

Healthy Kids Running Series 2024 Spring Midlothian, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 2/3 Year Old - 50 Yard Dash (Girls)												
1	A. Long	8	N/A	10	N/A	9	N/A	10	N/A	10	N/A	47
2	V. Smith	10	N/A	9	N/A	10	N/A	9	N/A	8	N/A	46
3	A. Sherman	9	N/A	8	N/A	8	N/A	8	N/A	9	N/A	42
4	H. Chargois	6	N/A	5	N/A	7	N/A	7	N/A	7	N/A	32
5	B. Cheatham	3	N/A	4	N/A	6	N/A	6	N/A	5	N/A	24
6	B. Auker	7	N/A	6	N/A	5	N/A	0	N/A	6	N/A	24
7	E. Zavrel	4	N/A	7	N/A	4	N/A	0	N/A	4	N/A	19
8	N. Watkins	5	N/A	3	N/A	3	N/A	0	N/A	0	N/A	11
9	S. Rivera	0	N/A	0	N/A	2	N/A	0	N/A	0	N/A	2
10	V. Rivera	0	N/A	0	N/A	1	N/A	0	N/A	0	N/A	1
Pre-K 2/3 Year Old - 50 Yard Dash (Boys)												
1	I. Smith	10	N/A	9	N/A	8	N/A	9	N/A	7	N/A	43
2	A. Hunt	7	N/A	10	N/A	9	N/A	6	N/A	9	N/A	41
3	B. Chargois	9	N/A	7	N/A	7	N/A	7	N/A	6	N/A	36
4	M. Greer	0	N/A	6	N/A	10	N/A	10	N/A	10	N/A	36
5	B. Tillar	8	N/A	8	N/A	6	N/A	8	N/A	0	N/A	30
6	H. Wilson	0	N/A	0	N/A	0	N/A	0	N/A	8	N/A	8
7	C. Sherman	6	N/A	0	N/A	0	N/A	0	N/A	0	N/A	6
Pre-K 4/5 Year Old - 75 Yard Dash (Girls)												
1	C. Lee	10	N/A	9	N/A	10	N/A	10	N/A	10	N/A	49
2	S. WILSON	9	N/A	10	N/A	9	N/A	9	N/A	9	N/A	46
3	K. Reitz	8	N/A	8	N/A	8	N/A	8	N/A	0	N/A	32
4	S. Auker	6	N/A	7	N/A	7	N/A	0	N/A	7	N/A	27
5	N. Atchison	7	N/A	0	N/A	0	N/A	7	N/A	8	N/A	22
Pre-K 4/5 Year Old - 75 Yard Dash (Boys)												
1	G. Goldman	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	R. Danowski	9	N/A	9	N/A	8	N/A	9	N/A	8	N/A	43
3	O. Zavrel	8	N/A	8	N/A	9	N/A	0	N/A	9	N/A	34
4	L. Roberts	5	N/A	6	N/A	6	N/A	7	N/A	7	N/A	31
5	R. Britz	7	N/A	0	N/A	2	N/A	8	N/A	6	N/A	23
6	T. Bailey	3	N/A	4	N/A	5	N/A	5	N/A	4	N/A	21
7	G. Loftheim	6	N/A	7	N/A	7	N/A	0	N/A	0	N/A	20
8	M. Spalding	2	N/A	3	N/A	4	N/A	6	N/A	0	N/A	15
9	H. Usher	4	N/A	5	N/A	0	N/A	0	N/A	5	N/A	14
10	L. Stoss	1	N/A	2	N/A	3	N/A	0	N/A	0	N/A	6
Challenger - 75 Yard Dash (Boys)												
1	M. Emery	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
Kindergarten & 1st Grade - 1/4 Mile (Girls)												
1	M. Koelmel	10	01:33	10	01:42	10	01:36	10	01:37	10	01:37	50
2	A. Bridges	9	01:43	9	01:44	8	01:49	8	01:49	7	01:52	41
3	M. Feller	4	01:59	8	01:47	9	01:46	9	01:48	9	01:47	39
4	M. Anderson	8	01:44	7	01:50	7	01:51	7	01:51	9	01:47	38
5	M. Gow	0	N/A	6	01:57	4	02:01	3	02:07	6	01:59	19
6	E. Monaghan	5	01:57	1	02:25	4	02:01	4	02:05	4	02:05	18
7	L. Mckinley	0	N/A	0	N/A	6	01:57	5	02:01	5	02:00	16
8	J. Thessen	8	01:44	0	N/A	0	N/A	7	01:51	0	N/A	15
9	S. Liekweg	6	01:54	0	N/A	5	01:59	0	N/A	0	N/A	11

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10	K. Tillar	1	02:12	3	02:23	2	02:02	1	02:17	2	02:16	9
11	V. Strothman	3	02:06	5	02:00	0	N/A	0	N/A	0	N/A	8
12	M. Slobodien	1	02:12	4	02:18	1	N/A	1	N/A	0	N/A	7
13	J. Ryan	1	02:09	0	N/A	0	N/A	2	02:15	3	02:07	6
14	H. Cannon	1	02:30	1	02:50	1	02:50	1	03:10	1	02:48	5
15	A. Stoss	1	02:19	3	02:23	1	02:16	0	N/A	0	N/A	5
16	Z. Luttrell	3	02:06	0	N/A	0	N/A	0	N/A	0	N/A	3

Kindergarten & 1st Grade - 1/4 Mile (Boys)

1	M. Slobodien	10	01:33	9	01:43	7	01:46	10	01:33	9	01:38	45
2	C. Zavrel	9	01:34	10	01:36	10	01:35	0	N/A	10	01:35	39
3	N. Hersman	7	01:37	8	01:45	8	01:45	8	01:45	7	01:44	38
4	T. Britz	8	01:35	0	N/A	9	01:40	9	01:40	8	01:42	34
5	N. Olin	4	01:59	5	02:10	4	02:04	7	01:53	4	02:00	24
6	G. Goldman	5	01:49	7	01:51	5	01:49	0	N/A	6	01:51	23
7	B. Koon	6	01:45	6	01:55	6	01:47	0	N/A	0	N/A	18
8	K. Greer	0	N/A	1	02:50	1	02:54	6	01:57	5	01:57	13
9	H. Atchison	3	02:00	0	N/A	0	N/A	5	02:00	2	02:09	10
10	L. Mckinley	0	N/A	0	N/A	3	02:08	4	02:08	3	02:02	10
11	H. Smith	1	02:19	2	02:45	1	03:10	3	02:09	1	04:44	8
12	J. Usher	1	02:06	4	02:14	0	N/A	2	02:10	1	02:12	8
13	J. Hardison	2	02:05	3	02:22	2	02:11	0	N/A	1	02:17	8
14	T. Davis	1	03:27	0	N/A	0	N/A	0	N/A	0	N/A	1

2nd & 3rd Grade - 1/2 Mile (Girls)

1	Q. Koelmel	10	03:40	10	03:38	10	03:31	9	03:37	10	03:30	49
2	L. Anderson	9	03:43	9	03:45	9	03:53	10	03:36	9	03:44	46
3	C. Bridges	8	04:06	8	04:09	8	04:14	8	03:59	8	03:55	40
4	R. Feaster	7	04:14	6	04:23	7	04:16	7	04:01	6	04:20	33
5	E. Danowski	6	04:15	5	04:24	6	04:17	6	04:14	7	03:57	30
6	M. Feaster	5	04:20	7	04:17	4	04:30	4	04:33	4	04:40	24
7	A. Roberts	3	04:54	4	04:30	5	04:21	5	04:27	5	04:22	22
8	E. Zwerdling	4	04:40	3	04:33	3	04:33	3	04:35	0	N/A	13
9	M. Herndon	2	05:38	0	N/A	0	N/A	0	N/A	0	N/A	2

2nd & 3rd Grade - 1/2 Mile (Boys)

1	H. Gow	10	03:30	8	03:40	7	03:53	10	03:36	10	03:24	45
2	C. Long	8	03:39	9	03:34	9	03:39	8	04:07	9	03:33	43
3	K. McFadden	7	03:59	8	03:40	8	03:42	9	03:48	8	03:40	40
4	C. Branch	0	N/A	10	03:33	10	03:32	0	N/A	8	03:40	28
5	G. Goldman	6	04:26	4	04:29	6	04:28	7	04:17	4	04:28	27
6	Q. Ryan	5	04:39	6	04:23	5	04:34	5	04:40	3	04:35	24
7	L. McGuire	3	05:13	3	04:30	5	04:34	6	04:31	2	04:41	19
8	L. Strothman	4	04:44	5	04:24	0	N/A	0	N/A	5	04:08	14
9	G. Emery	1	07:43	2	06:05	3	06:26	4	05:57	1	05:32	11
10	C. Langford	2	07:12	1	08:00	2	08:14	3	06:52	1	07:20	9
11	M. Contreras	9	03:32	0	N/A	0	N/A	0	N/A	0	N/A	9
12	K. Roberts	0	N/A	0	N/A	0	N/A	0	N/A	6	03:41	6

4th & 5th Grade - 1 Mile (Girls)

1	E. Langford	10	12:15	9	17:18	9	11:51	10	11:41	9	12:42	47
2	J. Branch	0	N/A	10	13:49	10	10:22	0	N/A	10	09:40	30

4th & 5th Grade - 1 Mile (Boys)

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1	E. Thessen	10	06:47	10	07:12	9	07:10	9	07:23	9	07:10	47
2	N. Mullin	9	07:16	9	07:33	7	07:31	8	07:26	8	07:17	41
3	E. Hensley	8	07:52	8	08:01	8	07:26	7	07:50	7	08:07	38
4	B. Emery	6	10:25	7	10:40	6	11:46	6	12:28	6	11:28	31
5	R. Mornet-Gregoire	0	N/A	0	N/A	10	06:28	10	06:34	10	06:20	30
6	E. Contreras	8	07:52	0	N/A	0	N/A	0	N/A	0	N/A	8

6th - 8th Grade - 1 Mile (Girls)

1	F. Ryan	10	06:29	10	06:35	10	06:29	10	06:35	10	06:22	50
2	J. Atchison	9	06:40	0	N/A	0	N/A	9	06:47	9	06:34	27

6th - 8th Grade - 1 Mile (Boys)

1	L. Thessen	10	06:29	10	06:59	10	07:10	10	07:20	10	06:40	50
2	H. Zwerdling	9	08:15	9	08:28	9	08:17	9	08:38	9	08:24	45