

Healthy Kids Running Series 2025 Fall
Arlington, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
	Pre-K 2/3 Year Old - 50 Yard Dash (Girls)											
1	C. Chiarodo	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	A. Whitfield	9	N/A	0	N/A	9	N/A	9	N/A	8	N/A	35
3	L. Korchak	8	N/A	9	N/A	8	N/A	0	N/A	9	N/A	34
4	L. Ruhly	6	N/A	8	N/A	6	N/A	0	N/A	6	N/A	26
5	A. Gandhi	2	N/A	5	N/A	5	N/A	5	N/A	5	N/A	22
6	G. Twining	5	N/A	3	N/A	2	N/A	7	N/A	4	N/A	21
7	S. Iqbal	7	N/A	7	N/A	7	N/A	0	N/A	0	N/A	21
8	A. Petak	4	N/A	4	N/A	4	N/A	8	N/A	0	N/A	20
9	K. Lewis	3	N/A	1	N/A	1	N/A	3	N/A	7	N/A	15
10	R. Timbers	0	N/A	6	N/A	3	N/A	6	N/A	0	N/A	15
11	C. Hamilton	0	N/A	2	N/A	1	N/A	4	N/A	0	N/A	7
	Pre-K 2 Year Old - 50 Yard Dash (Boys)											
1	W. Buckland	10	N/A	9	N/A	8	N/A	7	N/A	4	N/A	38
2	A. Pavilus	9	N/A	10	N/A	2	N/A	2	N/A	7	N/A	30
3	L. Beckman	1	N/A	5	N/A	9	N/A	8	N/A	4	N/A	27
4	A. Pavilus	0	N/A	0	N/A	10	N/A	9	N/A	8	N/A	27
5	L. Colino Ondracek	5	N/A	6	N/A	7	N/A	5	N/A	2	N/A	25
6	P. Tolly	6	N/A	8	N/A	6	N/A	3	N/A	1	N/A	24
7	B. Mock	3	N/A	4	N/A	5	N/A	6	N/A	3	N/A	21
8	J. Remick	8	N/A	2	N/A	4	N/A	0	N/A	5	N/A	19
9	C. Shemin	0	N/A	1	N/A	0	N/A	10	N/A	6	N/A	17
10	E. Chandler	4	N/A	7	N/A	3	N/A	1	N/A	1	N/A	16
11	J. Mayer	1	N/A	1	N/A	1	N/A	4	N/A	3	N/A	10
12	B. Bublick	7	N/A	0	N/A	2	N/A	0	N/A	0	N/A	9
13	A. Moorer	2	N/A	3	N/A	0	N/A	0	N/A	1	N/A	6
	Pre-K 3 Year Old - 50 Yard Dash (Boys)											
1	T. WALSH	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	C. Welsh	8	N/A	7	N/A	9	N/A	8	N/A	9	N/A	41
3	M. Thomas	7	N/A	6	N/A	8	N/A	9	N/A	7	N/A	37
4	J. Baker	9	N/A	4	N/A	2	N/A	3	N/A	8	N/A	26
5	J. Twining	1	N/A	5	N/A	7	N/A	7	N/A	5	N/A	25
6	M. Zastrow	4	N/A	3	N/A	6	N/A	6	N/A	6	N/A	25
7	Y. Alkaragoul	5	N/A	1	N/A	4	N/A	5	N/A	0	N/A	15
8	S. Liebschutz	6	N/A	8	N/A	0	N/A	0	N/A	0	N/A	14
9	G. Barker-Gee	2	N/A	2	N/A	5	N/A	4	N/A	0	N/A	13
10	J. Wolfe	0	N/A	9	N/A	0	N/A	0	N/A	0	N/A	9
11	W. Flammia	3	N/A	1	N/A	0	N/A	0	N/A	4	N/A	8
12	W. Coss	1	N/A	0	N/A	3	N/A	0	N/A	0	N/A	4
13	K. Whitmore	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
	Pre-K 4/5 Year Old - 75 Yard Dash (Girls)											
1	H. Paul	10	N/A	10	N/A	10	N/A	10	N/A	8	N/A	48
2	J. Brooke	9	N/A	8	N/A	1	N/A	9	N/A	10	N/A	37
3	J. Philips	5	N/A	6	N/A	9	N/A	7	N/A	7	N/A	34
4	S. Irish	0	N/A	7	N/A	0	N/A	8	N/A	9	N/A	24
5	E. Baer-Mandel	7	N/A	5	N/A	5	N/A	2	N/A	4	N/A	23
6	M. Flammia	6	N/A	1	N/A	4	N/A	3	N/A	5	N/A	19
7	C. Barker-Gee	3	N/A	1	N/A	7	N/A	6	N/A	0	N/A	17

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8	F. Habtemariam	8	N/A	9	N/A	0	N/A	0	N/A	0	N/A	17
9	S. Alfano	1	N/A	4	N/A	8	N/A	1	N/A	1	N/A	15
10	R. Remick	4	N/A	0	N/A	0	N/A	5	N/A	6	N/A	15
11	M. Mayer	1	N/A	3	N/A	6	N/A	1	N/A	1	N/A	12
12	A. Flammia	1	N/A	1	N/A	3	N/A	4	N/A	3	N/A	12
13	M. Petak	2	N/A	2	N/A	2	N/A	1	N/A	0	N/A	7
14	C. Chandler	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
15	V. Dohrman	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
16	A. Moon	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
17	S. Foulon	1	N/A	1	N/A	1	N/A	0	N/A	2	N/A	5
18	S. Koppersmith	1	N/A	1	N/A	1	N/A	1	N/A	0	N/A	4
19	V. Grant	1	N/A	1	N/A	0	N/A	0	N/A	1	N/A	3
20	K. Phillippe	1	N/A	0	N/A	1	N/A	1	N/A	0	N/A	3
21	P. Jackson	0	N/A	1	N/A	1	N/A	0	N/A	0	N/A	2
	Pre-K 4/5 Year Old - 75 Yard Dash (Boys)											
1	K. Nguyen	9	N/A	9	N/A	9	N/A	9	N/A	9	N/A	45
2	B. Zeilberger	10	N/A	10	N/A	10	N/A	0	N/A	10	N/A	40
3	B. Mock	7	N/A	7	N/A	4	N/A	6	N/A	7	N/A	31
4	K. Ruberg	4	N/A	0	N/A	8	N/A	8	N/A	8	N/A	28
5	M. Timbers	0	N/A	8	N/A	7	N/A	10	N/A	0	N/A	25
6	I. Saab	6	N/A	6	N/A	5	N/A	0	N/A	0	N/A	17
7	M. Davis	1	N/A	4	N/A	1	N/A	5	N/A	5	N/A	16
8	K. Lott	2	N/A	3	N/A	2	N/A	4	N/A	4	N/A	15
9	O. Picone	5	N/A	5	N/A	1	N/A	0	N/A	4	N/A	15
10	J. Broadway	0	N/A	0	N/A	1	N/A	7	N/A	6	N/A	14
11	R. Livingston	8	N/A	0	N/A	6	N/A	0	N/A	0	N/A	14
12	D. Diaz	1	N/A	2	N/A	0	N/A	1	N/A	2	N/A	6
13	J. Jonas	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
14	J. Girgenti	1	N/A	1	N/A	0	N/A	3	N/A	0	N/A	5
15	E. Hayes	0	N/A	0	N/A	0	N/A	2	N/A	1	N/A	3
16	B. Victor	0	N/A	0	N/A	3	N/A	0	N/A	0	N/A	3
17	M. Sanchez	3	N/A	0	N/A	0	N/A	0	N/A	0	N/A	3
18	C. Shemin	0	N/A	0	N/A	0	N/A	0	N/A	2	N/A	2
	Kindergarten - 1/4 Mile (Girls)											
1	S. Dufault	6	02:08	9	01:55	10	01:47	9	01:44	9	01:52	43
2	W. Robinson	10	01:54	1	02:28	8	01:50	10	01:41	10	01:46	39
3	K. Beckman	5	02:12	6	02:09	9	01:48	7	02:04	5	02:15	32
4	C. Grant	8	02:06	7	02:07	0	N/A	8	01:58	7	01:58	30
5	J. Liebschutz	9	02:02	10	01:53	0	N/A	0	N/A	9	01:52	28
6	K. Rosenow	7	02:07	2	02:27	7	02:06	1	N/A	6	02:10	23
7	Z. Coppola	4	02:16	5	02:20	5	02:18	5	02:14	0	N/A	19
8	C. Hall	0	N/A	4	02:25	4	02:20	6	02:10	4	02:19	18
9	C. Plese	1	N/A	3	02:26	4	02:20	4	02:15	3	02:20	15
10	C. Wolfe	0	N/A	8	01:57	0	N/A	0	N/A	0	N/A	8
11	N. Garcia	0	N/A	0	N/A	6	02:08	0	N/A	0	N/A	6
12	S. White	0	N/A	1	03:07	0	N/A	0	N/A	0	N/A	1
	Kindergarten - 1/4 Mile (Boys)											
1	R. Ruberg	8	01:38	10	01:39	10	01:35	10	01:35	10	01:38	48
2	L. Colino Ondracek	10	01:37	9	01:43	7	01:43	8	01:41	8	01:44	42

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3	J. McAfoos	6	01:40	8	01:45	9	01:40	9	01:40	9	01:39	41
4	J. Proctor	7	01:39	7	01:47	8	01:42	6	01:42	6	01:47	34
5	H. Ng	10	01:37	4	01:56	1	04:10	8	01:41	7	01:45	30
6	C. Roller	0	N/A	5	01:51	5	01:52	5	01:55	4	01:52	19
7	A. Saab	5	01:52	4	01:56	6	01:48	0	N/A	0	N/A	15
8	L. Totolo	1	02:20	1	02:13	3	02:10	4	02:02	3	02:02	12
9	C. Phillips	0	N/A	6	01:49	0	N/A	0	N/A	6	01:47	12
10	S. Sandusky	4	02:15	2	02:08	4	02:08	0	N/A	0	N/A	10
11	M. Brooks	3	02:16	1	02:15	2	02:21	1	02:28	1	02:18	8
12	W. Buckland	2	02:17	1	02:15	1	02:44	2	02:22	1	02:25	7
13	A. Patel	0	N/A	0	N/A	0	N/A	3	02:11	2	02:13	5
14	C. Ruhly	1	02:35	1	02:37	1	02:58	0	N/A	1	02:27	4
15	H. Hamilton	0	N/A	1	02:25	1	02:46	1	02:37	0	N/A	3
16	E. Desai	1	02:28	1	02:25	1	02:58	0	N/A	0	N/A	3

1st Grade - 1/4 Mile (Girls)

1	B. Beckman	10	01:25	10	01:27	10	01:22	10	01:26	10	01:26	50
2	A. Pavilus	9	01:28	9	01:29	9	01:28	9	01:29	10	01:26	46
3	W. Necker	8	01:30	8	01:38	8	01:34	8	01:30	8	01:28	40
4	S. Iqbal	6	01:42	7	01:39	7	01:41	7	01:40	6	01:44	33
5	K. Lewis	7	01:40	6	01:48	6	01:43	2	01:52	2	02:01	23
6	E. Ryan	4	01:47	5	01:54	2	01:53	3	01:51	5	01:52	19
7	M. Gandhi	4	01:47	4	01:55	4	01:47	6	01:44	0	N/A	18
8	L. Eddy	5	01:46	0	N/A	5	01:45	4	01:50	4	01:55	18
9	C. Mock	1	02:02	0	N/A	1	01:56	5	01:46	7	01:42	14
10	H. Zastrow	2	01:50	3	01:56	3	01:50	1	02:01	4	01:55	13
11	S. Irish	0	N/A	2	02:00	0	N/A	0	N/A	0	N/A	2

1st Grade - 1/4 Mile (Boys)

1	M. Boshart	10	01:19	10	01:22	10	01:22	10	01:20	10	01:20	50
2	M. Kelley	9	01:31	9	01:34	9	01:31	9	01:26	9	01:29	45
3	K. Nguyen	7	01:45	8	01:36	8	01:35	8	01:32	8	01:33	39
4	S. Schuck	5	01:46	7	01:40	7	01:38	5	01:39	4	01:44	28
5	C. McHugh	1	01:54	6	01:42	5	01:40	7	01:37	7	01:37	26
6	C. Binswanger	8	01:41	4	01:46	4	01:43	6	01:38	3	01:46	25
7	J. Phillippe	7	01:45	0	N/A	7	01:38	5	01:39	5	01:42	24
8	T. Caro	4	01:48	2	01:52	3	01:45	2	01:45	2	01:47	13
9	N. Alfano	0	N/A	5	01:45	3	01:45	3	01:43	1	01:48	12
10	J. Oaks	1	01:52	3	01:49	1	01:50	1	01:47	1	01:49	7
11	R. Atkison	1	01:54	0	N/A	0	N/A	0	N/A	6	01:39	7
12	V. Brown	2	01:50	1	01:53	1	01:48	1	01:52	1	01:57	6
13	W. Buckland	1	02:16	1	02:12	1	02:03	1	01:57	1	02:01	5
14	L. Chiarodo	1	01:56	1	01:58	1	01:59	1	01:55	1	02:06	5
15	I. Jonas	1	02:06	1	02:26	1	02:03	1	02:04	1	02:08	5
16	R. Victor	4	01:48	0	N/A	1	01:54	0	N/A	0	N/A	5
17	D. Korchak	1	01:57	1	01:55	1	01:56	0	N/A	1	01:53	4
18	A. Patel	0	N/A	0	N/A	0	N/A	1	01:56	1	01:59	2
19	W. Logan	0	N/A	1	01:59	1	01:59	0	N/A	0	N/A	2
20	O. Fuller	0	N/A	1	02:27	0	N/A	0	N/A	0	N/A	1

2nd & 3rd Grade - 1/2 Mile (Girls)

1	A. Thomas	10	03:03	10	03:06	10	02:58	10	03:00	10	03:06	50
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2	F. Richey	9	03:16	9	03:29	7	03:30	9	03:12	9	03:13	43
3	E. Oaks	7	03:26	8	03:30	8	03:24	8	03:15	7	03:17	38
4	R. Zeilberger	8	03:20	7	03:33	9	03:18	0	N/A	8	03:14	32
5	L. Eskenazi	3	03:48	6	03:37	7	03:30	7	03:24	7	03:17	30
6	A. Saunders	5	03:38	3	03:58	4	03:38	6	03:28	5	03:28	23
7	L. Sandusky	4	03:47	5	03:41	5	03:36	0	N/A	0	N/A	14
8	E. Murphy	2	03:49	4	03:47	3	03:44	0	N/A	4	03:38	13
9	G. Whitfield	6	03:32	0	N/A	0	N/A	0	N/A	3	03:42	9

2nd & 3rd Grade - 1/2 Mile (Boys)

1	D. Green	8	02:47	9	02:52	10	02:46	10	02:46	10	02:47	47
2	M. Brooks	10	02:44	9	02:52	8	02:51	9	02:49	9	02:49	45
3	F. Proctor	9	02:45	10	02:51	9	02:50	8	02:52	7	02:51	43
4	S. Ferguson	7	02:49	7	03:03	6	02:54	7	02:55	6	02:58	33
5	M. Destine	6	03:10	1	03:26	4	02:58	5	03:05	3	03:13	19
6	O. Fleming	5	03:13	6	03:04	2	03:02	3	03:18	3	03:13	19
7	A. Iriberri	0	N/A	0	N/A	5	02:55	6	02:59	8	02:50	19
8	B. Dufault	0	N/A	5	03:10	4	02:58	4	03:11	5	03:03	18
9	D. Ozkaynak	0	N/A	4	03:13	8	02:51	0	N/A	1	03:26	13
10	A. Pavilus	3	03:16	1	03:39	1	03:39	2	03:19	4	03:04	11
11	B. Jackson	4	03:14	3	03:23	1	03:15	0	N/A	0	N/A	8
12	H. Dohrman	1	03:41	1	03:33	1	03:24	1	03:34	1	03:30	5
13	W. Davis	1	03:32	1	03:26	1	03:26	1	03:24	1	03:40	5
14	V. Shah	1	03:42	1	04:07	1	04:15	1	03:47	1	03:50	5
15	C. Phillips	2	03:30	2	03:24	0	N/A	0	N/A	0	N/A	4
16	N. Hayes	0	N/A	1	03:31	0	N/A	1	03:23	0	N/A	2

4th & 5th Grade - 1 Mile (Girls)

1	R. Destine	10	05:43	10	05:29	10	05:29	10	05:34	10	05:26	50
2	N. Kelley	9	06:17	9	06:21	9	06:24	9	06:12	9	06:11	45
3	J. Graf	8	07:40	8	06:24	8	06:31	8	06:20	8	06:46	40
4	S. Ferguson	7	08:08	7	06:56	7	07:20	7	06:29	7	07:12	35
5	A. Otieno	6	09:46	5	09:36	5	09:20	6	09:09	5	08:59	27
6	A. Flinn	4	10:02	6	09:22	6	08:24	0	N/A	6	08:37	22
7	A. Otieno	5	09:58	0	N/A	0	N/A	0	N/A	0	N/A	5
8	J. Irish	0	N/A	0	N/A	0	N/A	0	N/A	4	12:03	4

4th & 5th Grade - 1 Mile (Boys)

1	J. Milans	10	05:50	10	05:26	10	05:34	10	05:43	10	05:37	50
2	S. Shah	9	06:27	9	06:20	8	06:22	8	06:19	9	06:44	43
3	E. DIENER	7	06:51	7	07:38	7	07:16	9	06:16	8	06:59	38
4	M. Dohrman	6	07:19	6	07:53	6	07:41	7	07:22	7	07:49	32
5	P. Mcmanmon	8	06:30	8	06:29	9	06:01	0	N/A	0	N/A	25

6th - 8th Grade - 1 Mile (Girls)

1	E. Johnson	9	08:15	8	08:04	8	07:51	10	07:54	9	08:07	44
2	E. Graf	0	N/A	10	06:30	10	06:34	0	N/A	10	06:29	30
3	C. Capote	10	08:00	9	07:54	9	07:44	0	N/A	0	N/A	28

6th - 8th Grade - 1 Mile (Boys)

1	L. Magaziner	10	06:26	10	06:17	10	06:05	10	06:06	10	06:08	50
2	E. Gerety IV	10	06:26	9	06:35	9	06:10	9	06:16	9	06:28	46