

Healthy Kids Running Series 2024 Spring Arlington, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
	Pre-K 2/3 Year Old - 50 Yard Dash (Girls)											
1	M. Flammia	10	N/A	10	N/A	8	N/A	0	N/A	0	N/A	28
2	L. Mcmanmon	9	N/A	9	N/A	9	N/A	0	N/A	0	N/A	27
3	I. Bouffard	7	N/A	6	N/A	4	N/A	0	N/A	0	N/A	17
4	E. Ferrari	1	N/A	8	N/A	7	N/A	0	N/A	0	N/A	16
5	M. Giles	4	N/A	3	N/A	6	N/A	0	N/A	0	N/A	13
6	C. Erwin	2	N/A	4	N/A	5	N/A	0	N/A	0	N/A	11
7	R. Smith	0	N/A	1	N/A	10	N/A	0	N/A	0	N/A	11
8	V. Grant	6	N/A	2	N/A	1	N/A	0	N/A	0	N/A	9
9	A. Flammia	5	N/A	1	N/A	3	N/A	0	N/A	0	N/A	9
10	A. Cookson	8	N/A	1	N/A	0	N/A	0	N/A	0	N/A	9
11	C. Barker-Gee	1	N/A	7	N/A	0	N/A	0	N/A	0	N/A	8
12	I. Armstrong	1	N/A	5	N/A	0	N/A	0	N/A	0	N/A	6
13	J. Brooke	1	N/A	1	N/A	2	N/A	0	N/A	0	N/A	4
14	N. Garcia	1	N/A	1	N/A	1	N/A	0	N/A	0	N/A	3
15	R. McGeorge	1	N/A	1	N/A	1	N/A	0	N/A	0	N/A	3
16	G. Franco	3	N/A	0	N/A	0	N/A	0	N/A	0	N/A	3
17	M. Mayer	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
18	C. Carey	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
	Pre-K 2/3 Year Old - 50 Yard Dash (Boys)											
1	N. Salemme	10	N/A	10	N/A	9	N/A	0	N/A	0	N/A	29
2	J. Proctor	9	N/A	8	N/A	10	N/A	0	N/A	0	N/A	27
3	O. Picone	8	N/A	9	N/A	7	N/A	0	N/A	0	N/A	24
4	K. Ruberg	7	N/A	6	N/A	6	N/A	0	N/A	0	N/A	19
5	D. Kenney	3	N/A	7	N/A	8	N/A	0	N/A	0	N/A	18
6	M. Sarabia-Franco	9	N/A	4	N/A	0	N/A	0	N/A	0	N/A	13
7	H. Phillips	8	N/A	5	N/A	0	N/A	0	N/A	0	N/A	13
8	S. Moore	10	N/A	1	N/A	0	N/A	0	N/A	0	N/A	11
9	B. Mock	3	N/A	3	N/A	4	N/A	0	N/A	0	N/A	10
10	N. Hong	9	N/A	1	N/A	0	N/A	0	N/A	0	N/A	10
11	N. Tanen	6	N/A	0	N/A	3	N/A	0	N/A	0	N/A	9
12	B. Jenkins	8	N/A	0	N/A	0	N/A	0	N/A	0	N/A	8
13	K. Nguyen	5	N/A	1	N/A	0	N/A	0	N/A	0	N/A	6
14	M. Small	3	N/A	1	N/A	1	N/A	0	N/A	0	N/A	5
15	M. Zastrow	3	N/A	1	N/A	1	N/A	0	N/A	0	N/A	5
16	O. Witt	3	N/A	1	N/A	1	N/A	0	N/A	0	N/A	5
17	T. Parisi	3	N/A	1	N/A	1	N/A	0	N/A	0	N/A	5
18	F. Swainston	3	N/A	1	N/A	1	N/A	0	N/A	0	N/A	5
19	L. Fitzgerald	4	N/A	1	N/A	0	N/A	0	N/A	0	N/A	5
20	L. Fitzgerald	3	N/A	2	N/A	0	N/A	0	N/A	0	N/A	5
21	A. Papageorge	3	N/A	0	N/A	0	N/A	0	N/A	0	N/A	3
22	N. Miller	0	N/A	0	N/A	2	N/A	0	N/A	0	N/A	2
	Pre-K 4/5 Year Old - 75 Yard Dash (Girls)											
1	C. Mock	10	N/A	10	N/A	10	N/A	0	N/A	0	N/A	30
2	E. Kenney	9	N/A	9	N/A	9	N/A	0	N/A	0	N/A	27
3	C. Dalton	8	N/A	8	N/A	0	N/A	0	N/A	0	N/A	16
4	C. Brooms	0	N/A	7	N/A	8	N/A	0	N/A	0	N/A	15
5	S. Iqbal	5	N/A	5	N/A	4	N/A	0	N/A	0	N/A	14

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6	C. Biron	1	N/A	6	N/A	6	N/A	0	N/A	0	N/A	13
7	H. Forbes	6	N/A	3	N/A	2	N/A	0	N/A	0	N/A	11
8	G. Rivera	7	N/A	1	N/A	1	N/A	0	N/A	0	N/A	9
9	M. Holtz	0	N/A	4	N/A	3	N/A	0	N/A	0	N/A	7
10	C. Grant	4	N/A	1	N/A	1	N/A	0	N/A	0	N/A	6
11	E. Peterson	3	N/A	2	N/A	0	N/A	0	N/A	0	N/A	5
12	Z. Collins	2	N/A	1	N/A	1	N/A	0	N/A	0	N/A	4
13	T. Montague	1	N/A	1	N/A	1	N/A	0	N/A	0	N/A	3
14	M. Hassouni	1	N/A	1	N/A	1	N/A	0	N/A	0	N/A	3
15	H. Zastrow	1	N/A	1	N/A	1	N/A	0	N/A	0	N/A	3
16	C. Walters	1	N/A	1	N/A	1	N/A	0	N/A	0	N/A	3
17	C. Rooney	0	N/A	1	N/A	1	N/A	0	N/A	0	N/A	2
18	R. Lessington	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
19	L. Shepherd	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
20	S. White	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
21	M. Orreill	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
22	K. Corry	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
23	E. Denison	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
24	M. Fletcher	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1

Pre-K 4/5 Year Old - 75 Yard Dash (Boys)

1	C. Leonard-Davis	9	N/A	8	N/A	9	N/A	0	N/A	0	N/A	26
2	L. Colino Ondracek	7	N/A	7	N/A	8	N/A	0	N/A	0	N/A	22
3	O. Coleman	10	N/A	1	N/A	10	N/A	0	N/A	0	N/A	21
4	H. Ng	8	N/A	9	N/A	0	N/A	0	N/A	0	N/A	17
5	R. Ruberg	5	N/A	4	N/A	6	N/A	0	N/A	0	N/A	15
6	L. salemme	0	N/A	10	N/A	1	N/A	0	N/A	0	N/A	11
7	I. Witt	1	N/A	3	N/A	5	N/A	0	N/A	0	N/A	9
8	L. Richard	0	N/A	6	N/A	3	N/A	0	N/A	0	N/A	9
9	J. Pryor	2	N/A	2	N/A	4	N/A	0	N/A	0	N/A	8
10	T. Wiles	3	N/A	5	N/A	0	N/A	0	N/A	0	N/A	8
11	C. Altmire	4	N/A	1	N/A	1	N/A	0	N/A	0	N/A	6
12	J. Afugu	6	N/A	0	N/A	0	N/A	0	N/A	0	N/A	6
13	J. Brooke	1	N/A	1	N/A	1	N/A	0	N/A	0	N/A	3

Pre-K 4/5 Year Old Group 2 - 75 Yard Dash (Boys)

1	A. Cosola	9	N/A	10	N/A	10	N/A	0	N/A	0	N/A	29
2	B. Bouffard	6	N/A	9	N/A	9	N/A	0	N/A	0	N/A	24
3	K. Nguyen	7	N/A	8	N/A	7	N/A	0	N/A	0	N/A	22
4	T. Jaindl	3	N/A	6	N/A	7	N/A	0	N/A	0	N/A	16
5	H. Howlett	4	N/A	2	N/A	5	N/A	0	N/A	0	N/A	11
6	D. Dixon	10	N/A	0	N/A	0	N/A	0	N/A	0	N/A	10
7	G. Tweddle	8	N/A	0	N/A	1	N/A	0	N/A	0	N/A	9
8	M. Franco	2	N/A	7	N/A	0	N/A	0	N/A	0	N/A	9
9	R. Crain	1	N/A	5	N/A	1	N/A	0	N/A	0	N/A	7
10	S. Duncan	0	N/A	4	N/A	2	N/A	0	N/A	0	N/A	6
11	J. Riley	0	N/A	0	N/A	6	N/A	0	N/A	0	N/A	6
12	J. Robb	1	N/A	1	N/A	3	N/A	0	N/A	0	N/A	5
13	L. Richard	5	N/A	0	N/A	0	N/A	0	N/A	0	N/A	5
14	C. Cookson	1	N/A	3	N/A	0	N/A	0	N/A	0	N/A	4
15	A. Board	0	N/A	0	N/A	4	N/A	0	N/A	0	N/A	4

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16	I. Parker	1	N/A	0	N/A	1	N/A	0	N/A	0	N/A	2
17	B. Gomez	0	N/A	0	N/A	1	N/A	0	N/A	0	N/A	1
18	A. Ball Cooper	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
19	W. Deceder	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
	Kindergarten & 1st Grade - 1/4 Mile (Girls)											
1	P. Erwin	9	01:39	9	01:33	10	01:25	0	N/A	0	N/A	28
2	A. Erwin	7	01:49	8	01:39	10	01:25	0	N/A	0	N/A	25
3	K. Smith	10	01:31	10	01:31	0	N/A	0	N/A	0	N/A	20
4	E. Montague	8	01:46	5	01:47	6	01:34	0	N/A	0	N/A	19
5	A. Thomas	6	01:51	6	01:44	7	01:31	0	N/A	0	N/A	19
6	A. Brooms	0	N/A	8	01:39	8	01:30	0	N/A	0	N/A	16
7	T. Cosola	3	01:57	1	01:57	5	01:37	0	N/A	0	N/A	9
8	C. Riley	5	01:53	1	02:01	2	01:50	0	N/A	0	N/A	8
9	M. Schneider	1	02:05	4	01:52	3	01:49	0	N/A	0	N/A	8
10	F. Richey	1	02:15	1	02:04	4	01:46	0	N/A	0	N/A	6
11	C. Fabeny	2	02:01	2	01:56	1	01:53	0	N/A	0	N/A	5
12	M. Matias	4	01:54	0	N/A	0	N/A	0	N/A	0	N/A	4
13	R. Crain	1	02:10	1	02:06	1	01:51	0	N/A	0	N/A	3
14	S. Corry	0	N/A	3	01:55	0	N/A	0	N/A	0	N/A	3
15	N. Vidal	0	N/A	1	02:02	1	01:52	0	N/A	0	N/A	2
16	A. Hassouni	0	N/A	1	02:05	1	01:53	0	N/A	0	N/A	2
17	A. Ball Cooper	1	02:12	0	N/A	1	01:52	0	N/A	0	N/A	2
18	D. Waugh	1	02:14	0	N/A	1	01:56	0	N/A	0	N/A	2
19	O. McManmon	1	02:35	1	02:11	0	N/A	0	N/A	0	N/A	2
	Kindergarten & 1st Grade - 1/4 Mile (Boys)											
1	A. Boone	10	01:28	10	01:27	10	01:21	0	N/A	0	N/A	30
2	M. Altmire	9	01:30	10	01:27	9	01:22	0	N/A	0	N/A	28
3	D. Green	8	01:35	7	01:31	8	01:25	0	N/A	0	N/A	23
4	A. Ahlberg	7	01:40	8	01:30	7	01:29	0	N/A	0	N/A	22
5	A. Zavhorodniy	2	01:46	7	01:31	6	01:30	0	N/A	0	N/A	15
6	S. Ferguson	6	01:42	4	01:36	4	01:33	0	N/A	0	N/A	14
7	M. McCammon	5	01:43	5	01:35	1	01:36	0	N/A	0	N/A	11
8	J. Vernon	2	01:46	3	01:37	5	01:32	0	N/A	0	N/A	10
9	M. Shepherd	4	01:44	3	01:37	0	N/A	0	N/A	0	N/A	7
10	C. Morgan	1	02:02	1	01:50	4	01:33	0	N/A	0	N/A	6
11	J. Forbes	1	01:47	1	01:40	2	01:34	0	N/A	0	N/A	4
12	D. Sanin	1	02:01	1	01:39	1	01:35	0	N/A	0	N/A	3
13	G. Saleeby	1	01:54	1	01:43	1	01:38	0	N/A	0	N/A	3
14	L. Ford	1	01:59	1	01:39	1	01:39	0	N/A	0	N/A	3
15	F. Proctor	1	01:47	1	01:51	1	01:41	0	N/A	0	N/A	3
16	G. Hairston-Ricci	1	01:50	1	01:42	1	01:43	0	N/A	0	N/A	3
17	K. Jaindl	1	02:04	1	01:44	1	01:44	0	N/A	0	N/A	3
18	J. Krug	1	02:04	1	02:00	1	01:45	0	N/A	0	N/A	3
19	T. Parisi	1	02:03	1	01:38	1	01:46	0	N/A	0	N/A	3
20	A. Richardson	1	02:00	1	01:45	1	01:47	0	N/A	0	N/A	3
21	Z. Medeiros	1	01:50	1	01:41	1	01:49	0	N/A	0	N/A	3
22	L. Russo	1	01:57	1	01:54	1	01:50	0	N/A	0	N/A	3
23	C. Robb	1	02:15	1	02:09	1	01:54	0	N/A	0	N/A	3
24	M. Destine	1	01:56	1	01:48	1	02:05	0	N/A	0	N/A	3

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25	D. Carrk	0	N/A	3	01:37	0	N/A	0	N/A	0	N/A	3
26	R. Frotman	3	01:45	0	N/A	0	N/A	0	N/A	0	N/A	3
27	E. Eisenberger	0	N/A	1	01:48	1	01:40	0	N/A	0	N/A	2
28	S. Jenkins	1	01:55	0	N/A	1	01:40	0	N/A	0	N/A	2
29	H. Gill	1	01:50	0	N/A	1	01:43	0	N/A	0	N/A	2
30	M. Shepherd	1	01:58	1	01:52	0	N/A	0	N/A	0	N/A	2
31	K. Beesam	1	02:04	1	01:52	0	N/A	0	N/A	0	N/A	2
32	W. Kurcab	1	02:06	1	01:59	0	N/A	0	N/A	0	N/A	2
33	J. Phillips	1	02:13	1	02:00	0	N/A	0	N/A	0	N/A	2
34	N. Holtz	1	01:47	1	02:06	0	N/A	0	N/A	0	N/A	2
35	D. Beller	1	02:15	1	02:29	0	N/A	0	N/A	0	N/A	2
36	C. Wade	2	01:46	0	N/A	0	N/A	0	N/A	0	N/A	2
37	M. Galdes	1	02:00	0	N/A	0	N/A	0	N/A	0	N/A	1

2nd & 3rd Grade - 1/2 Mile (Girls)

1	R. Destine	10	03:21	10	03:17	10	03:22	0	N/A	0	N/A	30
2	C. Center	6	03:50	8	03:34	6	03:36	0	N/A	0	N/A	20
3	L. Board	0	N/A	9	03:23	9	03:23	0	N/A	0	N/A	18
4	M. Tweddle	9	03:34	0	N/A	8	03:28	0	N/A	0	N/A	17
5	S. Ferguson	7	03:48	0	N/A	7	03:34	0	N/A	0	N/A	14
6	B. Brooms	0	N/A	7	03:35	5	03:42	0	N/A	0	N/A	12
7	H. Montague	1	04:32	6	03:50	4	03:54	0	N/A	0	N/A	11
8	P. Lynch	4	04:13	4	04:06	1	04:24	0	N/A	0	N/A	9
9	J. Dixon	8	03:42	0	N/A	0	N/A	0	N/A	0	N/A	8
10	H. Chairnoff	3	04:28	2	04:23	2	04:02	0	N/A	0	N/A	7
11	K. Fabeny	2	04:30	1	04:24	3	03:58	0	N/A	0	N/A	6
12	H. Brehm	1	05:22	3	04:07	1	04:28	0	N/A	0	N/A	5
13	C. Carrk	0	N/A	5	03:51	0	N/A	0	N/A	0	N/A	5
14	J. Phillips	5	04:00	0	N/A	0	N/A	0	N/A	0	N/A	5
15	C. Smith	1	04:34	0	N/A	1	05:02	0	N/A	0	N/A	2

2nd & 3rd Grade - 1/2 Mile (Boys)

1	D. Pace	8	03:31	10	03:13	9	03:21	0	N/A	0	N/A	27
2	F. Montague	9	03:28	9	03:19	7	03:22	0	N/A	0	N/A	25
3	B. Krug	7	03:41	8	03:21	9	03:21	0	N/A	0	N/A	24
4	M. Vidal	6	03:44	7	03:34	10	03:19	0	N/A	0	N/A	23
5	B. Wade	5	03:52	3	03:43	6	03:26	0	N/A	0	N/A	14
6	S. Rivera	4	03:54	4	03:42	5	03:33	0	N/A	0	N/A	13
7	P. McManmon	1	04:17	6	03:40	4	03:36	0	N/A	0	N/A	11
8	M. dos Santos Bastos	10	03:13	0	N/A	0	N/A	0	N/A	0	N/A	10
9	N. Beesam	0	N/A	5	03:41	2	03:39	0	N/A	0	N/A	7
10	J. Strait	3	03:55	1	03:51	1	03:40	0	N/A	0	N/A	5
11	C. Rooney	0	N/A	2	03:45	3	03:38	0	N/A	0	N/A	5
12	L. Swainston	1	05:05	1	04:57	1	05:05	0	N/A	0	N/A	3
13	K. Alarcon	2	03:58	0	N/A	0	N/A	0	N/A	0	N/A	2
14	C. Salembier	1	06:06	0	N/A	0	N/A	0	N/A	0	N/A	1

4th & 5th Grade - 1 Mile (Girls)

1	A. Davison	10	07:12	9	07:01	10	06:54	0	N/A	0	N/A	29
2	S. Godesky	8	07:41	10	06:49	8	07:10	0	N/A	0	N/A	26
3	J. Biron	9	07:19	8	07:03	9	07:09	0	N/A	0	N/A	26
4	C. Montague	6	07:55	7	07:48	7	07:44	0	N/A	0	N/A	20

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5	A. Richardson	5	08:53	6	09:04	6	08:02	0	N/A	0	N/A	17
6	H. McCammon	4	10:05	5	09:27	5	09:28	0	N/A	0	N/A	14
7	A. McElroy	7	07:54	2	10:11	0	N/A	0	N/A	0	N/A	9
8	E. Carey	3	10:41	3	10:10	0	N/A	0	N/A	0	N/A	6
9	G. Orreill	0	N/A	4	09:30	0	N/A	0	N/A	0	N/A	4
4th & 5th Grade - 1 Mile (Boys)												
1	C. Rivera	10	06:36	10	06:14	10	06:20	0	N/A	0	N/A	30
2	C. Montague	9	06:42	9	06:35	9	06:32	0	N/A	0	N/A	27
3	I. Rahin	7	07:27	8	07:02	8	07:21	0	N/A	0	N/A	23
4	S. Center	6	07:34	5	07:49	7	07:27	0	N/A	0	N/A	18
5	C. Chairnoff	5	07:35	4	08:17	5	07:53	0	N/A	0	N/A	14
6	A. Lynch	8	07:26	6	07:47	0	N/A	0	N/A	0	N/A	14
7	H. Brehm	0	N/A	7	07:31	6	07:28	0	N/A	0	N/A	13
8	N. Spencer	4	09:01	3	08:37	4	08:12	0	N/A	0	N/A	11
6th - 8th Grade - 1 Mile (Girls)												
1	A. Andrade	0	N/A	10	06:47	10	06:43	0	N/A	0	N/A	20
2	M. Elibert	10	09:24	9	08:37	0	N/A	0	N/A	0	N/A	19
6th - 8th Grade - 1 Mile (Boys)												
1	B. Finnerty	10	06:10	10	05:45	10	06:12	0	N/A	0	N/A	30
2	E. Smith	9	06:11	9	05:54	9	06:16	0	N/A	0	N/A	27
3	A. BROOK	7	09:14	7	09:07	0	N/A	0	N/A	0	N/A	14
4	J. Smith	0	N/A	8	07:05	0	N/A	0	N/A	0	N/A	8
5	F. Papadopoulos	8	06:40	0	N/A	0	N/A	0	N/A	0	N/A	8