

Healthy Kids Running Series 2023 Spring Stafford, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 2/3 Year Old - 50 Yard Dash (Girls)												
1	M. Helman	9	N/A	10	N/A	10	N/A	10	N/A	10	N/A	49
2	e. connors	7	N/A	8	N/A	9	N/A	0	N/A	9	N/A	33
3	M. Akers	6	N/A	9	N/A	0	N/A	8	N/A	8	N/A	31
4	C. Fowler-Arrington	4	N/A	5	N/A	6	N/A	9	N/A	6	N/A	30
5	S. Mathews	3	N/A	4	N/A	7	N/A	6	N/A	7	N/A	27
6	M. Miller	1	N/A	6	N/A	5	N/A	0	N/A	5	N/A	17
7	I. Pennell	5	N/A	7	N/A	4	N/A	0	N/A	0	N/A	16
8	A. Florentino	8	N/A	0	N/A	8	N/A	0	N/A	0	N/A	16
9	A. Homza	0	N/A	0	N/A	3	N/A	7	N/A	4	N/A	14
10	E. Guerrero	10	N/A	0	N/A	0	N/A	0	N/A	1	N/A	11
11	A. Finnerty	0	N/A	2	N/A	1	N/A	4	N/A	3	N/A	10
12	E. Martinez	0	N/A	3	N/A	2	N/A	5	N/A	0	N/A	10
13	R. Kanu	1	N/A	1	N/A	1	N/A	3	N/A	2	N/A	8
Pre-K 2/3 Year Old - 50 Yard Dash (Boys)												
1	C. Jensen	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	A. Luna-Alvarez	8	N/A	9	N/A	8	N/A	9	N/A	9	N/A	43
3	O. Ward	6	N/A	7	N/A	7	N/A	6	N/A	7	N/A	33
4	B. Mathews	9	N/A	0	N/A	9	N/A	8	N/A	6	N/A	32
5	F. Nguessan	8	N/A	8	N/A	5	N/A	4	N/A	5	N/A	30
6	V. Sortino	3	N/A	6	N/A	3	N/A	3	N/A	8	N/A	23
7	B. Barnes	5	N/A	5	N/A	4	N/A	5	N/A	4	N/A	23
8	I. Pereira	0	N/A	0	N/A	6	N/A	7	N/A	0	N/A	13
9	R. Tillman	3	N/A	4	N/A	0	N/A	2	N/A	2	N/A	11
10	R. Childs	1	N/A	2	N/A	0	N/A	0	N/A	3	N/A	6
11	G. Haus	5	N/A	0	N/A	0	N/A	0	N/A	0	N/A	5
12	W. Jimenez	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
Pre-K 4/5 Year Old - 75 Yard Dash (Girls)												
1	R. Baltor	10	N/A	10	N/A	4	N/A	9	N/A	8	N/A	41
2	D. Chiang	0	N/A	9	N/A	10	N/A	10	N/A	10	N/A	39
3	M. Combs	6	N/A	7	N/A	5	N/A	4	N/A	6	N/A	28
4	P. Ruggles	2	N/A	6	N/A	8	N/A	5	N/A	5	N/A	26
5	A. Ruhmann	8	N/A	3	N/A	9	N/A	1	N/A	0	N/A	21
6	M. Taylor	5	N/A	0	N/A	0	N/A	7	N/A	9	N/A	21
7	T. Meiser	0	N/A	4	N/A	6	N/A	3	N/A	7	N/A	20
8	L. Zhang	3	N/A	0	N/A	7	N/A	8	N/A	0	N/A	18
9	S. Carr	4	N/A	2	N/A	0	N/A	6	N/A	0	N/A	12
10	K. Quinones-Robinson	9	N/A	0	N/A	0	N/A	0	N/A	0	N/A	9
11	G. Jacobeen	1	N/A	0	N/A	1	N/A	1	N/A	4	N/A	7
12	S. Steves	0	N/A	5	N/A	0	N/A	2	N/A	0	N/A	7
13	A. Taylor	7	N/A	0	N/A	0	N/A	0	N/A	0	N/A	7
14	D. Dennis	0	N/A	1	N/A	2	N/A	0	N/A	3	N/A	6
15	K. Hawkins	1	N/A	1	N/A	3	N/A	0	N/A	0	N/A	5
16	J. Harris	0	N/A	1	N/A	0	N/A	1	N/A	2	N/A	4
Pre-K 4 Year Old - 75 Yard Dash (Boys)												
1	C. Barnes	8	N/A	10	N/A	10	N/A	10	N/A	10	N/A	48
2	H. Moberg	10	N/A	4	N/A	8	N/A	7	N/A	7	N/A	36
3	C. Meade	9	N/A	7	N/A	9	N/A	0	N/A	9	N/A	34

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4	A. Miller	4	N/A	6	N/A	7	N/A	0	N/A	8	N/A	25
5	F. Montoya-Cazon	6	N/A	5	N/A	0	N/A	6	N/A	6	N/A	23
6	A. Baldwin	1	N/A	3	N/A	6	N/A	5	N/A	5	N/A	20
7	H. Alsop	0	N/A	8	N/A	0	N/A	9	N/A	0	N/A	17
8	A. Humphreys	5	N/A	9	N/A	0	N/A	0	N/A	0	N/A	14
9	E. Leonard	3	N/A	0	N/A	0	N/A	8	N/A	0	N/A	11
10	B. Doggett	7	N/A	0	N/A	0	N/A	0	N/A	0	N/A	7
11	F. Womelsdorf	2	N/A	0	N/A	0	N/A	0	N/A	0	N/A	2

Pre-K 4 Year Old - Group 2 - 75 Yard Dash (Boys)

1	R. Jones	8	N/A	10	N/A	10	N/A	10	N/A	9	N/A	47
2	N. Carter	9	N/A	8	N/A	9	N/A	9	N/A	10	N/A	45
3	Z. Morris	5	N/A	9	N/A	7	N/A	8	N/A	8	N/A	37
4	M. Oats	10	N/A	7	N/A	8	N/A	0	N/A	0	N/A	25
5	L. Turner	0	N/A	6	N/A	4	N/A	7	N/A	7	N/A	24
6	J. Hanlon	7	N/A	3	N/A	5	N/A	0	N/A	6	N/A	21
7	J. Christburg	4	N/A	2	N/A	2	N/A	6	N/A	5	N/A	19
8	V. Van Hoose	6	N/A	5	N/A	6	N/A	0	N/A	0	N/A	17
9	J. Van Hoose	3	N/A	4	N/A	3	N/A	0	N/A	0	N/A	10
10	L. Botero	2	N/A	0	N/A	1	N/A	0	N/A	4	N/A	7

Pre-K 5 Year Old - 75 Yard Dash (Boys)

1	C. Grassi	10	N/A	10	N/A	9	N/A	10	N/A	10	N/A	49
2	E. Thompson	8	N/A	8	N/A	10	N/A	9	N/A	9	N/A	44
3	G. Tillman	5	N/A	6	N/A	0	N/A	7	N/A	7	N/A	25
4	D. MUSAH	0	N/A	0	N/A	0	N/A	8	N/A	8	N/A	16
5	B. McPherson	6	N/A	9	N/A	0	N/A	0	N/A	0	N/A	15
6	L. Pukish	7	N/A	7	N/A	0	N/A	0	N/A	0	N/A	14
7	J. Fregoso	9	N/A	0	N/A	0	N/A	0	N/A	0	N/A	9

Kindergarten & 1st Grade - 1/4 Mile (Girls)

1	A. Baldwin	10	01:34	10	01:33	10	01:35	10	01:33	10	01:36	50
2	F. Hutcherson-Fields	8	01:57	9	01:42	7	01:51	9	01:40	9	01:50	42
3	M. Nguessan	7	02:01	7	01:50	8	01:48	8	01:47	5	02:21	35
4	M. Hawkins	9	01:42	8	01:44	9	01:47	0	N/A	0	N/A	26
5	N. Tillman	6	02:03	5	02:03	0	N/A	6	01:59	8	01:58	25
6	M. Oats	5	02:04	6	01:53	6	01:59	3	02:09	0	N/A	20
7	G. Doyle	1	02:37	2	02:13	3	02:10	4	02:06	7	02:08	17
8	E. Banko	2	02:13	4	02:10	4	02:09	7	01:58	0	N/A	17
9	E. Jackson	4	02:06	3	02:11	5	02:04	5	02:02	0	N/A	17
10	A. Helman	1	02:18	1	02:20	1	02:17	3	02:09	6	02:11	12
11	C. Morris	1	02:44	1	02:26	1	02:25	1	02:34	4	02:34	8
12	R. Akers	1	02:30	1	02:34	0	N/A	1	02:25	3	02:37	6
13	F. Brice	3	02:07	1	02:14	2	02:11	0	N/A	0	N/A	6
14	A. Humphreys	1	02:31	1	02:25	0	N/A	0	N/A	0	N/A	2

Kindergarten & 1st Grade - 1/4 Mile (Boys)

1	M. Polychrones	10	01:42	8	01:48	10	01:40	10	01:38	10	01:37	48
2	T. Lofland	9	01:45	10	01:43	7	01:51	8	01:50	8	01:51	42
3	L. Bolta	6	01:55	6	01:58	4	02:05	6	02:04	7	01:55	29
4	G. Loveless	1	02:36	0	N/A	9	01:48	9	01:41	9	01:40	28
5	B. Wilkins	8	01:52	10	01:43	8	01:50	0	N/A	0	N/A	26
6	A. Roberts	4	01:57	0	N/A	6	01:56	7	01:56	6	01:56	23

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7	R. Pukish	8	01:52	7	01:54	0	N/A	0	N/A	0	N/A	15
8	C. Christburg	1	02:07	3	02:06	1	02:14	2	02:10	5	02:05	12
9	A. Cruz	4	01:57	1	02:17	0	N/A	3	02:09	4	02:07	12
10	S. Maloy	1	02:10	1	02:12	3	02:06	4	02:07	2	02:11	11
11	T. Alfred	0	N/A	1	02:12	3	02:06	5	02:05	1	02:13	10
12	E. Mair	0	N/A	1	02:08	5	02:04	0	N/A	3	02:08	9
13	L. Hanlon	2	02:03	3	02:06	1	02:09	0	N/A	1	02:15	7
14	O. Pennell	1	02:08	5	02:00	1	03:30	0	N/A	0	N/A	7
15	I. Riley	1	02:10	5	02:00	0	N/A	0	N/A	0	N/A	6
16	A. Urick	1	02:40	1	02:19	1	02:15	1	02:20	1	02:16	5
17	E. Womelsdorf	5	01:56	0	N/A	0	N/A	0	N/A	0	N/A	5
18	L. Connors	0	N/A	1	02:32	1	02:29	1	02:37	1	02:24	4
19	J. Connors	0	N/A	1	02:34	1	02:26	1	02:19	1	02:25	4
20	O. Lackey	1	02:48	0	N/A	1	03:01	1	03:00	0	N/A	3

2nd & 3rd Grade - 1/2 Mile (Girls)

1	E. Fisher	9	03:48	9	04:03	8	04:18	7	04:25	8	04:08	41
2	M. Elder	10	03:41	1	03:04	10	03:54	9	03:50	10	03:48	40
3	K. Hickman	7	04:09	7	04:20	9	04:02	8	04:07	9	03:55	40
4	N. Bair	8	03:55	8	04:07	0	N/A	6	04:41	7	04:17	29
5	E. Akers	6	04:10	5	04:58	0	N/A	4	05:00	6	04:53	21
6	M. Alsop	0	N/A	10	04:00	0	N/A	10	03:41	0	N/A	20
7	K. Williams	3	05:10	2	05:27	6	05:24	1	05:38	5	05:00	17
8	E. Shockey	5	04:23	6	04:26	0	N/A	5	04:42	0	N/A	16
9	E. Laging	2	05:18	4	05:11	5	05:53	1	05:46	0	N/A	12
10	J. Nearman	4	04:49	1	05:38	7	04:53	0	N/A	0	N/A	12
11	R. McArthur	0	N/A	3	05:24	0	N/A	3	05:05	4	05:35	10
12	E. Norwood	0	N/A	1	09:30	4	06:30	1	06:35	3	07:02	9
13	A. Steves	0	N/A	1	05:28	0	N/A	2	05:17	0	N/A	3

2nd & 3rd Grade - 1/2 Mile (Boys)

1	L. Bolta	9	03:14	9	03:16	10	02:40	9	03:15	9	03:21	46
2	L. Ruggles	8	03:15	8	03:39	9	02:56	7	03:28	8	03:28	40
3	R. Dietz	10	03:13	10	03:03	0	N/A	10	03:04	10	03:02	40
4	T. Gagne	8	03:15	5	04:07	7	02:58	5	04:07	6	03:58	31
5	C. Thompson	0	N/A	4	04:10	8	02:57	6	03:50	7	03:40	25
6	J. Schneider	5	03:46	1	08:30	6	03:28	4	04:41	5	04:08	21
7	C. LaMudge Jr.	6	03:16	6	03:55	0	N/A	3	04:44	4	04:10	19
8	M. Compton	0	N/A	7	03:40	0	N/A	8	03:23	0	N/A	15
9	M. Meade	4	03:47	3	04:18	5	03:33	0	N/A	2	04:45	14
10	G. Sever	1	04:32	0	N/A	4	04:26	2	04:45	3	04:42	10
11	J. Brooks	2	04:30	1	04:53	3	04:33	1	05:16	1	05:32	8
12	E. Breitbarth	3	03:48	2	04:36	0	N/A	1	04:46	0	N/A	6
13	K. Kibseh	0	N/A	0	N/A	0	N/A	1	06:07	1	05:12	2

4th & 5th Grade - 1 Mile (Girls)

1	Z. Zalmay	10	07:13	10	07:33	10	07:22	10	08:21	10	07:44	50
2	L. Ruggles	8	07:48	9	08:00	9	08:26	9	08:26	9	08:16	44
3	B. Dietz	6	08:59	7	08:35	0	N/A	8	08:53	8	08:33	29
4	A. Laging	7	08:06	5	09:30	6	12:05	7	09:48	0	N/A	25
5	E. Hawkins	9	07:16	8	08:01	8	08:33	0	N/A	0	N/A	25
6	J. Larson	0	N/A	4	09:39	7	09:54	6	10:30	0	N/A	17

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7	O. Shockey	5	09:03	6	09:17	0	N/A	5	10:31	0	N/A	16
8	J. Copeland	4	14:02	3	09:54	0	N/A	0	N/A	0	N/A	7
4th & 5th Grade - 1 Mile (Boys)												
1	J. Upshaw	9	06:38	10	07:15	10	07:05	9	07:04	9	07:20	47
2	B. Elder	8	06:58	8	07:26	9	07:28	7	07:35	8	07:43	40
3	R. Tillman	10	06:35	9	07:17	0	N/A	8	07:24	10	07:11	37
4	T. Brooks	7	09:26	6	09:23	7	10:43	5	11:13	7	09:35	32
5	J. Williams	6	10:12	5	11:57	8	10:39	6	10:16	6	10:53	31
6	C. Compton	0	N/A	7	07:57	0	N/A	10	07:03	0	N/A	17
7	E. Connors	0	N/A	0	N/A	6	13:01	0	N/A	0	N/A	6
6th - 8th Grade - 1 Mile (Girls)												
1	T. Nearman	10	06:56	10	07:34	10	07:23	10	07:34	10	07:30	50
2	A. Compton	0	N/A	9	08:03	0	N/A	9	08:51	0	N/A	18
6th - 8th Grade - 1 Mile (Boys)												
1	G. Nearman	10	06:03	10	06:37	10	06:33	10	06:18	10	06:16	50
2	C. Lofland	9	06:16	9	06:59	9	06:46	9	06:46	9	07:00	45
3	C. Ruggles	8	06:34	8	07:06	8	06:49	8	06:54	8	07:04	40
4	K. Rushing	7	07:05	7	07:25	7	07:43	0	N/A	0	N/A	21
5	P. Breitbarth	6	07:51	6	08:14	0	N/A	7	08:46	0	N/A	19