

# Healthy Kids Running Series 2023 Fall Midlothian, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
<b>Pre-K 2/3 Year Old - 50 Yard Dash (Girls)</b>												
1	V. Smith	10	N/A	9	N/A	10	N/A	10	N/A	10	N/A	49
2	A. Long	7	N/A	10	N/A	9	N/A	9	N/A	9	N/A	44
3	H. Chargois	9	N/A	8	N/A	8	N/A	7	N/A	0	N/A	32
4	A. Rogers	5	N/A	6	N/A	5	N/A	6	N/A	7	N/A	29
5	B. Cheatham	6	N/A	7	N/A	4	N/A	5	N/A	6	N/A	28
6	A. Sherman	0	N/A	0	N/A	7	N/A	8	N/A	8	N/A	23
7	H. Drum	8	N/A	0	N/A	6	N/A	0	N/A	0	N/A	14
8	M. Parrott	4	N/A	0	N/A	3	N/A	0	N/A	0	N/A	7
<b>Pre-K 2/3 Year Old - 50 Yard Dash (Boys)</b>												
1	O. Zavrel	10	N/A	9	N/A	10	N/A	10	N/A	10	N/A	49
2	Q. Lasky	8	N/A	8	N/A	9	N/A	8	N/A	8	N/A	41
3	M. Spalding	9	N/A	6	N/A	8	N/A	6	N/A	7	N/A	36
4	H. Thornhill	7	N/A	10	N/A	0	N/A	9	N/A	9	N/A	35
5	P. Gilbert	3	N/A	7	N/A	7	N/A	7	N/A	0	N/A	24
6	E. Moran-Reyes	4	N/A	3	N/A	6	N/A	5	N/A	5	N/A	23
7	D. Kempf	2	N/A	5	N/A	5	N/A	0	N/A	6	N/A	18
8	h. wilson	0	N/A	0	N/A	0	N/A	3	N/A	4	N/A	7
9	N. Stephano	0	N/A	2	N/A	0	N/A	4	N/A	0	N/A	6
10	D. Tucker	6	N/A	0	N/A	0	N/A	0	N/A	0	N/A	6
11	N. Robinson	1	N/A	4	N/A	0	N/A	0	N/A	0	N/A	5
12	M. McGrew	5	N/A	0	N/A	0	N/A	0	N/A	0	N/A	5
<b>Pre-K 4/5 Year Old - 75 Yard Dash (Girls)</b>												
1	C. Lee	9	N/A	10	N/A	10	N/A	9	N/A	9	N/A	47
2	A. Cheatham	10	N/A	6	N/A	9	N/A	10	N/A	10	N/A	45
3	A. Mills	7	N/A	7	N/A	8	N/A	8	N/A	8	N/A	38
4	A. Tucker	8	N/A	9	N/A	0	N/A	0	N/A	0	N/A	17
5	S. WILSON	0	N/A	8	N/A	0	N/A	7	N/A	0	N/A	15
<b>Pre-K 4/5 Year Old - 75 Yard Dash (Boys)</b>												
1	K. Greer	9	N/A	10	N/A	10	N/A	10	N/A	10	N/A	49
2	G. Goldman	10	N/A	8	N/A	9	N/A	8	N/A	9	N/A	44
3	R. Danowski	7	N/A	7	N/A	8	N/A	7	N/A	7	N/A	36
4	H. Thornhill	8	N/A	9	N/A	0	N/A	9	N/A	8	N/A	34
5	W. Gardner	5	N/A	3	N/A	7	N/A	5	N/A	6	N/A	26
6	G. Parrott	6	N/A	5	N/A	6	N/A	7	N/A	0	N/A	24
7	L. Roberts	4	N/A	1	N/A	4	N/A	4	N/A	5	N/A	18
8	H. Gilbert	1	N/A	6	N/A	5	N/A	2	N/A	0	N/A	14
9	T. Wilkins	1	N/A	1	N/A	2	N/A	1	N/A	4	N/A	9
10	H. Usher	3	N/A	2	N/A	3	N/A	1	N/A	0	N/A	9
11	B. Stephano	2	N/A	4	N/A	0	N/A	3	N/A	0	N/A	9
<b>Challenger - 75 Yard Dash (Boys)</b>												
1	M. Emery	9	N/A	0	N/A	10	N/A	10	N/A	9	N/A	38
2	T. Woods	10	N/A	0	N/A	0	N/A	0	N/A	10	N/A	20
3	N. Tassone	8	N/A	10	N/A	0	N/A	0	N/A	0	N/A	18
<b>Kindergarten &amp; 1st Grade - 1/4 Mile (Girls)</b>												
1	M. Koelmel	10	01:37	10	01:30	10	01:30	10	01:28	10	01:31	50
2	A. Bridges	9	01:44	5	01:48	8	01:50	8	01:40	8	01:44	38
3	J. Thessen	0	N/A	9	01:41	9	01:40	9	01:36	9	01:38	36

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4	M. Anderson	8	01:48	6	01:46	0	N/A	8	01:40	7	01:48	29
5	R. Gardner	0	N/A	4	02:03	7	01:52	6	01:56	4	02:00	21
6	E. Monaghan	6	02:02	2	02:14	5	02:02	0	N/A	6	01:52	19
7	J. Ryan	4	02:12	3	02:06	5	02:02	5	02:01	0	N/A	17
8	C. Karidis	0	N/A	8	01:44	0	N/A	0	N/A	5	01:54	13
9	N. Drum	5	02:10	0	N/A	6	02:01	0	N/A	0	N/A	11
10	A. Hood	3	02:13	1	02:18	3	02:09	0	N/A	0	N/A	7
11	V. Holt	0	N/A	7	01:45	0	N/A	0	N/A	0	N/A	7
12	E. Bowman	7	01:51	0	N/A	0	N/A	0	N/A	0	N/A	7
13	C. Karidis	0	N/A	1	02:27	0	N/A	0	N/A	3	02:18	4
14	C. Tassone	1	02:40	1	02:41	0	N/A	0	N/A	0	N/A	2
15	M. Gow	2	02:36	0	N/A	0	N/A	0	N/A	0	N/A	2

### Kindergarten & 1st Grade - 1/4 Mile (Boys)

1	C. Zavrel	8	01:37	9	01:33	10	01:32	8	01:39	10	01:35	45
2	E. Mills	10	01:35	8	01:38	9	01:38	9	01:37	9	01:42	45
3	G. Goldman	7	01:46	7	01:44	6	01:45	6	01:45	7	01:49	33
4	K. Jung	10	01:35	10	01:32	0	N/A	10	01:35	1	03:17	31
5	N. Hersman	6	01:47	5	01:46	8	01:41	7	01:41	3	02:06	29
6	G. Wilkins	5	01:53	4	01:55	7	01:44	5	01:46	4	01:53	25
7	N. Olin	1	02:26	4	01:55	2	02:03	4	02:02	8	01:47	19
8	J. Haapala	3	02:01	0	N/A	5	01:50	4	02:02	5	01:52	17
9	L. Cowan	0	N/A	7	01:44	0	N/A	0	N/A	7	01:49	14
10	M. GOMEZ	0	N/A	1	02:06	4	01:58	2	02:04	2	02:07	9
11	F. Dekeyser	4	01:56	2	01:56	3	02:00	0	N/A	0	N/A	9
12	H. Smith	1	02:17	1	02:13	1	02:04	1	02:07	1	02:12	5
13	T. Davis	1	02:22	1	02:15	1	02:10	1	02:16	1	02:21	5
14	J. Usher	1	02:12	1	02:19	1	02:09	1	02:14	1	02:34	5
15	J. Rogers	1	02:17	1	02:18	1	02:13	1	02:23	1	02:34	5
16	C. Woods	1	02:11	0	N/A	1	02:13	1	02:06	1	02:14	4
17	L. Robinson	2	02:09	1	02:06	0	N/A	0	N/A	0	N/A	3
18	L. Osborne	1	02:11	0	N/A	0	N/A	0	N/A	0	N/A	1

### 2nd & 3rd Grade - 1/2 Mile (Girls)

1	Q. Koelmel	10	03:41	10	03:43	10	03:36	10	03:36	10	03:44	50
2	L. Anderson	9	04:02	9	03:56	9	04:12	9	03:56	9	03:53	45
3	E. Danowski	6	04:23	4	04:39	2	05:17	7	04:29	8	04:06	27
4	C. Bridges	8	04:15	0	N/A	0	N/A	8	04:16	7	04:12	23
5	M. French	7	04:21	4	04:39	1	05:18	7	04:29	3	04:58	22
6	V. Gardner	1	05:11	8	04:24	8	04:23	0	N/A	5	04:42	22
7	A. Roberts	1	06:22	5	04:31	7	04:24	1	07:08	6	04:41	20
8	S. Cheatham	1	05:03	1	04:50	6	04:50	5	04:36	4	04:49	17
9	R. Feaster	5	04:26	7	04:28	0	N/A	3	04:41	2	05:02	17
10	C. Rogers	2	04:54	1	04:53	5	04:57	1	04:45	1	05:04	10
11	O. Cheatham	1	05:01	1	04:53	3	05:13	4	04:37	0	N/A	9
12	E. Zwerdling	3	04:50	2	04:49	0	N/A	2	04:44	2	05:02	9
13	M. Monaghan	1	05:09	1	04:56	4	04:59	0	N/A	1	05:40	7
14	B. Byers	1	05:09	6	04:30	0	N/A	0	N/A	0	N/A	7
15	O. Bowman	4	04:27	0	N/A	0	N/A	0	N/A	0	N/A	4

### 2nd & 3rd Grade - 1/2 Mile (Boys)

1	H. Gow	9	03:34	8	03:45	9	03:46	10	03:31	10	03:31	46
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2	B. Little	10	03:30	10	03:27	10	03:29	5	03:51	9	03:33	44
3	C. Long	7	03:58	7	03:46	8	03:54	6	03:50	8	03:42	36
4	K. Roberts	3	04:16	4	04:01	8	03:54	8	03:42	7	03:45	30
5	B. Kempf	4	04:05	6	03:51	5	04:45	4	04:02	5	03:53	24
6	M. Jung	8	03:57	5	04:00	0	N/A	9	03:40	0	N/A	22
7	M. Contreras	0	N/A	9	03:36	0	N/A	7	03:46	6	03:52	22
8	M. Hood	6	04:01	3	04:15	8	03:54	0	N/A	0	N/A	17
9	Q. Ryan	2	04:54	2	04:48	4	04:46	3	04:55	0	N/A	11
10	G. Emery	1	05:19	0	N/A	3	05:35	2	06:22	4	06:46	10
11	D. Liekweg	1	05:48	1	05:16	2	05:48	1	07:10	0	N/A	5
12	G. Goldman	5	04:02	0	N/A	0	N/A	0	N/A	0	N/A	5
13	C. Langford	0	N/A	1	N/A	1	N/A	1	N/A	1	N/A	4
14	E. DeKeyser	1	04:54	1	05:31	0	N/A	0	N/A	0	N/A	2

### 4th & 5th Grade - 1 Mile (Girls)

1	A. Chester	9	07:58	10	08:03	9	08:06	10	07:43	10	07:45	48
2	J. Atchison	10	07:05	0	N/A	10	07:02	0	N/A	0	N/A	20
3	E. Langford	0	N/A	1	N/A	1	N/A	1	N/A	9	13:21	12

### 4th & 5th Grade - 1 Mile (Boys)

1	L. Chester	9	07:43	9	07:58	8	07:52	9	07:36	9	07:37	44
2	E. Thessen	0	N/A	10	07:41	10	07:15	10	07:19	10	07:19	40
3	J. Little	8	09:29	7	08:20	7	08:22	7	08:38	7	08:40	36
4	E. Contreras	0	N/A	8	08:19	0	N/A	8	08:21	8	08:01	24
5	B. Drum	10	07:30	0	N/A	9	07:35	0	N/A	0	N/A	19
6	B. Emery	7	11:08	0	N/A	0	N/A	6	10:37	0	N/A	13

### 6th - 8th Grade - 1 Mile (Girls)

1	S. Hawkins	9	07:51	9	07:21	9	07:14	9	07:46	10	07:12	46
2	F. Ryan	10	06:36	10	06:53	10	06:35	10	06:28	0	N/A	40
3	A. Little	8	08:48	8	08:24	8	08:20	0	N/A	9	07:49	33

### 6th - 8th Grade - 1 Mile (Boys)

1	L. Thessen	10	07:25	10	07:36	10	07:12	10	06:27	10	07:11	50
2	H. Zwerdling	9	08:18	9	08:08	0	N/A	9	07:50	9	08:00	36