

Healthy Kids Running Series 2023 Spring Arlington, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 2/3 Year Old - 50 Yard Dash (Girls)												
1	I. Baker	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	G. Rivera	0	N/A	8	N/A	9	N/A	8	N/A	8	N/A	33
3	Z. Collins	9	N/A	5	N/A	6	N/A	1	N/A	0	N/A	21
4	C. Rainey	8	N/A	0	N/A	0	N/A	6	N/A	7	N/A	21
5	S. Myers	1	N/A	4	N/A	8	N/A	7	N/A	0	N/A	20
6	H. Huang	6	N/A	7	N/A	7	N/A	0	N/A	0	N/A	20
7	H. Forbes	0	N/A	0	N/A	0	N/A	9	N/A	9	N/A	18
8	N. Skalka	7	N/A	9	N/A	0	N/A	0	N/A	0	N/A	16
9	L. McManmon	4	N/A	0	N/A	1	N/A	3	N/A	6	N/A	14
10	L. Shepherd	2	N/A	2	N/A	5	N/A	4	N/A	0	N/A	13
11	M. Brace	3	N/A	6	N/A	4	N/A	0	N/A	0	N/A	13
12	E. Gonzalez	1	N/A	3	N/A	3	N/A	1	N/A	3	N/A	11
13	R. Anderson	1	N/A	1	N/A	0	N/A	5	N/A	4	N/A	11
14	J. Brooke	1	N/A	1	N/A	1	N/A	1	N/A	5	N/A	9
15	L. Breslin	1	N/A	1	N/A	2	N/A	1	N/A	1	N/A	6
16	M. Hassouni	1	N/A	1	N/A	0	N/A	2	N/A	2	N/A	6
17	M. Talbert	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
18	C. Biron	5	N/A	0	N/A	0	N/A	0	N/A	0	N/A	5
19	M. Skaff	1	N/A	1	N/A	1	N/A	0	N/A	1	N/A	4
20	E. Polanco	1	N/A	1	N/A	1	N/A	1	N/A	0	N/A	4
21	L. DeMoss	0	N/A	1	N/A	1	N/A	0	N/A	1	N/A	3
22	C. Hegreness	1	N/A	0	N/A	1	N/A	0	N/A	1	N/A	3
23	E. Ferrari	1	N/A	1	N/A	0	N/A	0	N/A	1	N/A	3
24	T. Lawlor-Caron	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
Pre-K 2/3 Year Old - 50 Yard Dash (Boys)												
1	N. Firey	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	T. Jaindl	9	N/A	8	N/A	8	N/A	7	N/A	7	N/A	39
3	G. Audrain	0	N/A	9	N/A	9	N/A	9	N/A	8	N/A	35
4	L. Ebron	6	N/A	7	N/A	1	N/A	6	N/A	9	N/A	29
5	S. Solheim	7	N/A	6	N/A	6	N/A	8	N/A	1	N/A	28
6	A. LeZotte	5	N/A	3	N/A	7	N/A	5	N/A	6	N/A	26
7	S. Raut	4	N/A	0	N/A	5	N/A	3	N/A	5	N/A	17
8	J. Brooke	1	N/A	1	N/A	2	N/A	2	N/A	4	N/A	10
9	J. Gay	1	N/A	5	N/A	0	N/A	1	N/A	2	N/A	9
10	D. Sebastian	1	N/A	1	N/A	4	N/A	1	N/A	1	N/A	8
11	G. Mageau	3	N/A	4	N/A	1	N/A	0	N/A	0	N/A	8
12	M. Maslar	8	N/A	0	N/A	0	N/A	0	N/A	0	N/A	8
13	M. Brooks	2	N/A	2	N/A	1	N/A	1	N/A	1	N/A	7
14	C. Altmire	1	N/A	0	N/A	0	N/A	4	N/A	1	N/A	6
15	S. Bachand	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
16	W. Reynolds	1	N/A	1	N/A	0	N/A	0	N/A	3	N/A	5
17	D. Cervelloni	0	N/A	1	N/A	3	N/A	0	N/A	1	N/A	5
18	B. Halliday	1	N/A	0	N/A	1	N/A	1	N/A	1	N/A	4
19	B. Jenkins	1	N/A	1	N/A	1	N/A	0	N/A	1	N/A	4
20	D. Colman	1	N/A	1	N/A	1	N/A	0	N/A	1	N/A	4
21	Z. Bigwood	1	N/A	1	N/A	1	N/A	1	N/A	0	N/A	4
22	M. Garrett	1	N/A	0	N/A	3	N/A	0	N/A	0	N/A	4

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23	J. Brodbeck	0	N/A	0	N/A	0	N/A	1	N/A	1	N/A	2
24	C. Ramallo	0	N/A	0	N/A	1	N/A	0	N/A	0	N/A	1
Pre-K 4/5 Year Old - 75 Yard Dash (Girls)												
1	J. MacArthur	6	N/A	10	N/A	10	N/A	10	N/A	9	N/A	45
2	S. Summers	9	N/A	8	N/A	7	N/A	6	N/A	8	N/A	38
3	F. Richey	10	N/A	6	N/A	1	N/A	8	N/A	10	N/A	35
4	K. Hallmark	5	N/A	7	N/A	8	N/A	7	N/A	6	N/A	33
5	A. Warren	8	N/A	0	N/A	9	N/A	9	N/A	5	N/A	31
6	E. Montague	0	N/A	5	N/A	6	N/A	1	N/A	7	N/A	19
7	A. Tavampis	0	N/A	9	N/A	0	N/A	0	N/A	4	N/A	13
8	P. Jones	1	N/A	1	N/A	3	N/A	5	N/A	1	N/A	11
9	C. Fabeny	3	N/A	2	N/A	1	N/A	4	N/A	1	N/A	11
10	E. Demartini	4	N/A	1	N/A	5	N/A	1	N/A	0	N/A	11
11	C. Mock	1	N/A	4	N/A	2	N/A	2	N/A	1	N/A	10
12	Z. Haider	1	N/A	0	N/A	1	N/A	3	N/A	3	N/A	8
13	S. Skaff	7	N/A	0	N/A	0	N/A	0	N/A	1	N/A	8
14	C. Biron	0	N/A	3	N/A	1	N/A	1	N/A	1	N/A	6
15	O. McManmon	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
16	K. Lazarte Ramallo	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
17	C. Brooms	0	N/A	1	N/A	1	N/A	1	N/A	2	N/A	5
18	S. Iqbal	2	N/A	0	N/A	1	N/A	1	N/A	1	N/A	5
19	H. Ramallo	1	N/A	0	N/A	4	N/A	0	N/A	0	N/A	5
20	S. Williams	1	N/A	1	N/A	1	N/A	0	N/A	1	N/A	4
21	C. Weigel	1	N/A	1	N/A	1	N/A	0	N/A	1	N/A	4
22	E. Roberson	0	N/A	1	N/A	0	N/A	1	N/A	1	N/A	3
23	S. Evans	1	N/A	1	N/A	0	N/A	0	N/A	1	N/A	3
24	L. Cavanagh	0	N/A	0	N/A	1	N/A	0	N/A	1	N/A	2
25	L. Ghosh	1	N/A	0	N/A	1	N/A	0	N/A	0	N/A	2
26	Q. Lawlor-Caron	0	N/A	0	N/A	1	N/A	0	N/A	0	N/A	1
Pre-K 4/5 Year Old - 75 Yard Dash (Boys)												
1	J. Thiessen	0	N/A	10	N/A	10	N/A	10	N/A	10	N/A	40
2	L. Salemme	5	N/A	4	N/A	9	N/A	9	N/A	9	N/A	36
3	J. Bruce	1	N/A	9	N/A	5	N/A	8	N/A	6	N/A	29
4	S. Ferguson	8	N/A	1	N/A	8	N/A	1	N/A	8	N/A	26
5	N. Cervelloni	1	N/A	7	N/A	7	N/A	6	N/A	1	N/A	22
6	L. Russo	1	N/A	5	N/A	4	N/A	5	N/A	5	N/A	20
7	D. Dixon	2	N/A	8	N/A	0	N/A	0	N/A	7	N/A	17
8	K. Jandl	1	N/A	1	N/A	3	N/A	4	N/A	4	N/A	13
9	M. Shepherd	0	N/A	6	N/A	6	N/A	0	N/A	0	N/A	12
10	J. Forbes	0	N/A	3	N/A	0	N/A	7	N/A	1	N/A	11
11	M. Ramallo Lazarte	4	N/A	1	N/A	1	N/A	3	N/A	1	N/A	10
12	P. Foley	1	N/A	2	N/A	2	N/A	1	N/A	2	N/A	8
13	B. Kim	0	N/A	1	N/A	0	N/A	1	N/A	3	N/A	5
14	F. de Wet	1	N/A	1	N/A	0	N/A	0	N/A	1	N/A	3
15	D. Beller	1	N/A	0	N/A	0	N/A	2	N/A	0	N/A	3
16	C. Russell	0	N/A	1	N/A	1	N/A	0	N/A	0	N/A	2
17	T. Espinoza	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
18	O. Forsyth	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
19	M. Shifrin	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1

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	Pre-K 4/5 Year Old Group 2 - 75 Yard Dash (Boys)											
1	C. Atkin	6	N/A	10	N/A	10	N/A	10	N/A	10	N/A	46
2	A. Ahlberg	9	N/A	9	N/A	9	N/A	10	N/A	8	N/A	45
3	j. monaghan	10	N/A	6	N/A	7	N/A	8	N/A	9	N/A	40
4	Z. Medeiros	7	N/A	5	N/A	6	N/A	6	N/A	6	N/A	30
5	C. Lew	0	N/A	8	N/A	8	N/A	7	N/A	7	N/A	30
6	J. Brennan	3	N/A	2	N/A	5	N/A	5	N/A	5	N/A	20
7	M. Kraus	1	N/A	7	N/A	4	N/A	1	N/A	2	N/A	15
8	C. Gay	1	N/A	3	N/A	2	N/A	4	N/A	1	N/A	11
9	M. Destine	1	N/A	4	N/A	3	N/A	2	N/A	1	N/A	11
10	G. Tien Hughes	1	N/A	1	N/A	1	N/A	1	N/A	4	N/A	8
11	c. vitale	1	N/A	1	N/A	1	N/A	1	N/A	3	N/A	7
12	E. Eisenberger	1	N/A	1	N/A	2	N/A	1	N/A	1	N/A	6
13	G. Gay	1	N/A	1	N/A	0	N/A	3	N/A	1	N/A	6
14	J. Bachand	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
15	T. Vitale	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
16	T. Malin	1	N/A	1	N/A	1	N/A	0	N/A	1	N/A	4
17	H. Ng	1	N/A	1	N/A	1	N/A	1	N/A	0	N/A	4
18	M. Galdes	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
	Kindergarten & 1st Grade - 1/4 Mile (Girls)											
1	C. Center	9	01:40	10	01:11	10	01:48	10	01:32	7	01:40	46
2	K. Talbert	8	01:41	9	01:15	9	01:51	7	01:36	10	01:34	43
3	B. Brooms	10	01:39	4	01:23	1	02:36	10	01:32	8	01:39	33
4	J. Bergin	7	01:44	7	01:19	6	01:54	7	01:36	1	01:44	28
5	P. Baker	2	01:51	5	01:22	5	01:57	8	01:35	3	01:43	23
6	J. Dixon	4	01:49	8	01:18	0	N/A	0	N/A	7	01:40	19
7	J. Graf	6	01:46	1	01:28	9	01:51	1	01:44	1	01:47	18
8	T. McCormick	3	01:50	2	01:25	7	01:52	3	01:39	3	01:43	18
9	P. Lynch	1	01:59	6	01:20	4	01:58	5	01:37	0	N/A	16
10	H. Montague	0	N/A	3	01:24	1	02:18	5	01:37	5	01:41	14
11	S. Solheim	1	02:19	1	01:37	1	02:30	1	02:02	9	01:35	13
12	S. Anderson	1	02:04	1	01:29	0	N/A	2	01:41	4	01:42	8
13	A. Brooms	1	01:57	1	01:27	3	01:59	1	01:44	1	01:50	7
14	C. Patipe	1	01:53	1	01:26	2	02:00	2	01:41	0	N/A	6
15	J. Foley	1	01:58	1	01:30	1	02:20	1	02:00	1	01:52	5
16	S. Aller	1	02:15	1	01:38	1	02:25	1	01:59	1	02:01	5
17	S. Ferguson	1	01:56	1	01:32	1	02:10	1	N/A	1	02:05	5
18	E. Borovies	1	02:12	1	01:38	1	02:38	1	02:01	1	02:15	5
19	M. Firey	1	02:17	1	01:40	1	02:37	1	02:15	1	02:20	5
20	N. Farah	0	N/A	1	01:31	2	02:00	1	01:43	1	01:48	5
21	S. Mohr	5	01:47	0	N/A	0	N/A	0	N/A	0	N/A	5
22	E. Brodbeck	0	N/A	1	01:33	1	02:01	1	01:46	1	02:05	4
23	E. Audrain	0	N/A	1	01:34	1	02:15	1	01:52	1	02:10	4
24	A. Hassouni	1	02:22	1	01:41	0	N/A	1	01:53	1	02:13	4
25	B. Malin	1	02:10	1	01:35	1	02:11	0	N/A	1	02:08	4
26	O. Skaff	1	02:23	1	01:37	1	02:17	0	N/A	1	02:09	4
27	B. Clough	1	02:09	1	01:32	1	02:10	1	01:51	0	N/A	4
28	C. Holly	0	N/A	1	01:47	1	02:42	0	N/A	1	03:10	3
29	E. Rainey	1	02:23	0	N/A	0	N/A	0	N/A	1	02:53	2

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30	A. Mageau	0	N/A	1	01:42	1	02:43	0	N/A	0	N/A	2
31	F. Williams	1	02:13	0	N/A	1	02:11	0	N/A	0	N/A	2
32	N. Skalka	1	02:18	1	01:36	0	N/A	0	N/A	0	N/A	2
33	N. Smith	1	02:16	1	01:45	0	N/A	0	N/A	0	N/A	2
34	J. Shifrin	1	02:21	1	01:48	0	N/A	0	N/A	0	N/A	2
35	T. Forsyth	0	N/A	1	01:49	0	N/A	0	N/A	0	N/A	1
	Kindergarten & 1st Grade - 1/4 Mile (Boys)											
1	C. Atkin	9	01:33	10	00:51	10	01:29	10	01:32	10	01:26	49
2	V. Patipe	10	01:32	6	00:57	10	01:29	9	01:35	0	N/A	35
3	G. McCardle	3	01:43	1	01:03	8	01:32	9	01:35	7	01:31	28
4	D. Green	1	01:46	9	00:52	6	01:35	7	01:38	5	01:32	28
5	M. Altmire	5	01:41	7	00:56	3	01:37	3	01:40	9	01:29	27
6	B. Rauh	7	01:37	3	00:59	5	01:36	7	01:38	3	01:37	25
7	O. Ahlberg	8	01:36	0	N/A	2	01:38	5	01:39	2	01:38	17
8	C. Warren	2	01:44	0	N/A	7	01:33	5	01:39	1	01:40	15
9	A. Yang	4	01:42	0	N/A	1	01:39	0	N/A	7	01:31	12
10	J. Dickson	6	01:38	1	01:02	5	01:36	0	N/A	0	N/A	12
11	T. Roberson	0	N/A	8	00:55	0	N/A	2	01:42	0	N/A	10
12	E. Beller	0	N/A	0	N/A	0	N/A	1	01:49	8	01:30	9
13	P. McManmon	1	01:59	1	01:18	1	01:52	1	N/A	4	01:36	8
14	M. Shepherd	1	01:50	4	00:58	1	01:42	1	01:50	1	01:52	8
15	V. Srivastav	1	01:49	6	00:57	1	01:40	0	N/A	0	N/A	8
16	M. Brooks	1	01:45	1	01:02	1	01:43	1	01:52	1	01:41	5
17	J. Brennan	1	01:57	1	01:03	1	01:55	1	01:52	1	01:45	5
18	E. Cervelloni	1	02:13	1	01:56	1	01:59	1	02:06	1	01:47	5
19	C. Gay	1	02:26	1	01:21	1	01:53	1	01:59	1	01:57	5
20	P. Karthik	1	02:03	1	01:05	1	01:54	1	01:57	1	01:59	5
21	J. Borovies	1	02:03	1	01:06	1	01:50	1	02:04	1	02:02	5
22	J. Bergin	1	01:52	1	01:06	0	N/A	1	01:53	1	01:42	4
23	C. Polanco	1	02:10	1	01:04	1	01:50	1	02:02	0	N/A	4
24	E. Smith	1	02:08	1	01:10	1	01:59	1	02:12	0	N/A	4
25	T. Gordon	1	01:48	3	00:59	0	N/A	0	N/A	0	N/A	4
26	V. Raut	1	02:23	0	N/A	0	N/A	1	02:10	1	01:59	3
27	C. Beale	1	02:06	0	N/A	1	01:51	0	N/A	1	01:53	3
28	J. Sublett	1	02:07	0	N/A	1	01:47	0	N/A	1	01:56	3
29	J. Tucker	1	02:19	0	N/A	1	02:22	0	N/A	1	02:09	3
30	L. Demartini	1	02:09	1	01:17	1	01:54	0	N/A	0	N/A	3
31	M. Ghosh	1	01:54	0	N/A	1	01:43	0	N/A	0	N/A	2
32	J. Forbes	0	N/A	0	N/A	0	N/A	0	N/A	1	02:17	1
33	N. Gonzalez	1	02:05	0	N/A	0	N/A	0	N/A	0	N/A	1
34	H. Jones	1	02:11	0	N/A	0	N/A	0	N/A	0	N/A	1
35	J. Thiessen	1	02:12	0	N/A	0	N/A	0	N/A	0	N/A	1
36	E. Lasser	1	02:25	0	N/A	0	N/A	0	N/A	0	N/A	1
37	S. Johnson	1	02:28	0	N/A	0	N/A	0	N/A	0	N/A	1
38	D. Jimmy	1	02:32	0	N/A	0	N/A	0	N/A	0	N/A	1
	2nd & 3rd Grade - 1/2 Mile (Girls)											
1	R. Destine	10	03:28	10	02:37	10	03:08	10	03:28	10	03:21	50
2	A. Washburn	4	03:58	8	02:43	9	03:31	8	03:40	8	03:34	37
3	J. Biron	9	03:33	9	02:41	0	N/A	9	03:39	9	03:27	36

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4	S. Baynham	8	03:44	5	02:58	8	03:33	7	03:50	7	03:39	35
5	S. Boyd	7	03:45	6	02:54	7	03:35	5	03:51	6	03:40	31
6	E. Graf	5	03:51	3	03:08	6	03:46	4	03:57	4	04:04	22
7	C. Montague	0	N/A	7	02:45	0	N/A	7	03:50	5	03:44	19
8	A. Miller	6	03:50	4	02:59	1	04:52	0	N/A	3	04:10	14
9	E. Johnson	1	04:40	2	03:21	5	04:03	3	04:13	2	04:15	13
10	K. Fabeny	2	04:16	0	N/A	4	04:05	2	04:55	1	04:35	9
11	M. Rowe	1	04:59	1	03:57	3	04:11	1	05:33	0	N/A	6
12	M. Bloss	1	04:41	1	03:32	3	04:11	0	N/A	0	N/A	5
13	K. Wicker	1	05:16	1	03:45	0	N/A	1	05:05	1	05:17	4
14	R. Brannan	1	05:29	0	N/A	1	05:08	1	05:48	0	N/A	3
15	S. Stringer	3	04:06	0	N/A	0	N/A	0	N/A	0	N/A	3
16	C. Smith	1	05:43	0	N/A	0	N/A	1	05:30	0	N/A	2
17	V. Frederick	1	05:20	0	N/A	0	N/A	0	N/A	0	N/A	1

2nd & 3rd Grade - 1/2 Mile (Boys)

1	C. McCormick	10	03:12	8	02:28	9	03:11	9	03:21	8	03:15	44
2	H. Brehm	9	03:17	9	02:27	8	03:12	8	03:23	9	03:14	43
3	C. Rivera	0	N/A	10	02:26	10	03:10	10	03:19	10	03:10	40
4	B. Myers	5	03:53	5	02:50	7	03:50	7	04:16	0	N/A	24
5	C. Raybon	6	03:46	4	02:51	0	N/A	0	N/A	7	03:20	17
6	H. Williams	7	03:39	7	02:39	0	N/A	0	N/A	0	N/A	14
7	C. Brannan	0	N/A	1	03:02	0	N/A	6	06:15	5	05:36	12
8	L. Roberson	0	N/A	3	02:53	0	N/A	1	N/A	6	03:47	10
9	M. Mohr	8	03:21	0	N/A	0	N/A	0	N/A	0	N/A	8
10	D. Smart	0	N/A	6	02:44	0	N/A	0	N/A	0	N/A	6
11	M. Dorsey	3	04:07	2	02:55	0	N/A	0	N/A	0	N/A	5
12	B. Dawson	4	04:01	0	N/A	0	N/A	0	N/A	0	N/A	4

4th & 5th Grade - 1 Mile (Girls)

1	A. Andrade	10	07:34	9	05:24	9	07:52	10	07:40	10	07:29	48
2	A. Borovies	7	08:38	8	06:14	8	08:39	9	08:25	9	08:18	41
3	A. Menard	9	07:48	10	05:23	10	07:51	0	N/A	0	N/A	29
4	T. Gerstein	8	07:56	0	N/A	0	N/A	0	N/A	0	N/A	8

4th & 5th Grade - 1 Mile (Boys)

1	E. Beale	10	06:59	9	05:19	9	07:10	8	07:28	9	06:57	45
2	B. Finnerty	0	N/A	10	05:16	10	07:05	10	07:15	10	06:47	40
3	I. Rahin	8	07:40	7	05:31	5	07:45	5	07:50	6	07:44	31
4	A. Lynch	0	N/A	6	05:35	8	07:16	9	07:19	8	07:11	31
5	S. Center	0	N/A	8	05:21	6	07:37	7	07:30	7	07:27	28
6	H. Foronda	7	07:49	5	05:38	7	07:36	0	N/A	4	08:14	23
7	L. Smith	7	07:49	4	05:41	2	08:21	3	08:28	0	N/A	16
8	G. Dorsey	5	08:23	1	06:13	4	07:56	6	07:43	0	N/A	16
9	N. Bloss	2	08:50	2	05:47	1	08:25	4	08:24	5	08:11	14
10	J. Mohr	9	07:14	3	05:45	0	N/A	0	N/A	0	N/A	12
11	D. Smart	4	08:25	1	06:15	0	N/A	0	N/A	0	N/A	5
12	A. Manchester	3	08:44	0	N/A	1	08:46	0	N/A	0	N/A	4
13	A. Alaya	0	N/A	0	N/A	3	08:16	0	N/A	0	N/A	3
14	T. Gerstein	0	N/A	1	06:13	0	N/A	0	N/A	0	N/A	1
15	G. Miliaras	0	N/A	1	07:04	0	N/A	0	N/A	0	N/A	1

6th - 8th Grade - 1 Mile (Girls)

Healthy Kids Running Series 2023 Spring Arlington, VA

1	M. Elibert	10	12:03	10	06:08	10	08:24	10	07:55	10	08:11	50
6th - 8th Grade - 1 Mile (Boys)												
1	H. Telford	9	07:55	9	05:52	10	08:06	9	08:04	9	08:19	46
2	D. Walsh	10	06:38	10	05:05	0	N/A	10	07:09	10	06:35	40