

Healthy Kids Running Series 2025 Spring Allentown, PA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
	Pre-K 2 Year Old - 50 Yard Dash (Girls)											
1	G. Bucantis	10	N/A	10	N/A	10	N/A	9	N/A	10	N/A	49
2	M. Grim	8	N/A	8	N/A	7	N/A	8	N/A	8	N/A	39
3	C. Sarrge	0	N/A	9	N/A	9	N/A	10	N/A	9	N/A	37
4	N. Keck	6	N/A	7	N/A	6	N/A	0	N/A	7	N/A	26
5	R. Elinich	3	N/A	5	N/A	3	N/A	7	N/A	6	N/A	24
6	N. Kinslow	9	N/A	4	N/A	4	N/A	0	N/A	5	N/A	22
7	R. Reber	7	N/A	6	N/A	8	N/A	0	N/A	0	N/A	21
8	A. Layne	5	N/A	0	N/A	5	N/A	6	N/A	0	N/A	16
9	S. Sedlock	4	N/A	0	N/A	2	N/A	0	N/A	4	N/A	10
	Pre-K 2 Year Old - 50 Yard Dash (Boys)											
1	R. Bet	7	N/A	8	N/A	8	N/A	8	N/A	10	N/A	41
2	A. McCaslin	8	N/A	6	N/A	9	N/A	9	N/A	9	N/A	41
3	J. Brown	9	N/A	9	N/A	7	N/A	7	N/A	6	N/A	38
4	I. Keeley	10	N/A	5	N/A	6	N/A	5	N/A	4	N/A	30
5	Z. Jimenez	5	N/A	3	N/A	4	N/A	6	N/A	8	N/A	26
6	D. Vinosky	1	N/A	1	N/A	10	N/A	10	N/A	1	N/A	23
7	N. Wolf	2	N/A	7	N/A	5	N/A	0	N/A	7	N/A	21
8	J. Norberg	6	N/A	1	N/A	3	N/A	4	N/A	2	N/A	16
9	R. MCNEAR	3	N/A	2	N/A	2	N/A	3	N/A	3	N/A	13
10	R. Todrin	0	N/A	10	N/A	0	N/A	0	N/A	0	N/A	10
11	C. Bolen	4	N/A	1	N/A	1	N/A	2	N/A	1	N/A	9
12	S. Stern	0	N/A	4	N/A	0	N/A	0	N/A	5	N/A	9
13	F. Kubushefski	1	N/A	1	N/A	1	N/A	1	N/A	0	N/A	4
14	B. Fraser	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
	Pre-K 3 Year Old - 50 Yard Dash (Girls)											
1	L. Dimitriadis	10	N/A	9	N/A	8	N/A	9	N/A	9	N/A	45
2	S. Leckrone	9	N/A	8	N/A	7	N/A	3	N/A	8	N/A	35
3	E. Dearstyne	7	N/A	6	N/A	6	N/A	7	N/A	7	N/A	33
4	M. Arrowsmith	0	N/A	7	N/A	9	N/A	4	N/A	10	N/A	30
5	M. Sheetz	0	N/A	10	N/A	10	N/A	10	N/A	0	N/A	30
6	A. Dicarlo	0	N/A	5	N/A	5	N/A	6	N/A	5	N/A	21
7	R. Worman	6	N/A	3	N/A	0	N/A	5	N/A	4	N/A	18
8	K. Jenkins	0	N/A	0	N/A	3	N/A	8	N/A	6	N/A	17
9	C. Mcclay	8	N/A	4	N/A	4	N/A	0	N/A	0	N/A	16
	Pre-K 3 Year Old - 50 Yard Dash (Boys)											
1	M. Hakim	10	N/A	10	N/A	10	N/A	9	N/A	10	N/A	49
2	R. Marino	8	N/A	8	N/A	8	N/A	10	N/A	6	N/A	40
3	M. Santiago	9	N/A	9	N/A	6	N/A	8	N/A	2	N/A	34
4	N. Root	7	N/A	6	N/A	7	N/A	5	N/A	8	N/A	33
5	P. Kimler	5	N/A	7	N/A	9	N/A	7	N/A	1	N/A	29
6	C. Beidler	4	N/A	4	N/A	0	N/A	6	N/A	9	N/A	23
7	E. King	2	N/A	3	N/A	5	N/A	4	N/A	7	N/A	21
8	J. Schiepan	6	N/A	6	N/A	4	N/A	0	N/A	5	N/A	21
9	L. Bonsall	1	N/A	1	N/A	3	N/A	3	N/A	4	N/A	12
10	K. Krause	1	N/A	1	N/A	2	N/A	2	N/A	3	N/A	9
11	W. Fraser	3	N/A	2	N/A	0	N/A	0	N/A	0	N/A	5
12	B. BITTNER	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1

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	Pre-K 4 Year Old - 75 Yard Dash (Girls)											
1	Z. Jimenez	10	N/A	9	N/A	9	N/A	10	N/A	10	N/A	48
2	A. Swasey	4	N/A	10	N/A	10	N/A	9	N/A	10	N/A	43
3	L. Rivas	9	N/A	6	N/A	6	N/A	8	N/A	6	N/A	35
4	S. De Filippo	6	N/A	5	N/A	7	N/A	7	N/A	8	N/A	33
5	K. Habas	8	N/A	7	N/A	5	N/A	7	N/A	3	N/A	30
6	O. Rakaczewski	6	N/A	8	N/A	1	N/A	3	N/A	2	N/A	20
7	C. Stewart	8	N/A	3	N/A	4	N/A	5	N/A	0	N/A	20
8	C. Hanna	2	N/A	1	N/A	3	N/A	1	N/A	6	N/A	13
9	E. Beck	0	N/A	1	N/A	1	N/A	4	N/A	7	N/A	13
10	R. Falgout	0	N/A	4	N/A	8	N/A	0	N/A	0	N/A	12
11	S. Beckwith	1	N/A	1	N/A	0	N/A	2	N/A	4	N/A	8
12	E. Scarpero	3	N/A	1	N/A	2	N/A	0	N/A	0	N/A	6
13	A. Czysz	1	N/A	1	N/A	1	N/A	0	N/A	1	N/A	4
14	M. Hemphill	1	N/A	2	N/A	0	N/A	0	N/A	0	N/A	3
	Pre-K 4 Year Old - 75 Yard Dash (Boys)											
1	O. Bucantis	8	N/A	10	N/A	9	N/A	8	N/A	8	N/A	43
2	N. Chesler	9	N/A	7	N/A	9	N/A	9	N/A	8	N/A	42
3	B. Smith	10	N/A	0	N/A	10	N/A	10	N/A	10	N/A	40
4	M. Director	6	N/A	9	N/A	7	N/A	7	N/A	6	N/A	35
5	H. Betlaf	7	N/A	5	N/A	7	N/A	6	N/A	0	N/A	25
6	J. Cocco	4	N/A	6	N/A	3	N/A	5	N/A	5	N/A	23
7	H. Kinslow	2	N/A	5	N/A	5	N/A	1	N/A	9	N/A	22
8	J. Phillips	0	N/A	8	N/A	6	N/A	1	N/A	4	N/A	19
9	N. Moll	5	N/A	0	N/A	1	N/A	4	N/A	3	N/A	13
10	I. Suaza	1	N/A	3	N/A	4	N/A	0	N/A	2	N/A	10
11	B. Ngo	3	N/A	1	N/A	0	N/A	2	N/A	1	N/A	7
12	L. Layne	1	N/A	0	N/A	2	N/A	4	N/A	0	N/A	7
13	N. Bolen	1	N/A	2	N/A	1	N/A	1	N/A	1	N/A	6
14	L. Foley	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
15	J. Ebert	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
	Pre-K 5 Year Old - 75 Yard Dash (Girls)											
1	S. Baldwin	10	N/A	10	N/A	9	N/A	10	N/A	10	N/A	49
2	H. Keeley	8	N/A	9	N/A	10	N/A	9	N/A	8	N/A	44
3	R. Bet	5	N/A	6	N/A	7	N/A	7	N/A	9	N/A	34
4	K. Harnish	0	N/A	7	N/A	4	N/A	8	N/A	8	N/A	27
5	C. Voda	7	N/A	4	N/A	8	N/A	5	N/A	0	N/A	24
6	N. Kerschner	5	N/A	5	N/A	5	N/A	0	N/A	5	N/A	20
7	M. Reber	9	N/A	8	N/A	0	N/A	0	N/A	0	N/A	17
8	L. Keck	3	N/A	3	N/A	6	N/A	0	N/A	4	N/A	16
9	G. Susheil	0	N/A	0	N/A	0	N/A	6	N/A	6	N/A	12
10	N. Reyes- Marquez	6	N/A	1	N/A	0	N/A	0	N/A	0	N/A	7
	Pre-K 5 Year Old - 75 Yard Dash (Boys)											
1	G. Dicarlo	10	N/A	10	N/A	10	N/A	8	N/A	8	N/A	46
2	N. McBride	8	N/A	8	N/A	9	N/A	10	N/A	10	N/A	45
3	J. Vinosky	9	N/A	5	N/A	8	N/A	7	N/A	10	N/A	39
4	L. Engler	8	N/A	6	N/A	7	N/A	6	N/A	8	N/A	35
5	C. zerfass	6	N/A	9	N/A	6	N/A	0	N/A	5	N/A	26
6	H. Beck	2	N/A	2	N/A	4	N/A	5	N/A	6	N/A	19

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7	N. Gerhart	5	N/A	4	N/A	5	N/A	4	N/A	0	N/A	18
8	A. Basith	0	N/A	7	N/A	0	N/A	9	N/A	0	N/A	16
9	J. Ruff	1	N/A	1	N/A	4	N/A	3	N/A	3	N/A	12
10	Z. Cooper	3	N/A	3	N/A	2	N/A	0	N/A	4	N/A	12
11	L. Kubushefski	4	N/A	1	N/A	1	N/A	1	N/A	0	N/A	7
12	H. Velecina	1	N/A	1	N/A	1	N/A	1	N/A	2	N/A	6
13	J. Marcks	1	N/A	1	N/A	1	N/A	2	N/A	1	N/A	6
14	L. Hantz	1	N/A	1	N/A	0	N/A	1	N/A	1	N/A	4
15	L. Worman	1	N/A	1	N/A	0	N/A	1	N/A	1	N/A	4

	Kindergarten - 1/4 Mile (Girls)											
1	C. Arline	9	02:04	10	01:56	9	01:45	9	01:47	10	01:48	47
2	J. Leckrone	10	01:56	9	02:01	8	01:53	0	N/A	9	01:50	36
3	Z. Miles	8	02:07	6	02:11	4	02:12	8	02:03	6	02:12	32
4	A. Rabiega	7	02:10	8	02:06	7	01:57	0	N/A	8	01:59	30
5	P. Traylor	6	02:15	7	02:07	6	02:03	1	04:07	7	02:09	27
6	V. Roberts	4	02:20	2	02:25	10	01:44	10	01:46	0	N/A	26
7	G. Keeley	0	N/A	4	02:19	5	02:07	5	02:11	5	02:13	19
8	M. Metzger	3	02:23	3	02:20	1	02:21	7	02:04	1	02:37	15
9	M. Fernandez	5	02:18	5	02:13	3	02:16	0	N/A	1	02:34	14
10	R. McMahon	1	02:31	1	02:26	1	02:20	6	02:09	4	02:21	13
11	R. Lessey	1	02:35	1	02:36	1	02:23	4	02:17	4	02:21	11
12	P. Reightler	1	02:32	1	02:35	2	02:17	4	02:17	0	N/A	8
13	C. Hanna	1	02:36	1	02:40	1	02:33	2	02:22	2	02:26	7
14	S. Ruff	1	03:10	1	03:03	1	03:01	1	02:57	1	02:41	5
15	H. King	1	03:06	1	02:50	1	02:47	1	02:41	1	02:58	5
16	C. Jenkins	0	N/A	1	02:42	1	02:32	1	02:24	1	02:37	4
17	L. Quinlan	1	02:43	0	N/A	1	02:37	1	02:35	1	02:29	4
18	A. Czysz	1	02:50	1	02:43	1	02:46	0	N/A	1	02:38	4
19	E. Erney	2	02:24	1	02:27	1	02:27	0	N/A	0	N/A	4
20	A. Todrin	2	02:24	1	02:32	0	N/A	0	N/A	0	N/A	3
21	K. Fraser	1	02:49	1	02:28	0	N/A	0	N/A	0	N/A	2
22	E. Lee	1	02:51	1	02:34	0	N/A	0	N/A	0	N/A	2
23	R. Lopez	1	03:11	1	03:16	0	N/A	0	N/A	0	N/A	2

	Kindergarten - 1/4 Mile (Boys)											
1	L. Baade	10	01:52	10	01:38	10	01:52	10	01:48	10	01:51	50
2	M. Stern	9	02:02	9	01:42	9	01:54	9	01:56	9	01:54	45
3	J. Hakim	7	02:16	8	01:52	8	02:04	8	02:01	8	02:01	39
4	O. Dimitriadis	8	02:15	7	01:58	7	02:09	7	02:14	7	02:12	36
5	W. Dupree	6	02:30	6	02:08	6	02:34	6	02:15	6	02:24	30
6	L. Wolf	5	02:36	5	02:17	5	02:38	5	02:27	5	02:38	25
7	B. Nonnemacher	3	03:18	4	03:14	4	03:27	0	N/A	0	N/A	11
8	E. Rutherford	4	02:38	0	N/A	0	N/A	0	N/A	0	N/A	4

	1st Grade - 1/4 Mile (Girls)											
1	M. Beidler	9	01:54	10	01:54	10	01:53	10	01:44	10	01:44	49
2	M. Ngo	10	01:53	9	01:58	0	N/A	9	01:46	9	01:47	37
3	A. Prego	7	02:05	7	02:02	7	02:02	8	01:53	7	01:55	36
4	E. Brown	0	N/A	8	02:01	9	01:57	7	01:54	8	01:51	32
5	E. Wrase	6	02:06	5	02:06	5	02:07	4	02:03	6	01:57	26
6	I. Laubach	1	02:19	2	02:13	6	02:03	6	01:57	5	02:02	20

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7	S. Bet	5	02:09	1	02:14	2	02:13	5	02:01	4	02:06	17
8	B. BITTNER	8	02:03	0	N/A	8	02:00	0	N/A	0	N/A	16
9	A. Voda	4	02:10	4	02:10	4	02:09	3	02:10	0	N/A	15
10	R. Kistler	3	02:13	6	02:04	0	N/A	0	N/A	4	02:06	13
11	N. Kimler	1	02:21	3	02:11	1	02:14	2	02:14	2	02:09	9
12	O. Santiago	2	02:15	1	02:18	3	02:12	1	02:17	1	02:19	8
13	C. Basiago	1	02:24	1	02:20	1	02:26	1	02:21	1	02:27	5
14	M. Figueroa	1	02:26	0	N/A	0	N/A	0	N/A	0	N/A	1

	1st Grade - 1/4 Mile (Boys)											
1	J. Parks	10	01:43	10	01:40	10	01:38	10	01:32	10	01:35	50
2	C. Petrunak	9	01:44	8	01:47	8	01:45	8	01:40	8	01:42	41
3	C. Gerhart	7	01:48	7	01:48	5	01:48	9	01:37	9	01:40	37
4	C. Miner	8	01:47	6	01:49	6	01:47	7	01:42	7	01:44	34
5	E. Doak	5	01:54	5	01:50	3	01:55	6	01:47	6	01:50	25
6	J. Renna	4	01:55	4	01:52	7	01:46	5	01:48	4	01:52	24
7	E. Reifsnnyder	6	01:51	9	01:46	9	01:43	0	N/A	0	N/A	24
8	G. Derlunas	1	02:20	1	02:20	1	02:03	2	02:04	6	01:50	11
9	H. Walker	2	02:02	2	02:03	0	N/A	4	01:56	3	01:58	11
10	R. Otto	3	02:01	1	02:04	4	01:49	0	N/A	1	02:02	9
11	H. Kirsch	1	02:13	3	01:53	2	01:56	0	N/A	3	01:58	9
12	C. Hantz	1	02:07	1	02:12	0	N/A	3	02:03	1	02:06	6
13	B. Cooper	1	02:15	1	02:08	1	02:11	1	02:18	1	02:14	5
14	N. Kerschner	1	02:12	1	02:05	1	02:12	0	N/A	1	02:10	4
15	M. Sheetz	1	02:11	1	02:15	1	02:15	1	02:16	0	N/A	4
16	R. Muhr	1	02:22	1	02:24	1	02:20	0	N/A	0	N/A	3
17	L. Varrato	1	02:10	0	N/A	0	N/A	0	N/A	0	N/A	1
18	G. Slack	1	02:23	0	N/A	0	N/A	0	N/A	0	N/A	1

	2nd & 3rd Grade - 1/2 Mile (Girls)											
1	N. Bloch	8	03:51	10	03:40	10	03:37	10	03:25	10	03:26	48
2	A. McDonald-Cziraky	10	03:45	9	03:52	8	03:43	8	03:40	8	03:36	43
3	A. Pena	9	03:47	7	04:02	6	03:51	9	03:36	10	03:26	41
4	K. Heffelfinger	7	03:55	8	04:00	7	03:49	7	03:41	7	03:43	36
5	A. Jones	5	04:16	6	04:03	9	03:40	0	N/A	6	03:50	26
6	A. Bet	6	04:09	5	04:04	0	N/A	5	04:06	5	04:02	21
7	E. Metzger	4	04:27	3	04:10	2	04:18	6	04:01	4	04:08	19
8	A. Gisonti	0	N/A	1	04:44	4	04:12	4	04:07	1	04:24	10
9	M. Mladenovic	0	N/A	4	04:08	5	04:09	0	N/A	0	N/A	9
10	W. Arline	1	04:47	0	N/A	1	05:11	3	04:08	3	04:18	8
11	C. Ambron	2	04:35	2	04:40	1	04:34	2	04:14	0	N/A	7
12	E. Stern	3	04:28	0	N/A	3	04:14	0	N/A	1	04:26	7
13	H. Barrett	1	04:47	0	N/A	1	04:31	1	04:16	2	04:22	5
14	P. Shimmel	1	05:49	1	05:44	1	05:25	0	N/A	1	06:01	4

	2nd & 3rd Grade - 1/2 Mile (Boys)											
1	C. Rivas	9	03:33	8	03:33	10	03:32	9	03:19	8	03:33	44
2	A. Miles	10	03:23	9	03:15	0	N/A	10	03:13	9	03:21	38
3	E. McBride	5	03:49	4	03:59	8	03:49	7	03:48	6	03:58	30
4	K. Engler	6	03:48	5	03:55	7	03:50	5	03:57	5	03:59	28
5	K. Doak	4	03:53	3	04:02	6	03:55	6	03:49	7	03:54	26
6	B. Hyneman	8	03:44	7	03:37	0	N/A	8	03:37	0	N/A	23

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7	N. Fenstermaker	7	03:45	6	03:53	9	03:48	0	N/A	0	N/A	22
8	M. Miner	0	N/A	10	03:06	0	N/A	0	N/A	10	03:01	20
9	W. Petrunak	2	04:04	2	04:03	5	04:17	3	04:03	4	04:04	16
10	T. Chesler	3	04:00	1	04:11	0	N/A	4	04:02	3	04:09	11
11	M. Fernandez	1	04:29	1	04:33	3	04:33	0	N/A	2	04:47	7
12	J. Basiago	1	05:35	1	04:40	0	N/A	2	04:45	2	04:47	6
13	H. Nazir	1	05:19	1	04:41	4	04:29	0	N/A	0	N/A	6
14	Z. Javid	1	05:29	1	05:11	2	04:48	0	N/A	1	04:55	5
15	E. Williams	1	09:09	1	07:30	0	N/A	1	08:18	1	08:12	4
16	L. Ashman	1	05:23	1	05:16	0	N/A	0	N/A	1	04:50	3
17	J. Sedlock	1	05:47	0	N/A	0	N/A	0	N/A	0	N/A	1

4th & 5th Grade - 1 Mile (Girls)

1	C. Petrunak	10	07:04	10	07:03	10	07:06	10	07:01	10	07:07	50
2	A. Heffelfinger	8	09:08	9	09:07	9	08:58	9	08:44	8	09:52	43
3	I. Williams	6	11:31	7	11:37	8	10:26	8	10:10	7	10:44	36
4	L. Javid	5	11:55	6	12:12	7	11:28	7	10:53	6	11:35	31
5	R. Renna	9	08:56	0	N/A	0	N/A	0	N/A	9	09:25	18
6	E. Fenstermaker	8	09:08	8	10:38	0	N/A	0	N/A	0	N/A	16

4th & 5th Grade - 1 Mile (Boys)

1	B. Miner	10	06:20	10	06:31	10	06:38	10	06:18	10	06:22	50
2	D. Hyneman	7	07:08	9	07:14	8	07:12	9	06:55	8	06:55	41
3	D. Ni	8	07:04	8	07:19	0	N/A	7	07:17	9	06:54	32
4	E. Heffelfinger	4	07:39	7	07:25	6	07:29	6	07:21	7	06:57	30
5	G. Barrett	6	07:29	0	N/A	9	07:10	8	07:16	6	07:01	29
6	D. Swenson	5	07:38	5	08:09	5	07:56	5	07:57	5	07:52	25
7	L. Verderame	9	06:59	6	07:30	7	07:13	0	N/A	0	N/A	22
8	A. Weaver	2	09:28	3	09:25	4	08:59	0	N/A	4	08:46	13
9	D. Vinosky	1	10:24	4	09:14	0	N/A	0	N/A	3	08:53	8
10	M. Figueroa	3	08:03	0	N/A	0	N/A	0	N/A	0	N/A	3

6th - 8th Grade - 1 Mile (Girls)

1	G. Petrunak	9	06:25	10	06:27	9	06:28	10	06:06	10	06:17	48
2	A. Swenson	10	06:17	9	06:42	10	06:15	9	06:26	9	06:19	47
3	N. Vey	8	08:41	8	09:10	6	09:45	8	08:13	8	08:18	38
4	Z. Javid	6	09:09	6	09:31	8	08:57	7	08:46	0	N/A	27
5	B. Wrase	7	08:53	7	09:23	7	09:16	0	N/A	0	N/A	21

6th - 8th Grade - 1 Mile (Boys)

1	D. Swenson	10	06:15	10	06:26	10	06:13	10	06:06	10	06:08	50
2	D. Moreno	8	07:28	9	07:18	8	07:41	8	06:59	8	06:56	41
3	K. Vey	9	06:37	0	N/A	9	06:59	9	06:42	9	06:45	36
4	C. Heffelfinger	6	07:39	6	07:44	6	08:16	7	07:18	7	07:22	32
5	M. Kayser	7	07:35	7	07:39	7	07:50	0	N/A	0	N/A	21
6	J. Verderame	0	N/A	8	07:21	0	N/A	0	N/A	0	N/A	8