

Healthy Kids Running Series 2026 Fall

Arlington, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
	Pre-K 2 Year Old - 50 Yard Dash (Girls)											
1	S. Messner	7	N/A	10	N/A	9	N/A	0	N/A	0	N/A	26
2	L. Galang	9	N/A	8	N/A	8	N/A	0	N/A	0	N/A	25
3	C. Lawver	10	N/A	3	N/A	10	N/A	0	N/A	0	N/A	23
4	J. Gonder	8	N/A	9	N/A	5	N/A	0	N/A	0	N/A	22
5	T. Parisi	6	N/A	7	N/A	7	N/A	0	N/A	0	N/A	20
6	S. Totolo	5	N/A	6	N/A	4	N/A	0	N/A	0	N/A	15
7	V. Lechanski	3	N/A	4	N/A	3	N/A	0	N/A	0	N/A	10
8	A. Torres	0	N/A	2	N/A	6	N/A	0	N/A	0	N/A	8
9	L. Habtemariam	1	N/A	5	N/A	0	N/A	0	N/A	0	N/A	6
10	Z. Zender	2	N/A	1	N/A	2	N/A	0	N/A	0	N/A	5
11	K. Tiwari	4	N/A	0	N/A	0	N/A	0	N/A	0	N/A	4
12	K. Davis	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
13	L. Foulon	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
14	M. Tesfaye	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
	Pre-K 2 Year Old - 50 Yard Dash (Boys)											
1	O. Satterfield	10	N/A	7	N/A	9	N/A	0	N/A	0	N/A	26
2	K. Gandhi	4	N/A	10	N/A	10	N/A	0	N/A	0	N/A	24
3	C. Haroian	2	N/A	9	N/A	8	N/A	0	N/A	0	N/A	19
4	K. Chicoine	7	N/A	5	N/A	6	N/A	0	N/A	0	N/A	18
5	J. Baer-Mandel	9	N/A	4	N/A	3	N/A	0	N/A	0	N/A	16
6	A. Merah	1	N/A	6	N/A	7	N/A	0	N/A	0	N/A	14
7	E. Welsh	5	N/A	3	N/A	4	N/A	0	N/A	0	N/A	12
8	J. Caro	3	N/A	8	N/A	0	N/A	0	N/A	0	N/A	11
9	F. Picone	6	N/A	0	N/A	5	N/A	0	N/A	0	N/A	11
10	N. Abankwah	8	N/A	0	N/A	0	N/A	0	N/A	0	N/A	8
11	A. Blazek	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
	Pre-K 3 Year Old - 50 Yard Dash (Girls)											
1	A. Petak	9	N/A	8	N/A	9	N/A	0	N/A	0	N/A	26
2	S. Madaj	8	N/A	5	N/A	6	N/A	0	N/A	0	N/A	19
3	G. Galang	9	N/A	0	N/A	10	N/A	0	N/A	0	N/A	19
4	R. Timbers	10	N/A	9	N/A	0	N/A	0	N/A	0	N/A	19
5	D. Shah	3	N/A	6	N/A	8	N/A	0	N/A	0	N/A	17
6	J. Anstine	7	N/A	0	N/A	7	N/A	0	N/A	0	N/A	14
7	A. Goldberg	2	N/A	7	N/A	4	N/A	0	N/A	0	N/A	13
8	A. Gandhi	5	N/A	3	N/A	5	N/A	0	N/A	0	N/A	13
9	C. Solomovich	4	N/A	4	N/A	3	N/A	0	N/A	0	N/A	11
10	A. Bai	6	N/A	0	N/A	0	N/A	0	N/A	0	N/A	6
11	J. Jeong	0	N/A	2	N/A	0	N/A	0	N/A	0	N/A	2
	Pre-K 3 Year Old - 50 Yard Dash (Boys)											
1	L. Beckman	10	N/A	10	N/A	10	N/A	0	N/A	0	N/A	30
2	A. Pavilus	9	N/A	9	N/A	8	N/A	0	N/A	0	N/A	26
3	L. Herbst	7	N/A	8	N/A	9	N/A	0	N/A	0	N/A	24
4	A. Pavilus	8	N/A	7	N/A	1	N/A	0	N/A	0	N/A	16
5	L. Colino Ondracek	1	N/A	6	N/A	6	N/A	0	N/A	0	N/A	13
6	O. Sullivan	3	N/A	1	N/A	7	N/A	0	N/A	0	N/A	11
7	G. Alfano	5	N/A	5	N/A	1	N/A	0	N/A	0	N/A	11
8	C. Pierce	6	N/A	0	N/A	3	N/A	0	N/A	0	N/A	9

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9	G. Nathan	1	N/A	2	N/A	5	N/A	0	N/A	0	N/A	8
10	J. Mayer	1	N/A	4	N/A	1	N/A	0	N/A	0	N/A	6
11	J. Remick	1	N/A	3	N/A	1	N/A	0	N/A	0	N/A	5
12	M. Teran	2	N/A	1	N/A	1	N/A	0	N/A	0	N/A	4
13	E. Bryant	0	N/A	0	N/A	4	N/A	0	N/A	0	N/A	4
14	B. Azzarello	4	N/A	0	N/A	0	N/A	0	N/A	0	N/A	4
15	E. Barrall	0	N/A	1	N/A	2	N/A	0	N/A	0	N/A	3

Pre-K 4/5 Year Old - 75 Yard Dash (Girls)

1	E. Merah	10	N/A	10	N/A	7	N/A	0	N/A	0	N/A	27
2	C. Chiarodo	7	N/A	9	N/A	8	N/A	0	N/A	0	N/A	24
3	S. Alfano	9	N/A	8	N/A	6	N/A	0	N/A	0	N/A	23
4	E. Sumner	4	N/A	5	N/A	9	N/A	0	N/A	0	N/A	18
5	V. Chicoine	6	N/A	7	N/A	5	N/A	0	N/A	0	N/A	18
6	H. Anstine	8	N/A	0	N/A	10	N/A	0	N/A	0	N/A	18
7	M. Mayer	3	N/A	6	N/A	1	N/A	0	N/A	0	N/A	10
8	L. Korchak	5	N/A	4	N/A	0	N/A	0	N/A	0	N/A	9
9	P. Burdon	1	N/A	1	N/A	3	N/A	0	N/A	0	N/A	5
10	O. Luevano	1	N/A	0	N/A	4	N/A	0	N/A	0	N/A	5
11	V. Reque	1	N/A	1	N/A	2	N/A	0	N/A	0	N/A	4
12	L. Ruhly	1	N/A	2	N/A	1	N/A	0	N/A	0	N/A	4
13	K. Lewis	1	N/A	3	N/A	0	N/A	0	N/A	0	N/A	4
14	C. Rivero	1	N/A	1	N/A	1	N/A	0	N/A	0	N/A	3
15	S. Iqbal	1	N/A	1	N/A	1	N/A	0	N/A	0	N/A	3
16	E. Lively	1	N/A	0	N/A	1	N/A	0	N/A	0	N/A	2
17	C. Hamilton	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
18	E. Gropp	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
19	A. Turner	1	N/A	1	N/A	0	N/A	0	N/A	0	N/A	2
20	A. Tiwari	2	N/A	0	N/A	0	N/A	0	N/A	0	N/A	2
21	J. Jeong	0	N/A	0	N/A	1	N/A	0	N/A	0	N/A	1
22	D. Stowe	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
23	M. Abdeljabbar	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
24	A. Whitfield	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1

Pre-K 4/5 Year Old - 75 Yard Dash (Boys)

1	T. Joseph	10	N/A	10	N/A	10	N/A	0	N/A	0	N/A	30
2	O. Sullivan	8	N/A	9	N/A	9	N/A	0	N/A	0	N/A	26
3	T. Parisi	9	N/A	6	N/A	8	N/A	0	N/A	0	N/A	23
4	T. Habash	7	N/A	7	N/A	7	N/A	0	N/A	0	N/A	21
5	j. broadway	6	N/A	8	N/A	6	N/A	0	N/A	0	N/A	20
6	M. Thomas	5	N/A	5	N/A	2	N/A	0	N/A	0	N/A	12
7	C. Adams	4	N/A	4	N/A	3	N/A	0	N/A	0	N/A	11
8	D. Rauh	1	N/A	2	N/A	4	N/A	0	N/A	0	N/A	7
9	C. Welsh	3	N/A	3	N/A	1	N/A	0	N/A	0	N/A	7
10	B. Chumbes	0	N/A	0	N/A	5	N/A	0	N/A	0	N/A	5
11	L. Brannan	1	N/A	1	N/A	1	N/A	0	N/A	0	N/A	3
12	L. Luna	1	N/A	1	N/A	1	N/A	0	N/A	0	N/A	3
13	M. Zastrow	1	N/A	1	N/A	1	N/A	0	N/A	0	N/A	3
14	N. P	1	N/A	0	N/A	1	N/A	0	N/A	0	N/A	2
15	K. Abankwah	2	N/A	0	N/A	0	N/A	0	N/A	0	N/A	2
16	J. Baker	0	N/A	0	N/A	1	N/A	0	N/A	0	N/A	1

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17	W. Flammia	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
18	O. Fourman	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
19	B. Garcia	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
20	L. Robb	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
21	J. Gwinn	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1

Kindergarten - 1/4 Mile (Girls)												
1	N. Willingham	10	01:56	10	01:55	8	01:59	0	N/A	0	N/A	28
2	K. Lawver	9	01:58	10	01:55	9	01:58	0	N/A	0	N/A	28
3	E. Eberle	8	01:59	8	01:57	10	01:54	0	N/A	0	N/A	26
4	J. Philips	7	02:01	6	02:03	5	02:07	0	N/A	0	N/A	18
5	J. Brooke	1	02:24	7	02:01	6	02:05	0	N/A	0	N/A	14
6	L. Fawbush	0	N/A	5	02:06	7	02:03	0	N/A	0	N/A	12
7	E. Baer-Mandel	5	02:07	2	02:12	3	02:14	0	N/A	0	N/A	10
8	F. Habtemariam	6	02:06	4	02:08	0	N/A	0	N/A	0	N/A	10
9	E. Stennett	4	02:08	3	02:11	1	02:21	0	N/A	0	N/A	8
10	S. Murrey	0	N/A	1	02:20	4	02:08	0	N/A	0	N/A	5
11	R. Remick	1	02:24	1	02:34	2	02:18	0	N/A	0	N/A	4
12	C. Newschwander	2	02:15	1	03:09	1	02:27	0	N/A	0	N/A	4
13	S. Koppersmith	3	02:11	0	N/A	1	02:20	0	N/A	0	N/A	4
14	S. Foulon	1	02:22	1	02:26	1	02:30	0	N/A	0	N/A	3
15	J. Barrall	0	N/A	1	02:30	1	02:30	0	N/A	0	N/A	2
16	I. R	0	N/A	0	N/A	1	02:48	0	N/A	0	N/A	1
17	A. Flammia	0	N/A	1	02:25	0	N/A	0	N/A	0	N/A	1
18	M. Flammia	0	N/A	1	02:25	0	N/A	0	N/A	0	N/A	1
19	S. Nickel	0	N/A	1	02:42	0	N/A	0	N/A	0	N/A	1
20	H. Tesfaye	1	02:40	0	N/A	0	N/A	0	N/A	0	N/A	1

Kindergarten - 1/4 Mile (Boys)												
1	B. Zeilberger	10	01:43	10	01:50	10	01:47	0	N/A	0	N/A	30
2	O. Scherbel	10	01:43	9	01:51	9	01:50	0	N/A	0	N/A	28
3	R. Cathlin	7	01:57	7	01:58	7	01:58	0	N/A	0	N/A	21
4	M. Nathan	7	01:57	6	01:59	6	02:03	0	N/A	0	N/A	19
5	M. Chiste	2	02:07	8	01:56	8	01:55	0	N/A	0	N/A	18
6	R. Livingston	5	02:00	5	02:00	6	02:03	0	N/A	0	N/A	16
7	K. Nguyen	8	01:49	4	02:01	0	N/A	0	N/A	0	N/A	12
8	J. Azzarello	4	02:02	3	02:02	1	02:11	0	N/A	0	N/A	8
9	E. Lin	1	02:16	1	02:06	4	02:06	0	N/A	0	N/A	6
10	O. Picone	1	03:23	0	N/A	4	02:06	0	N/A	0	N/A	5
11	M. Timbers	1	02:11	3	02:02	0	N/A	0	N/A	0	N/A	4
12	P. Deal	1	02:47	3	02:02	0	N/A	0	N/A	0	N/A	4
13	P. Satterfield	3	02:04	1	02:16	0	N/A	0	N/A	0	N/A	4
14	K. Collins	2	02:07	0	N/A	2	02:10	0	N/A	0	N/A	4
15	D. Shikani	1	02:52	1	02:06	1	02:12	0	N/A	0	N/A	3
16	W. Nau	1	02:21	1	02:17	1	02:17	0	N/A	0	N/A	3
17	J. Tritt	1	02:11	1	02:19	1	02:17	0	N/A	0	N/A	3
18	P. Goldberg	1	02:26	1	02:19	1	02:25	0	N/A	0	N/A	3
19	A. Joshi	1	02:24	1	02:25	1	02:30	0	N/A	0	N/A	3
20	L. Teran	1	03:15	1	02:27	1	02:46	0	N/A	0	N/A	3
21	N. Asudegi	1	02:36	1	02:52	1	02:58	0	N/A	0	N/A	3
22	C. Stone	1	03:23	1	03:09	1	03:02	0	N/A	0	N/A	3

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23	I. Saab	1	02:13	1	02:20	0	N/A	0	N/A	0	N/A	2
24	D. Tadesse	0	N/A	0	N/A	1	03:11	0	N/A	0	N/A	1
25	C. Hohman	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
26	B. Chumbes	0	N/A	1	02:28	0	N/A	0	N/A	0	N/A	1

	1st Grade - 1/4 Mile (Girls)											
1	A. Haroian	10	01:48	10	01:53	10	01:47	0	N/A	0	N/A	30
2	L. Milstein	9	01:52	9	01:59	9	01:48	0	N/A	0	N/A	27
3	A. Weinberg	7	02:01	8	02:03	6	02:06	0	N/A	0	N/A	21
4	C. Fuller	6	02:03	7	02:05	7	02:01	0	N/A	0	N/A	20
5	L. Herbst	8	01:58	6	02:07	2	02:29	0	N/A	0	N/A	16
6	M. Lechanski	4	02:10	5	02:14	5	02:07	0	N/A	0	N/A	14
7	K. Beckman	5	02:05	4	02:18	3	02:16	0	N/A	0	N/A	12
8	Z. Brown	0	N/A	0	N/A	8	01:49	0	N/A	0	N/A	8
9	I. Simeon	2	02:24	0	N/A	4	02:11	0	N/A	0	N/A	6
10	I. Diaz	1	02:27	2	02:28	1	02:43	0	N/A	0	N/A	4
11	E. Holup	1	02:27	3	02:22	0	N/A	0	N/A	0	N/A	4
12	J. Tritt	1	02:25	1	02:30	1	03:00	0	N/A	0	N/A	3
13	N. Garcia	3	02:13	0	N/A	0	N/A	0	N/A	0	N/A	3
14	M. Erry	0	N/A	0	N/A	1	03:01	0	N/A	0	N/A	1

	1st Grade - 1/4 Mile (Boys)											
1	H. Ng	10	01:35	10	01:38	10	01:39	0	N/A	0	N/A	30
2	L. Colino Ondracek	9	01:39	9	01:40	10	01:39	0	N/A	0	N/A	28
3	R. Shah	8	01:43	8	01:41	8	01:42	0	N/A	0	N/A	24
4	L. Azzarello	2	01:52	7	01:43	7	01:46	0	N/A	0	N/A	16
5	J. Adams	5	01:47	6	01:45	5	01:51	0	N/A	0	N/A	16
6	J. McAfoos	7	01:45	5	01:48	3	01:53	0	N/A	0	N/A	15
7	N. Merah	5	01:47	4	01:52	1	01:57	0	N/A	0	N/A	10
8	H. Madaj	1	01:55	2	01:56	6	01:47	0	N/A	0	N/A	9
9	M. Rozen	7	01:45	0	N/A	0	N/A	0	N/A	0	N/A	7
10	A. Luevano	1	01:56	0	N/A	4	01:52	0	N/A	0	N/A	5
11	P. Fawbush	0	N/A	3	01:54	2	01:56	0	N/A	0	N/A	5
12	A. Saab	3	01:48	1	01:59	0	N/A	0	N/A	0	N/A	4
13	L. Totolo	1	01:57	1	02:08	1	01:58	0	N/A	0	N/A	3
14	C. Ruhly	1	02:38	1	02:38	1	02:50	0	N/A	0	N/A	3
15	H. Hamilton	1	02:53	1	02:57	0	N/A	0	N/A	0	N/A	2
16	D. Dippold	1	01:57	0	N/A	0	N/A	0	N/A	0	N/A	1
17	G. Stowe	1	02:16	0	N/A	0	N/A	0	N/A	0	N/A	1

	2nd & 3rd Grade - 1/2 Mile (Girls)											
1	B. Beckman	10	03:03	10	03:14	10	03:22	0	N/A	0	N/A	30
2	S. Iqbal	9	03:22	9	03:32	8	03:33	0	N/A	0	N/A	26
3	A. Pavilus	8	03:25	8	03:45	9	03:32	0	N/A	0	N/A	25
4	A. Saunders	7	03:34	7	03:50	6	03:54	0	N/A	0	N/A	20
5	F. Richey	6	03:40	6	03:55	7	03:52	0	N/A	0	N/A	19
6	H. Zastrow	4	03:51	2	04:04	5	04:00	0	N/A	0	N/A	11
7	R. Willingham	4	03:51	5	03:58	1	04:20	0	N/A	0	N/A	10
8	B. Western	5	03:48	0	N/A	4	04:04	0	N/A	0	N/A	9
9	M. Gandhi	2	03:52	3	04:01	2	04:17	0	N/A	0	N/A	7
10	G. Addis	1	04:03	4	04:00	1	04:21	0	N/A	0	N/A	6
11	G. Eberle	1	04:17	1	04:07	3	04:12	0	N/A	0	N/A	5

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12	L. Rivero	1	04:13	1	04:33	1	04:22	0	N/A	0	N/A	3
13	K. Lewis	1	04:18	1	04:22	0	N/A	0	N/A	0	N/A	2
14	S. Evans	1	04:15	0	N/A	0	N/A	0	N/A	0	N/A	1
15	A. Deal	1	04:17	0	N/A	0	N/A	0	N/A	0	N/A	1

2nd & 3rd Grade - 1/2 Mile (Boys)

1	A. Cathlin	10	03:01	10	03:02	10	03:03	0	N/A	0	N/A	30
2	J. Monaghan	9	03:03	7	03:13	9	03:11	0	N/A	0	N/A	25
3	M. Destine	9	03:03	8	03:12	5	03:20	0	N/A	0	N/A	22
4	L. Monaghan	6	03:09	9	03:11	7	03:17	0	N/A	0	N/A	22
5	M. Monaghan	7	03:05	4	03:19	6	03:19	0	N/A	0	N/A	17
6	A. Lin	3	03:32	6	03:16	3	03:40	0	N/A	0	N/A	12
7	J. Shikani	0	N/A	2	03:29	8	03:13	0	N/A	0	N/A	10
8	K. Nguyen	4	03:30	3	03:25	1	05:05	0	N/A	0	N/A	8
9	O. Fuller	1	03:37	1	03:30	4	03:26	0	N/A	0	N/A	6
10	J. Hohman	0	N/A	6	03:16	0	N/A	0	N/A	0	N/A	6
11	L. Chiarodo	3	03:32	1	04:02	1	04:09	0	N/A	0	N/A	5
12	O. Fleming	5	03:20	0	N/A	0	N/A	0	N/A	0	N/A	5
13	C. Binswanger	1	03:40	1	03:42	2	03:44	0	N/A	0	N/A	4
14	P. Hu	1	03:42	1	03:49	1	03:52	0	N/A	0	N/A	3
15	S. Schuck	1	03:42	1	03:49	1	03:53	0	N/A	0	N/A	3
16	T. Caro	1	03:41	1	03:51	1	03:59	0	N/A	0	N/A	3
17	N. Alfano	1	03:46	1	03:48	1	04:11	0	N/A	0	N/A	3
18	J. Stone	1	04:33	1	04:30	1	04:15	0	N/A	0	N/A	3
19	W. Lively	0	N/A	1	04:20	1	04:25	0	N/A	0	N/A	2
20	O. Escobar	0	N/A	1	04:24	1	04:35	0	N/A	0	N/A	2
21	M. Gomez	1	03:36	0	N/A	1	03:58	0	N/A	0	N/A	2
22	S. Weiss	1	03:33	1	03:44	0	N/A	0	N/A	0	N/A	2
23	T. English	1	04:34	0	N/A	0	N/A	0	N/A	0	N/A	1
24	J. Bai	1	04:40	0	N/A	0	N/A	0	N/A	0	N/A	1

4th & 5th Grade - 1 Mile (Girls)

1	S. Ferguson	10	07:57	10	07:14	10	07:30	0	N/A	0	N/A	30
2	E. Oaks	9	08:31	8	08:03	8	08:05	0	N/A	0	N/A	25
3	R. Zeilberger	0	N/A	9	07:32	9	07:57	0	N/A	0	N/A	18
4	A. Chumbes	0	N/A	7	09:29	7	09:44	0	N/A	0	N/A	14
5	E. Addis	0	N/A	6	12:52	0	N/A	0	N/A	0	N/A	6

4th & 5th Grade - 1 Mile (Boys)

1	B. Zaslavskiy	9	07:11	9	06:32	10	06:20	0	N/A	0	N/A	28
2	D. Green	9	07:11	10	06:31	9	06:23	0	N/A	0	N/A	28
3	O. Western	10	06:28	9	06:32	8	06:51	0	N/A	0	N/A	27
4	T. Borny	7	07:18	7	07:27	7	07:53	0	N/A	0	N/A	21
5	A. Pavilus	6	07:57	5	08:18	6	08:35	0	N/A	0	N/A	17
6	B. Gillott	4	10:09	6	08:05	4	09:08	0	N/A	0	N/A	14
7	M. Soto	5	09:35	4	08:40	5	08:49	0	N/A	0	N/A	14

6th - 8th Grade - 1 Mile (Girls)

1	R. Destine	10	05:56	10	06:21	10	06:17	0	N/A	0	N/A	30
2	S. Borny	9	06:30	9	06:37	9	06:50	0	N/A	0	N/A	27

6th - 8th Grade - 1 Mile (Boys)

1	D. Gillott	10	05:56	10	06:19	10	06:13	0	N/A	0	N/A	30
2	E. DIENER	0	N/A	9	07:07	9	07:34	0	N/A	0	N/A	18