



March 19, 2020

Healthy Kids Running Series Community:

We've heard from many of you about what HKRS will look like this spring as we move through our new way of living.

We created HKRS to inspire kids to believe in themselves and lead an active healthy lifestyle. In these challenging times of social distancing, isolation and home sheltering, it remains our mission to get kids off the couch, out from behind their tablets and inspire an active healthy lifestyle #GetUpandGo!

As you are aware, we delayed the start of our spring series until the weekend of April 17. We remain optimistic and committed to offering a full, five-week Spring 2020 program, whether it be in person or virtually. In addition, we're committed to providing more social engagement than ever, including tips on nutrition, mental health, education and leading a balanced active life.

We appreciate your patience and understanding as we work through these details with our coordinators. More information is on the way and we look forward to running with all of you.

Kind Regards,
HKRS Team