

Healthy Kids Running Series 2023 Spring Midlothian, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
	Pre-K 2/3 Year Old - 50 Yard Dash (Girls)											
1	H. Chargois	8	N/A	8	N/A	10	N/A	10	N/A	0	N/A	36
2	V. Gelina	9	N/A	9	N/A	8	N/A	9	N/A	0	N/A	35
3	B. Cheatham	6	N/A	5	N/A	9	N/A	6	N/A	0	N/A	26
4	L. McElroy	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
5	M. Davis	0	N/A	0	N/A	6	N/A	8	N/A	0	N/A	14
6	V. Rivera	0	N/A	0	N/A	7	N/A	7	N/A	0	N/A	14
7	A. Sherman	4	N/A	4	N/A	0	N/A	5	N/A	0	N/A	13
8	A. Long	5	N/A	6	N/A	0	N/A	0	N/A	0	N/A	11
9	B. Peck	0	N/A	7	N/A	0	N/A	0	N/A	0	N/A	7
10	Z. Asghar	7	N/A	0	N/A	0	N/A	0	N/A	0	N/A	7
	Pre-K 2/3 Year Old - 50 Yard Dash (Boys)											
1	O. Zavrel	10	N/A	10	N/A	10	N/A	10	N/A	0	N/A	40
2	L. Roberts	9	N/A	9	N/A	9	N/A	9	N/A	0	N/A	36
3	M. Spalding	8	N/A	8	N/A	6	N/A	7	N/A	0	N/A	29
4	G. Shelton	7	N/A	7	N/A	7	N/A	0	N/A	0	N/A	21
5	N. Stephano	5	N/A	5	N/A	4	N/A	6	N/A	0	N/A	20
6	A. Getzel	6	N/A	6	N/A	5	N/A	0	N/A	0	N/A	17
7	A. Hunt	4	N/A	4	N/A	3	N/A	5	N/A	0	N/A	16
8	H. Cosby	0	N/A	0	N/A	8	N/A	8	N/A	0	N/A	16
	Pre-K 4/5 Year Old - 75 Yard Dash (Girls)											
1	A. Cheatham	10	N/A	10	N/A	10	N/A	10	N/A	0	N/A	40
2	M. Anderson	9	N/A	8	N/A	9	N/A	9	N/A	0	N/A	35
3	M. Gow	8	N/A	9	N/A	7	N/A	6	N/A	0	N/A	30
4	C. Lee	6	N/A	7	N/A	0	N/A	8	N/A	0	N/A	21
5	A. Perry	3	N/A	6	N/A	3	N/A	7	N/A	0	N/A	19
6	A. Hood	1	N/A	4	N/A	4	N/A	3	N/A	0	N/A	12
7	Z. Luttrell	1	N/A	0	N/A	6	N/A	5	N/A	0	N/A	12
8	J. Kohut	4	N/A	0	N/A	8	N/A	0	N/A	0	N/A	12
9	H. Stanley	7	N/A	0	N/A	0	N/A	4	N/A	0	N/A	11
10	V. Strothman	5	N/A	0	N/A	5	N/A	0	N/A	0	N/A	10
11	V. Flowers	2	N/A	5	N/A	1	N/A	1	N/A	0	N/A	9
12	C. Karidis	1	N/A	3	N/A	1	N/A	1	N/A	0	N/A	6
13	S. WILSON	0	N/A	0	N/A	2	N/A	0	N/A	0	N/A	2
	Pre-K 4/5 Year Old - 75 Yard Dash (Boys)											
1	C. Zavrel	10	N/A	10	N/A	10	N/A	10	N/A	0	N/A	40
2	S. Johnson	9	N/A	9	N/A	0	N/A	9	N/A	0	N/A	27
3	R. Danowski	7	N/A	6	N/A	6	N/A	6	N/A	0	N/A	25
4	B. Koon	8	N/A	8	N/A	9	N/A	0	N/A	0	N/A	25
5	F. Dekeyser	4	N/A	3	N/A	8	N/A	8	N/A	0	N/A	23
6	J. Brannan	6	N/A	0	N/A	7	N/A	5	N/A	0	N/A	18
7	M. Beronilla	1	N/A	5	N/A	0	N/A	7	N/A	0	N/A	13
8	E. Getzel	0	N/A	7	N/A	5	N/A	0	N/A	0	N/A	12
9	B. Stephano	3	N/A	2	N/A	3	N/A	3	N/A	0	N/A	11
10	H. Usher	2	N/A	0	N/A	4	N/A	4	N/A	0	N/A	10
11	G. Parrott	5	N/A	4	N/A	0	N/A	0	N/A	0	N/A	9
12	B. Gelina	1	N/A	1	N/A	1	N/A	2	N/A	0	N/A	5
13	N. Hancock	1	N/A	1	N/A	2	N/A	0	N/A	0	N/A	4

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Challenger - 75 Yard Dash (Boys)												
1	M. Emery	10	N/A	10	N/A	10	N/A	10	N/A	0	N/A	40
Kindergarten & 1st Grade - 1/4 Mile (Girls)												
1	S. Tauchen	8	01:24	8	01:24	9	01:27	10	01:26	0	N/A	35
2	J. Thessen	7	01:37	6	01:32	8	01:31	9	01:30	0	N/A	30
3	M. Miller	10	01:17	10	01:19	10	01:20	0	N/A	0	N/A	30
4	A. Roberts	5	01:41	7	01:31	6	01:41	8	01:32	0	N/A	26
5	C. Karidis	5	01:41	3	01:41	7	01:33	6	01:48	0	N/A	21
6	E. Roedersheimer	6	01:40	5	01:39	0	N/A	7	01:41	0	N/A	18
7	M. Koelmel	9	01:20	9	01:22	0	N/A	0	N/A	0	N/A	18
8	C. Davis	3	01:46	0	N/A	4	01:52	5	01:49	0	N/A	12
9	J. Ryan	2	01:56	2	01:49	3	01:55	4	01:51	0	N/A	11
10	L. Cosby	0	N/A	0	N/A	5	01:42	4	01:51	0	N/A	9
11	R. Peck	0	N/A	4	01:40	0	N/A	0	N/A	0	N/A	4
Kindergarten & 1st Grade - 1/4 Mile (Boys)												
1	H. Gow	10	01:12	10	01:12	10	01:11	9	01:14	0	N/A	39
2	B. Little	9	01:13	9	01:21	9	01:12	10	01:12	0	N/A	37
3	L. Bishop	8	01:20	8	01:22	7	01:21	7	01:18	0	N/A	30
4	M. Miller	6	01:23	4	01:28	8	01:17	8	01:17	0	N/A	26
5	M. Hood	5	01:24	8	01:22	5	01:24	5	01:24	0	N/A	23
6	C. Branch	0	N/A	6	01:23	7	01:21	6	01:20	0	N/A	19
7	L. McElroy	7	01:22	6	01:23	0	N/A	0	N/A	0	N/A	13
8	L. Bayer	0	N/A	1	N/A	5	01:24	4	01:27	0	N/A	10
9	N. Owens	3	01:27	2	01:30	1	01:30	2	01:33	0	N/A	8
10	R. Swann	4	01:26	2	01:30	1	01:36	0	N/A	0	N/A	7
11	L. Strothman	2	01:28	3	01:29	2	01:27	0	N/A	0	N/A	7
12	G. Radcliffe	1	01:38	1	01:34	1	01:31	3	01:29	0	N/A	6
13	E. DeKeyser	1	01:43	1	01:43	3	01:26	1	01:35	0	N/A	6
14	D. Flowers	2	01:28	1	01:31	1	01:33	1	01:34	0	N/A	5
15	G. Conca	1	01:32	1	01:33	1	01:42	1	01:43	0	N/A	4
16	G. Emery	1	01:35	1	01:44	1	01:45	1	01:49	0	N/A	4
17	Q. Edwards	0	N/A	1	01:39	1	01:47	1	01:43	0	N/A	3
18	J. Usher	1	01:48	0	N/A	1	01:52	1	01:48	0	N/A	3
19	J. Haapala	1	01:38	1	01:41	0	N/A	1	01:49	0	N/A	3
20	O. Hite	1	01:33	1	01:42	1	01:39	0	N/A	0	N/A	3
21	L. Ro	1	01:35	1	01:34	1	01:40	0	N/A	0	N/A	3
22	T. Davis	1	02:11	0	N/A	1	02:01	0	N/A	0	N/A	2
2nd & 3rd Grade - 1/2 Mile (Girls)												
1	A. Chester	10	03:06	10	03:01	10	03:00	10	03:08	0	N/A	40
2	L. Anderson	6	04:07	5	03:47	8	03:35	9	03:36	0	N/A	28
3	E. Johnson	8	03:56	4	03:50	7	03:59	8	03:53	0	N/A	27
4	Q. Koelmel	9	03:11	9	03:08	9	03:14	0	N/A	0	N/A	27
5	C. Bush	7	04:00	0	N/A	5	04:20	4	04:35	0	N/A	16
6	E. Zwerdling	5	04:10	2	04:06	0	N/A	7	04:06	0	N/A	14
7	M. Monaghan	0	N/A	1	04:12	6	04:09	6	04:11	0	N/A	13
8	A. Schumann	4	04:55	0	N/A	4	04:43	3	04:41	0	N/A	11
9	T. Perry	0	N/A	8	03:29	0	N/A	0	N/A	0	N/A	8
10	R. Kinnear	2	07:01	0	N/A	3	06:19	2	06:18	0	N/A	7
11	J. Peck	0	N/A	7	03:41	0	N/A	0	N/A	0	N/A	7

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12	E. Miller	3	05:10	3	04:02	0	N/A	0	N/A	0	N/A	6
13	A. White	0	N/A	6	03:45	0	N/A	0	N/A	0	N/A	6
14	M. Hammock	0	N/A	0	N/A	0	N/A	5	04:27	0	N/A	5
2nd & 3rd Grade - 1/2 Mile (Boys)												
1	I. Miller	1	N/A	10	03:04	10	03:10	10	03:05	0	N/A	31
2	K. Roberts	8	03:19	7	03:23	8	03:21	8	03:29	0	N/A	31
3	S. Ro	10	03:12	9	03:06	9	03:20	0	N/A	0	N/A	28
4	J. Johnson	9	03:15	8	03:19	7	03:23	0	N/A	0	N/A	24
5	N. Roedersheimer	7	03:25	6	03:32	0	N/A	9	03:23	0	N/A	22
6	C. Long	5	04:05	6	03:32	5	03:33	0	N/A	0	N/A	16
7	C. Bishop	0	N/A	3	04:24	4	03:57	6	04:12	0	N/A	13
8	G. Austin	6	03:47	0	N/A	6	03:30	0	N/A	0	N/A	12
9	B. Emery	0	N/A	4	03:53	0	N/A	7	03:59	0	N/A	11
10	C. Bishop	0	N/A	1	05:01	3	04:59	5	05:12	0	N/A	9
11	J. Harris	3	04:36	2	04:51	0	N/A	0	N/A	0	N/A	5
12	E. Steward	4	04:12	0	N/A	0	N/A	0	N/A	0	N/A	4
4th & 5th Grade - 1 Mile (Girls)												
1	S. Hawkins	10	07:13	10	07:09	10	07:14	10	07:16	0	N/A	40
2	C. Glass	9	10:14	9	10:33	9	10:20	9	09:13	0	N/A	36
3	C. Carter	9	10:14	8	11:10	9	10:20	0	N/A	0	N/A	26
4	S. Banks	0	N/A	0	N/A	7	11:09	0	N/A	0	N/A	7
4th & 5th Grade - 1 Mile (Boys)												
1	D. Negreiros	9	06:50	10	06:26	10	06:37	10	06:30	0	N/A	39
2	E. Thessen	10	06:41	9	06:28	10	06:37	9	06:37	0	N/A	38
3	H. Zwerdling	7	07:37	8	07:21	8	07:39	8	07:28	0	N/A	31
4	J. Little	5	07:49	5	08:33	5	08:46	6	07:55	0	N/A	21
5	I. Schumann	2	08:36	4	08:35	7	08:43	5	07:56	0	N/A	18
6	L. Chester	4	07:52	6	07:43	0	N/A	7	07:53	0	N/A	17
7	R. Flaster	3	08:13	0	N/A	6	08:45	3	08:50	0	N/A	12
8	A. Conca	0	N/A	3	08:38	4	08:51	4	07:57	0	N/A	11
9	G. Neiderer	6	07:40	2	08:53	0	N/A	0	N/A	0	N/A	8
10	G. Steward	8	07:19	0	N/A	0	N/A	0	N/A	0	N/A	8
11	L. Bush	1	09:10	1	09:28	3	09:04	2	09:59	0	N/A	7
12	T. White	0	N/A	7	07:23	0	N/A	0	N/A	0	N/A	7
13	M. Goff	1	11:40	1	12:25	2	11:15	1	13:26	0	N/A	5
14	C. Harris	1	09:19	1	09:00	0	N/A	0	N/A	0	N/A	2
15	A. Huang	1	11:16	1	12:45	0	N/A	0	N/A	0	N/A	2
6th - 8th Grade - 1 Mile (Girls)												
1	F. Ryan	10	06:41	10	06:31	10	06:31	10	06:25	0	N/A	40
2	A. Little	9	08:48	9	08:42	9	08:41	0	N/A	0	N/A	27
3	G. Hammock	0	N/A	0	N/A	0	N/A	9	09:36	0	N/A	9
6th - 8th Grade - 1 Mile (Boys)												
1	E. Thessen	10	05:25	10	05:24	10	05:22	10	05:34	0	N/A	40
2	M. Beronilla	9	06:24	9	06:20	9	06:12	9	06:39	0	N/A	36
3	L. Thessen	8	06:49	7	07:03	8	06:51	8	06:51	0	N/A	31
4	C. Tuthill	7	06:53	8	06:47	7	06:54	7	06:53	0	N/A	29
5	G. Banks	6	09:21	6	09:03	6	09:14	0	N/A	0	N/A	18