	5
7	J. Ryan	4	02:12	0	N/A	0	N/A	0	N/A	0	N/A	4

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8	A. Hood	3	02:13	0	N/A	0	N/A	0	N/A	0	N/A	3
9	M. Gow	2	02:36	0	N/A	0	N/A	0	N/A	0	N/A	2
10	C. Tassone	1	02:40	0	N/A	0	N/A	0	N/A	0	N/A	1

Kindergarten & 1st Grade - 1/4 Mile (Boys)

1	E. Mills	10	01:35	0	N/A	0	N/A	0	N/A	0	N/A	10
2	K. Jung	10	01:35	0	N/A	0	N/A	0	N/A	0	N/A	10
3	C. Zavrel	8	01:37	0	N/A	0	N/A	0	N/A	0	N/A	8
4	G. Goldman	7	01:46	0	N/A	0	N/A	0	N/A	0	N/A	7
5	N. Hersman	6	01:47	0	N/A	0	N/A	0	N/A	0	N/A	6
6	G. Wilkins	5	01:53	0	N/A	0	N/A	0	N/A	0	N/A	5
7	F. Dekeyser	4	01:56	0	N/A	0	N/A	0	N/A	0	N/A	4
8	J. Haapala	3	02:01	0	N/A	0	N/A	0	N/A	0	N/A	3
9	L. Robinson	2	02:09	0	N/A	0	N/A	0	N/A	0	N/A	2
10	L. Osborne	1	02:11	0	N/A	0	N/A	0	N/A	0	N/A	1
11	C. Woods	1	02:11	0	N/A	0	N/A	0	N/A	0	N/A	1
12	J. Usher	1	02:12	0	N/A	0	N/A	0	N/A	0	N/A	1
13	J. Rogers	1	02:17	0	N/A	0	N/A	0	N/A	0	N/A	1
14	H. Smith	1	02:17	0	N/A	0	N/A	0	N/A	0	N/A	1
15	T. Davis	1	02:22	0	N/A	0	N/A	0	N/A	0	N/A	1
16	N. Olin	1	02:26	0	N/A	0	N/A	0	N/A	0	N/A	1

2nd & 3rd Grade - 1/2 Mile (Girls)

1	Q. Koelmel	10	03:41	0	N/A	0	N/A	0	N/A	0	N/A	10
2	L. Anderson	9	04:02	0	N/A	0	N/A	0	N/A	0	N/A	9
3	C. Bridges	8	04:15	0	N/A	0	N/A	0	N/A	0	N/A	8
4	M. French	7	04:21	0	N/A	0	N/A	0	N/A	0	N/A	7
5	E. Danowski	6	04:23	0	N/A	0	N/A	0	N/A	0	N/A	6
6	R. Feaster	5	04:26	0	N/A	0	N/A	0	N/A	0	N/A	5
7	O. Bowman	4	04:27	0	N/A	0	N/A	0	N/A	0	N/A	4
8	E. Zwerdling	3	04:50	0	N/A	0	N/A	0	N/A	0	N/A	3
9	C. Rogers	2	04:54	0	N/A	0	N/A	0	N/A	0	N/A	2
10	O. Cheatham	1	05:01	0	N/A	0	N/A	0	N/A	0	N/A	1
11	S. Cheatham	1	05:03	0	N/A	0	N/A	0	N/A	0	N/A	1
12	B. Byers	1	05:09	0	N/A	0	N/A	0	N/A	0	N/A	1
13	M. Monaghan	1	05:09	0	N/A	0	N/A	0	N/A	0	N/A	1
14	V. Gardner	1	05:11	0	N/A	0	N/A	0	N/A	0	N/A	1
15	A. Roberts	1	06:22	0	N/A	0	N/A	0	N/A	0	N/A	1

2nd & 3rd Grade - 1/2 Mile (Boys)

1	B. Little	10	03:30	0	N/A	0	N/A	0	N/A	0	N/A	10
2	H. Gow	9	03:34	0	N/A	0	N/A	0	N/A	0	N/A	9
3	M. Jung	8	03:57	0	N/A	0	N/A	0	N/A	0	N/A	8
4	C. Long	7	03:58	0	N/A	0	N/A	0	N/A	0	N/A	7
5	M. Hood	6	04:01	0	N/A	0	N/A	0	N/A	0	N/A	6
6	G. Goldman	5	04:02	0	N/A	0	N/A	0	N/A	0	N/A	5
7	B. Kempf	4	04:05	0	N/A	0	N/A	0	N/A	0	N/A	4
8	K. Roberts	3	04:16	0	N/A	0	N/A	0	N/A	0	N/A	3
9	Q. Ryan	2	04:54	0	N/A	0	N/A	0	N/A	0	N/A	2
10	E. DeKeyser	1	04:54	0	N/A	0	N/A	0	N/A	0	N/A	1
11	G. Emery	1	05:19	0	N/A	0	N/A	0	N/A	0	N/A	1
12	D. Liekweg	1	05:48	0	N/A	0	N/A	0	N/A	0	N/A	1

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4th & 5th Grade - 1 Mile (Girls)

1	J. Atchison	10	07:05	0	N/A	0	N/A	0	N/A	0	N/A	10
2	A. Chester	9	07:58	0	N/A	0	N/A	0	N/A	0	N/A	9

4th & 5th Grade - 1 Mile (Boys)

1	B. Drum	10	07:30	0	N/A	0	N/A	0	N/A	0	N/A	10
2	L. Chester	9	07:43	0	N/A	0	N/A	0	N/A	0	N/A	9
3	J. Little	8	09:29	0	N/A	0	N/A	0	N/A	0	N/A	8
4	B. Emery	7	11:08	0	N/A	0	N/A	0	N/A	0	N/A	7

6th - 8th Grade - 1 Mile (Girls)

1	F. Ryan	10	06:36	0	N/A	0	N/A	0	N/A	0	N/A	10
2	S. Hawkins	9	07:51	0	N/A	0	N/A	0	N/A	0	N/A	9
3	A. Little	8	08:48	0	N/A	0	N/A	0	N/A	0	N/A	8

6th - 8th Grade - 1 Mile (Boys)

1	L. Thessen	10	07:25	0	N/A	0	N/A	0	N/A	0	N/A	10
2	H. Zwerdling	9	08:18	0	N/A	0	N/A	0	N/A	0	N/A	9