

Healthy Kids Running Series 2023 Spring Stafford, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
	Pre-K 2/3 Year Old - 50 Yard Dash (Girls)											
1	M. Helman	9	N/A	10	N/A	0	N/A	0	N/A	0	N/A	19
2	M. Akers	6	N/A	9	N/A	0	N/A	0	N/A	0	N/A	15
3	e. connors	7	N/A	8	N/A	0	N/A	0	N/A	0	N/A	15
4	I. Pennell	5	N/A	7	N/A	0	N/A	0	N/A	0	N/A	12
5	E. Guerrero	10	N/A	0	N/A	0	N/A	0	N/A	0	N/A	10
6	C. Fowler-Arrington	4	N/A	5	N/A	0	N/A	0	N/A	0	N/A	9
7	A. Florentino	8	N/A	0	N/A	0	N/A	0	N/A	0	N/A	8
8	M. Miller	1	N/A	6	N/A	0	N/A	0	N/A	0	N/A	7
9	S. Mathews	3	N/A	4	N/A	0	N/A	0	N/A	0	N/A	7
10	E. Martinez	0	N/A	3	N/A	0	N/A	0	N/A	0	N/A	3
11	R. Kanu	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
12	A. Finnerty	0	N/A	2	N/A	0	N/A	0	N/A	0	N/A	2
	Pre-K 2/3 Year Old - 50 Yard Dash (Boys)											
1	C. Jensen	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
2	A. Luna-Alvarez	8	N/A	9	N/A	0	N/A	0	N/A	0	N/A	17
3	F. Nguessan	8	N/A	8	N/A	0	N/A	0	N/A	0	N/A	16
4	O. Ward	6	N/A	7	N/A	0	N/A	0	N/A	0	N/A	13
5	B. Barnes	5	N/A	5	N/A	0	N/A	0	N/A	0	N/A	10
6	V. Sortino	3	N/A	6	N/A	0	N/A	0	N/A	0	N/A	9
7	B. Mathews	9	N/A	0	N/A	0	N/A	0	N/A	0	N/A	9
8	R. Tillman	3	N/A	4	N/A	0	N/A	0	N/A	0	N/A	7
9	G. Haus	5	N/A	0	N/A	0	N/A	0	N/A	0	N/A	5
10	R. Childs	1	N/A	2	N/A	0	N/A	0	N/A	0	N/A	3
11	W. Jimenez	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
	Pre-K 4/5 Year Old - 75 Yard Dash (Girls)											
1	R. Baltor	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
2	M. Combs	6	N/A	7	N/A	0	N/A	0	N/A	0	N/A	13
3	A. Ruhmann	8	N/A	3	N/A	0	N/A	0	N/A	0	N/A	11
4	D. Chiang	0	N/A	9	N/A	0	N/A	0	N/A	0	N/A	9
5	K. Quinones-Robinson	9	N/A	0	N/A	0	N/A	0	N/A	0	N/A	9
6	P. Ruggles	2	N/A	6	N/A	0	N/A	0	N/A	0	N/A	8
7	A. Taylor	7	N/A	0	N/A	0	N/A	0	N/A	0	N/A	7
8	S. Carr	4	N/A	2	N/A	0	N/A	0	N/A	0	N/A	6
9	S. Steves	0	N/A	5	N/A	0	N/A	0	N/A	0	N/A	5
10	M. Taylor	5	N/A	0	N/A	0	N/A	0	N/A	0	N/A	5
11	T. Meiser	0	N/A	4	N/A	0	N/A	0	N/A	0	N/A	4
12	L. Zhang	3	N/A	0	N/A	0	N/A	0	N/A	0	N/A	3
13	K. Hawkins	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
14	D. Dennis	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
15	J. Harris	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
16	G. Jacobeen	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
	Pre-K 4 Year Old - 75 Yard Dash (Boys)											
1	C. Barnes	8	N/A	10	N/A	0	N/A	0	N/A	0	N/A	18
2	C. Meade	9	N/A	7	N/A	0	N/A	0	N/A	0	N/A	16
3	H. Moberg	10	N/A	4	N/A	0	N/A	0	N/A	0	N/A	14
4	A. Humphreys	5	N/A	9	N/A	0	N/A	0	N/A	0	N/A	14
5	F. Montoya-Cazon	6	N/A	5	N/A	0	N/A	0	N/A	0	N/A	11

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6	A. Miller	4	N/A	6	N/A	0	N/A	0	N/A	0	N/A	10
7	H. Alsop	0	N/A	8	N/A	0	N/A	0	N/A	0	N/A	8
8	B. Doggett	7	N/A	0	N/A	0	N/A	0	N/A	0	N/A	7
9	A. Baldwin	1	N/A	3	N/A	0	N/A	0	N/A	0	N/A	4
10	E. Leonard	3	N/A	0	N/A	0	N/A	0	N/A	0	N/A	3
11	F. Womelsdorf	2	N/A	0	N/A	0	N/A	0	N/A	0	N/A	2

Pre-K 4 Year Old - Group 2 - 75 Yard Dash (Boys)

1	R. Jones	8	N/A	10	N/A	0	N/A	0	N/A	0	N/A	18
2	M. Oats	10	N/A	7	N/A	0	N/A	0	N/A	0	N/A	17
3	N. Carter	9	N/A	8	N/A	0	N/A	0	N/A	0	N/A	17
4	Z. Morris	5	N/A	9	N/A	0	N/A	0	N/A	0	N/A	14
5	V. Van Hoose	6	N/A	5	N/A	0	N/A	0	N/A	0	N/A	11
6	J. Hanlon	7	N/A	3	N/A	0	N/A	0	N/A	0	N/A	10
7	J. Van Hoose	3	N/A	4	N/A	0	N/A	0	N/A	0	N/A	7
8	J. Christburg	4	N/A	2	N/A	0	N/A	0	N/A	0	N/A	6
9	L. Turner	0	N/A	6	N/A	0	N/A	0	N/A	0	N/A	6
10	L. Botero	2	N/A	0	N/A	0	N/A	0	N/A	0	N/A	2

Pre-K 5 Year Old - 75 Yard Dash (Boys)

1	C. Grassi	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
2	E. Thompson	8	N/A	8	N/A	0	N/A	0	N/A	0	N/A	16
3	B. McPherson	6	N/A	9	N/A	0	N/A	0	N/A	0	N/A	15
4	L. Pukish	7	N/A	7	N/A	0	N/A	0	N/A	0	N/A	14
5	G. Tillman	5	N/A	6	N/A	0	N/A	0	N/A	0	N/A	11
6	J. Fregoso	9	N/A	0	N/A	0	N/A	0	N/A	0	N/A	9

Kindergarten & 1st Grade - 1/4 Mile (Girls)

1	A. Baldwin	10	01:34	10	01:33	0	N/A	0	N/A	0	N/A	20
2	F. Hutcherson-Fields	8	01:57	9	01:42	0	N/A	0	N/A	0	N/A	17
3	M. Hawkins	9	01:42	8	01:44	0	N/A	0	N/A	0	N/A	17
4	M. Nguessan	7	02:01	7	01:50	0	N/A	0	N/A	0	N/A	14
5	M. Oats	5	02:04	6	01:53	0	N/A	0	N/A	0	N/A	11
6	N. Tillman	6	02:03	5	02:03	0	N/A	0	N/A	0	N/A	11
7	E. Jackson	4	02:06	3	02:11	0	N/A	0	N/A	0	N/A	7
8	E. Banko	2	02:13	4	02:10	0	N/A	0	N/A	0	N/A	6
9	F. Brice	3	02:07	1	02:14	0	N/A	0	N/A	0	N/A	4
10	G. Doyle	1	02:37	2	02:13	0	N/A	0	N/A	0	N/A	3
11	A. Helman	1	02:18	1	02:20	0	N/A	0	N/A	0	N/A	2
12	A. Humphreys	1	02:31	1	02:25	0	N/A	0	N/A	0	N/A	2
13	C. Morris	1	02:44	1	02:26	0	N/A	0	N/A	0	N/A	2
14	R. Akers	1	02:30	1	02:34	0	N/A	0	N/A	0	N/A	2

Kindergarten & 1st Grade - 1/4 Mile (Boys)

1	T. Lofland	9	01:45	10	01:43	0	N/A	0	N/A	0	N/A	19
2	B. Wilkins	8	01:52	10	01:43	0	N/A	0	N/A	0	N/A	18
3	M. Polychrones	10	01:42	8	01:48	0	N/A	0	N/A	0	N/A	18
4	R. Pukish	8	01:52	7	01:54	0	N/A	0	N/A	0	N/A	15
5	L. Bolta	6	01:55	6	01:58	0	N/A	0	N/A	0	N/A	12
6	O. Pennell	1	02:08	5	02:00	0	N/A	0	N/A	0	N/A	6
7	I. Riley	1	02:10	5	02:00	0	N/A	0	N/A	0	N/A	6
8	A. Cruz	4	01:57	1	02:17	0	N/A	0	N/A	0	N/A	5
9	L. Hanlon	2	02:03	3	02:06	0	N/A	0	N/A	0	N/A	5

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10	E. Womelsdorf	5	01:56	0	N/A	0	N/A	0	N/A	0	N/A	5
11	C. Christburg	1	02:07	3	02:06	0	N/A	0	N/A	0	N/A	4
12	A. Roberts	4	01:57	0	N/A	0	N/A	0	N/A	0	N/A	4
13	S. Maloy	1	02:10	1	02:12	0	N/A	0	N/A	0	N/A	2
14	A. Urick	1	02:40	1	02:19	0	N/A	0	N/A	0	N/A	2
15	E. Mair	0	N/A	1	02:08	0	N/A	0	N/A	0	N/A	1
16	T. Alfred	0	N/A	1	02:12	0	N/A	0	N/A	0	N/A	1
17	L. Connors	0	N/A	1	02:32	0	N/A	0	N/A	0	N/A	1
18	J. Connors	0	N/A	1	02:34	0	N/A	0	N/A	0	N/A	1
19	G. Loveless	1	02:36	0	N/A	0	N/A	0	N/A	0	N/A	1
20	O. Lackey	1	02:48	0	N/A	0	N/A	0	N/A	0	N/A	1

2nd & 3rd Grade - 1/2 Mile (Girls)

1	E. Fisher	9	03:48	9	04:03	0	N/A	0	N/A	0	N/A	18
2	N. Bair	8	03:55	8	04:07	0	N/A	0	N/A	0	N/A	16
3	K. Hickman	7	04:09	7	04:20	0	N/A	0	N/A	0	N/A	14
4	M. Elder	10	03:41	1	03:04	0	N/A	0	N/A	0	N/A	11
5	E. Shockey	5	04:23	6	04:26	0	N/A	0	N/A	0	N/A	11
6	E. Akers	6	04:10	5	04:58	0	N/A	0	N/A	0	N/A	11
7	M. Alsop	0	N/A	10	04:00	0	N/A	0	N/A	0	N/A	10
8	E. Laging	2	05:18	4	05:11	0	N/A	0	N/A	0	N/A	6
9	J. Nearman	4	04:49	1	05:38	0	N/A	0	N/A	0	N/A	5
10	K. Williams	3	05:10	2	05:27	0	N/A	0	N/A	0	N/A	5
11	R. McArthur	0	N/A	3	05:24	0	N/A	0	N/A	0	N/A	3
12	A. Steves	0	N/A	1	05:28	0	N/A	0	N/A	0	N/A	1
13	E. Norwood	0	N/A	1	09:30	0	N/A	0	N/A	0	N/A	1

2nd & 3rd Grade - 1/2 Mile (Boys)

1	R. Dietz	10	03:13	10	03:03	0	N/A	0	N/A	0	N/A	20
2	L. Bolta	9	03:14	9	03:16	0	N/A	0	N/A	0	N/A	18
3	L. Ruggles	8	03:15	8	03:39	0	N/A	0	N/A	0	N/A	16
4	T. Gagne	8	03:15	5	04:07	0	N/A	0	N/A	0	N/A	13
5	C. LaMudge Jr.	6	03:16	6	03:55	0	N/A	0	N/A	0	N/A	12
6	M. Meade	4	03:47	3	04:18	0	N/A	0	N/A	0	N/A	7
7	M. Compton	0	N/A	7	03:40	0	N/A	0	N/A	0	N/A	7
8	J. Schneider	5	03:46	1	08:30	0	N/A	0	N/A	0	N/A	6
9	E. Breitbarth	3	03:48	2	04:36	0	N/A	0	N/A	0	N/A	5
10	C. Thompson	0	N/A	4	04:10	0	N/A	0	N/A	0	N/A	4
11	J. Brooks	2	04:30	1	04:53	0	N/A	0	N/A	0	N/A	3
12	G. Sever	1	04:32	0	N/A	0	N/A	0	N/A	0	N/A	1

4th & 5th Grade - 1 Mile (Girls)

1	Z. Zalmay	10	07:13	10	07:33	0	N/A	0	N/A	0	N/A	20
2	L. Ruggles	8	07:48	9	08:00	0	N/A	0	N/A	0	N/A	17
3	E. Hawkins	9	07:16	8	08:01	0	N/A	0	N/A	0	N/A	17
4	B. Dietz	6	08:59	7	08:35	0	N/A	0	N/A	0	N/A	13
5	A. Laging	7	08:06	5	09:30	0	N/A	0	N/A	0	N/A	12
6	O. Shockey	5	09:03	6	09:17	0	N/A	0	N/A	0	N/A	11
7	J. Copeland	4	14:02	3	09:54	0	N/A	0	N/A	0	N/A	7
8	J. Larson	0	N/A	4	09:39	0	N/A	0	N/A	0	N/A	4

4th & 5th Grade - 1 Mile (Boys)

1	J. Upshaw	9	06:38	10	07:15	0	N/A	0	N/A	0	N/A	19
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2	R. Tillman	10	06:35	9	07:17	0	N/A	0	N/A	0	N/A	19
3	B. Elder	8	06:58	8	07:26	0	N/A	0	N/A	0	N/A	16
4	T. Brooks	7	09:26	6	09:23	0	N/A	0	N/A	0	N/A	13
5	J. Williams	6	10:12	5	11:57	0	N/A	0	N/A	0	N/A	11
6	C. Compton	0	N/A	7	07:57	0	N/A	0	N/A	0	N/A	7
6th - 8th Grade - 1 Mile (Girls)												
1	T. Nearman	10	06:56	10	07:34	0	N/A	0	N/A	0	N/A	20
2	A. Compton	0	N/A	9	08:03	0	N/A	0	N/A	0	N/A	9
6th - 8th Grade - 1 Mile (Boys)												
1	G. Nearman	10	06:03	10	06:37	0	N/A	0	N/A	0	N/A	20
2	C. Lofland	9	06:16	9	06:59	0	N/A	0	N/A	0	N/A	18
3	C. Ruggles	8	06:34	8	07:06	0	N/A	0	N/A	0	N/A	16
4	K. Rushing	7	07:05	7	07:25	0	N/A	0	N/A	0	N/A	14
5	P. Breitbarth	6	07:51	6	08:14	0	N/A	0	N/A	0	N/A	12