

# Healthy Kids Running Series 2026 Spring Allentown, PA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
<b>Pre-K 2/3 Year Old - 50 Yard Dash (Girls)</b>												
1	W. Reightler	10	N/A	10	N/A	10	N/A	10	N/A	9	N/A	49
2	A. Baysinger	8	N/A	4	N/A	9	N/A	8	N/A	8	N/A	37
3	M. Cocco	9	N/A	9	N/A	0	N/A	9	N/A	10	N/A	37
4	L. Carpenter	7	N/A	7	N/A	8	N/A	7	N/A	6	N/A	35
5	E. Stettler	6	N/A	8	N/A	0	N/A	0	N/A	7	N/A	21
6	J. Krause	4	N/A	5	N/A	0	N/A	6	N/A	5	N/A	20
7	J. Labenberg	1	N/A	3	N/A	7	N/A	4	N/A	3	N/A	18
8	A. Feng	2	N/A	0	N/A	0	N/A	5	N/A	4	N/A	11
9	M. Director	3	N/A	6	N/A	0	N/A	0	N/A	0	N/A	9
10	L. Ham	5	N/A	1	N/A	0	N/A	1	N/A	1	N/A	8
11	M. Layton	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
<b>Pre-K 2/3 Year Old - 50 Yard Dash (Boys)</b>												
1	A. McCaslin	10	N/A	10	N/A	10	N/A	10	N/A	9	N/A	49
2	N. Wolf	9	N/A	9	N/A	9	N/A	9	N/A	10	N/A	46
3	Z. Jimenez	7	N/A	8	N/A	8	N/A	8	N/A	2	N/A	33
4	J. Brown	8	N/A	4	N/A	6	N/A	7	N/A	8	N/A	33
5	K. Peters	5	N/A	7	N/A	7	N/A	5	N/A	7	N/A	31
6	I. Keeley	6	N/A	6	N/A	4	N/A	6	N/A	6	N/A	28
7	R. MCNEAR	4	N/A	5	N/A	2	N/A	2	N/A	5	N/A	18
8	C. Bolen	1	N/A	3	N/A	5	N/A	4	N/A	4	N/A	17
9	S. Stern	3	N/A	2	N/A	0	N/A	3	N/A	3	N/A	11
10	D. Lerch	1	N/A	1	N/A	3	N/A	1	N/A	1	N/A	7
11	C. Metzger	1	N/A	1	N/A	0	N/A	1	N/A	1	N/A	4
12	S. Singh	2	N/A	0	N/A	0	N/A	1	N/A	0	N/A	3
13	A. Falgout	1	N/A	0	N/A	0	N/A	1	N/A	0	N/A	2
14	A. Quinlan	1	N/A	0	N/A	0	N/A	0	N/A	0	N/A	1
<b>Pre-K 3 Year Old - 50 Yard Dash (Girls)</b>												
1	C. Sarrge	10	N/A	9	N/A	10	N/A	9	N/A	10	N/A	48
2	E. Harbon	7	N/A	10	N/A	9	N/A	8	N/A	7	N/A	41
3	S. Sedlock	6	N/A	7	N/A	7	N/A	6	N/A	8	N/A	34
4	M. Winter	8	N/A	8	N/A	0	N/A	7	N/A	9	N/A	32
5	O. Malinowski	4	N/A	6	N/A	0	N/A	5	N/A	6	N/A	21
6	R. Elinich	3	N/A	2	N/A	6	N/A	4	N/A	4	N/A	19
7	D. McMahon	9	N/A	0	N/A	0	N/A	10	N/A	0	N/A	19
8	N. Keck	5	N/A	3	N/A	0	N/A	2	N/A	5	N/A	15
9	R. Reber	0	N/A	4	N/A	8	N/A	0	N/A	2	N/A	14
10	K. Dutan	2	N/A	5	N/A	0	N/A	3	N/A	3	N/A	13
11	N. Kinslow	1	N/A	1	N/A	0	N/A	1	N/A	0	N/A	3
<b>Pre-K 4 Year Old - 75 Yard Dash (Girls)</b>												
1	L. Dimitriadis	10	N/A	10	N/A	10	N/A	8	N/A	9	N/A	47
2	C. Carter	9	N/A	9	N/A	8	N/A	9	N/A	9	N/A	44
3	S. Edouard	0	N/A	8	N/A	9	N/A	10	N/A	10	N/A	37
4	K. Jenkins	6	N/A	4	N/A	7	N/A	6	N/A	5	N/A	28
5	L. Haugh	7	N/A	2	N/A	6	N/A	5	N/A	6	N/A	26
6	A. Antonucci	8	N/A	7	N/A	0	N/A	0	N/A	7	N/A	22
7	S. Frassetto	5	N/A	7	N/A	0	N/A	7	N/A	0	N/A	19
8	R. Worman	4	N/A	1	N/A	0	N/A	3	N/A	3	N/A	11

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9	E. Dearstyne	0	N/A	3	N/A	0	N/A	4	N/A	4	N/A	11
10	H. Bartocci	0	N/A	7	N/A	0	N/A	0	N/A	0	N/A	7
11	B. Calizo	0	N/A	1	N/A	0	N/A	0	N/A	0	N/A	1
	<b>Pre-K 4 Year Old - 75 Yard Dash (Boys)</b>											
1	R. Marino	9	N/A	9	N/A	10	N/A	10	N/A	10	N/A	48
2	C. Beidler	8	N/A	8	N/A	9	N/A	9	N/A	8	N/A	42
3	J. Marchenko	7	N/A	7	N/A	7	N/A	8	N/A	9	N/A	38
4	N. Root	2	N/A	6	N/A	8	N/A	5	N/A	7	N/A	28
5	L. Nevel	6	N/A	4	N/A	0	N/A	7	N/A	5	N/A	22
6	L. Nevel	4	N/A	5	N/A	0	N/A	7	N/A	4	N/A	20
7	L. Penna	10	N/A	10	N/A	0	N/A	0	N/A	0	N/A	20
8	J. Schiepan	5	N/A	3	N/A	0	N/A	3	N/A	7	N/A	18
9	L. Brenner	3	N/A	2	N/A	0	N/A	4	N/A	3	N/A	12
10	K. Krause	1	N/A	1	N/A	0	N/A	2	N/A	2	N/A	6
	<b>Pre-K 5 Year Old - 75 Yard Dash (Girls)</b>											
1	Z. Jimenez	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	A. Swasey	8	N/A	9	N/A	9	N/A	9	N/A	8	N/A	43
3	K. Huber	7	N/A	0	N/A	8	N/A	7	N/A	9	N/A	31
4	S. De Filippo	7	N/A	7	N/A	0	N/A	3	N/A	6	N/A	23
5	E. Spooner	1	N/A	5	N/A	7	N/A	5	N/A	4	N/A	22
6	K. Cross	9	N/A	5	N/A	0	N/A	8	N/A	0	N/A	22
7	L. Nassar	3	N/A	8	N/A	0	N/A	1	N/A	7	N/A	19
8	K. Habas	4	N/A	5	N/A	0	N/A	5	N/A	5	N/A	19
9	W. Dupree	1	N/A	1	N/A	6	N/A	1	N/A	2	N/A	11
10	R. Falgout	5	N/A	0	N/A	0	N/A	6	N/A	0	N/A	11
11	E. Beck	1	N/A	6	N/A	0	N/A	2	N/A	0	N/A	9
12	E. Scarpero	2	N/A	2	N/A	0	N/A	0	N/A	3	N/A	7
	<b>Pre-K 5 Year Old - 75 Yard Dash (Boys)</b>											
1	B. Smith	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	M. Director	9	N/A	7	N/A	8	N/A	9	N/A	9	N/A	42
3	J. Phillips	0	N/A	9	N/A	9	N/A	6	N/A	8	N/A	32
4	J. Cocco	8	N/A	8	N/A	0	N/A	8	N/A	8	N/A	32
5	H. Kinslow	7	N/A	6	N/A	7	N/A	7	N/A	0	N/A	27
6	N. Bolen	4	N/A	5	N/A	6	N/A	2	N/A	6	N/A	23
7	L. Robertson	5	N/A	4	N/A	0	N/A	4	N/A	3	N/A	16
8	R. Capristo	0	N/A	3	N/A	0	N/A	3	N/A	5	N/A	11
9	N. Chesler	6	N/A	0	N/A	0	N/A	5	N/A	0	N/A	11
10	J. Ebert	3	N/A	0	N/A	0	N/A	1	N/A	4	N/A	8
	<b>Challenger - 75 Yard Dash (Boys)</b>											
1	W. Gamard	10	N/A	0	N/A	0	N/A	10	N/A	10	N/A	30
	<b>Kindergarten &amp; 1st Grade - 1/4 Mile (Girls)</b>											
1	K. Harnish	8	02:04	8	02:14	10	01:57	10	01:56	10	01:54	46
2	M. Roth	7	02:10	9	02:11	9	02:05	8	02:04	7	02:04	40
3	H. Keeley	9	02:03	7	02:21	8	02:15	6	02:13	6	02:09	36
4	M. Reber	10	01:55	10	02:08	7	02:24	0	N/A	9	01:55	36
5	A. Fontanez	6	02:11	6	02:22	0	N/A	7	02:12	0	N/A	19
6	L. Keck	4	02:23	4	02:32	0	N/A	5	02:16	4	02:12	17
7	S. Baldwin	0	N/A	0	N/A	0	N/A	9	02:02	8	01:56	17
8	M. Boyer	0	N/A	5	02:26	0	N/A	4	02:17	5	02:11	14

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9	L. Fowler	3	02:28	1	02:40	6	02:38	1	02:39	1	02:26	12
10	J. Litsch	5	02:19	3	02:34	0	N/A	0	N/A	2	02:17	10
11	C. Marchenko	0	N/A	1	02:47	5	02:57	2	02:28	1	02:36	9
12	P. Malinowski	1	02:30	2	02:36	0	N/A	3	02:25	3	02:13	9
13	N. Kerschner	2	02:29	0	N/A	0	N/A	1	02:41	1	02:35	4
14	G. Viera	1	02:31	0	N/A	0	N/A	0	N/A	0	N/A	1
15	A. Maddon	1	03:09	0	N/A	0	N/A	0	N/A	0	N/A	1
	<b>Kindergarten &amp; 1st Grade - 1/4 Mile (Boys)</b>											
1	D. Haugh	10	01:29	10	01:43	10	01:33	10	01:35	10	01:30	50
2	T. Lerch	9	01:34	9	01:48	9	01:39	9	01:41	9	01:37	45
3	B. Ginther	8	01:43	7	01:54	8	01:44	8	01:45	8	01:40	39
4	C. Haugh	5	01:53	6	02:03	7	01:48	7	01:49	7	01:48	32
5	L. Engler	5	01:53	5	02:12	6	02:00	6	02:04	5	01:52	27
6	M. Stern	7	01:45	8	01:53	0	N/A	0	N/A	6	01:49	21
7	O. Dimitriadis	1	02:09	1	02:20	4	02:14	5	02:05	3	02:02	14
8	M. Gamard	2	01:56	0	N/A	0	N/A	4	02:06	4	01:54	10
9	G. Brennehan	1	02:01	0	N/A	5	02:09	2	02:08	0	N/A	8
10	C. Rivas	1	02:04	4	02:16	0	N/A	3	02:07	0	N/A	8
11	J. Clark	7	01:45	0	N/A	0	N/A	0	N/A	0	N/A	7
12	L. Wolf	1	02:22	1	02:24	2	02:37	1	02:22	1	02:13	6
13	J. Ruff	1	02:20	0	N/A	3	02:23	1	02:31	1	02:18	6
14	A. Merino	1	02:00	3	02:17	0	N/A	1	02:09	1	02:08	6
15	M. COLLINS	1	03:02	1	03:05	1	03:20	1	03:03	1	02:50	5
16	W. Dupree	1	02:08	1	02:25	0	N/A	1	02:14	2	02:07	5
17	J. Marcks	0	N/A	1	02:53	1	02:49	1	02:35	1	02:35	4
18	L. Worman	1	02:49	1	03:01	0	N/A	1	02:52	1	02:25	4
19	L. Gordon	1	02:28	1	02:50	0	N/A	1	02:45	1	02:31	4
20	J. Bocio	1	02:45	1	02:51	0	N/A	1	03:00	1	02:47	4
21	J. Washo	0	N/A	2	02:18	0	N/A	1	02:21	1	02:12	4
22	Z. Vasquez	1	02:56	0	N/A	0	N/A	1	02:33	1	02:16	3
23	L. Baig	1	02:24	0	N/A	0	N/A	1	02:24	1	02:22	3
24	M. Stettler	1	02:15	1	02:22	0	N/A	0	N/A	1	02:18	3
25	H. Beck	1	02:29	1	02:27	0	N/A	1	02:35	0	N/A	3
26	N. McBride	3	01:55	0	N/A	0	N/A	0	N/A	0	N/A	3
27	B. Lindner	1	02:27	1	02:46	0	N/A	0	N/A	0	N/A	2
	<b>Kindergarten &amp; 1st - Group 2 - 1/4 Mile (Girls)</b>											
1	A. Rabiega	9	01:45	10	01:50	9	01:48	9	01:42	10	01:41	47
2	A. Pena	8	01:46	9	01:54	8	01:49	8	01:43	9	01:43	42
3	V. Roberts	10	01:44	7	02:02	10	01:45	7	01:51	5	01:52	39
4	C. Arline	7	01:55	6	02:05	6	01:58	6	01:55	6	01:51	31
5	C. Rego	6	01:57	8	01:57	7	01:50	1	02:11	7	01:48	29
6	H. bartocci	0	N/A	3	02:08	0	N/A	10	01:41	8	01:44	21
7	B. Spooner	2	02:05	4	02:07	5	02:01	5	01:58	4	01:54	20
8	G. Keeley	3	02:04	1	02:16	3	02:16	4	02:03	1	02:04	12
9	M. Metzger	5	01:59	2	02:13	0	N/A	3	02:04	2	02:03	12
10	P. Traylor	4	02:02	5	02:06	0	N/A	1	02:07	1	02:18	11
11	P. Reightler	0	N/A	1	02:19	2	02:24	2	02:05	3	02:00	8
12	C. Jenkins	1	02:20	1	02:28	1	02:39	1	02:27	1	02:27	5
13	E. Meyer	1	02:25	0	N/A	4	02:02	0	N/A	0	N/A	5

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14	S. Ruff	1	02:38	0	N/A	1	02:26	1	02:34	1	02:28	4
15	M. Fernandez	1	02:35	1	02:33	0	N/A	1	02:36	1	02:20	4
16	C. Bloch	1	02:38	0	N/A	0	N/A	2	02:05	1	02:05	4
17	H. Brenner	1	02:07	1	02:25	0	N/A	0	N/A	1	02:10	3
18	C. Colon	1	02:38	1	02:53	0	N/A	0	N/A	1	02:44	3
19	R. McMahon	1	02:09	1	02:23	0	N/A	1	02:26	0	N/A	3
20	A. Nassar	1	02:17	0	N/A	0	N/A	1	02:24	0	N/A	2

## 2nd & 3rd Grade - 1/2 Mile (Girls)

1	A. McDonald-Cziraky	10	03:25	0	N/A	10	03:37	10	03:39	10	03:33	40
2	M. Beidler	7	03:54	10	04:05	8	04:10	7	04:07	7	03:41	39
3	V. Rabiega	8	03:48	1	N/A	9	04:03	8	03:54	8	03:38	34
4	E. Lerch	6	04:01	8	04:22	7	04:19	6	04:22	6	04:13	33
5	R. Plunket	9	03:42	0	N/A	0	N/A	9	03:51	9	03:37	27
6	A. Prego	4	04:06	6	04:28	6	04:28	5	04:30	3	04:44	24
7	W. Arline	2	04:36	7	04:25	5	05:02	4	04:35	4	04:41	22
8	I. Laubach	3	04:16	5	04:48	4	05:13	3	04:39	5	04:26	20
9	K. Lindner	5	04:03	9	04:12	0	N/A	0	N/A	0	N/A	14
10	K. Keefer	1	05:27	4	05:39	0	N/A	2	05:53	2	04:53	9
11	I. Reuscher	1	05:59	0	N/A	0	N/A	1	06:44	1	06:45	3
12	A. Mease	1	04:43	0	N/A	0	N/A	0	N/A	0	N/A	1
13	S. Ortiz	1	05:27	0	N/A	0	N/A	0	N/A	0	N/A	1

## 2nd & 3rd Grade - 1/2 Mile (Boys)

1	M. Young	10	03:20	10	03:30	10	03:29	10	03:24	9	03:19	49
2	R. Kite	5	03:33	9	03:36	7	03:40	7	03:34	8	03:20	36
3	C. Petrunak	9	03:22	8	03:37	8	03:39	4	03:42	4	03:44	33
4	K. Engler	8	03:24	0	N/A	9	03:38	6	03:35	6	03:32	29
5	C. Plunket	7	03:25	0	N/A	0	N/A	9	03:27	10	03:13	26
6	C. Garcia	3	03:48	5	03:55	0	N/A	8	03:29	7	03:31	23
7	C. Gerhart	4	03:41	6	03:45	6	03:51	5	03:36	0	N/A	21
8	C. Carter	2	03:55	4	03:58	0	N/A	3	03:57	5	03:41	14
9	S. Baig	1	04:02	0	N/A	5	04:05	2	04:07	3	03:56	11
10	L. Oxford	0	N/A	8	03:37	0	N/A	0	N/A	0	N/A	8
11	S. Pandya	1	05:12	3	05:15	0	N/A	1	05:22	1	05:23	6
12	E. McBride	6	03:32	0	N/A	0	N/A	0	N/A	0	N/A	6
13	N. Kerschner	1	04:36	0	N/A	0	N/A	1	04:29	2	04:27	4
14	B. Palladino	1	03:56	0	N/A	0	N/A	0	N/A	0	N/A	1
15	N. Momah	1	04:15	0	N/A	0	N/A	0	N/A	0	N/A	1

## 4th & 5th Grade - 1 Mile (Girls)

1	A. Shah	8	08:30	10	08:43	9	08:28	9	08:15	9	08:03	45
2	N. Bloch	10	07:41	0	N/A	10	08:03	10	07:25	10	07:14	40
3	A. Heffelfinger	6	09:01	9	09:07	7	09:48	7	09:10	7	09:18	36
4	E. Nevel	7	08:39	8	09:31	8	08:50	0	N/A	8	08:18	31
5	P. Shamlian	4	13:00	5	13:00	0	N/A	6	13:00	6	13:00	21
6	J. Momah	9	08:17	0	N/A	0	N/A	8	08:28	0	N/A	17
7	E. Merino	5	11:14	6	12:15	0	N/A	0	N/A	0	N/A	11
8	H. Oxford	0	N/A	7	09:36	0	N/A	0	N/A	0	N/A	7
9	A. Palladino	3	15:00	0	N/A	0	N/A	0	N/A	0	N/A	3

## 4th & 5th Grade - 1 Mile (Boys)

1	E. Heffelfinger	8	07:05	9	07:06	10	07:16	10	06:56	10	06:54	47
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2	H. Young	10	06:59	9	07:06	9	07:34	8	08:19	8	07:03	44
3	H. Boyd	9	07:02	9	07:06	0	N/A	9	07:02	6	07:07	33
4	L. Verderame	7	07:19	10	07:02	0	N/A	0	N/A	7	07:04	24
5	M. Amato	5	08:26	6	08:52	0	N/A	7	08:24	5	08:39	23
6	D. Swenson	6	07:39	0	N/A	8	07:50	0	N/A	9	07:00	23
7	W. Petrunak	0	N/A	5	10:10	7	09:55	6	10:05	4	10:07	22
8	R. SEIMES	3	12:26	0	N/A	0	N/A	0	N/A	3	12:54	6
9	M. Mease	4	12:25	0	N/A	0	N/A	0	N/A	0	N/A	4

## 6th - 8th Grade - 1 Mile (Girls)

1	G. Petrunak	10	06:30	10	06:42	10	06:49	10	06:30	10	06:22	50
2	C. Petrunak	8	07:03	9	07:04	8	07:29	8	07:00	8	06:50	41
3	A. Swenson	9	06:56	0	N/A	9	07:00	9	06:40	9	06:23	36
4	N. Vey	6	08:06	8	09:10	7	09:25	7	08:44	7	08:25	35
5	M. Robinson	7	08:03	0	N/A	0	N/A	0	N/A	0	N/A	7

## 6th - 8th Grade - 1 Mile (Boys)

1	B. Miner	10	06:15	10	06:28	10	06:27	10	06:13	9	06:14	49
2	K. Vey	8	06:40	8	07:19	8	07:02	9	06:25	10	06:09	43
3	D. Moreno	9	06:32	7	07:21	9	06:56	8	06:34	8	06:18	41
4	C. Heffelfinger	5	07:21	4	07:41	7	07:41	6	07:30	5	07:25	27
5	M. Okyere	6	06:58	6	07:30	0	N/A	7	07:19	6	07:12	25
6	J. Verderame	7	06:42	9	06:50	0	N/A	0	N/A	7	06:30	23
7	M. Kayser	4	07:37	3	08:32	0	N/A	4	07:39	3	07:57	14
8	S. Shamlan	0	N/A	5	07:37	0	N/A	5	07:31	4	07:33	14