

Healthy Kids Running Series 2023 Fall

Virginia Beach, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 2/3 Year Old - 50 Yard Dash (Girls)												
1	Z. Wahr	10	N/A	0	N/A	10	N/A	10	N/A	10	N/A	40
2	A. Hartman	9	N/A	10	N/A	0	N/A	0	N/A	0	N/A	19
Pre-K 2/3 Year Old - 50 Yard Dash (Boys)												
1	M. Forman	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	F. Williams	9	N/A	8	N/A	9	N/A	9	N/A	9	N/A	44
3	L. McGraw	7	N/A	8	N/A	8	N/A	8	N/A	6	N/A	37
4	Z. Zirkle	8	N/A	9	N/A	8	N/A	0	N/A	8	N/A	33
5	P. Dal Santo	6	N/A	7	N/A	0	N/A	7	N/A	5	N/A	25
6	A. Hamilton	5	N/A	0	N/A	0	N/A	6	N/A	0	N/A	11
Pre-K 4/5 Year Old - 75 Yard Dash (Girls)												
1	N. Evans	8	N/A	8	N/A	9	N/A	9	N/A	9	N/A	43
2	M. Zirkle	10	N/A	9	N/A	10	N/A	0	N/A	10	N/A	39
3	K. Karacsonyi	9	N/A	10	N/A	10	N/A	10	N/A	0	N/A	39
4	A. John	10	N/A	0	N/A	8	N/A	8	N/A	8	N/A	34
Pre-K 4/5 Year Old - 75 Yard Dash (Boys)												
1	J. Burch	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	J. Kelly	9	N/A	9	N/A	9	N/A	9	N/A	9	N/A	45
3	N. Ajith	8	N/A	6	N/A	7	N/A	6	N/A	4	N/A	31
4	E. Traub	5	N/A	5	N/A	4	N/A	7	N/A	6	N/A	27
5	W. Pitzen	7	N/A	7	N/A	0	N/A	8	N/A	5	N/A	27
6	C. Church	8	N/A	8	N/A	0	N/A	0	N/A	8	N/A	24
7	D. Djonev	4	N/A	4	N/A	5	N/A	0	N/A	7	N/A	20
8	R. Lantz	6	N/A	3	N/A	6	N/A	0	N/A	0	N/A	15
9	U. Silkstone	0	N/A	0	N/A	8	N/A	0	N/A	3	N/A	11
Kindergarten & 1st Grade - 1/4 Mile (Girls)												
1	A. Stanley	0	N/A	10	02:01	10	01:53	10	01:50	10	01:51	40
2	C. Chao	8	02:18	8	02:13	8	02:05	0	N/A	8	02:06	32
3	O. Wahr	9	02:14	0	N/A	6	02:17	9	02:34	7	02:14	31
4	K. Karacsonyi	10	02:04	9	02:02	9	01:56	0	N/A	0	N/A	28
5	E. Williams	3	02:46	4	02:37	4	02:30	7	02:42	6	02:15	24
6	A. Dietz	0	N/A	7	02:16	7	02:13	0	N/A	9	02:05	23
7	H. Raybon	4	02:33	5	02:35	5	02:28	0	N/A	4	02:35	18
8	S. Sømmod	6	02:25	6	02:30	0	N/A	0	N/A	5	02:17	17
9	J. Traub	1	03:12	2	02:44	1	02:51	8	02:36	2	02:38	14
10	K. Andrews	0	N/A	1	02:58	3	02:44	6	02:44	3	02:37	13
11	M. Walker	2	02:56	3	02:43	2	02:46	0	N/A	0	N/A	7
12	K. Woummn	7	02:19	0	N/A	0	N/A	0	N/A	0	N/A	7
13	M. Campbell	5	02:32	0	N/A	0	N/A	0	N/A	0	N/A	5
Kindergarten & 1st Grade - 1/4 Mile (Boys)												
1	B. McGraw	10	02:04	9	01:59	7	02:02	9	01:53	7	02:01	42
2	D. Moore	2	03:00	10	01:46	10	01:46	10	01:51	9	01:50	41
3	M. Erasmus	9	02:09	8	02:05	9	01:54	5	02:08	4	02:12	35
4	W. McGraw	6	02:24	8	02:05	2	02:21	6	02:02	5	02:10	27
5	J. McMahan	5	02:25	5	02:14	6	02:03	8	01:57	0	N/A	24
6	V. Martino	8	02:16	4	02:18	4	02:12	4	02:53	3	02:21	23
7	R. Casimir	1	03:05	6	02:09	8	01:58	0	N/A	8	02:00	23
8	J. Lantz	7	02:18	4	02:18	5	02:07	0	N/A	6	02:09	22

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9	M. Stanley	0	N/A	4	02:18	3	02:13	7	02:01	0	N/A	14
10	B. Dal Santo	0	N/A	0	N/A	0	N/A	0	N/A	10	01:44	10
11	W. Compton	4	02:33	0	N/A	0	N/A	0	N/A	2	05:39	6
12	E. Barnett	3	02:43	0	N/A	0	N/A	0	N/A	0	N/A	3

2nd & 3rd Grade - 1/2 Mile (Girls)

1	K. Moore	10	04:02	10	03:50	10	04:05	10	03:58	10	03:50	50
2	M. Erasmus	8	04:21	8	04:36	7	04:44	8	04:38	8	04:10	39
3	L. Yullari	7	04:46	7	04:58	8	04:29	9	04:06	7	04:27	38
4	E. Silkstone	9	04:15	9	03:56	9	04:13	0	N/A	9	03:57	36
5	M. LaRoue	6	05:27	6	05:37	6	04:46	7	04:55	6	04:58	31
6	S. Raybon	5	06:11	5	07:33	5	05:49	6	05:25	5	05:21	26

2nd & 3rd Grade - 1/2 Mile (Boys)

1	B. Rampona	10	04:03	10	04:14	10	03:56	10	04:08	10	04:00	50
2	A. John	8	04:47	0	N/A	9	04:23	9	04:26	9	04:02	35
3	K. Yullari	3	07:48	7	08:10	7	07:36	7	06:50	5	07:23	29
4	K. Killian	4	05:45	0	N/A	8	04:58	8	04:55	8	04:54	28
5	F. Soeemod	6	05:29	9	05:19	0	N/A	0	N/A	6	05:29	21
6	D. Griffith	5	05:34	8	05:35	0	N/A	0	N/A	7	05:12	20
7	B. Silkstone	9	04:13	0	N/A	0	N/A	0	N/A	0	N/A	9
8	R. Campbell	7	05:00	0	N/A	0	N/A	0	N/A	0	N/A	7

4th & 5th Grade - 1 Mile (Girls)

1	A. Elmore	10	07:54	10	07:59	10	08:00	10	08:06	9	08:00	49
2	F. Byars	8	09:37	9	08:05	8	10:33	9	08:18	10	07:40	44
3	V. Traub	9	08:39	8	08:22	9	09:01	8	08:27	8	08:02	42
4	E. Forman	7	09:42	7	09:28	0	N/A	7	09:05	7	08:20	28
5	V. Pitzen	6	10:16	6	10:49	0	N/A	6	09:52	6	09:43	24

4th & 5th Grade - 1 Mile (Boys)

1	R. Rampona	10	08:29	8	08:59	8	08:33	9	08:04	8	07:57	43
2	S. Cockrell	0	N/A	9	07:41	9	08:16	10	07:57	10	07:33	38
3	E. Interiano	9	09:40	7	09:20	7	09:59	7	08:55	7	08:50	37
4	V. GARCIA	0	N/A	10	07:37	10	07:27	8	08:44	9	07:38	37

6th - 8th Grade - 1 Mile (Girls)

1	S. Slack	10	09:14	10	10:50	10	11:13	10	10:29	10	09:35	50
2	M. Byars	9	12:42	9	11:57	9	13:05	9	12:24	9	11:40	45

6th - 8th Grade - 1 Mile (Boys)

1	N. John	10	07:46	0	N/A	10	07:26	10	07:38	10	07:16	40
2	C. Søemod	9	08:34	10	08:20	0	N/A	0	N/A	9	07:39	28

9th - 12th Grade - 2 Miles (Boys)

1	E. Barnett	10	18:12	0	N/A	0	N/A	0	N/A	0	N/A	10
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