

Healthy Kids Running Series 2025 Spring

Arlington, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
	Pre-K 2/3 Year Old - 50 Yard Dash (Girls)											
1	J. Philips	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
2	E. Baer-Mandel	9	N/A	8	N/A	0	N/A	0	N/A	0	N/A	17
3	M. Mayer	7	N/A	9	N/A	0	N/A	0	N/A	0	N/A	16
4	A. Smithgall	6	N/A	7	N/A	0	N/A	0	N/A	0	N/A	13
5	S. Alfano	6	N/A	6	N/A	0	N/A	0	N/A	0	N/A	12
6	L. Korchak	5	N/A	4	N/A	0	N/A	0	N/A	0	N/A	9
7	E. Marsh	9	N/A	0	N/A	0	N/A	0	N/A	0	N/A	9
8	K. Lewis	1	N/A	5	N/A	0	N/A	0	N/A	0	N/A	6
9	A. Whitfield	4	N/A	1	N/A	0	N/A	0	N/A	0	N/A	5
10	L. Smith	1	N/A	3	N/A	0	N/A	0	N/A	0	N/A	4
11	S. Foster	3	N/A	1	N/A	0	N/A	0	N/A	0	N/A	4
12	L. Hungarter	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
13	E. Krauss	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
14	P. Phillips	0	N/A	2	N/A	0	N/A	0	N/A	0	N/A	2
15	A. Moon	2	N/A	0	N/A	0	N/A	0	N/A	0	N/A	2
16	E. Widdowson	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
17	G. Halliday	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
18	S. Iqbal	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
	Pre-K 2 Year Old - 50 Yard Dash (Boys)											
1	M. Thomas	8	N/A	10	N/A	0	N/A	0	N/A	0	N/A	18
2	L. Blount	9	N/A	8	N/A	0	N/A	0	N/A	0	N/A	17
3	Y. Alkaragoul	6	N/A	7	N/A	0	N/A	0	N/A	0	N/A	13
4	J. Mayer	7	N/A	6	N/A	0	N/A	0	N/A	0	N/A	13
5	J. Baker	10	N/A	1	N/A	0	N/A	0	N/A	0	N/A	11
6	B. Garcia	0	N/A	9	N/A	0	N/A	0	N/A	0	N/A	9
7	W. Coss	5	N/A	3	N/A	0	N/A	0	N/A	0	N/A	8
8	W. Flammia	3	N/A	4	N/A	0	N/A	0	N/A	0	N/A	7
9	D. Giles	1	N/A	5	N/A	0	N/A	0	N/A	0	N/A	6
10	G. Barker-Gee	4	N/A	1	N/A	0	N/A	0	N/A	0	N/A	5
11	V. Malik	1	N/A	2	N/A	0	N/A	0	N/A	0	N/A	3
12	L. Beckman	2	N/A	1	N/A	0	N/A	0	N/A	0	N/A	3
13	E. Blutstein	3	N/A	0	N/A	0	N/A	0	N/A	0	N/A	3
14	D. Mallick	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
15	B. Bublick	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
16	B. Potosnak	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
17	C. Welsh	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
18	B. Mock	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
19	A. Moorer	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
	Pre-K 3 Year Old - 50 Yard Dash (Boys)											
1	K. Ruberg	9	N/A	7	N/A	0	N/A	0	N/A	0	N/A	16
2	T. Parisi	5	N/A	9	N/A	0	N/A	0	N/A	0	N/A	14
3	K. Nguyen	10	N/A	3	N/A	0	N/A	0	N/A	0	N/A	13
4	N. Tanen	4	N/A	6	N/A	0	N/A	0	N/A	0	N/A	10
5	T. WALSH	0	N/A	10	N/A	0	N/A	0	N/A	0	N/A	10
6	B. Mock	0	N/A	8	N/A	0	N/A	0	N/A	0	N/A	8
7	I. Saab	8	N/A	0	N/A	0	N/A	0	N/A	0	N/A	8
8	M. Zastrow	3	N/A	4	N/A	0	N/A	0	N/A	0	N/A	7

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9	B. Carroll	7	N/A	0	N/A	0	N/A	0	N/A	0	N/A	7
10	O. Diaz de Leon Hughes	1	N/A	5	N/A	0	N/A	0	N/A	0	N/A	6
11	E. Mastaler	6	N/A	0	N/A	0	N/A	0	N/A	0	N/A	6
12	J. Girgenti	2	N/A	2	N/A	0	N/A	0	N/A	0	N/A	4
13	B. Gerber	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
14	J. Prilutsky-Grise	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
15	K. SONI	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
16	L. Brannan	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
17	A. Villa	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1

	Pre-K 4 Year Old - 75 Yard Dash (Girls)
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1	H. Paul	8	N/A	10	N/A	0	N/A	0	N/A	0	N/A	18
2	E. Jones	9	N/A	9	N/A	0	N/A	0	N/A	0	N/A	18
3	M. Krauss	10	N/A	5	N/A	0	N/A	0	N/A	0	N/A	15
4	J. Brooke	5	N/A	7	N/A	0	N/A	0	N/A	0	N/A	12
5	M. Giles	4	N/A	6	N/A	0	N/A	0	N/A	0	N/A	10
6	M. Petak	7	N/A	1	N/A	0	N/A	0	N/A	0	N/A	8
7	A. Morgan	0	N/A	8	N/A	0	N/A	0	N/A	0	N/A	8
8	L. McManmon	6	N/A	1	N/A	0	N/A	0	N/A	0	N/A	7
9	C. Barker-Gee	1	N/A	5	N/A	0	N/A	0	N/A	0	N/A	6
10	C. Hall	1	N/A	3	N/A	0	N/A	0	N/A	0	N/A	4
11	R. Crowder	3	N/A	1	N/A	0	N/A	0	N/A	0	N/A	4
12	M. Flammia	1	N/A	2	N/A	0	N/A	0	N/A	0	N/A	3
13	N. Garcia	1	N/A	2	N/A	0	N/A	0	N/A	0	N/A	3
14	R. Remick	2	N/A	1	N/A	0	N/A	0	N/A	0	N/A	3
15	N. Bradley	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
16	A. Flammia	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
17	C. Dillard-Capo	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
18	K. Beckman	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
19	H. Placencia	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
20	E. Sule	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1

	Pre-K 4 Year Old - 75 Yard Dash (Boys)
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1	B. Zeilberger	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
2	J. Proctor	9	N/A	8	N/A	0	N/A	0	N/A	0	N/A	17
3	L. Frost	7	N/A	9	N/A	0	N/A	0	N/A	0	N/A	16
4	L. Totolo	8	N/A	5	N/A	0	N/A	0	N/A	0	N/A	13
5	O. Garcia	5	N/A	7	N/A	0	N/A	0	N/A	0	N/A	12
6	R. Livingston	2	N/A	4	N/A	0	N/A	0	N/A	0	N/A	6
7	H. Phillips	0	N/A	6	N/A	0	N/A	0	N/A	0	N/A	6
8	E. Eason	6	N/A	0	N/A	0	N/A	0	N/A	0	N/A	6
9	E. Smith	4	N/A	1	N/A	0	N/A	0	N/A	0	N/A	5
10	K. Lott	1	N/A	3	N/A	0	N/A	0	N/A	0	N/A	4
11	L. Fitzgerald	3	N/A	1	N/A	0	N/A	0	N/A	0	N/A	4
12	O. Picone	1	N/A	2	N/A	0	N/A	0	N/A	0	N/A	3
13	M. Brooks	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
14	L. Fitzgerald	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
15	D. Diaz	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
16	T. Clayton	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
17	B. Halliday	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1

Pre-K 5 Year Old - 75 Yard Dash (Girls)	
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1	S. White	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
2	W. Robinson	9	N/A	9	N/A	0	N/A	0	N/A	0	N/A	18
3	C. Lewis	7	N/A	8	N/A	0	N/A	0	N/A	0	N/A	15
4	Z. Collins	8	N/A	7	N/A	0	N/A	0	N/A	0	N/A	15
5	K. Graham	5	N/A	4	N/A	0	N/A	0	N/A	0	N/A	9
6	M. Hassouni	4	N/A	3	N/A	0	N/A	0	N/A	0	N/A	7
7	O. Marsh	6	N/A	0	N/A	0	N/A	0	N/A	0	N/A	6
8	Z. Vecchio-Jackson	0	N/A	5	N/A	0	N/A	0	N/A	0	N/A	5
	Pre-K 5 Year Old - 75 Yard Dash (Boys)											
1	C. Leonard-Davis	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
2	Z. Dettman	9	N/A	8	N/A	0	N/A	0	N/A	0	N/A	17
3	R. Ruberg	8	N/A	7	N/A	0	N/A	0	N/A	0	N/A	15
4	L. Colino Ondracek	6	N/A	5	N/A	0	N/A	0	N/A	0	N/A	11
5	J. Pryor	5	N/A	4	N/A	0	N/A	0	N/A	0	N/A	9
6	H. Ng	0	N/A	9	N/A	0	N/A	0	N/A	0	N/A	9
7	A. Saab	7	N/A	0	N/A	0	N/A	0	N/A	0	N/A	7
8	R. Rudolph	2	N/A	4	N/A	0	N/A	0	N/A	0	N/A	6
9	R. Crain	3	N/A	3	N/A	0	N/A	0	N/A	0	N/A	6
10	J. McAfoos	0	N/A	6	N/A	0	N/A	0	N/A	0	N/A	6
11	C. Roller	4	N/A	1	N/A	0	N/A	0	N/A	0	N/A	5
12	H. DePuy	1	N/A	2	N/A	0	N/A	0	N/A	0	N/A	3
13	E. Desai	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
14	A. Leung	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
	Kindergarten - 1/4 Mile (Girls)											
1	C. Biron	10	01:43	9	01:40	0	N/A	0	N/A	0	N/A	19
2	W. Necker	9	01:44	8	01:41	0	N/A	0	N/A	0	N/A	17
3	H. Zastrow	8	01:54	6	01:49	0	N/A	0	N/A	0	N/A	14
4	K. Lewis	7	01:58	5	01:50	0	N/A	0	N/A	0	N/A	12
5	B. Beckman	1	N/A	10	01:29	0	N/A	0	N/A	0	N/A	11
6	O. Petak	6	02:08	3	01:58	0	N/A	0	N/A	0	N/A	9
7	M. Gandhi	5	02:09	2	01:59	0	N/A	0	N/A	0	N/A	7
8	L. Eddy	3	02:12	4	01:56	0	N/A	0	N/A	0	N/A	7
9	C. Mock	0	N/A	7	01:46	0	N/A	0	N/A	0	N/A	7
10	E. Ryan	4	02:11	1	02:06	0	N/A	0	N/A	0	N/A	5
11	D. Crowder	2	02:21	1	02:13	0	N/A	0	N/A	0	N/A	3
	Kindergarten - 1/4 Mile (Boys)											
1	M. Boshart	10	01:32	10	01:26	0	N/A	0	N/A	0	N/A	20
2	J. Riley	9	01:43	8	01:38	0	N/A	0	N/A	0	N/A	17
3	D. Wulf	8	01:50	4	01:47	0	N/A	0	N/A	0	N/A	12
4	R. Atkison	6	01:52	6	01:42	0	N/A	0	N/A	0	N/A	12
5	M. Kelley	1	03:00	9	01:36	0	N/A	0	N/A	0	N/A	10
6	W. Terpstra	7	01:51	1	01:58	0	N/A	0	N/A	0	N/A	8
7	G. Khatchatoorian	5	01:53	2	01:52	0	N/A	0	N/A	0	N/A	7
8	A. Cicala	0	N/A	7	01:40	0	N/A	0	N/A	0	N/A	7
9	G. Twedde	1	01:57	5	01:46	0	N/A	0	N/A	0	N/A	6
10	S. Schuck	1	02:07	3	01:50	0	N/A	0	N/A	0	N/A	4
11	O. Carroll	4	01:54	0	N/A	0	N/A	0	N/A	0	N/A	4
12	S. Weiss	1	01:57	2	01:52	0	N/A	0	N/A	0	N/A	3
13	S. Mastaler	3	01:55	0	N/A	0	N/A	0	N/A	0	N/A	3

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14	T. Caro	1	02:00	1	01:56	0	N/A	0	N/A	0	N/A	2
15	J. Placencia	1	02:04	1	01:56	0	N/A	0	N/A	0	N/A	2
16	O. Fuller	1	02:07	1	01:56	0	N/A	0	N/A	0	N/A	2
17	K. Nguyen	1	03:00	1	01:56	0	N/A	0	N/A	0	N/A	2
18	M. Lee	1	01:59	1	01:59	0	N/A	0	N/A	0	N/A	2
19	D. Korchak	1	02:01	1	02:01	0	N/A	0	N/A	0	N/A	2
20	V. Brown	1	01:57	1	02:02	0	N/A	0	N/A	0	N/A	2
21	D. Hungarter	1	02:05	1	02:11	0	N/A	0	N/A	0	N/A	2
22	C. Black	1	02:02	1	02:13	0	N/A	0	N/A	0	N/A	2
23	J. Brodbeck	0	N/A	2	01:52	0	N/A	0	N/A	0	N/A	2
24	P. Smithgall	2	01:56	0	N/A	0	N/A	0	N/A	0	N/A	2
25	J. Oaks	0	N/A	1	02:07	0	N/A	0	N/A	0	N/A	1
26	G. Evans	1	02:00	0	N/A	0	N/A	0	N/A	0	N/A	1
27	Z. Johnson	1	02:02	0	N/A	0	N/A	0	N/A	0	N/A	1
	1st Grade - 1/4 Mile (Girls)											
1	E. Brodbeck	10	01:40	10	01:28	0	N/A	0	N/A	0	N/A	20
2	A. Thomas	9	01:41	9	01:30	0	N/A	0	N/A	0	N/A	18
3	C. Widdowson	9	01:41	8	01:33	0	N/A	0	N/A	0	N/A	17
4	F. Richey	6	01:44	7	01:40	0	N/A	0	N/A	0	N/A	13
5	L. Tennis	7	01:42	4	01:45	0	N/A	0	N/A	0	N/A	11
6	C. Colvin	4	01:51	6	01:44	0	N/A	0	N/A	0	N/A	10
7	C. Clayton	2	01:57	6	01:44	0	N/A	0	N/A	0	N/A	8
8	C. Buckalew	5	01:50	2	01:50	0	N/A	0	N/A	0	N/A	7
9	M. Dillard-Capo	3	01:53	4	01:45	0	N/A	0	N/A	0	N/A	7
10	P. Foster	1	02:01	1	01:52	0	N/A	0	N/A	0	N/A	2
11	M. Johnson	1	02:14	1	02:04	0	N/A	0	N/A	0	N/A	2
12	C. Johnson	1	02:17	1	02:08	0	N/A	0	N/A	0	N/A	2
13	H. Furnia	1	02:02	0	N/A	0	N/A	0	N/A	0	N/A	1
	1st Grade - 1/4 Mile (Boys)											
1	L. Ford	10	01:27	10	01:27	0	N/A	0	N/A	0	N/A	20
2	F. Proctor	8	01:34	9	01:30	0	N/A	0	N/A	0	N/A	17
3	S. Ferguson	7	01:35	7	01:35	0	N/A	0	N/A	0	N/A	14
4	H. Gill	4	01:45	8	01:34	0	N/A	0	N/A	0	N/A	12
5	J. Rudolph	6	01:40	6	01:37	0	N/A	0	N/A	0	N/A	12
6	L. Ford	10	01:27	0	N/A	0	N/A	0	N/A	0	N/A	10
7	A. Saxena	2	01:47	5	01:44	0	N/A	0	N/A	0	N/A	7
8	A. Stone	3	01:46	3	01:49	0	N/A	0	N/A	0	N/A	6
9	N. Mastaler	5	01:42	0	N/A	0	N/A	0	N/A	0	N/A	5
10	J. McGraw	0	N/A	4	01:45	0	N/A	0	N/A	0	N/A	4
11	P. Keybl	1	02:03	2	02:05	0	N/A	0	N/A	0	N/A	3
12	B. Hill	2	01:47	0	N/A	0	N/A	0	N/A	0	N/A	2
13	F. Snyder	1	01:59	0	N/A	0	N/A	0	N/A	0	N/A	1
	2nd & 3rd Grade - 1/2 Mile (Girls)											
1	M. Tweddle	10	03:00	10	02:50	0	N/A	0	N/A	0	N/A	20
2	N. Kelley	9	03:07	9	02:59	0	N/A	0	N/A	0	N/A	18
3	S. Ferguson	8	03:23	8	03:11	0	N/A	0	N/A	0	N/A	16
4	R. Zeilberger	7	03:32	7	03:15	0	N/A	0	N/A	0	N/A	14
5	L. Brannan	6	03:47	6	03:17	0	N/A	0	N/A	0	N/A	12
6	G. Whitfield	5	03:52	4	03:41	0	N/A	0	N/A	0	N/A	9

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7	A. Camacho	3	03:56	5	03:32	0	N/A	0	N/A	0	N/A	8
8	R. Crain	2	03:57	3	03:44	0	N/A	0	N/A	0	N/A	5
9	C. Riley	2	03:57	2	03:56	0	N/A	0	N/A	0	N/A	4
10	A. Hassouni	4	03:53	0	N/A	0	N/A	0	N/A	0	N/A	4
11	J. Chen	2	03:57	1	04:00	0	N/A	0	N/A	0	N/A	3
12	E. Oaks	0	N/A	1	04:05	0	N/A	0	N/A	0	N/A	1
	2nd & 3rd Grade - 1/2 Mile (Boys)											
1	H. Danforth	10	02:51	10	02:47	0	N/A	0	N/A	0	N/A	20
2	D. Green	7	02:54	9	03:01	0	N/A	0	N/A	0	N/A	16
3	D. Perez	9	02:53	7	03:04	0	N/A	0	N/A	0	N/A	16
4	J. Lee	4	03:12	8	03:03	0	N/A	0	N/A	0	N/A	12
5	P. McManmon	6	03:04	6	03:05	0	N/A	0	N/A	0	N/A	12
6	M. Brooks	9	02:53	0	N/A	0	N/A	0	N/A	0	N/A	9
7	R. Wulf	2	03:40	4	03:20	0	N/A	0	N/A	0	N/A	6
8	R. Garcia	0	N/A	6	03:05	0	N/A	0	N/A	0	N/A	6
9	G. Wulf	5	03:07	0	N/A	0	N/A	0	N/A	0	N/A	5
10	J. Lundborg	1	03:48	3	03:36	0	N/A	0	N/A	0	N/A	4
11	L. Grimm	3	03:24	1	03:48	0	N/A	0	N/A	0	N/A	4
12	M. White	1	04:28	1	03:47	0	N/A	0	N/A	0	N/A	2
13	S. Tennis	1	03:55	1	03:51	0	N/A	0	N/A	0	N/A	2
14	L. Keybl	1	04:22	1	03:51	0	N/A	0	N/A	0	N/A	2
15	A. Lobue	1	04:32	1	04:04	0	N/A	0	N/A	0	N/A	2
16	F. Marcks	1	04:25	1	04:16	0	N/A	0	N/A	0	N/A	2
17	E. Mallick	1	04:10	1	04:22	0	N/A	0	N/A	0	N/A	2
18	J. Lundborg	0	N/A	2	03:42	0	N/A	0	N/A	0	N/A	2
	4th & 5th Grade - 1 Mile (Girls)											
1	A. Camacho	10	06:29	8	08:25	0	N/A	0	N/A	0	N/A	18
2	C. Hermida	8	07:21	9	06:38	0	N/A	0	N/A	0	N/A	17
3	M. Hermida	0	N/A	10	06:18	0	N/A	0	N/A	0	N/A	10
4	C. Stone	9	07:03	0	N/A	0	N/A	0	N/A	0	N/A	9
	4th & 5th Grade - 1 Mile (Boys)											
1	L. Banks	9	05:55	10	06:04	0	N/A	0	N/A	0	N/A	19
2	E. DIENER	7	06:47	9	06:22	0	N/A	0	N/A	0	N/A	16
3	H. Marcks	8	06:13	7	08:14	0	N/A	0	N/A	0	N/A	15
4	M. Spadoni	6	08:08	8	07:48	0	N/A	0	N/A	0	N/A	14
5	L. Brannan	10	05:47	0	N/A	0	N/A	0	N/A	0	N/A	10
	6th - 8th Grade - 1 Mile (Girls)											
1	K. Parsels	10	05:42	10	05:23	0	N/A	0	N/A	0	N/A	20
2	S. Michel	0	N/A	9	08:48	0	N/A	0	N/A	0	N/A	9
	6th - 8th Grade - 1 Mile (Boys)											
1	M. White	10	05:58	10	05:36	0	N/A	0	N/A	0	N/A	20
2	D. Baer	9	06:00	9	06:05	0	N/A	0	N/A	0	N/A	18
3	E. Mehari	0	N/A	8	06:18	0	N/A	0	N/A	0	N/A	8