

Healthy Kids Running Series 2026 Spring Allentown, PA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 2/3 Year Old - 50 Yard Dash (Girls)												
1	W. Reightler	10	N/A	10	N/A	10	N/A	10	N/A	0	N/A	40
2	A. Baysinger	8	N/A	4	N/A	9	N/A	8	N/A	0	N/A	29
3	L. Carpenter	7	N/A	7	N/A	8	N/A	7	N/A	0	N/A	29
4	M. Cocco	9	N/A	9	N/A	0	N/A	9	N/A	0	N/A	27
5	J. Labenberg	1	N/A	3	N/A	7	N/A	4	N/A	0	N/A	15
6	J. Krause	4	N/A	5	N/A	0	N/A	6	N/A	0	N/A	15
7	E. Stettler	6	N/A	8	N/A	0	N/A	0	N/A	0	N/A	14
8	M. Director	3	N/A	6	N/A	0	N/A	0	N/A	0	N/A	9
9	L. Ham	5	N/A	1	N/A	0	N/A	1	N/A	0	N/A	7
10	A. Feng	2	N/A	0	N/A	0	N/A	5	N/A	0	N/A	7
11	M. Layton	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
Pre-K 2/3 Year Old - 50 Yard Dash (Boys)												
1	A. McCaslin	10	N/A	10	N/A	10	N/A	10	N/A	0	N/A	40
2	N. Wolf	9	N/A	9	N/A	9	N/A	9	N/A	0	N/A	36
3	Z. Jimenez	7	N/A	8	N/A	8	N/A	8	N/A	0	N/A	31
4	J. Brown	8	N/A	4	N/A	6	N/A	7	N/A	0	N/A	25
5	K. Peters	5	N/A	7	N/A	7	N/A	5	N/A	0	N/A	24
6	I. Keeley	6	N/A	6	N/A	4	N/A	6	N/A	0	N/A	22
7	C. Bolen	1	N/A	3	N/A	5	N/A	4	N/A	0	N/A	13
8	R. MCNEAR	4	N/A	5	N/A	2	N/A	2	N/A	0	N/A	13
9	S. Stern	3	N/A	2	N/A	0	N/A	3	N/A	0	N/A	8
10	D. Lerch	1	N/A	1	N/A	3	N/A	1	N/A	0	N/A	6
11	C. Metzger	1	N/A	1	N/A	0	N/A	1	N/A	0	N/A	3
12	S. Singh	2	N/A	0	N/A	0	N/A	1	N/A	0	N/A	3
13	A. Falgout	1	N/A	0	N/A	0	N/A	1	N/A	0	N/A	2
14	A. Quinlan	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
Pre-K 3 Year Old - 50 Yard Dash (Girls)												
1	C. Sarrge	10	N/A	9	N/A	10	N/A	9	N/A	0	N/A	38
2	E. Harbon	7	N/A	10	N/A	9	N/A	8	N/A	0	N/A	34
3	S. Sedlock	6	N/A	7	N/A	7	N/A	6	N/A	0	N/A	26
4	M. Winter	8	N/A	8	N/A	0	N/A	7	N/A	0	N/A	23
5	D. McMahon	9	N/A	0	N/A	0	N/A	10	N/A	0	N/A	19
6	R. Elinich	3	N/A	2	N/A	6	N/A	4	N/A	0	N/A	15
7	O. Malinowski	4	N/A	6	N/A	0	N/A	5	N/A	0	N/A	15
8	R. Reber	0	N/A	4	N/A	8	N/A	0	N/A	0	N/A	12
9	K. Dutan	2	N/A	5	N/A	0	N/A	3	N/A	0	N/A	10
10	N. Keck	5	N/A	3	N/A	0	N/A	2	N/A	0	N/A	10
11	N. Kinslow	1	N/A	1	N/A	0	N/A	1	N/A	0	N/A	3
Pre-K 4 Year Old - 75 Yard Dash (Girls)												
1	L. Dimitriadis	10	N/A	10	N/A	10	N/A	8	N/A	0	N/A	38
2	C. Carter	9	N/A	9	N/A	8	N/A	9	N/A	0	N/A	35
3	S. Edouard	0	N/A	8	N/A	9	N/A	10	N/A	0	N/A	27
4	K. Jenkins	6	N/A	4	N/A	7	N/A	6	N/A	0	N/A	23
5	L. Haugh	7	N/A	2	N/A	6	N/A	5	N/A	0	N/A	20
6	S. Frassetto	5	N/A	7	N/A	0	N/A	7	N/A	0	N/A	19
7	A. Antonucci	8	N/A	7	N/A	0	N/A	0	N/A	0	N/A	15
8	R. Worman	4	N/A	1	N/A	0	N/A	3	N/A	0	N/A	8

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9	E. Dearstyne	0	N/A	3	N/A	0	N/A	4	N/A	0	N/A	7
10	H. Bartocci	0	N/A	7	N/A	0	N/A	0	N/A	0	N/A	7
11	B. Calizo	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1

Pre-K 4 Year Old - 75 Yard Dash (Boys)

1	R. Marino	9	N/A	9	N/A	10	N/A	10	N/A	0	N/A	38
2	C. Beidler	8	N/A	8	N/A	9	N/A	9	N/A	0	N/A	34
3	J. Marchenko	7	N/A	7	N/A	7	N/A	8	N/A	0	N/A	29
4	N. Root	2	N/A	6	N/A	8	N/A	5	N/A	0	N/A	21
5	L. Penna	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
6	L. Nevel	6	N/A	4	N/A	0	N/A	7	N/A	0	N/A	17
7	L. Nevel	4	N/A	5	N/A	0	N/A	7	N/A	0	N/A	16
8	J. Schiepan	5	N/A	3	N/A	0	N/A	3	N/A	0	N/A	11
9	L. Brenner	3	N/A	2	N/A	0	N/A	4	N/A	0	N/A	9
10	K. Krause	1	N/A	1	N/A	0	N/A	2	N/A	0	N/A	4

Pre-K 5 Year Old - 75 Yard Dash (Girls)

1	Z. Jimenez	10	N/A	10	N/A	10	N/A	10	N/A	0	N/A	40
2	A. Swasey	8	N/A	9	N/A	9	N/A	9	N/A	0	N/A	35
3	K. Cross	9	N/A	5	N/A	0	N/A	8	N/A	0	N/A	22
4	K. Huber	7	N/A	0	N/A	8	N/A	7	N/A	0	N/A	22
5	E. Spooner	1	N/A	5	N/A	7	N/A	5	N/A	0	N/A	18
6	S. De Filippo	7	N/A	7	N/A	0	N/A	3	N/A	0	N/A	17
7	K. Habas	4	N/A	5	N/A	0	N/A	5	N/A	0	N/A	14
8	L. Nassar	3	N/A	8	N/A	0	N/A	1	N/A	0	N/A	12
9	R. Falgout	5	N/A	0	N/A	0	N/A	6	N/A	0	N/A	11
10	W. Dupree	1	N/A	1	N/A	6	N/A	1	N/A	0	N/A	9
11	E. Beck	1	N/A	6	N/A	0	N/A	2	N/A	0	N/A	9
12	E. Scarpero	2	N/A	2	N/A	0	N/A	0	N/A	0	N/A	4

Pre-K 5 Year Old - 75 Yard Dash (Boys)

1	B. Smith	10	N/A	10	N/A	10	N/A	10	N/A	0	N/A	40
2	M. Director	9	N/A	7	N/A	8	N/A	9	N/A	0	N/A	33
3	H. Kinslow	7	N/A	6	N/A	7	N/A	7	N/A	0	N/A	27
4	J. Phillips	0	N/A	9	N/A	9	N/A	6	N/A	0	N/A	24
5	J. Cocco	8	N/A	8	N/A	0	N/A	8	N/A	0	N/A	24
6	N. Bolen	4	N/A	5	N/A	6	N/A	2	N/A	0	N/A	17
7	L. Robertson	5	N/A	4	N/A	0	N/A	4	N/A	0	N/A	13
8	N. Chesler	6	N/A	0	N/A	0	N/A	5	N/A	0	N/A	11
9	R. Capristo	0	N/A	3	N/A	0	N/A	3	N/A	0	N/A	6
10	J. Ebert	3	N/A	0	N/A	0	N/A	1	N/A	0	N/A	4

Challenger - 75 Yard Dash (Boys)

1	W. Gamard	10	N/A	0	N/A	0	N/A	10	N/A	0	N/A	20
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Kindergarten & 1st Grade - 1/4 Mile (Girls)

1	K. Harnish	8	02:04	8	02:14	10	01:57	10	01:56	0	N/A	36
2	M. Roth	7	02:10	9	02:11	9	02:05	8	02:04	0	N/A	33
3	H. Keeley	9	02:03	7	02:21	8	02:15	6	02:13	0	N/A	30
4	M. Reber	10	01:55	10	02:08	7	02:24	0	N/A	0	N/A	27
5	A. Fontanez	6	02:11	6	02:22	0	N/A	7	02:12	0	N/A	19
6	L. Keck	4	02:23	4	02:32	0	N/A	5	02:16	0	N/A	13
7	L. Fowler	3	02:28	1	02:40	6	02:38	1	02:39	0	N/A	11
8	M. Boyer	0	N/A	5	02:26	0	N/A	4	02:17	0	N/A	9

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9	S. Baldwin	0	N/A	0	N/A	0	N/A	9	02:02	0	N/A	9
10	C. Marchenko	0	N/A	1	02:47	5	02:57	2	02:28	0	N/A	8
11	J. Litsch	5	02:19	3	02:34	0	N/A	0	N/A	0	N/A	8
12	P. Malinowski	1	02:30	2	02:36	0	N/A	3	02:25	0	N/A	6
13	N. Kerschner	2	02:29	0	N/A	0	N/A	1	02:41	0	N/A	3
14	G. Viera	1	02:31	0	N/A	0	N/A	0	N/A	0	N/A	1
15	A. Maddon	1	03:09	0	N/A	0	N/A	0	N/A	0	N/A	1

Kindergarten & 1st Grade - 1/4 Mile (Boys)

1	D. Haugh	10	01:29	10	01:43	10	01:33	10	01:35	0	N/A	40
2	T. Lerch	9	01:34	9	01:48	9	01:39	9	01:41	0	N/A	36
3	B. Ginther	8	01:43	7	01:54	8	01:44	8	01:45	0	N/A	31
4	C. Haugh	5	01:53	6	02:03	7	01:48	7	01:49	0	N/A	25
5	L. Engler	5	01:53	5	02:12	6	02:00	6	02:04	0	N/A	22
6	M. Stern	7	01:45	8	01:53	0	N/A	0	N/A	0	N/A	15
7	O. Dimitriadis	1	02:09	1	02:20	4	02:14	5	02:05	0	N/A	11
8	G. Brennehan	1	02:01	0	N/A	5	02:09	2	02:08	0	N/A	8
9	C. Rivas	1	02:04	4	02:16	0	N/A	3	02:07	0	N/A	8
10	J. Clark	7	01:45	0	N/A	0	N/A	0	N/A	0	N/A	7
11	M. Gamard	2	01:56	0	N/A	0	N/A	4	02:06	0	N/A	6
12	L. Wolf	1	02:22	1	02:24	2	02:37	1	02:22	0	N/A	5
13	J. Ruff	1	02:20	0	N/A	3	02:23	1	02:31	0	N/A	5
14	A. Merino	1	02:00	3	02:17	0	N/A	1	02:09	0	N/A	5
15	M. COLLINS	1	03:02	1	03:05	1	03:20	1	03:03	0	N/A	4
16	J. Marcks	0	N/A	1	02:53	1	02:49	1	02:35	0	N/A	3
17	W. Dupree	1	02:08	1	02:25	0	N/A	1	02:14	0	N/A	3
18	H. Beck	1	02:29	1	02:27	0	N/A	1	02:35	0	N/A	3
19	L. Gordon	1	02:28	1	02:50	0	N/A	1	02:45	0	N/A	3
20	L. Worman	1	02:49	1	03:01	0	N/A	1	02:52	0	N/A	3
21	J. Bocio	1	02:45	1	02:51	0	N/A	1	03:00	0	N/A	3
22	J. Washo	0	N/A	2	02:18	0	N/A	1	02:21	0	N/A	3
23	N. McBride	3	01:55	0	N/A	0	N/A	0	N/A	0	N/A	3
24	L. Baig	1	02:24	0	N/A	0	N/A	1	02:24	0	N/A	2
25	Z. Vasquez	1	02:56	0	N/A	0	N/A	1	02:33	0	N/A	2
26	M. Stettler	1	02:15	1	02:22	0	N/A	0	N/A	0	N/A	2
27	B. Lindner	1	02:27	1	02:46	0	N/A	0	N/A	0	N/A	2

Kindergarten & 1st - Group 2 - 1/4 Mile (Girls)

1	A. Rabiega	9	01:45	10	01:50	9	01:48	9	01:42	0	N/A	37
2	V. Roberts	10	01:44	7	02:02	10	01:45	7	01:51	0	N/A	34
3	A. Pena	8	01:46	9	01:54	8	01:49	8	01:43	0	N/A	33
4	C. Arline	7	01:55	6	02:05	6	01:58	6	01:55	0	N/A	25
5	C. Rego	6	01:57	8	01:57	7	01:50	1	02:11	0	N/A	22
6	B. Spooner	2	02:05	4	02:07	5	02:01	5	01:58	0	N/A	16
7	H. bartocci	0	N/A	3	02:08	0	N/A	10	01:41	0	N/A	13
8	G. Keeley	3	02:04	1	02:16	3	02:16	4	02:03	0	N/A	11
9	P. Traylor	4	02:02	5	02:06	0	N/A	1	02:07	0	N/A	10
10	M. Metzger	5	01:59	2	02:13	0	N/A	3	02:04	0	N/A	10
11	P. Reightler	0	N/A	1	02:19	2	02:24	2	02:05	0	N/A	5
12	E. Meyer	1	02:25	0	N/A	4	02:02	0	N/A	0	N/A	5
13	C. Jenkins	1	02:20	1	02:28	1	02:39	1	02:27	0	N/A	4

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14	S. Ruff	1	02:38	0	N/A	1	02:26	1	02:34	0	N/A	3
15	R. McMahon	1	02:09	1	02:23	0	N/A	1	02:26	0	N/A	3
16	M. Fernandez	1	02:35	1	02:33	0	N/A	1	02:36	0	N/A	3
17	C. Bloch	1	02:38	0	N/A	0	N/A	2	02:05	0	N/A	3
18	A. Nassar	1	02:17	0	N/A	0	N/A	1	02:24	0	N/A	2
19	H. Brenner	1	02:07	1	02:25	0	N/A	0	N/A	0	N/A	2
20	C. Colon	1	02:38	1	02:53	0	N/A	0	N/A	0	N/A	2

2nd & 3rd Grade - 1/2 Mile (Girls)

1	M. Beidler	7	03:54	10	04:05	8	04:10	7	04:07	0	N/A	32
2	A. McDonald-Cziraky	10	03:25	0	N/A	10	03:37	10	03:39	0	N/A	30
3	E. Lerch	6	04:01	8	04:22	7	04:19	6	04:22	0	N/A	27
4	V. Rabiega	8	03:48	1	N/A	9	04:03	8	03:54	0	N/A	26
5	A. Prego	4	04:06	6	04:28	6	04:28	5	04:30	0	N/A	21
6	W. Arline	2	04:36	7	04:25	5	05:02	4	04:35	0	N/A	18
7	R. Plunket	9	03:42	0	N/A	0	N/A	9	03:51	0	N/A	18
8	I. Laubach	3	04:16	5	04:48	4	05:13	3	04:39	0	N/A	15
9	K. Lindner	5	04:03	9	04:12	0	N/A	0	N/A	0	N/A	14
10	K. Keefer	1	05:27	4	05:39	0	N/A	2	05:53	0	N/A	7
11	I. Reuscher	1	05:59	0	N/A	0	N/A	1	06:44	0	N/A	2
12	A. Mease	1	04:43	0	N/A	0	N/A	0	N/A	0	N/A	1
13	S. Ortiz	1	05:27	0	N/A	0	N/A	0	N/A	0	N/A	1

2nd & 3rd Grade - 1/2 Mile (Boys)

1	M. Young	10	03:20	10	03:30	10	03:29	10	03:24	0	N/A	40
2	C. Petrunak	9	03:22	8	03:37	8	03:39	4	03:42	0	N/A	29
3	R. Kite	5	03:33	9	03:36	7	03:40	7	03:34	0	N/A	28
4	K. Engler	8	03:24	0	N/A	9	03:38	6	03:35	0	N/A	23
5	C. Gerhart	4	03:41	6	03:45	6	03:51	5	03:36	0	N/A	21
6	C. Garcia	3	03:48	5	03:55	0	N/A	8	03:29	0	N/A	16
7	C. Plunket	7	03:25	0	N/A	0	N/A	9	03:27	0	N/A	16
8	C. Carter	2	03:55	4	03:58	0	N/A	3	03:57	0	N/A	9
9	S. Baig	1	04:02	0	N/A	5	04:05	2	04:07	0	N/A	8
10	L. Oxford	0	N/A	8	03:37	0	N/A	0	N/A	0	N/A	8
11	E. McBride	6	03:32	0	N/A	0	N/A	0	N/A	0	N/A	6
12	S. Pandya	1	05:12	3	05:15	0	N/A	1	05:22	0	N/A	5
13	N. Kerschner	1	04:36	0	N/A	0	N/A	1	04:29	0	N/A	2
14	B. Palladino	1	03:56	0	N/A	0	N/A	0	N/A	0	N/A	1
15	N. Momah	1	04:15	0	N/A	0	N/A	0	N/A	0	N/A	1

4th & 5th Grade - 1 Mile (Girls)

1	A. Shah	8	08:30	10	08:43	9	08:28	9	08:15	0	N/A	36
2	N. Bloch	10	07:41	0	N/A	10	08:03	10	07:25	0	N/A	30
3	A. Heffelfinger	6	09:01	9	09:07	7	09:48	7	09:10	0	N/A	29
4	E. Nevel	7	08:39	8	09:31	8	08:50	0	N/A	0	N/A	23
5	J. Momah	9	08:17	0	N/A	0	N/A	8	08:28	0	N/A	17
6	P. Shamlan	4	13:00	5	13:00	0	N/A	6	13:00	0	N/A	15
7	E. Merino	5	11:14	6	12:15	0	N/A	0	N/A	0	N/A	11
8	H. Oxford	0	N/A	7	09:36	0	N/A	0	N/A	0	N/A	7
9	A. Palladino	3	15:00	0	N/A	0	N/A	0	N/A	0	N/A	3

4th & 5th Grade - 1 Mile (Boys)

1	E. Heffelfinger	8	07:05	9	07:06	10	07:16	10	06:56	0	N/A	37
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2	H. Young	10	06:59	9	07:06	9	07:34	8	08:19	0	N/A	36
3	H. Boyd	9	07:02	9	07:06	0	N/A	9	07:02	0	N/A	27
4	M. Amato	5	08:26	6	08:52	0	N/A	7	08:24	0	N/A	18
5	W. Petrunak	0	N/A	5	10:10	7	09:55	6	10:05	0	N/A	18
6	L. Verderame	7	07:19	10	07:02	0	N/A	0	N/A	0	N/A	17
7	D. Swenson	6	07:39	0	N/A	8	07:50	0	N/A	0	N/A	14
8	M. Mease	4	12:25	0	N/A	0	N/A	0	N/A	0	N/A	4
9	R. SEIMES	3	12:26	0	N/A	0	N/A	0	N/A	0	N/A	3

6th - 8th Grade - 1 Mile (Girls)

1	G. Petrunak	10	06:30	10	06:42	10	06:49	10	06:30	0	N/A	40
2	C. Petrunak	8	07:03	9	07:04	8	07:29	8	07:00	0	N/A	33
3	N. Vey	6	08:06	8	09:10	7	09:25	7	08:44	0	N/A	28
4	A. Swenson	9	06:56	0	N/A	9	07:00	9	06:40	0	N/A	27
5	M. Robinson	7	08:03	0	N/A	0	N/A	0	N/A	0	N/A	7

6th - 8th Grade - 1 Mile (Boys)

1	B. Miner	10	06:15	10	06:28	10	06:27	10	06:13	0	N/A	40
2	D. Moreno	9	06:32	7	07:21	9	06:56	8	06:34	0	N/A	33
3	K. Vey	8	06:40	8	07:19	8	07:02	9	06:25	0	N/A	33
4	C. Heffelfinger	5	07:21	4	07:41	7	07:41	6	07:30	0	N/A	22
5	M. Okyere	6	06:58	6	07:30	0	N/A	7	07:19	0	N/A	19
6	J. Verderame	7	06:42	9	06:50	0	N/A	0	N/A	0	N/A	16
7	M. Kayser	4	07:37	3	08:32	0	N/A	4	07:39	0	N/A	11
8	S. Shamlan	0	N/A	5	07:37	0	N/A	5	07:31	0	N/A	10