

Healthy Kids Running Series 2026 Spring Midlothian, VA

	Name / Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 2/3 Year Old - 50 Yard Dash (Girls)												
1	A. Balamurugan	7	N/A	8	N/A	8	N/A	9	N/A	7	N/A	39
2	R. Dundon	8	N/A	0	N/A	10	N/A	10	N/A	10	N/A	38
3	A. Jalloh	10	N/A	9	N/A	9	N/A	0	N/A	8	N/A	36
4	E. Dunford	6	N/A	7	N/A	7	N/A	8	N/A	6	N/A	34
5	M. Roberts	9	N/A	10	N/A	0	N/A	0	N/A	9	N/A	28
6	A. Rohrbach	5	N/A	0	N/A	6	N/A	7	N/A	0	N/A	18
Pre-K 2/3 Year Old - 50 Yard Dash (Boys)												
1	A. Spicer	10	N/A	9	N/A	8	N/A	7	N/A	9	N/A	43
2	J. Greene	8	N/A	10	N/A	7	N/A	6	N/A	8	N/A	39
3	T. Scott	9	N/A	7	N/A	5	N/A	5	N/A	7	N/A	33
4	F. Miller	7	N/A	8	N/A	6	N/A	8	N/A	1	N/A	30
5	N. Owusu	0	N/A	10	N/A	10	N/A	10	N/A	0	N/A	30
6	A. Deland	0	N/A	0	N/A	9	N/A	9	N/A	10	N/A	28
Pre-K 4/5 Year Old - 75 Yard Dash (Girls)												
1	E. Zavrel	10	N/A	10	N/A	9	N/A	10	N/A	9	N/A	48
2	B. Cheatham	9	N/A	9	N/A	10	N/A	9	N/A	8	N/A	45
3	A. Balamurugan	8	N/A	7	N/A	7	N/A	7	N/A	7	N/A	36
4	N. Sreejith	5	N/A	6	N/A	6	N/A	4	N/A	6	N/A	27
5	N. Watkins	7	N/A	0	N/A	4	N/A	6	N/A	10	N/A	27
6	P. Levin	6	N/A	5	N/A	5	N/A	5	N/A	5	N/A	26
7	O. Rohrbach	1	N/A	8	N/A	8	N/A	8	N/A	0	N/A	25
8	S. Hoffman	4	N/A	4	N/A	3	N/A	1	N/A	1	N/A	13
9	L. Delano	0	N/A	2	N/A	1	N/A	2	N/A	4	N/A	9
10	D. Shick	2	N/A	3	N/A	2	N/A	0	N/A	2	N/A	9
11	P. Koenig	3	N/A	0	N/A	1	N/A	1	N/A	3	N/A	8
12	H. Wickliff	1	N/A	1	N/A	1	N/A	3	N/A	0	N/A	6
Pre-K 4/5 Year Old - 75 Yard Dash (Boys)												
1	S. Jackson	9	N/A	9	N/A	8	N/A	8	N/A	9	N/A	43
2	L. Owusu	8	N/A	10	N/A	5	N/A	7	N/A	8	N/A	38
3	B. Deland	0	N/A	0	N/A	9	N/A	10	N/A	10	N/A	29
4	S. Byars	10	N/A	0	N/A	10	N/A	9	N/A	0	N/A	29
5	H. Strojny	4	N/A	7	N/A	3	N/A	5	N/A	4	N/A	23
6	O. Jalajel	5	N/A	8	N/A	6	N/A	3	N/A	0	N/A	22
7	A. Greene	6	N/A	0	N/A	7	N/A	2	N/A	5	N/A	20
8	P. Dunford	1	N/A	1	N/A	4	N/A	6	N/A	7	N/A	19
9	L. Spicer	2	N/A	5	N/A	2	N/A	4	N/A	3	N/A	16
10	S. Scott	3	N/A	6	N/A	1	N/A	1	N/A	1	N/A	12
11	E. Moran-Reyes	7	N/A	4	N/A	0	N/A	0	N/A	0	N/A	11
12	L. Karidis	1	N/A	1	N/A	1	N/A	1	N/A	6	N/A	10
13	D. Basl	0	N/A	2	N/A	1	N/A	1	N/A	2	N/A	6
14	A. Vatsyayan	0	N/A	3	N/A	1	N/A	1	N/A	0	N/A	5
Challenger - 75 Yard Dash (Boys)												
1	J. Braun	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
Kindergarten & 1st Grade - 1/4 Mile (Girls)												
1	E. Strojny	9	01:45	9	01:39	10	01:40	10	01:31	9	01:26	47
2	N. Atchison	10	01:42	10	01:37	7	01:52	6	01:42	10	01:25	43
3	A. Spicer	8	01:47	8	01:42	9	01:43	8	01:36	8	01:30	41

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4	S. Sajin	7	01:52	7	01:44	8	01:49	9	01:33	7	01:32	38
5	E. Montgomery	6	01:56	6	01:45	6	01:55	7	01:39	6	01:37	31
6	H. Stofanak	5	02:03	5	02:00	0	N/A	5	01:44	5	01:43	20
7	E. Levin	4	02:04	4	02:10	5	02:09	4	01:52	0	N/A	17
8	G. Thomas	0	N/A	3	02:12	4	02:19	3	02:01	4	02:15	14

Kindergarten & 1st Grade - 1/4 Mile (Boys)

1	G. Goldman	10	01:43	10	01:41	10	01:42	10	01:32	10	01:31	50
2	O. Zavrel	9	01:49	9	01:45	9	01:43	9	01:35	9	01:41	45
3	L. Jackson	8	01:51	8	01:46	6	01:55	7	01:38	8	01:45	37
4	Y. Jalajel	7	01:52	6	01:48	7	01:45	8	01:37	0	N/A	28
5	E. Randolph	0	N/A	7	01:47	9	01:43	6	01:41	0	N/A	22
6	C. Hoffman	0	N/A	5	01:52	5	02:02	5	01:55	6	01:57	21
7	S. Koenig	5	02:59	0	N/A	4	02:14	4	02:09	5	02:26	18
8	L. Roberts	6	02:04	4	01:55	0	N/A	0	N/A	7	01:46	17
9	I. Morgan	4	05:52	3	02:10	3	02:27	3	02:14	0	N/A	13

2nd & 3rd Grade - 1/2 Mile (Girls)

1	M. Koelmel	10	03:31	10	03:24	10	03:30	10	03:08	10	03:14	50
2	A. Cheatham	9	04:03	9	03:47	9	03:53	9	03:28	9	03:33	45
3	C. Karidis	8	04:38	8	04:19	8	04:17	8	03:59	8	03:51	40
4	D. Basl	0	N/A	6	04:33	7	04:25	7	04:20	7	03:58	27
5	R. Shick	7	04:40	7	04:27	6	04:28	0	N/A	5	04:13	25
6	C. Karidis	6	04:43	5	04:53	5	04:59	0	N/A	6	04:11	22

2nd & 3rd Grade - 1/2 Mile (Boys)

1	C. Zavrel	10	03:08	9	03:18	10	03:09	10	02:51	9	03:15	48
2	B. Hasek	9	03:09	10	03:12	9	03:12	9	02:53	10	02:47	47
3	C. Morgan	7	04:47	8	05:35	8	05:32	7	05:11	7	05:22	37
4	H. Atchison	8	03:45	0	N/A	0	N/A	8	03:30	8	04:02	24

4th & 5th Grade - 1 Mile (Girls)

1	Q. Koelmel	10	07:16	10	07:08	10	07:28	10	07:11	10	09:00	50
2	S. Cheatham	0	N/A	9	08:33	8	09:46	9	08:15	8	09:22	34
3	O. Cheatham	0	N/A	0	N/A	9	09:23	8	08:30	9	09:12	26

4th & 5th Grade - 1 Mile (Boys)

1	J. Flynn	9	08:13	8	08:34	10	08:21	9	08:03	9	08:36	45
2	C. Richter	10	07:10	10	07:03	1	N/A	10	06:40	10	07:19	41
3	K. SHELTON JR	8	12:04	7	14:01	0	N/A	0	N/A	8	14:14	23
4	D. McStay	0	N/A	9	07:05	0	N/A	0	N/A	0	N/A	9

6th - 8th Grade - 1 Mile (Girls)

1	E. Montgomery	10	07:47	10	08:23	10	08:49	10	07:54	10	08:10	50
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6th - 8th Grade - 1 Mile (Boys)

1	E. Flynn	10	07:03	10	06:59	10	07:22	10	06:39	10	07:07	50
2	S. Sajin	9	07:54	9	08:32	9	08:29	9	08:04	9	09:32	45