

Healthy Kids Running Series 2024 Spring Upper Dublin, PA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 2/3 Year Old Group 1 - 50 Yard Dash (Boys)												
1	L. Eisenberg	10	N/A	9	N/A	9	N/A	8	N/A	10	N/A	46
2	C. Rocks	0	N/A	10	N/A	10	N/A	10	N/A	9	N/A	39
3	F. Flaherty	9	N/A	7	N/A	8	N/A	1	N/A	7	N/A	32
4	M. Filachek	8	N/A	4	N/A	6	N/A	7	N/A	5	N/A	30
5	L. Morrow	3	N/A	5	N/A	4	N/A	9	N/A	8	N/A	29
6	B. Minnick	6	N/A	8	N/A	3	N/A	6	N/A	6	N/A	29
7	A. DeSolis	7	N/A	0	N/A	7	N/A	5	N/A	4	N/A	23
8	D. Rondinelli	4	N/A	0	N/A	5	N/A	4	N/A	3	N/A	16
9	H. Shimrock	5	N/A	6	N/A	0	N/A	0	N/A	0	N/A	11
Pre-K 2/3 Year Old Group 2 - 50 Yard Dash (Girls)												
1	A. Whitmer	0	N/A	10	N/A	10	N/A	10	N/A	10	N/A	40
2	N. Moore	7	N/A	7	N/A	0	N/A	9	N/A	8	N/A	31
3	T. Seigenfuse	9	N/A	8	N/A	6	N/A	0	N/A	7	N/A	30
4	E. Pendergast	10	N/A	0	N/A	8	N/A	8	N/A	0	N/A	26
5	G. Mazza	0	N/A	9	N/A	9	N/A	0	N/A	6	N/A	24
6	E. Wanetick	0	N/A	6	N/A	0	N/A	7	N/A	0	N/A	13
7	G. Kelly	6	N/A	0	N/A	7	N/A	0	N/A	0	N/A	13
8	E. Schmunk	0	N/A	0	N/A	0	N/A	0	N/A	9	N/A	9
9	E. Hershberger	8	N/A	0	N/A	0	N/A	0	N/A	0	N/A	8
Pre-K 2/3 Year Old Group 3 - 50 Yard Dash (Boys)												
1	E. Rimler	10	N/A	10	N/A	10	N/A	10	N/A	0	N/A	40
2	L. Mackrides	4	N/A	9	N/A	9	N/A	9	N/A	8	N/A	39
3	B. Powers	9	N/A	8	N/A	7	N/A	7	N/A	0	N/A	31
4	R. Toms	7	N/A	6	N/A	3	N/A	6	N/A	7	N/A	29
5	N. Spaeter	0	N/A	4	N/A	4	N/A	8	N/A	10	N/A	26
6	N. Levey	5	N/A	5	N/A	5	N/A	5	N/A	5	N/A	25
7	L. Unsal	8	N/A	7	N/A	6	N/A	4	N/A	0	N/A	25
8	L. Fry	6	N/A	0	N/A	8	N/A	0	N/A	9	N/A	23
9	S. Mazza	0	N/A	4	N/A	2	N/A	0	N/A	6	N/A	12
10	J. Kelly	0	N/A	0	N/A	1	N/A	0	N/A	0	N/A	1
Pre-K 2 Year Old - Group 4 - 50 Yard Dash (Girls)												
1	M. Casimiro	9	N/A	7	N/A	10	N/A	10	N/A	10	N/A	46
2	M. Ringel	8	N/A	10	N/A	8	N/A	7	N/A	9	N/A	42
3	E. Kraynak	7	N/A	9	N/A	9	N/A	9	N/A	7	N/A	41
4	A. Rogers	5	N/A	6	N/A	6	N/A	6	N/A	6	N/A	29
5	O. Navroth	3	N/A	8	N/A	7	N/A	8	N/A	0	N/A	26
6	S. Merlini	6	N/A	4	N/A	5	N/A	5	N/A	5	N/A	25
7	A. McLaughlin	4	N/A	5	N/A	0	N/A	4	N/A	8	N/A	21
8	F. DiRusso	10	N/A	0	N/A	0	N/A	0	N/A	0	N/A	10
Pre-K 4/5 Year Old Group 1 - 75 Yard Dash (Boys)												
1	J. Southard	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	M. Filachek	8	N/A	7	N/A	8	N/A	7	N/A	9	N/A	39
3	W. Dunn	9	N/A	9	N/A	9	N/A	8	N/A	0	N/A	35
4	S. Zanan	7	N/A	6	N/A	7	N/A	6	N/A	6	N/A	32
5	M. Levey	4	N/A	4	N/A	6	N/A	5	N/A	5	N/A	24
6	H. Schmidt	2	N/A	8	N/A	0	N/A	0	N/A	8	N/A	18
7	N. Neubauer	5	N/A	3	N/A	3	N/A	2	N/A	4	N/A	17

Healthy Kids Running Series 2024 Spring Upper Dublin, PA

8	B. Childs	0	N/A	0	N/A	5	N/A	4	N/A	7	N/A	16
9	M. Oyster	6	N/A	5	N/A	0	N/A	3	N/A	0	N/A	14
10	I. Recenes	3	N/A	2	N/A	4	N/A	0	N/A	3	N/A	12
11	H. Broadwell	0	N/A	0	N/A	0	N/A	9	N/A	0	N/A	9

Pre-K 4/5 Year Old Group 2 - 75 Yard Dash (Girls)

1	L. Collier	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	Z. Lin	7	N/A	7	N/A	9	N/A	9	N/A	9	N/A	41
3	M. Murphy	8	N/A	3	N/A	8	N/A	6	N/A	7	N/A	32
4	A. Bastin	6	N/A	5	N/A	7	N/A	8	N/A	6	N/A	32
5	L. King	3	N/A	9	N/A	4	N/A	4	N/A	8	N/A	28
6	P. Gillespie	0	N/A	4	N/A	6	N/A	5	N/A	4	N/A	19
7	Z. Neff	5	N/A	6	N/A	0	N/A	7	N/A	0	N/A	18
8	R. Blechman	4	N/A	0	N/A	5	N/A	3	N/A	5	N/A	17
9	R. Yarnall	9	N/A	8	N/A	0	N/A	0	N/A	0	N/A	17

Pre-K 4/5 Year Old Group 3 - 75 Yard Dash (Boys)

1	T. McCaffrey	8	N/A	10	N/A	10	N/A	10	N/A	10	N/A	48
2	L. Collier	9	N/A	9	N/A	8	N/A	9	N/A	8	N/A	43
3	C. Rocks	7	N/A	8	N/A	9	N/A	8	N/A	9	N/A	41
4	J. McGraw	10	N/A	7	N/A	7	N/A	7	N/A	7	N/A	38
5	J. Bisignano	5	N/A	6	N/A	5	N/A	5	N/A	5	N/A	26
6	R. Meklin	1	N/A	5	N/A	6	N/A	6	N/A	5	N/A	23
7	P. Rhoads	6	N/A	4	N/A	4	N/A	0	N/A	3	N/A	17
8	L. Abel	4	N/A	2	N/A	1	N/A	4	N/A	4	N/A	15
9	C. Seigenfuse	3	N/A	1	N/A	3	N/A	0	N/A	6	N/A	13
10	J. Pendergast	2	N/A	0	N/A	2	N/A	3	N/A	0	N/A	7
11	W. Varano	0	N/A	3	N/A	0	N/A	0	N/A	0	N/A	3

Pre-K 4/5 Year Old Group 4 - 75 Yard Dash (Girls)

1	M. Hegarty	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	A. Kraynak	8	N/A	9	N/A	9	N/A	6	N/A	8	N/A	40
3	S. Ingram	9	N/A	8	N/A	7	N/A	7	N/A	9	N/A	40
4	K. Dickenson	7	N/A	7	N/A	8	N/A	9	N/A	8	N/A	39
5	B. Cuttic	0	N/A	6	N/A	0	N/A	8	N/A	7	N/A	21
6	A. Schmunk	5	N/A	5	N/A	3	N/A	0	N/A	6	N/A	19
7	M. Boring	6	N/A	0	N/A	4	N/A	5	N/A	0	N/A	15
8	V. Kegelman	6	N/A	0	N/A	5	N/A	0	N/A	0	N/A	11
9	P. McCouch	0	N/A	0	N/A	6	N/A	0	N/A	0	N/A	6

Pre-K 4/5 Year - Old Group 5 - 75 Yard Dash (Boys)

1	C. Merlini	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	C. Kramer	8	N/A	7	N/A	8	N/A	8	N/A	8	N/A	39
3	J. Streit	6	N/A	5	N/A	9	N/A	5	N/A	9	N/A	34
4	D. Fadako	9	N/A	9	N/A	7	N/A	9	N/A	0	N/A	34
5	M. Eisenberg	5	N/A	3	N/A	5	N/A	7	N/A	6	N/A	26
6	G. Howard	7	N/A	6	N/A	2	N/A	0	N/A	7	N/A	22
7	R. Schmidt	2	N/A	1	N/A	4	N/A	6	N/A	5	N/A	18
8	R. McCloy	0	N/A	8	N/A	0	N/A	0	N/A	10	N/A	18
9	L. Shimrock	3	N/A	4	N/A	6	N/A	0	N/A	0	N/A	13
10	F. Walters	4	N/A	2	N/A	3	N/A	0	N/A	0	N/A	9

Challenger - 75 Yard Dash (Boys)

1	M. Wolf	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
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Healthy Kids Running Series 2024 Spring Upper Dublin, PA

2	J. Murray	0	N/A	9	N/A	0	N/A	9	N/A	9	N/A	27
Kindergarten & 1st - Group 1 - 1/4 Mile (Boys)												
1	M. Keller	10	01:46	10	01:47	10	01:42	10	01:43	10	01:43	50
2	G. Emenimadu	9	01:52	9	01:53	9	01:51	9	01:45	9	01:47	45
3	L. Casimiro	8	01:55	8	01:54	8	01:55	8	01:48	8	01:53	40
4	M. Zanan	7	02:02	6	02:03	6	02:02	5	01:58	7	01:55	31
5	E. Unsal	5	02:04	7	01:57	5	02:13	7	01:52	6	02:05	30
6	J. Recenes	4	02:43	3	02:27	4	02:50	0	N/A	5	02:23	16
7	F. Jackson	0	N/A	2	03:00	7	01:56	7	01:52	0	N/A	16
8	Z. Schlesinger	6	02:03	4	02:08	0	N/A	3	02:26	0	N/A	13
9	S. Ziaie	3	04:00	5	02:07	0	N/A	4	02:01	0	N/A	12
Kindergarten & 1st - Group 2 - 1/4 Mile (Girls)												
1	A. Meklin	8	02:25	7	02:26	8	02:13	7	02:14	8	02:09	38
2	D. Cesarine	9	02:06	9	02:08	10	02:07	8	02:09	1	01:58	37
3	N. Cuttic	0	N/A	10	02:07	0	N/A	10	02:03	10	01:58	30
4	P. Clark	0	N/A	0	N/A	9	02:11	9	02:05	9	02:02	27
5	C. Williams	8	02:25	6	02:28	4	02:34	3	02:31	3	02:27	24
6	E. Lee	6	02:26	5	02:32	6	02:22	5	02:19	0	N/A	22
7	V. Whitmer	0	N/A	3	02:47	5	02:26	6	02:17	6	02:17	20
8	K. Kourakos	0	N/A	4	02:41	7	02:20	4	02:30	4	02:19	19
9	A. Mazza	5	03:40	2	02:53	3	03:06	0	N/A	7	02:10	17
10	M. Mayer	0	N/A	8	02:23	0	N/A	0	N/A	5	02:18	13
11	A. Ellman	10	01:59	0	N/A	1	N/A	0	N/A	0	N/A	11
Kindergarten & 1st - Group 3 - 1/4 Mile (Boys)												
1	L. Lynch	10	01:45	10	01:42	10	01:44	10	01:36	4	02:09	44
2	A. Lin	9	01:50	8	01:52	8	01:51	8	01:48	9	01:45	42
3	K. Stanton	5	02:04	7	01:56	6	01:57	6	01:57	8	01:49	32
4	J. Morrow	4	02:05	5	01:58	5	02:00	5	02:01	6	01:55	25
5	E. Bauknight	0	N/A	4	02:03	7	01:55	7	01:53	7	01:52	25
6	D. Howard	8	01:55	6	01:57	4	02:08	0	N/A	2	03:18	20
7	G. Heinze	0	N/A	0	N/A	0	N/A	9	01:37	10	01:36	19
8	S. Wolf	7	01:57	2	02:47	0	N/A	4	02:16	5	02:01	18
9	H. Mundrick	0	N/A	9	01:48	9	01:48	0	N/A	0	N/A	18
10	M. Abdul-Qawi	2	02:34	3	02:24	3	02:30	3	02:21	3	02:34	14
11	B. Behr	6	01:59	0	N/A	0	N/A	0	N/A	0	N/A	6
12	D. Gilroy	3	02:27	0	N/A	0	N/A	0	N/A	0	N/A	3
2nd & 3rd Grade - 1/2 Mile (Girls)												
1	N. Bryant	10	03:43	10	03:46	10	03:38	10	03:35	10	03:40	50
2	M. Cornew	8	04:19	9	03:55	9	03:57	9	03:45	8	04:03	43
3	M. Keller	9	04:08	8	04:05	8	04:08	8	04:04	9	03:48	42
2nd & 3rd Grade - 1/2 Mile (Boys)												
1	L. Shubik	8	03:33	10	03:15	10	03:21	10	03:11	9	03:19	47
2	X. KING	9	03:27	9	03:25	9	03:24	9	03:28	10	03:18	46
3	M. Gillespie	10	03:25	7	03:34	9	03:24	8	03:35	8	03:23	42
4	J. Emenimadu	6	03:43	5	03:38	7	03:28	7	03:38	7	03:36	32
5	I. Durante	7	03:38	6	03:35	5	03:45	6	03:44	6	03:41	30
6	A. Hatz	5	04:11	4	04:20	4	04:16	5	04:05	5	04:43	23
7	D. Bisignaro	4	06:38	2	04:50	3	05:01	4	04:35	4	05:04	17
8	D. Steinhauser	0	N/A	8	03:31	6	03:30	0	N/A	0	N/A	14

Healthy Kids Running Series 2024 Spring Upper Dublin, PA

9	C. Varano	0	N/A	3	04:24	0	N/A	0	N/A	0	N/A	3
4th & 5th Grade - 1 Mile (Girls)												
1	N. Lynch	10	08:34	10	09:03	10	09:41	10	09:08	10	09:15	50
2	K. Bisignano	9	12:32	9	11:23	9	11:31	9	11:44	9	11:45	45
4th & 5th Grade - 1 Mile (Boys)												
1	C. Egan	9	07:00	8	07:00	10	06:58	10	06:45	10	06:50	47
2	J. Steinhauser	8	07:24	9	06:58	8	07:03	8	07:12	9	07:16	42
3	B. Shaw	10	06:56	10	06:48	9	07:00	9	06:58	0	N/A	38
4	H. Saalbach	5	11:43	6	10:50	7	11:13	6	11:27	7	11:29	31
5	N. Weik	7	07:59	7	08:18	0	N/A	7	08:41	8	08:06	29
6	C. Cooper	6	10:29	5	15:27	6	15:22	5	16:01	6	14:56	28
6th - 8th Grade - 1 Mile (Boys)												
1	K. Cheema	9	07:05	10	06:37	10	06:49	10	06:34	10	06:46	49
2	J. Bryant	10	06:51	9	06:40	9	06:52	9	06:36	9	06:48	46
Pre-K 2/3 Year Old Group 5 - 50 Yard Dash (Boys)												
1	C. Cesarine	10	N/A	9	N/A	7	N/A	6	N/A	10	N/A	42
2	C. Hegarty	2	N/A	10	N/A	10	N/A	10	N/A	9	N/A	41
3	C. Kratz	5	N/A	8	N/A	9	N/A	9	N/A	7	N/A	38
4	B. Collier	7	N/A	6	N/A	8	N/A	7	N/A	4	N/A	32
5	C. Mehalick	9	N/A	4	N/A	0	N/A	5	N/A	8	N/A	26
6	E. Josephs	8	N/A	5	N/A	0	N/A	8	N/A	0	N/A	21
7	B. Clayton	3	N/A	3	N/A	5	N/A	3	N/A	6	N/A	20
8	C. Princehorn	1	N/A	2	N/A	6	N/A	4	N/A	5	N/A	18
9	D. Rhode	6	N/A	7	N/A	0	N/A	0	N/A	0	N/A	13
10	R. Gilroy	4	N/A	0	N/A	0	N/A	0	N/A	0	N/A	4
11	F. Williams	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
Pre-K 4/5 Year Old Group 6 - 75 Yard Dash (Girls)												
1	P. Gillespie	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	K. Stewart	9	N/A	9	N/A	9	N/A	9	N/A	9	N/A	45
3	P. Durante	5	N/A	7	N/A	7	N/A	8	N/A	8	N/A	35
4	E. Welch	7	N/A	6	N/A	8	N/A	6	N/A	0	N/A	27
5	D. Payne	4	N/A	5	N/A	3	N/A	3	N/A	6	N/A	21
6	E. McAndrew	8	N/A	0	N/A	6	N/A	7	N/A	0	N/A	21
7	L. McLaughlin	3	N/A	3	N/A	0	N/A	5	N/A	7	N/A	18
8	M. Bauer	6	N/A	8	N/A	4	N/A	0	N/A	0	N/A	18
9	T. Mundrick	0	N/A	4	N/A	5	N/A	4	N/A	0	N/A	13
Pre-K 4/5 Year Old Group 7 - 75 Yard Dash (Boys)												
1	G. Vernick	9	N/A	8	N/A	8	N/A	8	N/A	9	N/A	42
2	J. Erb	10	N/A	10	N/A	10	N/A	0	N/A	10	N/A	40
3	P. Warden	8	N/A	7	N/A	7	N/A	9	N/A	7	N/A	38
4	G. Spaeter	0	N/A	9	N/A	9	N/A	10	N/A	10	N/A	38
5	A. Cheema	7	N/A	6	N/A	4	N/A	5	N/A	6	N/A	28
6	O. Powers	6	N/A	3	N/A	6	N/A	6	N/A	0	N/A	21
7	C. Murphy	4	N/A	5	N/A	3	N/A	4	N/A	4	N/A	20
8	J. Laino	5	N/A	4	N/A	5	N/A	0	N/A	5	N/A	19
9	B. Fullmer	0	N/A	0	N/A	0	N/A	7	N/A	8	N/A	15
10	J. Moore	3	N/A	2	N/A	0	N/A	3	N/A	3	N/A	11
Kindergarten & 1st - Group 4 - 1/4 Mile (Girls)												
1	C. Burkavage	8	01:50	8	01:48	9	01:43	8	01:45	8	01:46	41

Healthy Kids Running Series 2024 Spring Upper Dublin, PA

2	L. Shubik	10	01:40	10	01:38	10	01:40	10	01:39	0	N/A	40
3	L. Cornew	7	01:58	6	01:55	7	02:01	7	01:50	9	01:45	36
4	F. Dunn	9	01:47	9	01:45	2	03:00	9	01:44	0	N/A	29
5	N. Belmonte	0	N/A	7	01:52	8	01:55	0	N/A	10	01:43	25
6	T. Kraynak	1	02:37	5	02:00	5	02:07	4	02:08	7	01:59	22
7	E. Dickenson	4	02:13	3	02:07	3	02:14	5	02:07	6	02:26	21
8	A. Cardoso	3	02:17	4	02:02	6	02:05	2	02:17	0	N/A	15
9	H. Neff	5	02:12	0	N/A	0	N/A	6	01:58	0	N/A	11
10	E. Saalbach	1	02:45	1	02:24	1	03:01	1	03:00	5	02:53	9
11	J. Turner	0	N/A	0	N/A	4	02:09	3	02:10	0	N/A	7
12	L. Hershberger	6	02:08	0	N/A	0	N/A	0	N/A	0	N/A	6
13	L. Rhode	2	02:20	2	02:09	0	N/A	0	N/A	0	N/A	4
14	J. DiRusso	1	02:26	0	N/A	0	N/A	0	N/A	0	N/A	1

Kindergarten & 1st - Group 5 - 1/4 Mile (Boys)

1	E. Belmonte	10	01:42	10	01:38	10	01:40	10	01:36	10	01:36	50
2	N. Vernick	5	01:55	8	01:44	10	01:40	9	01:39	9	01:39	41
3	W. Letts	7	01:50	5	02:00	6	01:55	7	01:50	8	01:40	33
4	R. Cesarine	5	01:55	6	01:58	7	01:47	8	01:49	7	01:43	33
5	L. Neubauer	7	01:50	5	02:00	2	02:13	7	01:50	6	01:52	27
6	S. Filippi	8	01:49	9	01:42	8	01:44	0	N/A	0	N/A	25
7	G. Gillespie	0	N/A	3	02:13	4	02:05	5	02:03	5	02:10	17
8	M. Filachek	9	01:44	7	01:50	0	N/A	0	N/A	0	N/A	16
9	S. Gillespie	0	N/A	2	02:23	3	02:08	5	02:03	4	02:23	14
10	T. Kegelman	3	01:57	0	N/A	5	02:01	0	N/A	0	N/A	8
11	T. Baird	2	02:04	0	N/A	0	N/A	3	02:09	0	N/A	5