

Healthy Kids Running Series 2026 Fall

Arlington, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
	Pre-K 2 Year Old - 50 Yard Dash (Girls)											
1	J. Gonder	8	N/A	9	N/A	5	N/A	10	N/A	10	N/A	42
2	C. Lawver	10	N/A	3	N/A	10	N/A	9	N/A	7	N/A	39
3	L. Galang	9	N/A	8	N/A	8	N/A	3	N/A	9	N/A	37
4	T. Parisi	6	N/A	7	N/A	7	N/A	6	N/A	8	N/A	34
5	S. Messner	7	N/A	10	N/A	9	N/A	8	N/A	0	N/A	34
6	V. Lechanski	3	N/A	4	N/A	3	N/A	7	N/A	4	N/A	21
7	A. Torres	0	N/A	2	N/A	6	N/A	5	N/A	6	N/A	19
8	S. Totolo	5	N/A	6	N/A	4	N/A	0	N/A	0	N/A	15
9	K. Tiwari	4	N/A	0	N/A	0	N/A	4	N/A	5	N/A	13
10	Z. Zender	2	N/A	1	N/A	2	N/A	1	N/A	3	N/A	9
11	L. Habtemariam	1	N/A	5	N/A	0	N/A	2	N/A	0	N/A	8
12	K. Davis	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
13	L. Foulon	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
14	M. Tesfaye	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
	Pre-K 2 Year Old - 50 Yard Dash (Boys)											
1	K. Gandhi	4	N/A	10	N/A	10	N/A	10	N/A	10	N/A	44
2	O. Satterfield	10	N/A	7	N/A	9	N/A	8	N/A	9	N/A	43
3	C. Haroian	2	N/A	9	N/A	8	N/A	6	N/A	7	N/A	32
4	K. Chicoine	7	N/A	5	N/A	6	N/A	9	N/A	5	N/A	32
5	A. Merah	1	N/A	6	N/A	7	N/A	7	N/A	8	N/A	29
6	J. Baer-Mandel	9	N/A	4	N/A	3	N/A	4	N/A	2	N/A	22
7	F. Picone	6	N/A	0	N/A	5	N/A	5	N/A	6	N/A	22
8	E. Welsh	5	N/A	3	N/A	4	N/A	5	N/A	4	N/A	21
9	J. Caro	3	N/A	8	N/A	0	N/A	3	N/A	3	N/A	17
10	N. Abankwah	8	N/A	0	N/A	0	N/A	0	N/A	0	N/A	8
11	A. Blazek	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
	Pre-K 3 Year Old - 50 Yard Dash (Girls)											
1	A. Petak	9	N/A	8	N/A	9	N/A	6	N/A	7	N/A	39
2	D. Shah	3	N/A	6	N/A	8	N/A	10	N/A	10	N/A	37
3	S. Madaj	8	N/A	5	N/A	6	N/A	8	N/A	6	N/A	33
4	R. Timbers	10	N/A	9	N/A	0	N/A	5	N/A	9	N/A	33
5	G. Galang	9	N/A	0	N/A	10	N/A	9	N/A	1	N/A	29
6	J. Anstine	7	N/A	0	N/A	7	N/A	7	N/A	5	N/A	26
7	A. Gandhi	5	N/A	3	N/A	5	N/A	3	N/A	4	N/A	20
8	C. Solomovich	4	N/A	4	N/A	3	N/A	4	N/A	3	N/A	18
9	A. Goldberg	2	N/A	7	N/A	4	N/A	2	N/A	2	N/A	17
10	A. Bai	6	N/A	0	N/A	0	N/A	0	N/A	8	N/A	14
11	J. Jeong	0	N/A	2	N/A	0	N/A	0	N/A	0	N/A	2
12	V. Smith	0	N/A	0	N/A	0	N/A	0	N/A	1	N/A	1
	Pre-K 3 Year Old - 50 Yard Dash (Boys)											
1	L. Beckman	10	N/A	10	N/A	10	N/A	8	N/A	10	N/A	48
2	A. Pavilus	9	N/A	9	N/A	8	N/A	10	N/A	8	N/A	44
3	L. Herbst	7	N/A	8	N/A	9	N/A	7	N/A	4	N/A	35
4	O. Sullivan	3	N/A	1	N/A	7	N/A	9	N/A	9	N/A	29
5	G. Alfano	5	N/A	5	N/A	1	N/A	5	N/A	6	N/A	22
6	L. Colino Ondracek	1	N/A	6	N/A	6	N/A	4	N/A	3	N/A	20
7	A. Pavilus	8	N/A	7	N/A	1	N/A	1	N/A	1	N/A	18

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8	J. Remick	1	N/A	3	N/A	1	N/A	6	N/A	7	N/A	18
9	M. Teran	2	N/A	1	N/A	1	N/A	3	N/A	5	N/A	12
10	C. Pierce	6	N/A	0	N/A	3	N/A	2	N/A	1	N/A	12
11	G. Nathan	1	N/A	2	N/A	5	N/A	1	N/A	1	N/A	10
12	J. Mayer	1	N/A	4	N/A	1	N/A	1	N/A	1	N/A	8
13	E. Barrall	0	N/A	1	N/A	2	N/A	1	N/A	2	N/A	6
14	B. Azzarello	4	N/A	0	N/A	0	N/A	0	N/A	1	N/A	5
15	E. Bryant	0	N/A	0	N/A	4	N/A	0	N/A	0	N/A	4

Pre-K 4/5 Year Old - 75 Yard Dash (Girls)

1	E. Merah	10	N/A	10	N/A	7	N/A	10	N/A	9	N/A	46
2	C. Chiarodo	7	N/A	9	N/A	8	N/A	9	N/A	10	N/A	43
3	S. Alfano	9	N/A	8	N/A	6	N/A	3	N/A	8	N/A	34
4	H. Anstine	8	N/A	0	N/A	10	N/A	8	N/A	6	N/A	32
5	V. Chicoine	6	N/A	7	N/A	5	N/A	6	N/A	2	N/A	26
6	E. Sumner	4	N/A	5	N/A	9	N/A	2	N/A	1	N/A	21
7	M. Mayer	3	N/A	6	N/A	1	N/A	5	N/A	4	N/A	19
8	A. Whitfield	1	N/A	0	N/A	5	N/A	7	N/A	5	N/A	18
9	L. Korchak	5	N/A	4	N/A	0	N/A	0	N/A	0	N/A	9
10	K. Lewis	1	N/A	3	N/A	0	N/A	1	N/A	3	N/A	8
11	A. Tiwari	2	N/A	0	N/A	0	N/A	4	N/A	1	N/A	7
12	G. Smith	0	N/A	0	N/A	0	N/A	0	N/A	7	N/A	7
13	V. Reque	1	N/A	1	N/A	2	N/A	1	N/A	1	N/A	6
14	L. Ruhly	1	N/A	2	N/A	1	N/A	1	N/A	1	N/A	6
15	P. Burdon	1	N/A	1	N/A	3	N/A	1	N/A	0	N/A	6
16	O. Luevano	1	N/A	0	N/A	4	N/A	0	N/A	0	N/A	5
17	E. Lively	1	N/A	0	N/A	1	N/A	1	N/A	1	N/A	4
18	A. Turner	1	N/A	1	N/A	0	N/A	1	N/A	1	N/A	4
19	C. Hamilton	1	N/A	1	N/A	0	N/A	1	N/A	1	N/A	4
20	S. Iqbal	1	N/A	1	N/A	1	N/A	0	N/A	1	N/A	4
21	C. Rivero	1	N/A	1	N/A	1	N/A	0	N/A	1	N/A	4
22	J. Jeong	0	N/A	0	N/A	1	N/A	1	N/A	1	N/A	3
23	E. Gropp	1	N/A	1	N/A	0	N/A	0	N/A	1	N/A	3
24	M. Abdeljabbar	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
25	D. Stowe	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1

Pre-K 4/5 Year Old - 75 Yard Dash (Boys)

1	T. Joseph	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	O. Sullivan	8	N/A	9	N/A	9	N/A	8	N/A	9	N/A	43
3	T. Parisi	9	N/A	6	N/A	8	N/A	9	N/A	8	N/A	40
4	j. broadway	6	N/A	8	N/A	6	N/A	7	N/A	7	N/A	34
5	T. Habash	7	N/A	7	N/A	7	N/A	6	N/A	6	N/A	33
6	C. Welsh	3	N/A	3	N/A	1	N/A	4	N/A	4	N/A	15
7	B. Chumbes	0	N/A	0	N/A	5	N/A	5	N/A	5	N/A	15
8	C. Adams	4	N/A	4	N/A	3	N/A	1	N/A	2	N/A	14
9	M. Thomas	5	N/A	5	N/A	2	N/A	0	N/A	1	N/A	13
10	D. Rauh	1	N/A	2	N/A	4	N/A	1	N/A	0	N/A	8
11	N. P	1	N/A	0	N/A	1	N/A	3	N/A	3	N/A	8
12	M. Zastrow	1	N/A	1	N/A	1	N/A	2	N/A	1	N/A	6
13	L. Luna	1	N/A	1	N/A	1	N/A	0	N/A	1	N/A	4
14	L. Brannan	1	N/A	1	N/A	1	N/A	1	N/A	0	N/A	4

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15	O. Fourman	1	N/A	0	N/A	0	N/A	0	N/A	1	N/A	2
16	L. Robb	1	N/A	0	N/A	0	N/A	0	N/A	1	N/A	2
17	K. Abankwah	2	N/A	0	N/A	0	N/A	0	N/A	0	N/A	2
18	J. Baker	0	N/A	0	N/A	1	N/A	0	N/A	0	N/A	1
19	W. Flammia	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
20	J. Gwinn	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
21	B. Garcia	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
Kindergarten - 1/4 Mile (Girls)												
1	K. Lawver	9	01:58	9	01:56	9	01:58	10	01:56	10	01:50	47
2	N. Willingham	10	01:56	10	01:55	8	01:59	8	02:03	8	01:55	44
3	E. Eberle	8	01:59	8	01:57	10	01:54	9	02:00	9	01:51	44
4	J. Philips	7	02:01	6	02:03	5	02:07	5	02:05	8	01:55	31
5	J. Brooke	1	02:24	7	02:01	6	02:05	8	02:03	0	N/A	22
6	F. Habtemariam	6	02:06	4	02:08	0	N/A	4	02:06	6	02:00	20
7	L. Fawbush	0	N/A	5	02:06	7	02:03	6	02:04	0	N/A	18
8	E. Baer-Mandel	5	02:07	2	02:12	3	02:14	1	02:16	4	02:03	15
9	S. Murrey	0	N/A	1	02:20	4	02:08	3	02:08	6	02:00	14
10	E. Stennett	4	02:08	3	02:11	1	02:21	2	02:13	1	02:15	11
11	S. Koppersmith	3	02:11	0	N/A	1	02:20	0	N/A	3	02:06	7
12	R. Remick	1	02:24	1	02:34	2	02:18	1	02:14	1	02:16	6
13	C. Newschwander	2	02:15	1	03:09	1	02:27	1	02:50	1	02:20	6
14	S. Foulon	1	02:22	1	02:26	1	02:30	1	02:18	1	02:17	5
15	J. Barrall	0	N/A	1	02:30	1	02:30	1	02:14	2	02:10	5
16	S. Nickel	0	N/A	1	02:42	0	N/A	0	N/A	1	02:13	2
17	I. R	0	N/A	0	N/A	1	02:48	0	N/A	0	N/A	1
18	A. Flammia	0	N/A	1	02:25	0	N/A	0	N/A	0	N/A	1
19	M. Flammia	0	N/A	1	02:25	0	N/A	0	N/A	0	N/A	1
20	H. Tesfaye	1	02:40	0	N/A	0	N/A	0	N/A	0	N/A	1
Kindergarten - 1/4 Mile (Boys)												
1	B. Zeilberger	10	01:43	10	01:50	10	01:47	10	01:43	10	01:39	50
2	O. Scherbel	10	01:43	9	01:51	9	01:50	9	01:48	9	01:43	46
3	M. Chiste	2	02:07	8	01:56	8	01:55	8	01:56	8	01:51	34
4	M. Nathan	7	01:57	6	01:59	6	02:03	7	01:58	7	01:52	33
5	R. Cathlin	7	01:57	7	01:58	7	01:58	0	N/A	6	01:54	27
6	R. Livingston	5	02:00	5	02:00	6	02:03	5	02:00	3	01:58	24
7	K. Nguyen	8	01:49	4	02:01	0	N/A	4	02:02	0	N/A	16
8	M. Timbers	1	02:11	3	02:02	0	N/A	6	01:59	2	02:01	12
9	J. Azzarello	4	02:02	3	02:02	1	02:11	0	N/A	4	01:56	12
10	P. Deal	1	02:47	3	02:02	0	N/A	0	N/A	5	01:55	9
11	D. Shikani	1	02:52	1	02:06	1	02:12	3	02:05	1	02:06	7
12	O. Picone	1	03:23	0	N/A	4	02:06	1	02:21	1	02:05	7
13	E. Lin	1	02:16	1	02:06	4	02:06	0	N/A	1	02:21	7
14	K. Collins	2	02:07	0	N/A	2	02:10	2	02:06	0	N/A	6
15	J. Tritt	1	02:11	1	02:19	1	02:17	1	02:14	1	02:14	5
16	W. Nau	1	02:21	1	02:17	1	02:17	1	02:19	1	02:19	5
17	P. Goldberg	1	02:26	1	02:19	1	02:25	1	02:20	1	02:20	5
18	L. Teran	1	03:15	1	02:27	1	02:46	1	02:30	1	02:23	5
19	N. Asudegi	1	02:36	1	02:52	1	02:58	1	02:33	1	02:34	5
20	C. Stone	1	03:23	1	03:09	1	03:02	1	03:03	1	02:51	5

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21	A. Joshi	1	02:24	1	02:25	1	02:30	1	03:26	0	N/A	4
22	P. Satterfield	3	02:04	1	02:16	0	N/A	0	N/A	0	N/A	4
23	D. Tadesse	0	N/A	0	N/A	1	03:11	1	02:50	1	02:55	3
24	I. Saab	1	02:13	1	02:20	0	N/A	0	N/A	0	N/A	2
25	C. Hohman	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
26	B. Chumbes	0	N/A	1	02:28	0	N/A	0	N/A	0	N/A	1

1st Grade - 1/4 Mile (Girls)

1	A. Haroian	10	01:48	10	01:53	10	01:47	10	01:46	9	01:43	49
2	L. Milstein	9	01:52	9	01:59	9	01:48	8	01:56	10	01:42	45
3	A. Weinberg	7	02:01	8	02:03	6	02:06	9	01:48	8	01:50	38
4	C. Fuller	6	02:03	7	02:05	7	02:01	7	02:02	3	02:12	30
5	L. Herbst	8	01:58	6	02:07	2	02:29	6	02:04	5	02:02	27
6	M. Lechanski	4	02:10	5	02:14	5	02:07	5	02:08	7	02:00	26
7	K. Beckman	5	02:05	4	02:18	3	02:16	4	02:11	6	02:01	22
8	I. Diaz	1	02:27	2	02:28	1	02:43	2	02:30	2	02:22	8
9	Z. Brown	0	N/A	0	N/A	8	01:49	0	N/A	0	N/A	8
10	E. Holup	1	02:27	3	02:22	0	N/A	3	02:18	0	N/A	7
11	N. Garcia	3	02:13	0	N/A	0	N/A	0	N/A	4	02:03	7
12	I. Simeon	2	02:24	0	N/A	4	02:11	0	N/A	0	N/A	6
13	J. Tritt	1	02:25	1	02:30	1	03:00	1	02:35	1	02:30	5
14	M. Erry	0	N/A	0	N/A	1	03:01	0	N/A	1	02:43	2

1st Grade - 1/4 Mile (Boys)

1	H. Ng	10	01:35	10	01:38	10	01:39	9	01:40	10	01:32	49
2	L. Colino Ondracek	9	01:39	9	01:40	10	01:39	10	01:37	9	01:34	47
3	R. Shah	8	01:43	8	01:41	8	01:42	6	01:44	7	01:40	37
4	J. Adams	5	01:47	6	01:45	5	01:51	8	01:41	8	01:37	32
5	L. Azzarello	2	01:52	7	01:43	7	01:46	4	01:49	3	01:48	23
6	J. McAfoos	7	01:45	5	01:48	3	01:53	1	02:07	2	01:49	18
7	H. Madaj	1	01:55	2	01:56	6	01:47	1	01:55	6	01:42	16
8	N. Merah	5	01:47	4	01:52	1	01:57	2	01:53	4	01:47	16
9	P. Fawbush	0	N/A	3	01:54	2	01:56	8	01:41	0	N/A	13
10	A. Luevano	1	01:56	0	N/A	4	01:52	5	01:47	0	N/A	10
11	M. Rozen	7	01:45	0	N/A	0	N/A	3	01:51	0	N/A	10
12	L. Totolo	1	01:57	1	02:08	1	01:58	0	N/A	5	01:45	8
13	C. Ruhly	1	02:38	1	02:38	1	02:50	1	02:20	1	01:55	5
14	H. Hamilton	1	02:53	1	02:57	0	N/A	1	02:24	1	02:09	4
15	A. Saab	3	01:48	1	01:59	0	N/A	0	N/A	0	N/A	4
16	D. Dippold	1	01:57	0	N/A	0	N/A	0	N/A	0	N/A	1
17	G. Stowe	1	02:16	0	N/A	0	N/A	0	N/A	0	N/A	1

2nd & 3rd Grade - 1/2 Mile (Girls)

1	B. Beckman	10	03:03	10	03:14	10	03:22	10	03:04	10	03:01	50
2	A. Pavilus	8	03:25	8	03:45	9	03:32	9	03:21	9	03:23	43
3	S. Iqbal	9	03:22	9	03:32	8	03:33	8	03:26	7	03:28	41
4	F. Richey	6	03:40	6	03:55	7	03:52	7	03:45	8	03:27	34
5	A. Saunders	7	03:34	7	03:50	6	03:54	0	N/A	0	N/A	20
6	H. Zastrow	4	03:51	2	04:04	5	04:00	5	03:55	2	03:56	18
7	R. Willingham	4	03:51	5	03:58	1	04:20	1	04:09	5	03:46	16
8	B. Western	5	03:48	0	N/A	4	04:04	6	03:54	0	N/A	15
9	G. Eberle	1	04:17	1	04:07	3	04:12	5	03:55	4	03:50	14

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10	K. Lewis	1	04:18	1	04:22	0	N/A	3	03:57	6	03:43	11
11	M. Gandhi	2	03:52	3	04:01	2	04:17	2	03:59	1	04:05	10
12	G. Addis	1	04:03	4	04:00	1	04:21	0	N/A	1	04:12	7
13	S. Evans	1	04:15	0	N/A	0	N/A	1	04:04	3	03:54	5
14	L. Rivero	1	04:13	1	04:33	1	04:22	0	N/A	1	04:18	4
15	A. Deal	1	04:17	0	N/A	0	N/A	0	N/A	1	04:24	2

2nd & 3rd Grade - 1/2 Mile (Boys)

1	A. Cathlin	10	03:01	10	03:02	10	03:03	10	02:58	10	02:51	50
2	J. Monaghan	9	03:03	7	03:13	9	03:11	9	03:01	9	02:52	43
3	M. Destine	9	03:03	8	03:12	5	03:20	8	03:04	8	02:54	38
4	L. Monaghan	6	03:09	9	03:11	7	03:17	7	03:08	7	02:59	36
5	M. Monaghan	7	03:05	4	03:19	6	03:19	5	03:11	5	03:06	27
6	J. Shikani	0	N/A	2	03:29	8	03:13	5	03:11	6	03:00	21
7	A. Lin	3	03:32	6	03:16	3	03:40	0	N/A	5	03:06	17
8	O. Fleming	5	03:20	0	N/A	0	N/A	6	03:09	3	03:16	14
9	K. Nguyen	4	03:30	3	03:25	1	05:05	3	03:29	2	03:21	13
10	L. Chiarodo	3	03:32	1	04:02	1	04:09	1	04:06	1	03:55	7
11	O. Fuller	1	03:37	1	03:30	4	03:26	1	03:37	0	N/A	7
12	S. Schuck	1	03:42	1	03:49	1	03:53	2	03:36	1	03:36	6
13	J. Hohman	0	N/A	6	03:16	0	N/A	0	N/A	0	N/A	6
14	N. Alfano	1	03:46	1	03:48	1	04:11	1	03:54	1	03:30	5
15	T. Caro	1	03:41	1	03:51	1	03:59	1	03:45	1	03:37	5
16	J. Stone	1	04:33	1	04:30	1	04:15	1	04:08	1	04:09	5
17	C. Binswanger	1	03:40	1	03:42	2	03:44	1	03:50	0	N/A	5
18	O. Escobar	0	N/A	1	04:24	1	04:35	1	03:59	1	03:39	4
19	W. Lively	0	N/A	1	04:20	1	04:25	1	04:09	1	04:17	4
20	P. Hu	1	03:42	1	03:49	1	03:52	0	N/A	1	03:42	4
21	T. English	1	04:34	0	N/A	0	N/A	1	04:12	1	04:07	3
22	J. Bai	1	04:40	0	N/A	0	N/A	1	04:13	1	04:26	3
23	M. Gomez	1	03:36	0	N/A	1	03:58	0	N/A	1	N/A	3
24	S. Weiss	1	03:33	1	03:44	0	N/A	0	N/A	0	N/A	2

4th & 5th Grade - 1 Mile (Girls)

1	S. Ferguson	10	07:57	10	07:14	10	07:30	10	07:01	10	06:44	50
2	E. Oaks	9	08:31	8	08:03	8	08:05	8	07:51	8	07:43	41
3	R. Zeilberger	0	N/A	9	07:32	9	07:57	9	07:15	9	06:50	36
4	A. Chumbes	0	N/A	7	09:29	7	09:44	7	09:56	7	08:02	28
5	E. Addis	0	N/A	6	12:52	0	N/A	0	N/A	0	N/A	6

4th & 5th Grade - 1 Mile (Boys)

1	B. Zaslavskiy	9	07:11	9	06:32	10	06:20	10	06:10	10	05:51	48
2	D. Green	9	07:11	10	06:31	9	06:23	9	06:11	9	06:18	46
3	T. Borny	7	07:18	7	07:27	7	07:53	6	07:20	8	06:55	35
4	O. Western	10	06:28	9	06:32	8	06:51	8	06:12	0	N/A	35
5	A. Pavilus	6	07:57	5	08:18	6	08:35	5	07:56	7	07:32	29
6	M. Soto	5	09:35	4	08:40	5	08:49	7	06:51	5	08:35	26
7	B. Gillott	4	10:09	6	08:05	4	09:08	0	N/A	6	07:42	20

	6th - 8th Grade - 1 Mile (Girls)
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1	R. Destine	10	05:56	10	06:21	10	06:17	10	06:03	10	05:27	50
2	S. Borny	9	06:30	9	06:37	9	06:50	9	06:13	9	06:23	45

	6th - 8th Grade - 1 Mile (Boys)
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Healthy Kids Running Series 2026 Fall

Arlington, VA

1	D. Gillott	10	05:56	10	06:19	10	06:13	0	N/A	10	05:36	40
2	E. DIENER	0	N/A	9	07:07	9	07:34	10	07:26	9	06:57	37