

Healthy Kids Running Series 2025 Spring Midlothian, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 2/3 Year Old - 50 Yard Dash (Girls)												
1	E. Zavrel	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	A. Nicholson	9	N/A	9	N/A	0	N/A	9	N/A	9	N/A	36
3	M. Roberts	8	N/A	8	N/A	9	N/A	8	N/A	0	N/A	33
4	J. Ellis	7	N/A	7	N/A	0	N/A	0	N/A	0	N/A	14
Pre-K 2/3 Year Old - 50 Yard Dash (Boys)												
1	B. Chargois	7	N/A	8	N/A	8	N/A	10	N/A	10	N/A	43
2	L. Karidis	10	N/A	10	N/A	9	N/A	3	N/A	8	N/A	40
3	N. King	8	N/A	7	N/A	10	N/A	0	N/A	9	N/A	34
4	Q. Ross	9	N/A	6	N/A	7	N/A	0	N/A	7	N/A	29
5	K. Cole	6	N/A	9	N/A	0	N/A	8	N/A	4	N/A	27
6	A. Spicer	3	N/A	5	N/A	3	N/A	6	N/A	5	N/A	22
7	H. Strojny	0	N/A	3	N/A	6	N/A	7	N/A	3	N/A	19
8	O. Jalajel	0	N/A	0	N/A	5	N/A	9	N/A	2	N/A	16
9	B. Tillar	5	N/A	0	N/A	2	N/A	0	N/A	6	N/A	13
10	W. Poppe	4	N/A	0	N/A	4	N/A	5	N/A	0	N/A	13
11	J. Ellis	2	N/A	4	N/A	0	N/A	0	N/A	0	N/A	6
Pre-K 4/5 Year Old - 75 Yard Dash (Girls)												
1	N. Atchison	10	N/A	10	N/A	10	N/A	7	N/A	10	N/A	47
2	L. Sucher	7	N/A	9	N/A	9	N/A	10	N/A	9	N/A	44
3	A. Sherman	9	N/A	7	N/A	8	N/A	9	N/A	8	N/A	41
4	H. Chargois	5	N/A	5	N/A	5	N/A	5	N/A	6	N/A	26
5	A. Fischer	1	N/A	1	N/A	6	N/A	8	N/A	7	N/A	23
6	K. Elsakhi	8	N/A	8	N/A	7	N/A	0	N/A	0	N/A	23
7	B. Cheatham	1	N/A	4	N/A	3	N/A	6	N/A	5	N/A	19
8	A. Madhavan	3	N/A	6	N/A	2	N/A	4	N/A	4	N/A	19
9	A. HARIKUMAR	2	N/A	2	N/A	4	N/A	3	N/A	2	N/A	13
10	N. Cone	6	N/A	3	N/A	1	N/A	1	N/A	1	N/A	12
11	A. Balamurugan	4	N/A	1	N/A	1	N/A	2	N/A	3	N/A	11
12	S. Thothathiri Krishnan	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
13	S. Hoffman	1	N/A	1	N/A	1	N/A	1	N/A	0	N/A	4
14	V. Vivek	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
Pre-K 4/5 Year Old - 75 Yard Dash (Boys)												
1	O. Zavrel	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	L. Poppe	8	N/A	9	N/A	9	N/A	5	N/A	8	N/A	39
3	G. Woodruff	6	N/A	7	N/A	8	N/A	8	N/A	7	N/A	36
4	Q. Lasky	9	N/A	8	N/A	0	N/A	9	N/A	9	N/A	35
5	A. Muir	5	N/A	5	N/A	6	N/A	6	N/A	6	N/A	28
6	O. Landers	4	N/A	6	N/A	7	N/A	7	N/A	0	N/A	24
7	T. Jawahar	1	N/A	4	N/A	5	N/A	0	N/A	5	N/A	15
8	K. RAJA GANAPATHY	3	N/A	0	N/A	4	N/A	4	N/A	4	N/A	15
9	S. Yogesh	2	N/A	3	N/A	3	N/A	3	N/A	0	N/A	11
10	A. Greene	1	N/A	2	N/A	0	N/A	2	N/A	3	N/A	8
11	T. Norris	7	N/A	0	N/A	0	N/A	0	N/A	0	N/A	7
12	N. Stephano	1	N/A	1	N/A	2	N/A	0	N/A	2	N/A	6
13	L. Spicer	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
Challenger - 75 Yard Dash (Boys)												
1	M. Emery	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50

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Kindergarten & 1st Grade - 1/4 Mile (Girls)												
1	B. Jones	10	01:22	10	01:22	10	01:19	10	01:23	10	01:27	50
2	R. Jones	9	01:28	9	01:27	9	01:24	9	01:27	9	01:29	45
3	A. Cheatham	7	01:35	8	01:32	8	01:25	8	01:29	8	01:33	39
4	M. Anderson	8	01:31	7	01:35	7	01:29	7	01:31	7	01:37	36
5	M. Gow	6	01:43	6	01:39	5	01:35	6	01:39	0	N/A	23
6	S. Sucher	5	01:44	2	01:44	4	01:39	3	01:49	5	01:49	19
7	H. Elsakhi	1	02:38	6	01:39	6	01:32	0	N/A	6	01:43	19
8	A. Spicer	3	02:07	4	01:43	3	01:41	4	01:48	3	01:50	17
9	E. Strojny	0	N/A	4	01:43	3	01:41	5	01:46	5	01:49	17
10	S. Sajin	4	01:58	1	01:53	1	01:51	2	01:54	2	02:06	10
11	K. Tillar	2	02:34	0	N/A	1	01:49	0	N/A	1	02:08	4
Kindergarten & 1st Grade - 1/4 Mile (Boys)												
1	C. Zavrel	10	01:27	10	01:27	10	01:21	10	01:21	10	01:25	50
2	N. Daparti	8	01:31	9	01:31	9	01:24	6	01:32	8	01:31	40
3	N. Hersman	9	01:30	8	01:34	7	01:29	9	01:27	7	01:35	40
4	B. Hasek	7	01:37	6	01:37	0	N/A	8	01:29	9	01:28	30
5	X. Poppe	5	01:47	4	01:39	8	01:27	5	01:33	6	01:37	28
6	L. Cowan	6	01:42	5	01:38	4	01:39	0	N/A	5	01:45	20
7	G. Goldman	0	N/A	3	01:47	6	01:36	4	01:41	2	01:50	15
8	H. Atchison	2	01:49	2	01:50	5	01:38	1	01:46	4	01:49	14
9	M. Beronilla	0	N/A	7	01:36	0	N/A	7	01:31	0	N/A	14
10	N. Olin	4	01:48	1	01:58	4	01:39	3	01:43	1	02:01	13
11	N. Ferro	4	01:48	1	01:53	0	N/A	1	01:46	2	01:50	8
12	C. Fischer	1	01:56	0	N/A	1	01:44	1	01:47	4	01:49	7
13	S. Thothathiri Krishnan	1	02:00	1	02:04	1	01:52	1	01:53	1	01:55	5
14	N. Hancock	1	01:52	1	02:12	1	01:42	2	01:45	0	N/A	5
15	B. Stephano	1	01:58	1	02:21	1	01:55	0	N/A	1	02:03	4
16	C. King	1	02:21	1	02:23	1	02:15	0	N/A	1	03:01	4
17	C. Hoffman	1	02:02	1	02:10	1	01:53	1	01:53	0	N/A	4
18	L. Roberts	1	01:57	1	01:59	1	01:47	1	01:57	0	N/A	4
19	H. Needham	1	01:58	1	02:11	1	01:55	1	02:22	0	N/A	4
20	Y. Jalajel	0	N/A	0	N/A	2	01:40	1	01:50	1	02:01	4
21	G. Sharma	1	02:01	0	N/A	1	01:57	0	N/A	0	N/A	2
22	M. Dziemianowicz	1	01:53	1	02:21	0	N/A	0	N/A	0	N/A	2
23	H. Usher	1	01:59	0	N/A	0	N/A	0	N/A	0	N/A	1
24	J. Usher	1	02:07	0	N/A	0	N/A	0	N/A	0	N/A	1
2nd & 3rd Grade - 1/2 Mile (Girls)												
1	M. Koelmel	10	03:21	10	03:26	10	03:15	10	03:19	10	03:28	50
2	E. McGowan	9	03:46	9	03:45	9	03:21	9	03:35	9	03:48	45
3	C. Karidis	8	04:12	8	04:16	8	04:10	8	04:23	8	04:09	40
4	A. Braun	6	05:07	6	04:30	6	04:27	7	04:40	7	04:24	32
5	J. Ryan	7	04:34	7	04:22	7	04:14	0	N/A	6	04:25	27
2nd & 3rd Grade - 1/2 Mile (Boys)												
1	O. Zang	10	03:34	10	03:37	10	03:17	10	03:14	10	03:28	50
2	T. Crawford	9	03:50	9	03:48	9	03:32	9	03:27	9	03:43	45
3	O. Muir	6	04:29	7	04:14	7	03:38	7	03:45	8	04:45	35
4	J. Flynn	8	03:58	8	04:02	8	03:37	8	03:44	0	N/A	32
5	Q. Edwards	7	04:26	6	04:23	0	N/A	0	N/A	0	N/A	13

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6	M. Beronilla	0	N/A	5	06:17	0	N/A	0	N/A	0	N/A	5
7	A. Dziemianowicz	5	04:55	0	N/A	0	N/A	0	N/A	0	N/A	5
4th & 5th Grade - 1 Mile (Girls)												
1	K. Crawford	10	07:24	10	07:47	10	07:19	10	07:33	9	07:47	49
2	Q. Koelmel	9	07:55	9	08:01	9	07:24	9	07:39	10	07:40	46
3	N. Blakeney	8	08:52	8	08:48	8	09:14	8	08:10	8	08:30	40
4th & 5th Grade - 1 Mile (Boys)												
1	H. Zang	10	06:47	10	06:51	10	06:31	10	07:07	10	06:42	50
2	S. Sajin	9	09:57	9	09:54	9	09:55	9	09:47	9	09:19	45
3	S. RAJA GANAPATHY	8	11:30	0	N/A	8	13:03	8	11:29	8	12:21	32
6th - 8th Grade - 1 Mile (Girls)												
1	F. Ryan	10	06:49	10	06:52	10	06:32	0	N/A	10	06:43	40
6th - 8th Grade - 1 Mile (Boys)												
1	E. Flynn	10	08:31	10	08:11	0	N/A	10	07:37	10	07:56	40
2	L. Monahan	9	10:26	9	10:29	0	N/A	0	N/A	9	09:43	27
3	K. Ellis	8	12:10	8	11:54	0	N/A	0	N/A	0	N/A	16