

Healthy Kids Running Series 2024 Spring Allentown, PA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 2 Year Old - 50 Yard Dash (Girls)												
1	A. Fowler	8	N/A	9	N/A	4	N/A	10	N/A	8	N/A	39
2	C. Mcclay	10	N/A	10	N/A	1	N/A	9	N/A	7	N/A	37
3	K. Sheetz	4	N/A	7	N/A	10	N/A	8	N/A	3	N/A	32
4	S. Frassetto	3	N/A	8	N/A	9	N/A	0	N/A	10	N/A	30
5	L. Dimitriadis	9	N/A	1	N/A	8	N/A	5	N/A	2	N/A	25
6	E. Dearstyne	1	N/A	1	N/A	2	N/A	7	N/A	6	N/A	17
7	M. Arrowsmith	1	N/A	0	N/A	6	N/A	0	N/A	9	N/A	16
8	E. Kane	6	N/A	3	N/A	7	N/A	0	N/A	0	N/A	16
9	E. Mest	1	N/A	5	N/A	3	N/A	0	N/A	5	N/A	14
10	S. Kane	5	N/A	4	N/A	5	N/A	0	N/A	0	N/A	14
11	J. Christein	7	N/A	6	N/A	0	N/A	0	N/A	0	N/A	13
12	R. Worman	1	N/A	2	N/A	1	N/A	4	N/A	0	N/A	8
13	N. Weinstein	2	N/A	0	N/A	0	N/A	6	N/A	0	N/A	8
14	E. Schneider	1	N/A	1	N/A	1	N/A	0	N/A	4	N/A	7
15	A. Dicarlo	0	N/A	0	N/A	0	N/A	0	N/A	1	N/A	1
Pre-K 2 Year Old - 50 Yard Dash (Boys)												
1	M. Hakim	10	N/A	10	N/A	8	N/A	10	N/A	9	N/A	47
2	M. Santiago	9	N/A	8	N/A	10	N/A	7	N/A	10	N/A	44
3	N. Pila	6	N/A	7	N/A	7	N/A	9	N/A	7	N/A	36
4	R. Marino	8	N/A	9	N/A	9	N/A	0	N/A	8	N/A	34
5	O. Steuer	7	N/A	6	N/A	6	N/A	8	N/A	6	N/A	33
6	P. Barna	4	N/A	4	N/A	3	N/A	6	N/A	4	N/A	21
7	N. Root	3	N/A	5	N/A	5	N/A	5	N/A	3	N/A	21
8	J. Fowler	2	N/A	2	N/A	4	N/A	4	N/A	5	N/A	17
9	C. Beidler	5	N/A	3	N/A	1	N/A	0	N/A	1	N/A	10
10	K. Krause	1	N/A	1	N/A	1	N/A	0	N/A	2	N/A	5
11	K. Mengel	1	N/A	0	N/A	2	N/A	0	N/A	1	N/A	4
12	B. Hausmann	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
13	B. Nunn	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
Pre-K 3 Year Old - 50 Yard Dash (Girls)												
1	H. Boyer	10	N/A	10	N/A	9	N/A	10	N/A	9	N/A	48
2	L. Nagle	9	N/A	8	N/A	10	N/A	9	N/A	10	N/A	46
3	V. Budinas	8	N/A	7	N/A	5	N/A	8	N/A	7	N/A	35
4	S. De Filippo	0	N/A	3	N/A	7	N/A	0	N/A	8	N/A	18
5	S. Tice	6	N/A	2	N/A	4	N/A	0	N/A	5	N/A	17
6	G. Waterhouse	2	N/A	4	N/A	3	N/A	0	N/A	6	N/A	15
7	R. Falgout	4	N/A	5	N/A	6	N/A	0	N/A	0	N/A	15
8	L. DiGiacinto	7	N/A	0	N/A	8	N/A	0	N/A	0	N/A	15
9	E. Beck	0	N/A	1	N/A	0	N/A	7	N/A	3	N/A	11
10	S. Beckwith	5	N/A	6	N/A	0	N/A	0	N/A	0	N/A	11
11	O. Rakaczewski	3	N/A	1	N/A	2	N/A	0	N/A	4	N/A	10
12	B. Baker	0	N/A	9	N/A	0	N/A	0	N/A	0	N/A	9
Pre-K 3 Year Old - 50 Yard Dash (Boys)												
1	M. Director	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	O. Bucantis	9	N/A	9	N/A	9	N/A	9	N/A	8	N/A	44
3	N. Chesler	6	N/A	8	N/A	8	N/A	8	N/A	5	N/A	35
4	A. Bagenstose	8	N/A	6	N/A	6	N/A	0	N/A	9	N/A	29

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5	J. Ebert	7	N/A	0	N/A	5	N/A	6	N/A	6	N/A	24
6	M. Engelhardt	7	N/A	7	N/A	4	N/A	5	N/A	0	N/A	23
7	N. Feduska	0	N/A	0	N/A	7	N/A	7	N/A	7	N/A	21

Pre-K 3 Year Old - Group 2 - 50 Yard Dash (Boys)

1	I. Suaza	8	N/A	10	N/A	9	N/A	10	N/A	9	N/A	46
2	J. Phillips	9	N/A	9	N/A	10	N/A	7	N/A	10	N/A	45
3	L. Foley	6	N/A	7	N/A	8	N/A	9	N/A	8	N/A	38
4	K. Lee	7	N/A	6	N/A	6	N/A	6	N/A	6	N/A	31
5	D. Stanglein	0	N/A	8	N/A	7	N/A	8	N/A	7	N/A	30
6	N. Moll	3	N/A	4	N/A	4	N/A	5	N/A	4	N/A	20
7	E. Joseph	4	N/A	3	N/A	5	N/A	0	N/A	5	N/A	17
8	E. Velekei	5	N/A	5	N/A	0	N/A	0	N/A	0	N/A	10
9	D. Iachini	10	N/A	0	N/A	0	N/A	0	N/A	0	N/A	10

Pre-K 4 Year Old - 75 Yard Dash (Girls)

1	L. Green	10	N/A	10	N/A	10	N/A	9	N/A	10	N/A	49
2	S. Baldwin	8	N/A	9	N/A	8	N/A	6	N/A	9	N/A	40
3	E. Erney	3	N/A	7	N/A	7	N/A	8	N/A	8	N/A	33
4	E. Stevens	6	N/A	8	N/A	6	N/A	5	N/A	7	N/A	32
5	A. Steuer	5	N/A	5	N/A	5	N/A	7	N/A	6	N/A	28
6	A. Todrin	9	N/A	0	N/A	9	N/A	0	N/A	0	N/A	18
7	N. Kerschner	4	N/A	6	N/A	2	N/A	0	N/A	5	N/A	17
8	H. Gable	0	N/A	3	N/A	4	N/A	4	N/A	4	N/A	15
9	L. Keck	2	N/A	1	N/A	1	N/A	3	N/A	3	N/A	10
10	H. Mensch	0	N/A	0	N/A	0	N/A	10	N/A	0	N/A	10
11	G. Susheil	8	N/A	0	N/A	0	N/A	0	N/A	0	N/A	8
12	A. Krajsa	0	N/A	4	N/A	3	N/A	0	N/A	0	N/A	7
13	M. Guthrie	1	N/A	1	N/A	0	N/A	0	N/A	2	N/A	4
14	R. Agar	1	N/A	1	N/A	1	N/A	0	N/A	0	N/A	3
15	H. McGorry	0	N/A	2	N/A	1	N/A	0	N/A	0	N/A	3

Pre-K 4 Year Old - 75 Yard Dash (Boys)

1	O. Dimitriadis	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	A. Basith	9	N/A	9	N/A	9	N/A	9	N/A	9	N/A	45
3	L. Engler	8	N/A	8	N/A	8	N/A	9	N/A	8	N/A	41
4	C. Barna	6	N/A	5	N/A	6	N/A	6	N/A	4	N/A	27
5	A. Boyer	4	N/A	4	N/A	7	N/A	7	N/A	3	N/A	25
6	H. Beck	0	N/A	6	N/A	0	N/A	5	N/A	6	N/A	17
7	O. Davis	5	N/A	2	N/A	5	N/A	0	N/A	2	N/A	14
8	C. Drago	7	N/A	7	N/A	0	N/A	0	N/A	0	N/A	14
9	C. Dotter	4	N/A	3	N/A	0	N/A	0	N/A	5	N/A	12
10	G. Dicarlo	0	N/A	0	N/A	0	N/A	0	N/A	7	N/A	7

Pre-K 4 Year Old - Group 2 - 75 Yard Dash (Boys)

1	N. Gerhart	7	N/A	7	N/A	9	N/A	9	N/A	8	N/A	40
2	J. Torres	10	N/A	10	N/A	0	N/A	10	N/A	10	N/A	40
3	C. Harriman	9	N/A	9	N/A	10	N/A	0	N/A	9	N/A	37
4	L. Worman	3	N/A	0	N/A	8	N/A	7	N/A	4	N/A	22
5	R. Mest	1	N/A	6	N/A	7	N/A	0	N/A	5	N/A	19
6	L. Hantz	4	N/A	3	N/A	4	N/A	6	N/A	0	N/A	17
7	B. Lindner	6	N/A	5	N/A	6	N/A	0	N/A	0	N/A	17
8	M. Rubin	5	N/A	4	N/A	0	N/A	0	N/A	7	N/A	16

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9	J. Ruff	2	N/A	2	N/A	5	N/A	0	N/A	3	N/A	12
10	C. Kobyra	8	N/A	0	N/A	0	N/A	0	N/A	0	N/A	8
11	P. Weinstein	0	N/A	0	N/A	0	N/A	0	N/A	6	N/A	6

Pre-K 5 Year Old - 75 Yard Dash (Girls)

1	P. Traylor	8	N/A	9	N/A	10	N/A	10	N/A	10	N/A	47
2	R. Bingaman	10	N/A	10	N/A	9	N/A	9	N/A	9	N/A	47
3	Z. Miles	7	N/A	6	N/A	7	N/A	8	N/A	7	N/A	35
4	H. Nunn	9	N/A	8	N/A	8	N/A	0	N/A	8	N/A	33
5	S. Ruff	6	N/A	4	N/A	5	N/A	0	N/A	5	N/A	20
6	C. Bloch	0	N/A	5	N/A	6	N/A	0	N/A	6	N/A	17
7	A. Akins	0	N/A	7	N/A	0	N/A	0	N/A	0	N/A	7

Pre-K 5 Year Old - 75 Yard Dash (Boys)

1	L. Baade	10	N/A	9	N/A	10	N/A	10	N/A	10	N/A	49
2	B. Lee	8	N/A	7	N/A	8	N/A	8	N/A	7	N/A	38
3	L. Cannon	9	N/A	10	N/A	9	N/A	0	N/A	9	N/A	37
4	W. Dupree	3	N/A	6	N/A	7	N/A	7	N/A	5	N/A	28
5	J. Hakim	4	N/A	2	N/A	6	N/A	9	N/A	6	N/A	27
6	M. Stern	0	N/A	8	N/A	5	N/A	0	N/A	8	N/A	21
7	C. Austin	0	N/A	5	N/A	4	N/A	6	N/A	4	N/A	19
8	W. Haussmann	6	N/A	4	N/A	0	N/A	0	N/A	0	N/A	10
9	O. Christein	5	N/A	3	N/A	0	N/A	0	N/A	0	N/A	8
10	L. Iachini	7	N/A	0	N/A	0	N/A	0	N/A	0	N/A	7

Kindergarten & 1st - Group 1 - 1/4 Mile (Girls)

1	R. Kistler	10	02:05	10	02:04	10	01:57	10	01:59	9	01:56	49
2	M. Beidler	9	02:06	9	02:06	10	01:57	9	02:02	8	02:03	45
3	A. Prego	5	02:28	7	02:13	7	02:03	5	02:19	7	02:12	31
4	E. Kressin	7	02:25	4	02:22	4	02:15	6	02:16	6	02:15	27
5	S. Korth	8	02:10	5	02:16	6	02:06	7	02:15	0	N/A	26
6	R. Bartera	0	N/A	8	02:07	8	02:01	0	N/A	10	01:53	26
7	E. Brown	0	N/A	6	02:14	5	02:11	8	02:06	6	02:15	25
8	H. Budinas	4	02:42	2	02:44	3	02:23	4	02:26	3	02:33	16
9	O. Santiago	6	02:27	3	02:34	2	02:29	3	02:34	1	02:38	15
10	I. Laubach	2	02:52	1	02:57	1	02:38	2	02:44	3	02:33	9
11	S. Joseph	1	02:54	1	03:07	1	03:20	0	N/A	4	02:28	7
12	B. Espada	3	02:46	1	02:58	1	02:49	0	N/A	1	02:41	6

Kindergarten & 1st - Group 1 - 1/4 Mile (Boys)

1	C. Gerhart	9	01:55	9	02:00	10	01:51	9	01:56	9	01:50	46
2	E. Reifsnyder	8	01:57	10	01:56	7	02:02	10	01:51	8	01:52	43
3	E. Doak	4	02:07	7	02:07	9	02:00	6	02:04	5	02:03	31
4	B. Graver	5	02:06	5	02:09	4	02:05	7	02:02	7	01:58	28
5	C. Durham	1	02:22	8	02:06	6	02:03	8	02:01	4	02:04	27
6	C. Petrunak	3	02:11	6	02:08	8	02:01	1	02:22	3	02:06	21
7	J. Steuer	7	02:04	1	02:20	2	02:09	5	02:09	6	02:02	21
8	F. Harrison	0	N/A	4	02:10	0	N/A	0	N/A	10	01:45	14
9	M. Green	6	02:05	2	02:16	1	02:14	1	02:24	1	02:13	11
10	E. Mast	10	01:54	0	N/A	0	N/A	0	N/A	0	N/A	10
11	J. Kressin	1	02:25	1	02:25	1	02:12	4	02:14	2	02:09	9
12	C. Harriman	1	02:20	1	02:18	5	02:04	0	N/A	2	02:09	9
13	T. Jones	2	02:17	3	02:14	3	02:06	0	N/A	1	02:10	9

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14	M. Sheetz	1	02:35	1	02:33	1	02:23	3	02:15	1	02:20	7
15	B. Cooper	1	02:31	1	02:28	1	02:25	2	02:19	1	02:16	6
16	N. Kerschner	1	02:30	1	02:30	1	02:26	0	N/A	1	02:15	4
17	E. Feduska	1	02:19	1	02:24	1	02:20	0	N/A	1	02:22	4
18	C. Hantz	1	02:39	1	02:27	1	02:24	1	02:23	0	N/A	4
19	E. Stanglein	0	N/A	1	03:16	0	N/A	1	02:30	1	02:20	3
20	E. dotter	1	02:38	1	02:32	0	N/A	0	N/A	1	02:21	3
21	V. DiGiacinto	1	02:20	0	N/A	0	N/A	0	N/A	0	N/A	1

Kindergarten & 1st - Group 2 - 1/4 Mile (Girls)

1	A. McDonald-Cziraky	10	01:47	10	01:49	10	01:45	10	01:46	9	01:46	49
2	K. Heffelfinger	8	01:56	9	01:52	8	01:53	7	02:52	10	01:43	42
3	A. Stevens	6	02:09	5	02:04	7	01:57	9	02:00	8	01:58	35
4	C. Ambron	0	N/A	6	01:56	4	02:01	8	02:01	7	02:04	25
5	K. Abraham	9	01:55	7	01:55	9	01:49	0	N/A	0	N/A	25
6	V. Austin	2	02:32	1	02:48	2	02:37	6	02:54	6	02:45	17
7	K. Lindner	4	02:13	4	02:10	6	01:59	0	N/A	0	N/A	14
8	M. Traylor	1	02:55	1	02:56	1	02:55	5	03:11	5	03:20	13
9	A. Brooker	5	02:12	3	02:11	5	02:00	0	N/A	0	N/A	13
10	A. Yergey	7	02:08	2	02:13	3	02:02	0	N/A	0	N/A	12
11	A. Buskirk	0	N/A	8	01:54	0	N/A	0	N/A	0	N/A	8
12	G. Iachini	3	02:21	0	N/A	0	N/A	0	N/A	0	N/A	3

Kindergarten & 1st - Group 2 - 1/4 Mile (Boys)

1	A. Bingaman	10	01:51	10	01:46	10	01:49	10	01:42	10	01:43	50
2	K. Engler	9	01:54	9	01:52	9	01:53	9	01:49	9	01:47	45
3	J. Clipper	8	01:58	8	01:56	8	01:55	8	01:54	8	01:52	40
4	T. Chesler	7	01:59	4	02:11	7	01:56	7	01:56	7	01:53	32
5	R. Korth	6	02:04	7	02:03	5	02:00	6	01:57	0	N/A	24
6	C. Nagle	5	02:06	2	02:14	4	02:06	5	02:05	6	02:00	22
7	J. Okyere	4	02:09	3	02:12	6	01:57	0	N/A	6	02:00	19
8	T. Torres	3	02:18	5	02:10	0	N/A	4	02:11	4	02:08	16
9	E. Rubin	0	N/A	6	02:06	0	N/A	0	N/A	3	02:09	9
10	E. Williams	2	04:08	1	03:48	2	03:20	0	N/A	2	03:45	7
11	K. McGorry	0	N/A	1	02:26	3	02:14	0	N/A	0	N/A	4

2nd & 3rd Grade - 1/2 Mile (Girls)

1	J. Koszi	10	03:33	10	03:29	10	03:20	10	03:28	10	03:29	50
2	C. Finke	6	04:14	9	03:58	7	03:59	9	04:04	9	03:51	40
3	S. Currin	0	N/A	6	04:18	6	04:02	8	04:21	8	04:00	28
4	M. Fowler	5	04:17	5	04:30	4	04:47	7	04:31	6	04:17	27
5	N. Bloch	0	N/A	8	04:02	8	03:55	0	N/A	7	04:09	23
6	B. Morgan	4	04:47	4	05:00	5	04:20	0	N/A	5	04:45	18
7	E. Howerter	9	03:46	0	N/A	9	03:35	0	N/A	0	N/A	18
8	L. Torres	8	03:55	7	04:14	0	N/A	0	N/A	0	N/A	15
9	K. Miller	3	04:50	0	N/A	0	N/A	6	04:38	5	04:45	14
10	O. De Filippo	2	04:56	1	05:23	2	05:12	0	N/A	3	05:34	8
11	S. Rajak	1	05:30	3	05:09	3	05:06	0	N/A	0	N/A	7
12	L. Mauro	7	04:02	0	N/A	0	N/A	0	N/A	0	N/A	7
13	A. Grima	0	N/A	2	05:22	1	05:28	0	N/A	1	05:37	4
14	K. Miller	1	05:01	0	N/A	0	N/A	0	N/A	2	05:36	3

2nd & 3rd Grade - 1/2 Mile (Boys)

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1	L. Verderame	10	03:21	10	03:20	10	03:17	10	03:24	10	03:24	50
2	C. Gurgick	8	03:27	9	03:31	9	03:23	9	03:30	7	03:33	42
3	A. Miles	2	04:00	8	03:42	8	03:25	8	03:36	9	03:30	35
4	E. Heffelfinger	4	03:47	4	03:57	4	03:38	7	03:37	6	03:41	25
5	H. Rex	5	03:45	7	03:44	5	03:37	5	03:46	3	04:02	25
6	T. Reifsnyder	6	03:34	0	N/A	6	03:34	6	03:38	5	03:47	23
7	W. Jones	7	03:33	0	N/A	7	03:33	0	N/A	8	03:31	22
8	B. Gregory	1	04:06	5	03:56	2	03:55	4	03:57	0	N/A	12
9	D. Yergey	3	03:51	6	03:45	3	03:50	0	N/A	0	N/A	12
10	K. Doak	1	04:21	3	04:10	0	N/A	3	04:02	2	04:07	9
11	M. Ortiz	9	03:25	0	N/A	0	N/A	0	N/A	0	N/A	9
12	C. Bingaman	1	04:12	0	N/A	1	04:10	2	04:06	4	03:55	8
13	W. Petrunak	1	04:53	1	04:35	1	04:16	1	04:32	1	04:21	5
14	Z. Walkinshaw	1	05:09	1	04:52	1	04:45	1	04:37	1	04:40	5
15	L. Schneider	1	04:30	1	04:24	1	04:20	0	N/A	1	04:32	4
16	S. Durham	1	04:35	1	04:48	1	04:15	0	N/A	1	04:38	4
17	P. Bartera	0	N/A	2	04:11	1	03:59	0	N/A	1	04:23	4
18	A. Salime	0	N/A	1	04:55	1	04:15	0	N/A	1	04:44	3
19	J. McGorry	0	N/A	1	04:22	1	04:04	0	N/A	0	N/A	2

4th & 5th Grade - 1 Mile (Girls)

1	A. Swenson	10	06:59	10	06:49	10	06:42	10	06:55	10	06:41	50
2	C. Petrunak	9	07:50	9	07:50	9	07:35	9	07:31	9	07:14	45
3	H. Deepak Raj	0	N/A	8	08:19	8	08:44	8	08:42	8	09:13	32
4	N. Vey	8	09:44	7	09:09	0	N/A	0	N/A	7	09:24	22
5	J. Monet	7	12:18	0	N/A	0	N/A	0	N/A	0	N/A	7

4th & 5th Grade - 1 Mile (Boys)

1	J. Verderame	10	06:53	10	07:02	9	06:55	10	06:51	10	06:45	49
2	B. Miner	7	07:02	9	07:10	6	07:08	9	06:53	9	07:02	40
3	T. Gurgick	8	07:00	8	07:17	8	07:00	8	07:03	8	07:04	40
4	O. Curtin	0	N/A	4	08:09	3	07:54	7	07:59	6	07:29	20
5	M. Schneider	0	N/A	7	07:24	5	07:23	0	N/A	7	07:06	19
6	J. Yergey	6	07:15	5	07:34	7	07:05	0	N/A	0	N/A	18
7	C. Heffelfinger	1	08:56	3	08:12	4	07:53	5	09:13	3	09:19	16
8	O. Moyer	5	07:22	6	07:32	2	08:06	0	N/A	0	N/A	13
9	C. Korth	3	08:54	2	08:36	0	N/A	6	08:24	0	N/A	11
10	M. Macievic	0	N/A	0	N/A	10	06:35	0	N/A	0	N/A	10
11	K. Okyere	2	08:55	1	09:14	1	08:55	0	N/A	5	08:48	9
12	G. Ortiz	9	06:57	0	N/A	0	N/A	0	N/A	0	N/A	9
13	E. Loch	1	09:20	0	N/A	1	09:08	0	N/A	4	09:05	6
14	N. Paw	4	08:50	1	09:00	0	N/A	0	N/A	0	N/A	5
15	G. Mast	1	11:03	0	N/A	0	N/A	0	N/A	0	N/A	1

6th - 8th Grade - 1 Mile (Girls)

1	G. Petrunak	10	07:09	10	06:48	10	06:46	10	06:47	10	06:46	50
2	E. Vargas	9	07:50	9	07:28	9	07:09	0	N/A	9	07:07	36
3	A. Mest	8	08:13	0	N/A	8	08:08	0	N/A	8	08:29	24

6th - 8th Grade - 1 Mile (Boys)

1	K. Vey Jr	10	07:10	9	07:42	10	07:04	10	06:59	10	07:07	49
2	M. Kayser	9	07:21	10	07:31	9	07:17	0	N/A	9	07:10	37
3	M. Okyere	7	08:47	8	07:47	8	07:22	0	N/A	8	07:22	31

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4	K. Kassis	8	08:13	7	07:48	0	N/A	0	N/A	0	N/A	15
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