

Healthy Kids Running Series 2023 Fall Stafford, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 2/3 Year Old - 50 Yard Dash (Girls)												
1	L. Bolta	8	N/A	8	N/A	0	N/A	9	N/A	10	N/A	35
2	A. Homza	9	N/A	9	N/A	0	N/A	7	N/A	8	N/A	33
3	C. Fowler-Arrington	10	N/A	10	N/A	0	N/A	10	N/A	1	N/A	31
4	P. Snelling	3	N/A	4	N/A	0	N/A	5	N/A	4	N/A	16
5	I. Pennell	0	N/A	1	N/A	0	N/A	6	N/A	9	N/A	16
6	M. Miller	0	N/A	0	N/A	0	N/A	8	N/A	5	N/A	13
7	E. Mahouski	5	N/A	7	N/A	0	N/A	0	N/A	0	N/A	12
8	S. Trevino	7	N/A	5	N/A	0	N/A	0	N/A	0	N/A	12
9	O. Melendez	6	N/A	6	N/A	0	N/A	0	N/A	0	N/A	12
10	H. Holleman	1	N/A	1	N/A	0	N/A	4	N/A	3	N/A	9
11	N. Ulrich	4	N/A	3	N/A	0	N/A	0	N/A	1	N/A	8
12	R. Meiser	0	N/A	0	N/A	0	N/A	2	N/A	6	N/A	8
13	Z. Distabile	1	N/A	1	N/A	0	N/A	3	N/A	1	N/A	6
14	M. Stone	1	N/A	1	N/A	0	N/A	1	N/A	2	N/A	5
15	B. Heintschel	1	N/A	1	N/A	0	N/A	1	N/A	1	N/A	4
16	A. Finnerty	2	N/A	0	N/A	0	N/A	0	N/A	1	N/A	3
17	B. Scott	1	N/A	2	N/A	0	N/A	0	N/A	0	N/A	3
18	A. Hoffman	0	N/A	1	N/A	0	N/A	0	N/A	1	N/A	2
19	R. Kanu	1	N/A	0	N/A	0	N/A	1	N/A	0	N/A	2
20	E. Whitley	0	N/A	0	N/A	0	N/A	1	N/A	0	N/A	1
21	E. Tasky	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
Pre-K 2/3 Year Old - 50 Yard Dash (Boys)												
1	J. Holleman	10	N/A	10	N/A	0	N/A	10	N/A	10	N/A	40
2	Q. Dixon	9	N/A	8	N/A	0	N/A	1	N/A	9	N/A	27
3	O. Ward	7	N/A	6	N/A	0	N/A	7	N/A	6	N/A	26
4	E. O'Grady	5	N/A	9	N/A	0	N/A	0	N/A	8	N/A	22
5	J. Shrift	6	N/A	4	N/A	0	N/A	0	N/A	4	N/A	14
6	L. Barton	2	N/A	1	N/A	0	N/A	9	N/A	1	N/A	13
7	M. Minor	1	N/A	7	N/A	0	N/A	0	N/A	5	N/A	13
8	R. Dafir	3	N/A	1	N/A	0	N/A	1	N/A	7	N/A	12
9	A. Barton	4	N/A	1	N/A	0	N/A	5	N/A	2	N/A	12
10	C. Wingard	1	N/A	1	N/A	0	N/A	6	N/A	3	N/A	11
11	V. Sortino	8	N/A	2	N/A	0	N/A	0	N/A	0	N/A	10
12	T. Woods	0	N/A	1	N/A	0	N/A	8	N/A	0	N/A	9
13	R. Tillman	0	N/A	3	N/A	0	N/A	4	N/A	1	N/A	8
14	C. Windfield	1	N/A	1	N/A	0	N/A	2	N/A	1	N/A	5
15	B. Barnes	0	N/A	5	N/A	0	N/A	0	N/A	0	N/A	5
16	L. Lavin	0	N/A	0	N/A	0	N/A	3	N/A	0	N/A	3
17	G. Loveless	0	N/A	0	N/A	0	N/A	1	N/A	0	N/A	1
Pre-K 4/5 Year Old - 75 Yard Dash (Girls)												
1	M. Helman	10	N/A	9	N/A	0	N/A	1	N/A	9	N/A	29
2	A. Ruhmann	9	N/A	4	N/A	0	N/A	7	N/A	8	N/A	28
3	T. Meiser	0	N/A	8	N/A	0	N/A	10	N/A	10	N/A	28
4	E. Connors	7	N/A	7	N/A	0	N/A	3	N/A	4	N/A	21
5	K. Quinones-Robinson	0	N/A	5	N/A	0	N/A	9	N/A	7	N/A	21
6	G. Yanogo	6	N/A	2	N/A	0	N/A	6	N/A	5	N/A	19
7	A. Stotts	3	N/A	6	N/A	0	N/A	4	N/A	6	N/A	19

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8	A. Shults	0	N/A	10	N/A	0	N/A	8	N/A	0	N/A	18
9	Z. Berthelette	8	N/A	1	N/A	0	N/A	1	N/A	3	N/A	13
10	M. Runge	4	N/A	3	N/A	0	N/A	2	N/A	0	N/A	9
11	R. Betancourt	0	N/A	1	N/A	0	N/A	5	N/A	1	N/A	7
12	O. Ellsworth	2	N/A	1	N/A	0	N/A	0	N/A	2	N/A	5
13	C. Campian	5	N/A	0	N/A	0	N/A	0	N/A	0	N/A	5
14	E. Acquah	1	N/A	1	N/A	0	N/A	1	N/A	1	N/A	4
15	E. Gulosh	1	N/A	0	N/A	0	N/A	1	N/A	1	N/A	3

Pre-K 4/5 Year Old - 75 Yard Dash (Boys)

1	P. Stone	7	N/A	9	N/A	0	N/A	9	N/A	8	N/A	33
2	M. Oats	8	N/A	8	N/A	0	N/A	8	N/A	9	N/A	33
3	B. Burla	9	N/A	5	N/A	0	N/A	7	N/A	10	N/A	31
4	H. Alsop	10	N/A	10	N/A	0	N/A	10	N/A	0	N/A	30
5	L. Lavin	6	N/A	1	N/A	0	N/A	5	N/A	7	N/A	19
6	M. Woods	1	N/A	6	N/A	0	N/A	6	N/A	0	N/A	13
7	D. Flatter	1	N/A	1	N/A	0	N/A	3	N/A	5	N/A	10
8	W. Kalajainen	1	N/A	1	N/A	0	N/A	1	N/A	6	N/A	9
9	L. Turner	2	N/A	4	N/A	0	N/A	1	N/A	2	N/A	9
10	Z. Morris	5	N/A	3	N/A	0	N/A	0	N/A	0	N/A	8
11	J. Christburg	1	N/A	1	N/A	0	N/A	1	N/A	4	N/A	7
12	J. Van Hoose	4	N/A	1	N/A	0	N/A	1	N/A	1	N/A	7
13	E. Meyer	0	N/A	2	N/A	0	N/A	2	N/A	3	N/A	7
14	K. Moore	0	N/A	7	N/A	0	N/A	0	N/A	0	N/A	7
15	E. Pastwik	1	N/A	0	N/A	0	N/A	4	N/A	1	N/A	6
16	H. Moberg	3	N/A	1	N/A	0	N/A	1	N/A	0	N/A	5
17	V. Van Hoose	1	N/A	1	N/A	0	N/A	1	N/A	0	N/A	3
18	A. Miller	0	N/A	0	N/A	0	N/A	1	N/A	1	N/A	2
19	E. ISREAL	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
20	G. Lance	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1

Challenger - 75 Yard Dash (Boys)

1	C. Coleman	0	N/A	10	N/A	0	N/A	9	N/A	10	N/A	29
2	G. Fisher	0	N/A	0	N/A	0	N/A	10	N/A	0	N/A	10

Kindergarten & 1st Grade - 1/4 Mile (Girls)

1	F. Hutcherson-Fields	10	01:40	10	01:36	0	N/A	10	01:38	10	01:41	40
2	K. Acquah	7	02:03	9	01:42	0	N/A	9	01:42	8	01:50	33
3	M. Oats	9	01:57	7	01:48	0	N/A	7	01:45	6	01:54	29
4	K. Smith	8	02:01	5	01:52	0	N/A	6	01:51	9	01:48	28
5	G. Betancourt	0	N/A	8	01:44	0	N/A	8	01:44	7	01:53	23
6	E. Jackson	6	02:04	1	01:56	0	N/A	2	02:03	5	01:59	14
7	N. Wingard	2	02:08	5	01:52	0	N/A	3	02:02	3	02:01	13
8	A. Potter	1	02:11	6	01:49	0	N/A	5	01:55	0	N/A	12
9	R. Abbas	3	02:07	3	01:53	0	N/A	4	01:58	1	02:08	11
10	B. Morris	1	02:18	1	02:12	0	N/A	1	02:19	4	02:00	7
11	E. Banko	5	02:05	1	01:58	0	N/A	1	02:15	0	N/A	7
12	S. Snyder	4	02:06	0	N/A	0	N/A	0	N/A	1	02:04	5
13	T. O'Grady	1	02:37	1	02:19	0	N/A	1	02:18	1	02:15	4
14	A. Lawson	1	02:59	1	02:15	0	N/A	1	02:20	1	02:23	4
15	I. Lewis	1	02:41	1	02:26	0	N/A	1	02:35	1	02:35	4
16	R. Baltor	1	03:06	1	03:46	0	N/A	1	02:51	1	02:48	4

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17	K. Davis	1	03:04	1	02:29	0	N/A	1	02:53	1	02:58	4
18	C. Jackson	1	03:05	1	02:49	0	N/A	1	02:49	1	03:13	4
19	D. Chiang	1	02:15	1	02:03	0	N/A	1	02:16	0	N/A	3
20	W. Harker	1	02:34	1	02:23	0	N/A	1	02:28	0	N/A	3
21	J. Melendez	1	02:09	0	N/A	0	N/A	0	N/A	2	02:02	3
22	L. Mahouski	1	02:28	2	01:55	0	N/A	0	N/A	0	N/A	3
23	M. Grove	0	N/A	0	N/A	0	N/A	1	02:27	1	02:24	2
24	Y. Moore	0	N/A	1	01:58	0	N/A	0	N/A	0	N/A	1

Kindergarten & 1st Grade - 1/4 Mile (Boys)

1	G. Loveless	10	01:44	10	01:45	0	N/A	9	01:44	10	01:42	39
2	T. Fischer	9	01:51	9	01:49	0	N/A	10	01:42	8	01:44	36
3	M. Lind	7	01:55	8	01:58	0	N/A	7	01:48	9	01:43	31
4	C. Fulwider	8	01:52	1	03:24	0	N/A	8	01:47	7	01:51	24
5	H. Hicks	6	02:03	7	02:00	0	N/A	5	02:01	4	02:06	22
6	T. Alfred	4	02:07	0	N/A	0	N/A	6	01:56	6	02:02	16
7	D. Kalajainen	1	02:25	5	02:03	0	N/A	4	02:04	5	02:04	15
8	S. Maloy	3	02:08	6	02:02	0	N/A	0	N/A	3	02:07	12
9	S. Baucum	5	02:04	4	02:06	0	N/A	2	02:07	0	N/A	11
10	A. Urick	1	02:22	3	02:11	0	N/A	3	02:05	2	02:10	9
11	G. Tillman	1	02:15	2	02:14	0	N/A	1	02:16	1	02:11	5
12	D. MUSAH	1	02:29	1	02:16	0	N/A	1	02:15	1	02:14	4
13	O. Zalmay	1	02:21	1	02:17	0	N/A	1	02:29	1	02:18	4
14	I. May	1	02:50	1	02:29	0	N/A	1	02:33	1	02:25	4
15	B. McCabe	1	02:37	1	02:15	0	N/A	1	02:23	1	02:29	4
16	J. Hanlon	1	03:17	1	03:31	0	N/A	1	03:27	1	02:38	4
17	N. Trevino	1	02:39	1	02:24	0	N/A	0	N/A	1	02:27	3
18	C. Barnes	1	02:31	1	02:28	0	N/A	1	02:17	0	N/A	3
19	N. Mowery	1	02:35	1	02:18	0	N/A	1	02:24	0	N/A	3
20	E. Thompson	2	02:09	0	N/A	0	N/A	1	02:10	0	N/A	3
21	E. Graham	1	02:20	0	N/A	0	N/A	0	N/A	0	N/A	1
22	C. Hannum	1	02:45	0	N/A	0	N/A	0	N/A	0	N/A	1

2nd & 3rd Grade - 1/2 Mile (Girls)

1	J. Jackson	10	03:46	10	03:33	0	N/A	10	03:39	10	03:30	40
2	F. Goins	9	04:06	9	03:51	0	N/A	9	03:48	7	03:55	34
3	S. Austin	8	04:09	7	03:56	0	N/A	6	03:58	5	04:03	26
4	P. Heinzelmann	0	N/A	8	03:52	0	N/A	7	03:55	8	03:50	23
5	E. Tasky	7	04:10	6	03:57	0	N/A	5	03:59	4	04:04	22
6	R. Grove	0	N/A	0	N/A	0	N/A	8	03:49	9	03:47	17
7	G. Murillo	5	04:44	5	04:03	0	N/A	0	N/A	6	03:56	16
8	N. Tillman	6	04:11	2	04:08	0	N/A	2	04:22	3	04:11	13
9	V. Runge	1	05:14	4	04:04	0	N/A	4	04:16	0	N/A	9
10	M. Walsh	1	05:13	1	04:52	0	N/A	4	04:16	2	04:15	8
11	A. Helman	4	04:47	1	04:40	0	N/A	1	04:52	1	04:38	7
12	S. Rider	3	04:48	1	05:02	0	N/A	1	04:35	1	04:51	6
13	A. Meyer	0	N/A	3	04:07	0	N/A	1	04:26	1	04:22	5
14	K. Yanogo	1	05:28	1	05:26	0	N/A	1	05:17	1	05:10	4
15	C. May	1	05:31	1	05:00	0	N/A	1	05:01	1	05:37	4
16	E. Norwood	1	06:47	1	06:38	0	N/A	1	06:38	1	06:13	4
17	K. Williams	0	N/A	1	04:31	0	N/A	1	04:49	1	04:58	3

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18	R. McArthur	1	05:35	0	N/A	0	N/A	1	05:34	1	05:19	3
19	E. Campian	2	04:55	0	N/A	0	N/A	1	05:13	0	N/A	3
2nd & 3rd Grade - 1/2 Mile (Boys)												
1	P. McCabe	10	03:45	10	03:38	0	N/A	10	03:40	10	04:00	40
2	J. Schneider	8	04:12	7	03:53	0	N/A	9	03:47	9	04:19	33
3	J. Musah	4	04:26	8	03:51	0	N/A	8	04:05	8	04:28	28
4	W. Kirkbride	9	03:46	9	03:43	0	N/A	7	04:06	0	N/A	25
5	L. Gill	7	04:17	5	04:09	0	N/A	5	04:08	0	N/A	17
6	E. Baucum	3	04:27	6	04:05	0	N/A	7	04:06	0	N/A	16
7	P. Wingard	1	04:43	3	04:17	0	N/A	3	04:15	7	04:31	14
8	K. Kibsah	1	04:47	1	04:38	0	N/A	4	04:12	5	04:37	11
9	C. Renner	5	04:24	2	04:18	0	N/A	2	04:24	2	04:51	11
10	M. Tillman	1	04:53	4	04:10	0	N/A	0	N/A	6	04:35	11
11	C. Christburg	6	04:21	1	04:19	0	N/A	1	04:38	1	04:57	9
12	B. Kalajainen	1	04:52	1	04:24	0	N/A	1	04:39	4	04:46	7
13	L. Bolta	1	04:55	1	04:42	0	N/A	1	04:33	3	04:50	6
14	T. Morris	2	04:29	1	04:19	0	N/A	1	04:28	1	04:52	5
15	V. Bialick	1	04:32	1	04:36	0	N/A	1	04:40	1	04:58	4
16	L. Hanlon	1	04:46	1	04:45	0	N/A	1	04:41	1	04:59	4
17	G. Sever	0	N/A	1	04:47	0	N/A	1	04:30	1	05:05	3
18	B. Doster	1	04:57	1	04:44	0	N/A	0	N/A	1	05:00	3
19	E. ISREAL	1	04:37	1	04:35	0	N/A	0	N/A	0	N/A	2
20	K. Rahimi	1	04:55	0	N/A	0	N/A	0	N/A	0	N/A	1
21	J. Brooks	1	05:13	0	N/A	0	N/A	0	N/A	0	N/A	1
4th & 5th Grade - 1 Mile (Girls)												
1	J. Larson	10	09:15	9	08:34	0	N/A	10	08:40	10	08:12	39
2	M. Bialick	9	10:22	8	09:45	0	N/A	9	08:48	9	09:05	35
3	J. Nearman	7	11:03	7	09:53	0	N/A	8	10:19	7	11:11	29
4	S. O'Brien	5	12:32	3	12:32	0	N/A	7	11:30	6	11:35	21
5	M. Harker	8	10:45	6	10:38	0	N/A	6	11:41	0	N/A	20
6	D. Lind	4	13:00	5	10:51	0	N/A	0	N/A	8	10:39	17
7	M. Alsop	0	N/A	10	08:27	0	N/A	0	N/A	0	N/A	10
8	C. Cannizzo	6	11:33	0	N/A	0	N/A	0	N/A	0	N/A	6
9	E. Laging	0	N/A	4	11:38	0	N/A	0	N/A	0	N/A	4
4th & 5th Grade - 1 Mile (Boys)												
1	L. Bolta	10	07:03	8	07:17	0	N/A	10	06:48	10	06:59	38
2	R. Tillman	9	07:37	10	07:13	0	N/A	9	06:51	8	07:10	36
3	J. Upshaw	8	07:41	9	07:15	0	N/A	8	07:15	9	07:03	34
4	W. Morris	5	08:34	7	07:39	0	N/A	7	08:08	7	07:42	26
5	J. Barton	4	08:42	4	08:06	0	N/A	6	08:36	4	08:55	18
6	A. Picou	7	08:10	5	07:53	0	N/A	0	N/A	6	08:02	18
7	M. Ellsworth	6	08:15	6	07:49	0	N/A	0	N/A	5	08:50	17
8	E. Cruz	3	08:44	1	09:49	0	N/A	0	N/A	3	09:01	7
9	E. Doster	1	12:03	2	09:17	0	N/A	0	N/A	3	09:01	6
10	M. Picou	2	11:19	3	08:33	0	N/A	0	N/A	1	09:04	6
11	M. Betton	0	N/A	1	12:30	0	N/A	0	N/A	0	N/A	1
6th - 8th Grade - 1 Mile (Girls)												
1	T. Nearman	10	07:30	10	07:07	0	N/A	10	07:09	10	07:18	40
2	Z. Zalmay	9	08:03	9	07:18	0	N/A	9	07:25	9	07:25	36

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3	M. Harker	7	10:58	7	10:25	0	N/A	8	11:03	8	10:01	30
4	A. Laging	8	09:39	8	09:06	0	N/A	0	N/A	0	N/A	16
6th - 8th Grade - 1 Mile (Boys)												
1	G. Nearman	10	06:27	10	06:14	0	N/A	10	06:09	10	06:15	40
2	J. Thomas	8	06:47	9	06:37	0	N/A	9	06:32	9	06:34	35
3	K. Rushing	6	07:18	7	06:52	0	N/A	8	06:45	7	06:45	28
4	S. Roper	7	07:08	6	07:00	0	N/A	7	07:12	6	06:47	26
5	K. Picou	9	06:44	8	06:49	0	N/A	0	N/A	8	06:40	25
6	L. Harker	5	08:08	5	07:36	0	N/A	6	07:32	5	07:15	21
7	C. Renner	3	08:30	4	08:04	0	N/A	5	07:44	4	08:05	16
8	M. Walker	0	N/A	3	09:05	0	N/A	4	08:51	3	08:10	10
9	J. Williams	0	N/A	2	09:38	0	N/A	3	09:57	2	09:54	7
10	A. Ellsworth	4	08:23	1	12:37	0	N/A	0	N/A	1	11:02	6
11	A. Dafir	1	12:27	1	11:07	0	N/A	2	11:20	1	11:21	5
12	T. Brooks	2	09:05	0	N/A	0	N/A	0	N/A	0	N/A	2