

# Healthy Kids Running Series 2025 Spring Midlothian, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
<b>Pre-K 2/3 Year Old - 50 Yard Dash (Girls)</b>												
1	E. Zavrel	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
2	A. Nicholson	9	N/A	9	N/A	0	N/A	0	N/A	0	N/A	18
3	M. Roberts	8	N/A	8	N/A	0	N/A	0	N/A	0	N/A	16
4	J. Ellis	7	N/A	7	N/A	0	N/A	0	N/A	0	N/A	14
<b>Pre-K 2/3 Year Old - 50 Yard Dash (Boys)</b>												
1	L. Karidis	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
2	K. Cole	6	N/A	9	N/A	0	N/A	0	N/A	0	N/A	15
3	Q. Ross	9	N/A	6	N/A	0	N/A	0	N/A	0	N/A	15
4	B. Chargois	7	N/A	8	N/A	0	N/A	0	N/A	0	N/A	15
5	N. King	8	N/A	7	N/A	0	N/A	0	N/A	0	N/A	15
6	A. Spicer	3	N/A	5	N/A	0	N/A	0	N/A	0	N/A	8
7	J. Ellis	2	N/A	4	N/A	0	N/A	0	N/A	0	N/A	6
8	B. Tillar	5	N/A	0	N/A	0	N/A	0	N/A	0	N/A	5
9	W. Poppe	4	N/A	0	N/A	0	N/A	0	N/A	0	N/A	4
10	H. Strojny	0	N/A	3	N/A	0	N/A	0	N/A	0	N/A	3
<b>Pre-K 4/5 Year Old - 75 Yard Dash (Girls)</b>												
1	N. Atchison	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
2	L. Sucher	7	N/A	9	N/A	0	N/A	0	N/A	0	N/A	16
3	A. Sherman	9	N/A	7	N/A	0	N/A	0	N/A	0	N/A	16
4	K. Elsakhi	8	N/A	8	N/A	0	N/A	0	N/A	0	N/A	16
5	H. Chargois	5	N/A	5	N/A	0	N/A	0	N/A	0	N/A	10
6	A. Madhavan	3	N/A	6	N/A	0	N/A	0	N/A	0	N/A	9
7	N. Cone	6	N/A	3	N/A	0	N/A	0	N/A	0	N/A	9
8	B. Cheatham	1	N/A	4	N/A	0	N/A	0	N/A	0	N/A	5
9	A. Balamurugan	4	N/A	1	N/A	0	N/A	0	N/A	0	N/A	5
10	A. HARIKUMAR	2	N/A	2	N/A	0	N/A	0	N/A	0	N/A	4
11	V. Vivek	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
12	S. Thothathiri Krishnan	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
13	S. Hoffman	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
14	A. Fischer	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
<b>Pre-K 4/5 Year Old - 75 Yard Dash (Boys)</b>												
1	O. Zavrel	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
2	L. Poppe	8	N/A	9	N/A	0	N/A	0	N/A	0	N/A	17
3	Q. Lasky	9	N/A	8	N/A	0	N/A	0	N/A	0	N/A	17
4	G. Woodruff	6	N/A	7	N/A	0	N/A	0	N/A	0	N/A	13
5	O. Landers	4	N/A	6	N/A	0	N/A	0	N/A	0	N/A	10
6	A. Muir	5	N/A	5	N/A	0	N/A	0	N/A	0	N/A	10
7	T. Norris	7	N/A	0	N/A	0	N/A	0	N/A	0	N/A	7
8	T. Jawahar	1	N/A	4	N/A	0	N/A	0	N/A	0	N/A	5
9	S. Yogesh	2	N/A	3	N/A	0	N/A	0	N/A	0	N/A	5
10	A. Greene	1	N/A	2	N/A	0	N/A	0	N/A	0	N/A	3
11	K. RAJA GANAPATHY	3	N/A	0	N/A	0	N/A	0	N/A	0	N/A	3
12	L. Spicer	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
13	N. Stephano	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
<b>Challenger - 75 Yard Dash (Boys)</b>												
1	M. Emery	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
<b>Kindergarten &amp; 1st Grade - 1/4 Mile (Girls)</b>												

# Healthy Kids Running Series 2025 Spring Midlothian, VA

1	B. Jones	10	01:22	10	01:22	0	N/A	0	N/A	0	N/A	20
2	R. Jones	9	01:28	9	01:27	0	N/A	0	N/A	0	N/A	18
3	A. Cheatham	7	01:35	8	01:32	0	N/A	0	N/A	0	N/A	15
4	M. Anderson	8	01:31	7	01:35	0	N/A	0	N/A	0	N/A	15
5	M. Gow	6	01:43	6	01:39	0	N/A	0	N/A	0	N/A	12
6	H. Elsakhi	1	02:38	6	01:39	0	N/A	0	N/A	0	N/A	7
7	S. Sucher	5	01:44	2	01:44	0	N/A	0	N/A	0	N/A	7
8	A. Spicer	3	02:07	4	01:43	0	N/A	0	N/A	0	N/A	7
9	S. Sajin	4	01:58	1	01:53	0	N/A	0	N/A	0	N/A	5
10	E. Strojny	0	N/A	4	01:43	0	N/A	0	N/A	0	N/A	4
11	K. Tillar	2	02:34	0	N/A	0	N/A	0	N/A	0	N/A	2

## Kindergarten & 1st Grade - 1/4 Mile (Boys)

1	C. Zavrel	10	01:27	10	01:27	0	N/A	0	N/A	0	N/A	20
2	N. Daparti	8	01:31	9	01:31	0	N/A	0	N/A	0	N/A	17
3	N. Hersman	9	01:30	8	01:34	0	N/A	0	N/A	0	N/A	17
4	B. Hasek	7	01:37	6	01:37	0	N/A	0	N/A	0	N/A	13
5	L. Cowan	6	01:42	5	01:38	0	N/A	0	N/A	0	N/A	11
6	X. Poppe	5	01:47	4	01:39	0	N/A	0	N/A	0	N/A	9
7	M. Beronilla	0	N/A	7	01:36	0	N/A	0	N/A	0	N/A	7
8	N. Ferro	4	01:48	1	01:53	0	N/A	0	N/A	0	N/A	5
9	N. Olin	4	01:48	1	01:58	0	N/A	0	N/A	0	N/A	5
10	H. Atchison	2	01:49	2	01:50	0	N/A	0	N/A	0	N/A	4
11	G. Goldman	0	N/A	3	01:47	0	N/A	0	N/A	0	N/A	3
12	L. Roberts	1	01:57	1	01:59	0	N/A	0	N/A	0	N/A	2
13	S. Thothathiri Krishnan	1	02:00	1	02:04	0	N/A	0	N/A	0	N/A	2
14	C. Hoffman	1	02:02	1	02:10	0	N/A	0	N/A	0	N/A	2
15	H. Needham	1	01:58	1	02:11	0	N/A	0	N/A	0	N/A	2
16	N. Hancock	1	01:52	1	02:12	0	N/A	0	N/A	0	N/A	2
17	M. Dziemianowicz	1	01:53	1	02:21	0	N/A	0	N/A	0	N/A	2
18	B. Stephano	1	01:58	1	02:21	0	N/A	0	N/A	0	N/A	2
19	C. King	1	02:21	1	02:23	0	N/A	0	N/A	0	N/A	2
20	C. Fischer	1	01:56	0	N/A	0	N/A	0	N/A	0	N/A	1
21	H. Usher	1	01:59	0	N/A	0	N/A	0	N/A	0	N/A	1
22	G. Sharma	1	02:01	0	N/A	0	N/A	0	N/A	0	N/A	1
23	J. Usher	1	02:07	0	N/A	0	N/A	0	N/A	0	N/A	1

## 2nd & 3rd Grade - 1/2 Mile (Girls)

1	M. Koelmel	10	03:21	10	03:26	0	N/A	0	N/A	0	N/A	20
2	E. McGowan	9	03:46	9	03:45	0	N/A	0	N/A	0	N/A	18
3	C. Karidis	8	04:12	8	04:16	0	N/A	0	N/A	0	N/A	16
4	J. Ryan	7	04:34	7	04:22	0	N/A	0	N/A	0	N/A	14
5	A. Braun	6	05:07	6	04:30	0	N/A	0	N/A	0	N/A	12

## 2nd & 3rd Grade - 1/2 Mile (Boys)

1	O. Zang	10	03:34	10	03:37	0	N/A	0	N/A	0	N/A	20
2	T. Crawford	9	03:50	9	03:48	0	N/A	0	N/A	0	N/A	18
3	J. Flynn	8	03:58	8	04:02	0	N/A	0	N/A	0	N/A	16
4	O. Muir	6	04:29	7	04:14	0	N/A	0	N/A	0	N/A	13
5	Q. Edwards	7	04:26	6	04:23	0	N/A	0	N/A	0	N/A	13
6	M. Beronilla	0	N/A	5	06:17	0	N/A	0	N/A	0	N/A	5
7	A. Dziemianowicz	5	04:55	0	N/A	0	N/A	0	N/A	0	N/A	5

# Healthy Kids Running Series 2025 Spring Midlothian, VA

## 4th & 5th Grade - 1 Mile (Girls)

1	K. Crawford	10	07:24	10	07:47	0	N/A	0	N/A	0	N/A	20
2	Q. Koelmel	9	07:55	9	08:01	0	N/A	0	N/A	0	N/A	18
3	N. Blakeney	8	08:52	8	08:48	0	N/A	0	N/A	0	N/A	16

## 4th & 5th Grade - 1 Mile (Boys)

1	H. Zang	10	06:47	10	06:51	0	N/A	0	N/A	0	N/A	20
2	S. Sajin	9	09:57	9	09:54	0	N/A	0	N/A	0	N/A	18
3	S. RAJA GANAPATHY	8	11:30	0	N/A	0	N/A	0	N/A	0	N/A	8

## 6th - 8th Grade - 1 Mile (Girls)

1	F. Ryan	10	06:49	10	06:52	0	N/A	0	N/A	0	N/A	20
---	---------	----	-------	----	-------	---	-----	---	-----	---	-----	----

## 6th - 8th Grade - 1 Mile (Boys)

1	E. Flynn	10	08:31	10	08:11	0	N/A	0	N/A	0	N/A	20
2	L. Monahan	9	10:26	9	10:29	0	N/A	0	N/A	0	N/A	18
3	K. Ellis	8	12:10	8	11:54	0	N/A	0	N/A	0	N/A	16