Healthy Kids Running Series 2023 Fall
Stafford, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
	Pre-K 2/3 Year Old - 50 Yard Dash (Girls)											
1	C. Fowler-Arrington	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
2	A. Homza	9	N/A	9	N/A	0	N/A	0	N/A	0	N/A	18
3	L. Bolta	8	N/A	8	N/A	0	N/A	0	N/A	0	N/A	16
4	E. Mahouski	5	N/A	7	N/A	0	N/A	0	N/A	0	N/A	12
5	S. Trevino	7	N/A	5	N/A	0	N/A	0	N/A	0	N/A	12
6	O. Melendez	6	N/A	6	N/A	0	N/A	0	N/A	0	N/A	12
7	P. Snelling	3	N/A	4	N/A	0	N/A	0	N/A	0	N/A	7
8	N. Ulrich	4	N/A	3	N/A	0	N/A	0	N/A	0	N/A	7
9	B. Scott	1	N/A	2	N/A	0	N/A	0	N/A	0	N/A	3
10	Z. Distabile	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
11	M. Stone	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
12	H. Holleman	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
13	B. Heintschel	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
14	A. Finnerty	2	N/A	0	N/A	0	N/A	0	N/A	0	N/A	2
15	I. Pennell	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
16	A. Hoffman	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
17	E. Tasky	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
18	R. Kanu	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
	Pre-K 2/3 Year Old - 50 Yard Dash (Boys)											
1	J. Holleman	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
2	Q. Dixon	9	N/A	8	N/A	0	N/A	0	N/A	0	N/A	17
3	E. O’Grady	5	N/A	9	N/A	0	N/A	0	N/A	0	N/A	14
4	O. Ward	7	N/A	6	N/A	0	N/A	0	N/A	0	N/A	13
5	V. Sortino	8	N/A	2	N/A	0	N/A	0	N/A	0	N/A	10
6	J. Shrift	6	N/A	4	N/A	0	N/A	0	N/A	0	N/A	10
7	M. Minor	1	N/A	7	N/A	0	N/A	0	N/A	0	N/A	8
8	A. Barton	4	N/A	1	N/A	0	N/A	0	N/A	0	N/A	5
9	B. Barnes	0	N/A	5	N/A	0	N/A	0	N/A	0	N/A	5
10	R. Dafir	3	N/A	1	N/A	0	N/A	0	N/A	0	N/A	4
11	L. Barton	2	N/A	1	N/A	0	N/A	0	N/A	0	N/A	3
12	R. Tillman	0	N/A	3	N/A	0	N/A	0	N/A	0	N/A	3
13	C. Wingard	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
14	C. Windfield	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
15	T. Woods	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
	Pre-K 4/5 Year Old - 75 Yard Dash (Girls)											
1	M. Helman	10	N/A	9	N/A	0	N/A	0	N/A	0	N/A	19
2	E. Connors	7	N/A	7	N/A	0	N/A	0	N/A	0	N/A	14
3	A. Ruhmann	9	N/A	4	N/A	0	N/A	0	N/A	0	N/A	13
4	A. Shults	0	N/A	10	N/A	0	N/A	0	N/A	0	N/A	10
5	Z. Berthelette	8	N/A	1	N/A	0	N/A	0	N/A	0	N/A	9
6	A. Stotts	3	N/A	6	N/A	0	N/A	0	N/A	0	N/A	9
7	G. Yanogo	6	N/A	2	N/A	0	N/A	0	N/A	0	N/A	8
8	T. Meiser	0	N/A	8	N/A	0	N/A	0	N/A	0	N/A	8
9	M. Runge	4	N/A	3	N/A	0	N/A	0	N/A	0	N/A	7
10	K. Quinones-Robinson	0	N/A	5	N/A	0	N/A	0	N/A	0	N/A	5
11	C. Campian	5	N/A	0	N/A	0	N/A	0	N/A	0	N/A	5
12	O. Ellsworth	2	N/A	1	N/A	0	N/A	0	N/A	0	N/A	3

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13	E. Acquah	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
14	R. Betancourt	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
15	E. Gulosh	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
	Pre-K 4/5 Year Old - 75 Yard Dash (Boys)											
1	H. Alsop	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
2	P. Stone	7	N/A	9	N/A	0	N/A	0	N/A	0	N/A	16
3	M. Oats	8	N/A	8	N/A	0	N/A	0	N/A	0	N/A	16
4	B. Burla	9	N/A	5	N/A	0	N/A	0	N/A	0	N/A	14
5	Z. Morris	5	N/A	3	N/A	0	N/A	0	N/A	0	N/A	8
6	M. Woods	1	N/A	6	N/A	0	N/A	0	N/A	0	N/A	7
7	L. Lavin	6	N/A	1	N/A	0	N/A	0	N/A	0	N/A	7
8	K. Moore	0	N/A	7	N/A	0	N/A	0	N/A	0	N/A	7
9	L. Turner	2	N/A	4	N/A	0	N/A	0	N/A	0	N/A	6
10	J. Van Hoose	4	N/A	1	N/A	0	N/A	0	N/A	0	N/A	5
11	H. Moberg	3	N/A	1	N/A	0	N/A	0	N/A	0	N/A	4
12	J. Christburg	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
13	E. ISREAL	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
14	V. Van Hoose	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
15	W. Kalajainen	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
16	D. Flatter	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
17	E. Meyer	0	N/A	2	N/A	0	N/A	0	N/A	0	N/A	2
18	G. Lance	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
19	E. Pastwik	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
	Challenger - 75 Yard Dash (Boys)											
1	C. Coleman	0	N/A	10	N/A	0	N/A	0	N/A	0	N/A	10
	Kindergarten & 1st Grade - 1/4 Mile (Girls)											
1	F. Hutcherson-Fields	10	01:40	10	01:36	0	N/A	0	N/A	0	N/A	20
2	K. Acquah	7	02:03	9	01:42	0	N/A	0	N/A	0	N/A	16
3	M. Oats	9	01:57	7	01:48	0	N/A	0	N/A	0	N/A	16
4	K. Smith	8	02:01	5	01:52	0	N/A	0	N/A	0	N/A	13
5	G. Betancourt	0	N/A	8	01:44	0	N/A	0	N/A	0	N/A	8
6	A. Potter	1	02:11	6	01:49	0	N/A	0	N/A	0	N/A	7
7	E. Jackson	6	02:04	1	01:56	0	N/A	0	N/A	0	N/A	7
8	N. Wingard	2	02:08	5	01:52	0	N/A	0	N/A	0	N/A	7
9	E. Banko	5	02:05	1	01:58	0	N/A	0	N/A	0	N/A	6
10	R. Abbas	3	02:07	3	01:53	0	N/A	0	N/A	0	N/A	6
11	S. Snyder	4	02:06	0	N/A	0	N/A	0	N/A	0	N/A	4
12	L. Mahouski	1	02:28	2	01:55	0	N/A	0	N/A	0	N/A	3
13	D. Chiang	1	02:15	1	02:03	0	N/A	0	N/A	0	N/A	2
14	B. Morris	1	02:18	1	02:12	0	N/A	0	N/A	0	N/A	2
15	A. Lawson	1	02:59	1	02:15	0	N/A	0	N/A	0	N/A	2
16	T. O’Grady	1	02:37	1	02:19	0	N/A	0	N/A	0	N/A	2
17	W. Harker	1	02:34	1	02:23	0	N/A	0	N/A	0	N/A	2
18	I. Lewis	1	02:41	1	02:26	0	N/A	0	N/A	0	N/A	2
19	K. Davis	1	03:04	1	02:29	0	N/A	0	N/A	0	N/A	2
20	C. Jackson	1	03:05	1	02:49	0	N/A	0	N/A	0	N/A	2
21	R. Baltor	1	03:06	1	03:46	0	N/A	0	N/A	0	N/A	2
22	Y. Moore	0	N/A	1	01:58	0	N/A	0	N/A	0	N/A	1
23	J. Melendez	1	02:09	0	N/A	0	N/A	0	N/A	0	N/A	1

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	Kindergarten & 1st Grade - 1/4 Mile (Boys)											
1	G. Loveless	10	01:44	10	01:45	0	N/A	0	N/A	0	N/A	20
2	T. Fischer	9	01:51	9	01:49	0	N/A	0	N/A	0	N/A	18
3	M. Lind	7	01:55	8	01:58	0	N/A	0	N/A	0	N/A	15
4	H. Hicks	6	02:03	7	02:00	0	N/A	0	N/A	0	N/A	13
5	C. Fulwider	8	01:52	1	03:24	0	N/A	0	N/A	0	N/A	9
6	S. Maloy	3	02:08	6	02:02	0	N/A	0	N/A	0	N/A	9
7	S. Baucum	5	02:04	4	02:06	0	N/A	0	N/A	0	N/A	9
8	D. Kalajainen	1	02:25	5	02:03	0	N/A	0	N/A	0	N/A	6
9	A. Urick	1	02:22	3	02:11	0	N/A	0	N/A	0	N/A	4
10	T. Alfred	4	02:07	0	N/A	0	N/A	0	N/A	0	N/A	4
11	G. Tillman	1	02:15	2	02:14	0	N/A	0	N/A	0	N/A	3
12	B. McCabe	1	02:37	1	02:15	0	N/A	0	N/A	0	N/A	2
13	D. MUSAH	1	02:29	1	02:16	0	N/A	0	N/A	0	N/A	2
14	O. Zalmay	1	02:21	1	02:17	0	N/A	0	N/A	0	N/A	2
15	N. Mowery	1	02:35	1	02:18	0	N/A	0	N/A	0	N/A	2
16	N. Trevino	1	02:39	1	02:24	0	N/A	0	N/A	0	N/A	2
17	C. Barnes	1	02:31	1	02:28	0	N/A	0	N/A	0	N/A	2
18	I. May	1	02:50	1	02:29	0	N/A	0	N/A	0	N/A	2
19	J. Hanlon	1	03:17	1	03:31	0	N/A	0	N/A	0	N/A	2
20	E. Thompson	2	02:09	0	N/A	0	N/A	0	N/A	0	N/A	2
21	E. Graham	1	02:20	0	N/A	0	N/A	0	N/A	0	N/A	1
22	C. Hannum	1	02:45	0	N/A	0	N/A	0	N/A	0	N/A	1
	2nd & 3rd Grade - 1/2 Mile (Girls)											
1	J. Jackson	10	03:46	10	03:33	0	N/A	0	N/A	0	N/A	20
2	F. Goins	9	04:06	9	03:51	0	N/A	0	N/A	0	N/A	18
3	S. Austin	8	04:09	7	03:56	0	N/A	0	N/A	0	N/A	15
4	E. Tasky	7	04:10	6	03:57	0	N/A	0	N/A	0	N/A	13
5	G. Murillo	5	04:44	5	04:03	0	N/A	0	N/A	0	N/A	10
6	N. Tillman	6	04:11	2	04:08	0	N/A	0	N/A	0	N/A	8
7	P. Heinzelmann	0	N/A	8	03:52	0	N/A	0	N/A	0	N/A	8
8	V. Runge	1	05:14	4	04:04	0	N/A	0	N/A	0	N/A	5
9	A. Helman	4	04:47	1	04:40	0	N/A	0	N/A	0	N/A	5
10	S. Rider	3	04:48	1	05:02	0	N/A	0	N/A	0	N/A	4
11	A. Meyer	0	N/A	3	04:07	0	N/A	0	N/A	0	N/A	3
12	M. Walsh	1	05:13	1	04:52	0	N/A	0	N/A	0	N/A	2
13	C. May	1	05:31	1	05:00	0	N/A	0	N/A	0	N/A	2
14	K. Yanogo	1	05:28	1	05:26	0	N/A	0	N/A	0	N/A	2
15	E. Norwood	1	06:47	1	06:38	0	N/A	0	N/A	0	N/A	2
16	E. Campian	2	04:55	0	N/A	0	N/A	0	N/A	0	N/A	2
17	K. Williams	0	N/A	1	04:31	0	N/A	0	N/A	0	N/A	1
18	R. McArthur	1	05:35	0	N/A	0	N/A	0	N/A	0	N/A	1
	2nd & 3rd Grade - 1/2 Mile (Boys)											
1	P. McCabe	10	03:45	10	03:38	0	N/A	0	N/A	0	N/A	20
2	W. Kirkbride	9	03:46	9	03:43	0	N/A	0	N/A	0	N/A	18
3	J. Schneider	8	04:12	7	03:53	0	N/A	0	N/A	0	N/A	15
4	J. Musah	4	04:26	8	03:51	0	N/A	0	N/A	0	N/A	12
5	L. Gill	7	04:17	5	04:09	0	N/A	0	N/A	0	N/A	12
6	E. Baucum	3	04:27	6	04:05	0	N/A	0	N/A	0	N/A	9

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7	C. Christburg	6	04:21	1	04:19	0	N/A	0	N/A	0	N/A	7
8	C. Renner	5	04:24	2	04:18	0	N/A	0	N/A	0	N/A	7
9	M. Tillman	1	04:53	4	04:10	0	N/A	0	N/A	0	N/A	5
10	P. Wingard	1	04:43	3	04:17	0	N/A	0	N/A	0	N/A	4
11	T. Morris	2	04:29	1	04:19	0	N/A	0	N/A	0	N/A	3
12	B. Kalajainen	1	04:52	1	04:24	0	N/A	0	N/A	0	N/A	2
13	E. ISREAL	1	04:37	1	04:35	0	N/A	0	N/A	0	N/A	2
14	V. Bialick	1	04:32	1	04:36	0	N/A	0	N/A	0	N/A	2
15	K. Kibsah	1	04:47	1	04:38	0	N/A	0	N/A	0	N/A	2
16	L. Bolta	1	04:55	1	04:42	0	N/A	0	N/A	0	N/A	2
17	B. Doster	1	04:57	1	04:44	0	N/A	0	N/A	0	N/A	2
18	L. Hanlon	1	04:46	1	04:45	0	N/A	0	N/A	0	N/A	2
19	G. Sever	0	N/A	1	04:47	0	N/A	0	N/A	0	N/A	1
20	K. Rahimi	1	04:55	0	N/A	0	N/A	0	N/A	0	N/A	1
21	J. Brooks	1	05:13	0	N/A	0	N/A	0	N/A	0	N/A	1
	4th & 5th Grade - 1 Mile (Girls)											
1	J. Larson	10	09:15	9	08:34	0	N/A	0	N/A	0	N/A	19
2	M. Bialick	9	10:22	8	09:45	0	N/A	0	N/A	0	N/A	17
3	M. Harker	8	10:45	6	10:38	0	N/A	0	N/A	0	N/A	14
4	J. Nearman	7	11:03	7	09:53	0	N/A	0	N/A	0	N/A	14
5	M. Alsop	0	N/A	10	08:27	0	N/A	0	N/A	0	N/A	10
6	D. Lind	4	13:00	5	10:51	0	N/A	0	N/A	0	N/A	9
7	S. O’Brien	5	12:32	3	12:32	0	N/A	0	N/A	0	N/A	8
8	C. Cannizzo	6	11:33	0	N/A	0	N/A	0	N/A	0	N/A	6
9	E. Laging	0	N/A	4	11:38	0	N/A	0	N/A	0	N/A	4
	4th & 5th Grade - 1 Mile (Boys)											
1	R. Tillman	9	07:37	10	07:13	0	N/A	0	N/A	0	N/A	19
2	L. Bolta	10	07:03	8	07:17	0	N/A	0	N/A	0	N/A	18
3	J. Upshaw	8	07:41	9	07:15	0	N/A	0	N/A	0	N/A	17
4	W. Morris	5	08:34	7	07:39	0	N/A	0	N/A	0	N/A	12
5	A. Picou	7	08:10	5	07:53	0	N/A	0	N/A	0	N/A	12
6	M. Ellsworth	6	08:15	6	07:49	0	N/A	0	N/A	0	N/A	12
7	J. Barton	4	08:42	4	08:06	0	N/A	0	N/A	0	N/A	8
8	M. Picou	2	11:19	3	08:33	0	N/A	0	N/A	0	N/A	5
9	E. Cruz	3	08:44	1	09:49	0	N/A	0	N/A	0	N/A	4
10	E. Doster	1	12:03	2	09:17	0	N/A	0	N/A	0	N/A	3
11	M. Betton	0	N/A	1	12:30	0	N/A	0	N/A	0	N/A	1
	6th - 8th Grade - 1 Mile (Girls)											
1	T. Nearman	10	07:30	10	07:07	0	N/A	0	N/A	0	N/A	20
2	Z. Zalmay	9	08:03	9	07:18	0	N/A	0	N/A	0	N/A	18
3	A. Laging	8	09:39	8	09:06	0	N/A	0	N/A	0	N/A	16
4	M. Harker	7	10:58	7	10:25	0	N/A	0	N/A	0	N/A	14
	6th - 8th Grade - 1 Mile (Boys)											
1	G. Nearman	10	06:27	10	06:14	0	N/A	0	N/A	0	N/A	20
2	J. Thomas	8	06:47	9	06:37	0	N/A	0	N/A	0	N/A	17
3	K. Picou	9	06:44	8	06:49	0	N/A	0	N/A	0	N/A	17
4	K. Rushing	6	07:18	7	06:52	0	N/A	0	N/A	0	N/A	13
5	S. Roper	7	07:08	6	07:00	0	N/A	0	N/A	0	N/A	13
6	L. Harker	5	08:08	5	07:36	0	N/A	0	N/A	0	N/A	10

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7	C. Renner	3	08:30	4	08:04	0	N/A	0	N/A	0	N/A	7
8	A. Ellsworth	4	08:23	1	12:37	0	N/A	0	N/A	0	N/A	5
9	M. Walker	0	N/A	3	09:05	0	N/A	0	N/A	0	N/A	3
10	A. Dafir	1	12:27	1	11:07	0	N/A	0	N/A	0	N/A	2
11	J. Williams	0	N/A	2	09:38	0	N/A	0	N/A	0	N/A	2
12	T. Brooks	2	09:05	0	N/A	0	N/A	0	N/A	0	N/A	2